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School of Nursing Newsletter

School of Nursing

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SCHOOL OF NURSING

CHRIST-CENTERED EXCELLENCE, CARING - LEARNING - SERVING

JULY 2012

SOUTHERN NURSING

Dean's Message

Nurses, over 3,000,000 strong, comprise the largest sector of healthcare providers. The aging population, increased complexity of patient care, and the recent decision of the Supreme Court to uphold the Affordable Care Act provide challenges and opportunities for nurses.

Three of the four key messages proposed by the IOM-appointed Committee on the RWJF Initiative on the Future of Nursing are listed in the sidebar.

Does your alma mater embrace these messages?

Is the School of Nursing keeping pace with changes in healthcare?

The answer is "Yes, we believe so."

Associate of Science (AS): Since 1965 the School of Nursing (SON) has offered a high-quality AS program. Graduates have consistently passed NCLEX-RN at a high rate. Employers give good feedback as to the skills and caring attitudes of these graduates. They are very much encouraged toward "upward mobility."

RN to Bachelor's of Science (BS): Baccalaureate education enhances the knowledge and skills needed for clinical excellence, develops leadership and research skills, and builds on the transformative values and attitudes learned in basic nursing education. A national goal is to increase the number of BS-prepared nurses to 80 percent by 2020.

While continuing to offer an articulated/seamless AS to BS program, initiated in 1975, the SON strongly and passionately promotes completion of the BS degree. Yet, out of financial necessity, many AS graduates must go to work prior to completing the BS degree. The SON has expanded the number of avenues by which BS completion is made possible:

- traditional on-campus classes with block scheduling
- community-based, one-day-per-week classes (BS Consortium)
- the new fully-online program

Because "user-friendliness" is defined individually, the availability of three options for BS completion is important.

Graduate Programs: How exciting that Fall 2012 marks the beginning of the first doctoral degree at Southern Adventist University! Continue to read in the graduate program section about the Masters and Doctorate programs that contribute to the national imperatives for advanced practice.

Barbara James

- Nurses should practice to the full extent of their education and training.
- Nurses should achieve higher levels of education and training through an improved education system that promotes seamless academic progression.
- Nurses should be full partners, with physicians and other health care professionals, in redesigning health care in the United States. <http://www.iom.edu/Reports/2010/The-Future-of-Nursing-Leading-Change-Advancing-Health.aspx>

Kelly and Anne join Nursing

Students enjoy our newest simulation manikins.

The School of Nursing has acquired two new simulation manikins, one of each gender. These new practice patients are also ethnically diverse with different skin tones. Kelly (our male manikin) is black, and Anne (our female manikin) is Hispanic.



Anne and Kelly ask, "Where's my nurse?"



Barbara James oversees Jordan Vallierres, Chanttel Herrera, and Kali Battles in simulation lab.



Samantha Rey and Lauren Dahlberg receive instruction from Kerry Allen.

The manikins will be used by nursing students during their skills lab. The students will be able to perform various procedures on them, including listening to heart and lung sounds, inserting IVs and catheters, and checking blood pressure. They will also be able to insert and remove gastrointestinal tubes from the

manikins, which even come with pre-recorded, life-like vocal sounds.

The manikins allow the students to practice their assessment skills in a real-life scenario. During skills lab, instructors will have the ability to change the scenarios for the practice patients. In this way, students can practice adapting their learned skills to different environments.

The addition of Kelly and Anne is just one of the exciting things happening in the School of Nursing because of the gifts that constituents donate. Thank you for your continued support.

Local Alumni in the News

William C. Crowe, 2010 and 2011 Master of Science graduate, was honored for his selfless service to patients and physicians on National Day of Solidarity for Compassionate Patient Care in February 2012 by the University of Tennessee College of Medicine, Chattanooga.

The Daisy Award for Extraordinary Nurses was awarded by Memorial Hospital, Chattanooga in May 2012 to Lucas Valenca, 2011 Associate of Science graduate.

Traci Josephsen, 1999 Bachelor's of Science graduate and current Master's of Science student, along with Rachel Peterson, 2009 Associate of Science graduate, received the Erlanger Health System Nurse Excellence Award in 2011 and 2012, respectively.

Mission Service and Outreach to Haiti

Haiti was a country I was not expecting. It was raw in a way I had not seen before, and the needs of the people were great. On our very first



Author Alexis Boddy and Linda Leach

bus ride through Port-au-Prince, many of us were overwhelmed by the number of people, animals, dust, and trash on an island where Mother Nature had wreaked havoc.

Although things were still in shambles from the earthquake, the people had done their best to rebuild. We graduate nurses and nursing students visited clinics, orphanages, and hospitals. We helped where we could with the medicines we brought, using our clinical



Justin Stone, Rhina Urdaneta, and Melissa Tortal

skills in assessments, and our arms to hug and hold the children, who were in desperate need of attention.

I chose this mission trip for several reasons. It became apparent to me while I was studying at

is an exciting project. By establishing a presence at the various clinics and orphanages, stronger connections can be formed with the directors as a witness to them, too.

Mission trips have become the



Maricel Zamoras assists with puppet show.

Southern how important and life-changing mission work can be.

Serving others with our time and knowledge is vital to living a life like Christ. It is a compelling experience in which we are often blessed, in return, by the people we serve.

The work the School of Nursing is doing in Haiti is paramount. We have visited Haiti three times in the past year with the intent of establishing records for the children at several different orphanages. Through these medical records each child's growth and development will be tracked. Follow-up care can be provided to improve health. It



Julie Glass and orphan

highlight of my year. As a graduate of Southern, I am so glad to have an alma mater that welcomes my return to outreach through mission trips like those to Haiti.

Graduate Programs

Master's of Science in Nursing (MSN): Graduate programs are designed to provide opportunities for advanced practice and upward mobility within health care in advanced nursing roles.

The School of Nursing has seen a large influx of students into the Adult Nurse Practitioner, Acute Care Nurse Practitioner, and Family Nurse Practitioner programs. Experienced nurses come into these programs with aspirations for expanded roles in the acute or primary care setting. They desire increased expertise in treating and preventing potential disease processes that plague individuals in their communities. Graduates have obtained positions where they can partner with physicians in either specialized or primary care.

The Nurse Educator emphasis has not attracted many students. Most people are unaware that the nurse educator shortage is increasingly severe. Why? Fewer nurses are seeking a doctoral degree, and in 2010-11 the average age is 60.5 for

professors and 57.1 for associate professors (www.aacn.nche.edu/IDS). The MSN Nurse Educator emphasis is now fully online, with the hopes of attracting students who envision helping to shape the next generation of nurses.

Doctor of Nursing Practice (DNP): To redesign healthcare and keep pace with the national standards for entry into practice, the DNP program was developed. It is a post-master's degree that specifically prepares the nurse practitioner to provide a higher level of care. The focus is less on academic research and more on scholarship in clinical excellence. To increase user-friendliness, the DNP is completely online with three brief campus visits in the first, third, and fifth (final) semesters. The emphases are Acute Care Nurse Practitioner-Adult/Gerontology (leads to certification), Acute Care Specialization, and Lifestyle Therapeutics. It is truly a blessing to have the opportunity to provide advanced practice nurses with education at the doctoral level in emphases so well aligned with our mission.

Japanese Nursing Students visit Southern

In Summer 2011, the School of Nursing, along with the Southern's English Department, had the opportunity to host nursing students from Japan for the third year in a row. A total of 14 students and a sponsor arrived from the Red Cross University and the Adventist College, Saniku Gakuin. The students spent three weeks at Southern in order to complete a cross cultural practicum and learn conversational English.

Each student was paired with a host family so they could see firsthand how Americans live, communicate, work, worship, eat, and play. The students attended English as a Second Language (ESL) classes in the morning and Nursing Assessment classes in

the evening. They became CPR certified and had the opportunity to interact with current nursing students. In order to experience the health care system in the U.S., they toured Gordon Hospital in Calhoun, Georgia, and all four Life Care Centers of America located in Collegedale. They had an opportunity to relax and practice their English outside of the classroom when they visited popular

tourist destinations in Tennessee like the Incline, the Chattanooga Aquarium, and Dollywood.

The experience culminated with a farewell banquet for the Japanese students, host families, and teachers. The students wore colorful kimonos, sang songs in Japanese and English, then received CPR cards and English Bibles. At the end, everyone had an opportunity to

take a walk down memory lane through a slide show highlighting the three-week experience.



Welcome Back, Callie McArthur

We have successfully completed our search for a Simulation Coordinator. The School of Nursing is excited to welcome back Callie McArthur, M.N., R.N., who spent the past three years at Southwestern Adventist University in Keene, Texas.



Barbara James, Southern's School of Nursing dean, shared, "We're delighted to have her back. She brings a lot of expertise to us in the area of simulation and clinical supervision of students. She is a med/surg guru, and since she left us, has also gained experience in pediatrics and OB."

McArthur graciously responded to a few questions despite her packed schedule while attending a conference in Baltimore.

Question: What led you back to Southern?

Answer: I appreciate the opportunity to participate in the growth of the simulation program at Southern.

Question: What would you like other faculty and students to know about you?

Answer: I look forward to re-learning Laerdal technology, since I have been working with Gaumard manikins over the past three years. I am eager to become familiar with the EMR system that is in use. Plus, I am excited to begin learning my way around Florida Hospital Hall and to begin working with the current nursing faculty.

Last semester, McArthur flew in to attend a session of the School of Nursing's faculty council. Mutual affection and respect were apparent as introductions were made and greetings were exchanged.

When asked to describe McArthur's new role with the School of Nursing, James replied, "She is going to be focused primarily in clinical aspects of the program in the associate degree level, doing some clinicals for Adult Health 2 and Fundamentals, and assisting in simulation. As Sim Coordinator, she will help build our simulation to include some hi-fidelity simulation at the baccalaureate, and eventually at the graduate, level.

"Her knowledge of the products for simulation, skills in developing objectives, and expertise in designing student learning outcomes have grown a lot, both during the time she was with us and also as the simulation coordinator at Southwestern."

When asked to describe McArthur for our readers, James replied, "She is detail oriented, conscientious, and thorough in her work, and she has such a ready smile. While she has high expectations of students, she is very much an encourager, too. We're thrilled to have her returning to us."

Alumni Celebration

Join with your fellow alumni at the October 25-28 Alumni Homecoming weekend event. Honor years are 1942, 1952, 1962, 1967, 1972, 1982, 1987, 1992, and 2002.

Do you know an alumnus who exemplifies nursing at its best and serves the profession and church with excellence? If so, please send the person's name to Imarlowe@southern.edu to nominate him or her for the Elvie Swinson Nursing Alumnus of the year award.

Faculty Showcase

ADVISORS: Southern Adventist University gives an "advisor of the year" award annually to the one faculty member, nominated by the student body, who serves as a "t advisor." Nursing faculty have been the recipients of this honor for four of the last five years. With over 800 nursing advisees, the School of Nursing faculty are committed to sound advising practices.

2007-08 Sylvia Mayer

2008-09 Linda Marlowe

2010-11 Pam Gammenthaler

2011-12 Kerry Allen

CERTIFICATIONS: We are proud that Judy Dedeker has added FNP-BC to her existing credentials. Fifteen of the faculty have advanced certifications in education or practice or both.

DOCTORATES: We are proud to announce our two newest doctorates! This milestone represents years of grueling work. There are now seven doctorally-prepared faculty with two more in process.

Bonnie Freeland, DNP; University of Tennessee Health Science Center, Memphis, Tennessee

Michael Liedke, DNP; University of Alabama at Birmingham

HONORS: Nominated by both faculty and students, special honors are awarded to faculty at each spring commencement. Nursing honorees from the past five years include:

2008: Jaclynn Huse: President's Award for Commitment to Student Success

2009: Christine Moniyung, President's Award for Commitment to Student Success

2009: Callie McArthur, Distinguished Service Medallion

2012: Christine Moniyung, President's Award for Teaching Excellence

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