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With God

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"With your help I can advance against a troop ; with my God I can scale a wall." Psalm 18:29

With God

As I write this today (Sunday) my best friend is currently biking across Georgia as a part of the Ironman race. I've been told today is predicted to be the hottest Ironman on record as the temperature will continue to rise to 96 degrees throughout the day. Already in the first 5.5 hours of the race, my friend has accomplished the three mile swim and 58/116 miles of biking with a 26 mile marathon to come.

The pride I have my friend today is nearly just as great as the day I served as a part of her wedding. What she has already accomplished is worthy of celebration! The time and energy and dedication she's put into training for the Ironman has been inspiring on top of everything else she balances. Maintaining a strict diet, aggressively pursuing physical training, and purchasing the appropriate racing tools have been a primary part of her life for the last several months. I believe hands-down she'll be able to finish the race that has been set out before her.

David declares in Psalm 18:29 "With your [God's] help I can advance against a troop; with my God I can scale a wall." Where David put a period, I want to put an exclamation point! This is encouragement! This is truth! The question is, do we believe it?

With God, you can scale the wall of academic success and win your degree!

With God, you can reconcile the conflict you're facing within a particular relationship and experience forgiveness and peace!

With God, you can advance against the fears that have been holding you back from living the life you've been called to live!

With God, you can advance against depression and anxiety, find people to talk to and helpful resources to set you free!

Are you tapping into the strength and supernatural power of our Almighty God, asking daily for the baptism of the Holy Spirit, and pursuing the path of righteousness God has set before you, or are you trying to tackle everything on your own?

Today my prayer is a prayer of submission recognizing the fact that I *cannot* do it all on my own - I am human, weak and feeble, a sinner with poor discipline, and I pray for the outpouring of God's Spirit in my life to be able to accomplish all that He has in store for me to live a holistic life giving Him all the praise and glory. I hope you'll join me in this prayer this week and make the Main Thing, the main thing in your life, recognizing your help to advance against any obstacle and accomplish every goal!

P.S. With God, my friend finished the race at 12:15am and became a true Ironman!

Enhance your spiritual walk this week with these events:

- **Dorm Week of Prayer** each night this week beginning tonight at 8pm in Thatcher (women only) and 7:00pm in Talge (men only).
- **Friday night Vespers at 7:30pm** in the University Church hosted by LAC with guest speaker Elden Ramirez!
- **Afterglow** immediately following vespers will include a conclusion to Dorm Week of Prayer, a special breakout hosted by Asian Club, and Pet Therapy among many other things!
- **Connections Cafe Latin American Style lunch** is hosted by the University Church and Chaplain's Office in honor of Latin American Heritage this month. Come feast on a fantastic array of food in the Collegedale Academy Elementary School this Sabbath at 1:30pm.

-Anna Bennett