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# ePanorama January 2022

Southern Adventist University

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For Parents of Southern Adventist University Students















parent newsletter | January 2022



Power for Mind & Soul



# Life Calling and Career Services Q&A with Nova Munselle

As a new year begins, 2022 holds a wealth of potential. Although the past two years have presented many challenges, God continues to guide and provide. To begin the year, Nova Munselle,'08, the new coordinator for Southern's <u>Life Calling and Career Services</u> office, shares how she's helping students find purpose and a God-given life calling.

## Calendar

## **January**

**22** | Latin American Club Night

23 | All vehicles must be registered with Campus Safety

24 | Last day to add classes

**24-28** | Student Week of Prayer

**30** | Symphony Orchestra Concert

**31** | Priority Deadline for Filing 2022-2023 FAFSA

#### **February**

**5** | 16th Annual Cardboard Boat Event

11 | Missions Expo

13 | SA Super Bowl LVI Party Subscribe Past Issues Translate ▼

A: My goal in life is to help people find their path. I graduated from Southern in 2008, and I wanted to return because I love the institution and working with students. I especially enjoy helping people get to their end goal, which is usually a process. That's what drives my passion and my calling in this.

# Q: What is the purpose of Life Calling and Career Services?

A: We've changed the name from simply "Career Services" to "Life Calling and Career Services," and this puts an emphasis on looking at the God-given abilities and talents that each person has. We want to help identify a career that allows God to take part in the planning process to turn it into a calling. According to "State of the American Workplace," a new report by Gallup Inc., only 30% of the U.S. workforce is engaged in their work; in other words, they're passionate about their work and feel strongly committed to their companies. The remaining 70% are defined as unengaged workers, those who are "checked out," putting in time but without much energy or passion. I want to challenge students to find something they are passionate about and see how they can change the world around them.

#### Q: How can students benefit from your office?

A: We have an individual action plan for students to create. We start by identifying long-term goals and build short-term goals and objectives to work toward. I can help current students—and even alumni—with their résumés, cover letters, job searching techniques, mock interviews, internship and graduate school applications, and overall career explorations. Students can always come back and ask for help, even after they've graduated.

#### Q: What new initiatives are in the works?

A: We are working on creating a job shadowing and mentorship program that will connect current students with Southern alumni. Additionally, we're hoping to expand our long-standing job fair, Meet the Firms and Graduate Schools, with more virtual options and a broader variety of career fields represented.

By Madison Reinschmidt

Registration Deadline

19 | School of Music Pops Concert

20 | Southern 6 Race

**26** | Black Christian Union Cultural Night

## **Quick Links**

About

Contact

Directory

Calendar

Live Streaming

**Parents** 



Mental and spiritual counselors are available virtually for all students, including those in quarantine and isolation.

Student Support Services 423.236.2782

Office of Ministry and Missions 423.236.2787

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## **FAFSA Deadline Reminder:**

Students were able to begin filling out the 2022-23 FAFSA as early as October 1, 2021, by visiting **fafsa.gov**. Southern's priority deadline for the FAFSA is January 31, 2022. Parents must have their own FSA ID to sign and submit the FAFSA for their dependent children. The student also must have an FSA ID. To create an FSA ID or reset a password for an existing ID, students and parents can **click here**. The 2022-2023 FAFSA is based on tax year 2020.

# **Enrichment Credit Changes**

This semester, <u>Enrichment Credit requirements</u> have been simplified in response to the COVID-19 pandemic. The number of credits required has been reduced, and all applicable programming will offer 1 credit. Students will still be required to earn cultural credits, but all Convocations (religious and non-religious) will now be considered cultural.

## The new requirements are as follows:

## Freshman (0-23 class hours)

Residential: 20 enrichment credits / 10 cultural credits = 30 credits total Community: 12 enrichment credits / 6 cultural credits = 18 credits total

## Sophomore (24-54 class hours)

Residential: 18 enrichment credits / 9 cultural credits = 27 credits total Community: 10 enrichment credits / 5 cultural credits = 15 credits total

#### Junior (55-93 class hours)

Residential: 16 enrichment credits / 8 cultural credits = 24 credits total Community: 8 enrichment credits / 4 cultural credits = 12 credits total

### Senior (94+ class hours)

Residential: 14 enrichment credits / 7 cultural credits = 21 credits total Community: 6 enrichment credits / 4 cultural credits = 10 credits total

#### **Graduating Senior**

Residential and Community: Exempt for the last semester in which graduation with a bachelor's degree occurs

## Routine options for obtaining enrichment credits during the week:

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Chapel

- Tuesday evening worship (coed) 8 p.m. in Thatcher Chapel
- Vespers Fridays, 7:30 p.m. at Collegedale Church of Seventh-day Adventists
- Evensong Sabbath evenings, half hour prior to sundown at Collegedale Church of Seventh-day Adventists
- Additional events such as School of Music concerts and various academic lecture series also may offer enrichment credits.

NOTE: When students visit their residence life account to check on requirements, the amount required will not show properly until after census (January 25) so they should refer to the chart above, which has been emailed to them.

Questions or concerns may be directed to the <u>Student Development</u> office at 423.236.2814 or <u>negron@southern.edu</u>.

# **Happy New Year!**

Dear Parent,

Thank you for continuing to invest your time in *Panorama*, where you can stay updated on exciting events, stories, and updates here at Southern.

Your thoughts and feedback are valuable! Email <u>southernparents@southern.edu</u> or call 423.236.2581 with your comments or questions. I enjoy interacting with you and providing relevant information throughout the year.

Thank you for your support!

Madison Reinschmidt, senior mass communication major *Panorama* Editor