

Summer 2021

## School of Nursing Newsletter Summer 2021

Southern Adventist University

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SUMMER 2021

SOUTHERN NURSING

## Simulation and Skills Labs Welcome New Manikins

Southern's School of Nursing welcomed several new simulators to our Simulation and Skills labs. These simulators will enhance the learning experiences for our nursing students, starting in the first semester with Fundamentals of Nursing, and continuing throughout the undergraduate nursing courses and on into the graduate program with nurse practitioner students.

Our new manikins have many lifelike features, including audible heart, lung, and bowel sounds. Students can assess vital signs, such as auscultation of blood pressure and pulse rate, and access veins for medication administration while practicing skills and simulated patient interventions.

In addition, one of the new manikins, Victoria, gives birth. Victoria can be programmed to have a normal or a complicated birth, such as a breech presentation, shoulder dystocia, or post-partum bleed. An emergency Caesarean section can also be performed on the manikin. This manikin will provide the students with many situations they are not able to experience during their hospital rotations.

Victoria will prove extremely valuable to students who are practicing women's healthcare. The nurse practitioner students will be able to participate in simulated patient care scenarios where they can practice female exams and place intrauterine devices (IUDs) while interacting with the manikin.



Simulation manikin "Victoria" and her baby

We want to thank the many donors who provided the means to purchase these manikins for our nursing students. Our students will be blessed for many years as they practice and enhance their nursing skills to ultimately be the hands of Jesus as they provide safe patient care around the world.

## White House COVID-19 Task Force Member Zooms with Nursing Students

Mark Kimmel, PhD, head of nursing response for the Federal Emergency Management Agency (FEMA), joined Professor Jaclynn Huse's Adult Health II class via Zoom to discuss the coronavirus and its impact on our nation and the world. A top expert in emergency and disaster preparedness, Kimmel is hired through homeland security and currently sits on the task force



Mark Kimmel, PhD

committee for COVID-19 at the White House with infectious diseases expert Anthony Fauci, MD.

Kimmel was very receptive to taking questions from students and discussed pathophysiology, vaccinations, and other methods of preventing transmission. Students quickly realized that they had the ear of the White House, and Kimmel made everyone feel important by showing that he cared about each one's concerns. He was kind enough to repeat this meeting for the BSN research class. In addition, the DNP program will be welcoming Kimmel as a speaker in August.



## Letter from the Dean

The 2020-2021 academic year is one that will long be remembered for COVID-19, social distancing, masks, quarantines, isolation, illness, and loss. The School of Nursing has felt the impact like everyone else. Faculty had to become masters of classroom technology, simultaneously teaching students in the classroom and those zooming online. Our staff have stepped up their counselor and adviser roles for students anxious about their families, friends, and themselves. There have been many unique challenges.

Students, too, have faced a new and different world. But one thing nurses know how to do is to flex, adapt, and innovate. We have witnessed our students developing these essential skills more rapidly in the face of the pandemic.

Our school year was a successful one, in spite of many challenges, thanks to the fantastic team of faculty, our supportive clinical agencies and healthcare partners, and our resilient students. Most importantly, thanks to God who is faithful; His goodness never fails. He has cared for us, kept us healthy, and lifted our spirits in simple and amazing ways.

He has empowered us to move forward in His service. Our blessings are many!

This new academic year promises to be different—more normal. But in a sin-sick world, we know the next disaster is just around the corner. Experience has taught us, however, to rely on God. He will see us through. Thank you for your support and prayers for another successful and blessed school year.

**Holly Gadd, PhD**  
School of Nursing  
Dean



## School of Nursing Receives Grant

Ardmore Institute of Health recently awarded our School of Nursing a \$14,000 grant! The funds support nursing, dietetics, and culinary arts faculty in creation of a four-session interactive Culinary Medicine Lab experience for cohorts of 12 advanced practice nursing students in the Fall 2021 and Winter 2022 semesters. Curriculum will combine reading and lectures with hands-on and chef-led cooking, team-based problem-solving, and patient-centered coaching exercises. The end goal? Preparing our nursing students to counsel patients in successful behavior change around plant-based nutrition and cooking that assists in disease management/reversal.

Part of the grant includes budget for a professional video to document the lab experiences. We hope that extracurricular component extends the benefits of the labs to assist enrollment and marketing efforts, as well.

Ardmore's leaders were so pleased with this proposal that they are already encouraging Southern to pursue more ambitious and robust collaborations with them moving forward. Thank you, Professor Lilly Tryon, DNP, and team, for your thoughtful and professional work on this project.

## Community Service: COVID-19 Vaccinations Administered

Nursing faculty and students, coordinated by Professor Jill Buchholz, DNP, and Associate Professor Kerry Allen, teamed up with the Hamilton County Health Department throughout the winter semester to administer free COVID-19 vaccinations to the community, as well as to other university faculty, staff, and students.

Early in March, nursing students volunteered to administer vaccines with mentoring from the Hamilton County EMS crew at a drive-through event held at Volkswagen Nature Park. Most recently, they vaccinated 550 people on March 28 and more than 1,000 at a second event on April 18 in the parking lot at Collegedale Church of Seventh-day Adventists.

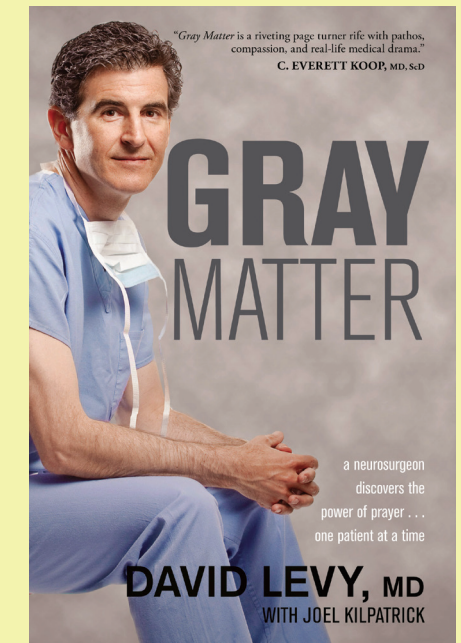
Buchholz commented: "This has been a very positive experience and an excellent opportunity for our students to serve others. Our focus at Southern is service, and we were able to show Christ at work to our community."



## SAVE THE DATE October 19, 2021

The Florence Oliver Anderson Lecture Series  
Presents David Levy, MD:  
*Why Praying for Patients Is Life-giving*

Watch for more information and updates at  
[southern.edu/nursing](https://southern.edu/nursing)



## Community Service: Letter of Appreciation

Words cannot express our gratitude to your nursing students for assisting with our healthcare worker vaccination clinics.

The event was well received by all recipients. It is amazing how much relief and hope these small shots provide.

The moment was not only historic but also sacred as a critical step in saving the lives of so many.

Since I do not have the email addresses of all participants, would you please share our appreciation to the following students:

- |                     |                   |
|---------------------|-------------------|
| • Alexis Baumann    | • Soko Paongo     |
| • Kaitlyn Beisiegel | • Claudia Rands   |
| • Midrene Francois  | • Ammy Silvestre  |
| • Jaylene Hyde      | • Amarildo Souza  |
| • Luke Kendall      | • Geisha Sulsona  |
| • Diana Li          | • Marizelda Tomas |
| • Lynna Nanyondo    |                   |

Thank them for being God's warriors in this pandemic fight!

Bless each one of you,

Janelle Reilly, CEO  
CHI Memorial Health System



### Congratulations to our Professors:

- Associate Professor **Kerry Allen**, MSN, RN, CMSRN, for becoming a Certified Medical-Surgical Nurse.
- Associate Professor **Cindy Johnson**, EdD, RN, CNE, CPAN, for successfully defending her dissertation and becoming a Certified Perianesthesia Nurse.
- Professor **Christine Moniyung**, PhD, APRN, FNP-BC, PMHNP-BC, for becoming double certified as a Psychiatric Mental Health Nurse Practitioner.
- Associate Professor **Andrew Richards**, PhD, RN, CNE, for becoming a Certified Nurse Educator.
- Associate Professor **Christy Showalter**, MSN, RN, CNE, CCRN-K, for receiving Southern's Teaching Excellence Award.

### Congratulations to our Alumni and Students:

- **Todd Bennett** (2018 AS/2019 BSN) for receiving the Daisy Award at St. Thomas ICU in Nashville.
- **Zoe Hamilton**, junior, for receiving the Mary Ellen Locher Scholarship.

### Farewell to our Retiring Faculty:

- **Maria Valenca**, MD, MSN, RN, PMHCNS-BC

### Welcome to our New Professors:

- **Tonya Ameredes**, MSN, APRN – teaching undergraduate mental health and clinicals
- **Bob Cruise**, PhD – part-time, teaching undergraduate and graduate nursing statistics