

# The Effects of Parenting Styles and Religiosity on Emerging Adults

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## Abstract

The purpose of this study was to outline the impact that different parenting styles and religious beliefs have on individuals during their adolescent stage. This research study will benefit the general public, but specifically, those who are associated with religious faith and those who are in search of the best way to parent their children with a religious upbringing. This research could also benefit those who are interested in this topic.

## Introduction

- Authoritative parenting presents reasonable rules and regulations.
- Authoritarian parenting styles focuses on high child expectations along with numerous sets of rules and directions.
- Religiosity can pull an individual on either side of the spectrum.
- A child will reflect positive behavior when they are taught religion in a judgment-free manner.
- There should always be a perfect blend between religiosity and parenting.

## Hypothesis

H1: Emerging adults with authoritative parents will show lower levels of religiosity than those who have authoritarian parents.

H2: There will be no significant difference between parenting styles and religiosity.

## Methodology

- Participants were gathered on the campus of Southern Adventist University and online solicitation.
- Participants were given a link to take a survey questionnaire where they spent less than 15 minutes completing the survey.
- Participants responded to questionnaires consisting of 3 sections:
  1. Demographic Scale
  2. Parenting Style Scale
  3. Centrality of Religiosity Scale
- Those who participated in the study, were entered in a draw to win a Chick-fil-a gift card.

## Results

- Total of 45 participants were recruited.
- 10 males
- 35 females
- There was not a statistically significant relationship between parenting styles and religiosity.
- H1: Emerging adults with authoritative parents will show lower levels of religiosity than those who have authoritarian parents. [ $r(28) = .209, P = .168, ns.$ ]

## Discussion

- One of the limitation in this study was the sample size.
- The importance of this study is to help parents find the most effect parenting style to help emerging adults reach higher levels or religiosity.
- Future studies should use a larger sample size to measure each variable.

## References

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