Southern Adventist University said goodbye to Herin Hall after more than 40 years of service on July 19. The building’s demolition is a part of the Campaign for Excellence in Faith and Learning and is the first step in construction on the Bietz Center for Student Life.

More than 70 students, faculty, and community members were present; online viewers also witnessed the demolition via live stream on the campaign website and social media.

“[Watching the demolition] was fascinating. The machine used made it look like the building was made of paper,” said Tina Smith, project and planning manager for Marketing and University Relations.

Gordon Bietz, former president of Southern, was also present.

“I have always enjoyed the changes that have taken place with the facilities on campus because it shows visible progress,” Bietz said. “I generally feel that things don’t happen fast enough, and to see the building come down so quickly was exciting. I wish the new building could go up as fast.”

Prior to the demolition, Herin Hall was assessed for necessary repairs and their potential costs. These attempts were unsuccessful due to the rectangular and narrow nature of the building and its age, said Marty Hamilton, associate vice president of financial administration.

Although Herin Hall was a structurally safe building, it did not meet the safety standards of the state of Tennessee building codes, Hamilton said.

In 1973, the nursing program had become the largest division on campus and was divided between Lynn Wood Hall and mobile trailers parked near the science building. Monetary gifts and fundraising by administration made it possible for a new nursing building to be placed on campus without debt.

Rick Norskov, professor of biology, attended Southern from 1972-76.

“Herin Hall was state of the art at the time,” Norskov said. “It feels like I have come full circle, from being a student [when it was built] to now faculty [at its demolition]. It was like watching the end of an era and the beginning of a new one.”

Since the School of Nursing was moved to Florida Hospital Hall in 2011, Herin Hall has been an interim building that has housed many departments during various building projects. When Summerour Hall underwent renovations, the School of Education and Psychology was moved to Herin Hall. Once the renovations of Summerour Hall were finished, Information Systems moved over so that their department could be renovated.

The Bietz Center for Student Life is set to be built where Herin Hall once stood. Campus ministries, the chaplain’s office, student development and all umbrella departments will be placed in the new building.

“We’re hoping students will embrace [the new student center] as their home on campus outside of their dorm room,” Hamilton said.

Due to the extensive approval and design process, the new student center does not have an official opening date. The goal is to break ground in the spring of 2017 and to open in the fall of 2018.

“This is our next big project and I am excited about that,” Hamilton said. “We care about our students and want to listen to our customers, which are our students and serve them [while also] meeting their needs.”
McKee Library revamped its website to a more user-friendly version at the beginning of the semester. Students are now given access to a wider range of resources both inside and outside of the library. The previous website required separate searches for DVDs, movies, and books; however, this sleek new design enables users to search through databases with just one click. The search box on the homepage is now linked to databases and search engines across the Internet to give users a more convenient research tool.

“This is a cutting-edge product,” said Katie McGrath, associate director and head of public services at McKee Library. This update not only makes research easier, but also safer. The library now uses cloud storage to ensure information will be preserved. McGrath noted that, before the revamp of the website, librarians had to personally manage the servers and risk losing vital information if servers crashed. The library chose to update its website because Southern Library has updated its platform campus-wide. They jumped on board knowing their transition would take a long time. They also updated their website to keep the online content up-to-date and easily maneuverable for students and faculty. The library staff has worked on this project for at least a year and are constantly making improvements. Kamille Thompson, junior psychology major said, “Everyone is working really hard in making it user-friendly.”

Many other updates were made in the administrative arena. McKee Library has transitioned from a multi-server system to a one-server system, where there is only one server managing the webpage’s various components. Stanley Cottrell, media librarian and technical services librarian, notes that this transition to one server is cheaper to maintain, but a monetary figure is unable to be provided.

Marshley Registe, sophomore biology major, says, “I love the new design of the site... It is perfectly relevant to me.”

The entire library staff involved in the website’s production and development hopes that students will continue to have a seamless research process when navigating their new and improved website.

Meet the News Editor

My name is Danielle Allen and I am a Global Policy and Service Studies major, as well as a journalism major. I am also this year’s news editor. I was born in New Jersey but moved to Miramar, Fla., at the tender age of 2. I plan to become a human rights lawyer, specializing in advocacy and community organizing.

I love reading mystery novels, watching time period dramas, foreign films, and talking about politics and feminism. I believe that black lives matter and in the power of radical self-love. You should write for the Accent because it is such a great way to get connected to news on campus. You can learn a new skill or fine-tune your own, and we are such a great group of like-minded people.

Contact me at danielle.allen@southern.edu.
Letters from your presidents

David Smith
University President

My passion for over 40 years has been Adventist education. I love students. I love how God loves them. I love to see Him work in their lives. I have served as a boarding academy teacher and assistant boys’ dean, college professor and department chair (including 17 years teaching English and chairing the English department at Southern), president of Union College in Lincoln, Neb., senior pastor of the Collegedale Church and now president of Southern Adventist University.

God has blessed my life with many unusual experiences including playing tricks on others with my twin brother, being stalked by a panther, flying an airplane for the first time, being confronted by wild wolves, being threatened by a policeman pointing a gun to my head. Another experience involved taping music (I played the piano back in the day) in Columbia Broadcasting Studios in Chicago along with my friend who was an amazing singer. We won a Chicago-area radio station music contest, were asked to perform in Orchestra Hall, and we had our music played on the radio to advertise the program.

I love public speaking and have spoken to a variety of audiences around the world. I once spoke for “Chapel Day” in Seoul, South Korea. I began speaking at 7 p.m. one evening and spoke to groups of several hundred students in 30-minute intervals. I stopped at 10 p.m. and began again at 7 a.m. the next morning and spoke until noon. Fortunately, I get energized when I speak.

Traveling to many countries of the world has enriched my life. My office contains memorabilia from many of these countries. Birdwatching has been a lifelong hobby. Among my favorite birding destinations have been Australia, Kenya, Papua New Guinea, Costa Rica, Israel and South Korea.

Apart from my decision to live my life for God, the best decision I ever made was to marry my wife, Cherie. She is my inspiration and best friend. I am so proud of my two daughters, who, along with my wife are alumni of Southern. I love spending time with my family, including my sons-in-law and six grandchildren.

My favorite Bible text is Proverbs 3:5-6: “Trust in the Lord with all your heart and lean not on your own understanding. In all your ways acknowledge Him and He will direct your paths.” This text has guided me through life and I am so grateful to God for His trustworthiness.

Moses Maier
SA President

Behind my desk is a big window that allows natural light to flood my workspace. Through this window, I can see the fountain, the wellness center and the beautiful hills of Tennessee. Without doubt, this campus is beautiful. However, if my window was the only perspective I had, I would be missing so much.

This campus is more than the image from my desk. Southern is blessed with a rich mixture of people, cultures, ideas, experiences and learning opportunities combining to paint the beautiful picture that is our school. I am excited for this new year and have been praying for you over the summer.

My name is Moses Maier. I am your Student Association President. I grew up in a small town in Ontario, Canada. I moved to Loma Linda, Calif., and then went to high school in British Columbia. Life has given me many amazing adventures. At Southern, I have learned to love, among many things, rock climbing and long boarding. I was also able to spend a school year in Zambia, Africa. This is a part of my experience that has helped shape who I am, and through this year, I hope to learn more about you.

You may be thinking, “What does the SA President do all day?” Well, I just started this position, so I do not know where this journey will take me, but I will let you know. For starters, I attend many administrative meetings where I strive to accurately represent your voice. So if you have suggestions or ideas, I am here to listen.

Beyond meetings, I seek to support the wonderful SA team and student body. The theme for SA this year is “Live to Serve.” Serving is my mission and my purpose for being in office.

We have some amazing events planned and I hope to meet more of you. Often, like the view of campus from my desk, my life becomes constrained by my own perceptions. My aspiration this year is to look beyond these constraints and live a God-driven life of service. My hope is that this theme resonates with you and becomes part of your daily life.

Live to serve. See you around!
Smith ‘sets the tempo’ during student dedication

Shivani Ward
Lead Reporter

David Smith gave the student dedication address at his first convocation as president of Southern Adventist University on August 25. Smith said that this convocation reminded him of many he experienced during his 17 years teaching at Southern.

“I was excited for the opportunity to invite students to take ownership for their spiritual journey at Southern and to consider what God might be calling them to do while they are here,” Smith said. “I am confident in our students and what they can do with the Spirit’s leading. I can’t wait to see how they are going to partner with God to transform our campus.”

Moses Maier, student association president and senior finance major, was among the leadership on the stage.

“The convocation was an inspiring and insightful experience,” Maier said. “I believe the question ‘why’ that Dave Smith talked about is profound. Understanding why we are here and that God has an amazing purpose for us, will make our Southern experience an incredible one.”

Students were also moved by President Smith’s address, seeing it as inspiration for the new school year.

“President Smith set the tempo for what’s to come this school year,” said Phillip Warfield, junior history major.

“He said that we are [not limited to] our majors, [but] we are all children of God. Smith is searching for unity, and personally, I feel like that’s what Southern students are looking for this year [too].”

Intramural app aids in sports signup

Kimberly Crooks
Contributor

Southern’s intramural program has partnered with IMLeagues, a nationwide intramural sports website and app, to create a student-friendly website and app.

Students must register on Southern’s IMLeagues website. Once a student registers, they have an account until they graduate. Students have access to many features on the website.

“We should have done this years ago,” said Troy Walker, intramural director. “[This program] makes it easy for students to participate, which is our goal.”

The Sports section posts announcements and event for fans and players to stay updated on games and other intramural related information. The homepage also includes a section where students can view more detailed game schedules throughout the school year.

Walker recently posted information regarding tennis doubles, which is the first intramural sport of the school year.

“The app is really cool because I am able to keep up with my friends’ games,” said Sammantha Francois, junior elementary education major. “I have a very busy semester ahead of me and I like that I can see how they are doing so easily.”

Other sections of the website include team rankings, live updates and the final scores of each game. Another feature is the ‘Free Agent’ option, where students can notify teams of their availability. IMLeague comes with a companion app called ‘Rec It,’ for students to access the website on their phones and tablets. Teams can also input their availability for smoother competition scheduling.

Christian Bunch, senior business administration major, said that he enjoys the accessibility of app and access to scores of games he cannot attend.

The app enables students to sync their intramural schedules into Google Calendar or iCalendar. It also gives students options for team and individual chats without exchanging numbers, as well as text alerts on game day.

Participants enjoy different cultures at Welcome Back Party

Danielle Allen
News Editor

The Student Association of Southern Adventist University hosted its annual Welcome Back Party on August 27 with the theme UNITED.

Doors opened to the Iles P.E Center at 9:15 p.m. Students came dressed in cultural attire and were handed a “passport” at the front entrance to the gym in order to win prizes at the end of their “journey”. The event’s activities were grouped together by similar cultural influences and geographical regions—Africa, the Caribbean, and Latin America were placed on one side of the gym, while Europe, North America, and Asia were placed on the opposite side.

Each region was specifically designated a budget of $1,000 by SA for decorations, games and prizes for students.

“The event was intended to mimic Disney’s EPCOT World Showcase on a much smaller scale,” said Kaity Clements, SA social vice president and senior animation major. “I wish that I could have spent more time planning, and put more money into it. Even though I’d spent the summer developing it, everything was hypothetical until I got on campus.”

Several students reacted positively to SA’s first event.

“I thought that it was pretty good, but it wasn’t the best event. The people there enjoyed the event and it lasted longer than I thought it would,” said Rachelle Martin, sophomore history major and Black Christian Union secretary.

Junior psychology major Mark Belfort said that it was a big opportunity for clubs on campus to work with SA outside of events like Fall Fest. This is the start to many events on campus that bridge SA and other student organizations.
SA WELCOME BACK PARTY

August 27
9:15 pm
Iles Gym

FIFA 16 captivated more than just soccer fans

the poutine looked disgusting but tasted great - Sierra Emilaire

it was good to see students engaging in other cultures - Tierra Hayes

new president David Smith was happy to join in the celebration

a variety of foods were offered - blindfolds optional

to read more about this event check out page 4
SCHEDULING IN GOD

Michelle Nib
Contributor

It’s a.m.; in a few hours my alarm will go off and I will be faced with the choice to hit the snooze button and sleep a few more minutes, or to get up and have my devotional time with God. For the next two semesters this will be my constant battle. Most days the choice will be easy, but on days like these, when I’m unwilling to participate, have lots to do, the decision to make time for God will be a struggle. For many people the beginning of school means a shift in their devotional lives. For some with time with God neatly penciled in along with classes and intramurals and for others, it gets pushed to the bottom of the “To Do” list or is rushed through like a last minute assignment.

How does school affect your spiritual life? When it comes to God, is it easier to have a devotional life during the summer or the school year?

“School year, definitely,” said Micaela Myers, senior in mass communications major, said her devotional life is better in the summer. “In the summer it’s just easier to fit it into your life until you are so covered that no more will fit.” (Mal. 3:10, adapt.) God understands your issues of time, but He wants you to try Him and to watch how He enriches it. You’ll find you have more time than you think. So when my alarm goes off later this morning, I can trust that the time I spend with God will prepare me for the day far better than an extra ten minutes of sleep ever could.

Whether the school year makes scheduling time with God easier or more difficult, God would like to hear from you. A friend once told me that making time for God was like a tithe on your time. In God’s word we find a verse where God boldly declares, “Bring all the tithes it’s my goal to enlarge your view of what it means to be religious perspectives. This year it’s my goal to enlarge your view of what it means to be Christian and to hopefully inspire you to have a deeper and more authentic relationship with Christ. Contact Mariah Crews at mcrews@southern.edu.

Life Outsider of Life Groups

Delcy Eman
Contributor

Last year I was anti-Life Groups... okay I wasn’t anti-Life Groups, but I definitely had no desire to participate. Last fall was my first year in the nursing program and I came to the conclusion that Life Groups would be too time-consuming. I figured I could have Jesus time with Christ. Contact Mariah Crews at mcrews@southern.edu.
NOT IN HIS SHADOW, NOT IN HIS SHOES
Sheann Brandon
Contributor

“The task of the leader is to get his people from where they are to where they have not been.”
—Henry Kissinger

Coming into this school year, I couldn’t help wondering how our new president could ever live up to the man, the myth, the beloved legend—Dr. Bietz. How could President Smith ever fill such big shoes? The answer? He shouldn’t have to. President Smith is NOT Dr. Bietz; he will never be Dr. Bietz.

He’s writing Southern’s next chapter as an independent thinker: new ideas, new goals, new experiences, a completely new vision. I challenge you, turn the page; one legacy is ending and another is beginning.

As a leader, his job is to take our university from where it’s been for 19 years with Dr. Bietz and continue to nurture it, improve it, and guide it towards the future.

President Smith will give new convos, tell new stories, interact with new and current students, and become his own legend.

Dr. Bietz was a great leader, but every great leader is where he is because of the great leaders before him.

President Smith doesn’t need to fill anybody’s shoes. He’s walking in with his own pair.

So welcome President Smith. I’m excited to see where you will lead us, as God leads you.

KAEPERNICK CONUNDRUM
Kyle Harris
Contributor

Colin Kaepernick has exercised his 1st Amendment right by choosing not to stand when the national anthem was played. He said, “I am not going to stand up to show pride in a flag for a country that oppresses black people and people of color.”

So I am going to issue my own statement as to why I stand for the national anthem and show pride in this country. I stand to show pride for the African American, who had escaped slavery and by his own free will, harassed British Soldiers and was shot in Boston along with other Bostonians. The man who is considered by many, the first casualty in the America’s fight for liberty. To me, the flag represents his sacrifice. I stand to show pride in the flag that flew high above the capital when Congress and President Lincoln signed a constitutional amendment banning slavery. I stand for the flag to honor the soldiers who marched into Europe and defeated Adolf Hitler and stopped the mass killing of Jews. I stand to show pride in a country where Martin Luther King Jr. called for and successfully got a Civil Rights bill passed. I stand to show pride in a country that for the last 240 years has been fighting and bleeding for equality. From gender equality, to race equality, to class equality, America has continually sought to bring us together, despite our differences. Yes America has had its bad moments, but for the last 240 years we have had men and women dying and fighting every day for this country. I stand to honor them and their sacrifice. I hope that you will also think of those people before you decide whether to stand or sit the next time you hear the national anthem played.

My name is Alexis Hartline, and I am best known for my addiction to good coffee, good books, and traveling anywhere and everywhere. While I’m not searching for good stories to write for the Accent, you can usually find me with my nose in a book, or laughing at funny cat videos on the internet. Contact Alexis Hartline at alexishartline@southern.edu

COME FIND OUT! at the graduate fair
Faculty and current students from Southern’s graduate programs will be on hand to answer questions! Degrees are available in business, computer science, counseling, education, outdoor education, global community development, nursing, and social work.

ENTER TO WIN AN iPAD MINI!

(Wednesday, September 14, 2016, Back of the Dining Hall, 11:30 a.m. – 1:30 p.m.)

CONVOCATION CREDIT WILL BE AVAILABLE
**Best Brunch in Chatt**

**Aretha Frankenstein**  
**Matthew Smith**

When searching for the best eateries Chattanooga has to offer, skipping over Aretha Frankenstein’s would be a tremendous mistake. With an atmosphere reminiscent of the 70s, it offers a refreshment change of scenery while still accommodating even the pickiest of eaters with portions so hearty it hurts. Ideal for brunch, but great any time of the day, Aretha’s offerings pancakes, burritos, and more. Feeling ambitious during my first visit, I ordered a fat stack of pancakes and a biscuit sandwich—needless to say, it lasted several meals. The food is always made fresh so be prepared for a slight (but worthwhile) wait. Considering the quality of the food, prices are reasonable—expect to pay about $20 for a satisfying meal for two. Open from seven in the morning until midnight everyday, Aretha Frankenstein’s might be the best hangout spot in Chattanooga for you and your friends; brunch or otherwise.

**Tupelo Honey Cafe**  
**Tia Huff**

Tupelo Honey Cafe, located in the always swanky Warehouse Row on Market Street is a great place to grab brunch/breakfast foods any day of the week. With various options for vegheads and meatatarians alike, there is something for everyone that doesn’t mind spending an extra buck for some excellent brunch. One of the perks of Tupelo Honey Cafe is complimentary biscuits served with tupelo honey and blueberry jam. Coming in a close second are their decadent sweet potato pancakes that could supply breakfast leftovers for days. Other breakfast options include breakfast bowls, biscuit sandwiches, omelettes and scrambles. For those with a sweet tooth, their french toast with blueberry compote is also a popular item. With free (decaf) coffee refills, and more biscuits upon request, make sure to grab all your friends that make the best conversations and don’t sleep on Tupelo Honey Cafe! Your brunch needs a little honey.

**City Cafe**  
**Fayth Hargrove**

Stepping into a foreign place is always unsettling, but into a foreign food industry it makes my stomach queasy. City Café is a known place for all of Southern students to embark on adventures with tasty pancakes while experiencing the feeling of home when they sit down. I am always craving chocolate milkshakes, and one night my friend suggested City Café, so I left my cozy bed and felt like I was in my grandma’s home. City Café, so I left my cozy bed and felt like I was in my grandma’s house on Christmas morning. The milkshake was phenomenal, it complemented the waffle well, and the service was just as good. City Cafe is the perfect place when it’s 11 p.m. on a Saturday night and you’re feeling hungry and missing home.

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**WODS: Workouts of the Days**

<table>
<thead>
<tr>
<th>Monday: Half Cindy</th>
<th>Tuesday: Crossfit Total</th>
<th>Wednesday: Helen</th>
<th>Thursday: Pretty Girls</th>
<th>Friday: Sabbath Sunset</th>
</tr>
</thead>
<tbody>
<tr>
<td>As many rounds as possible in 10 minutes</td>
<td>3 rounds</td>
<td>3 rounds, for time</td>
<td>3 rounds</td>
<td>7 rounds</td>
</tr>
<tr>
<td>5 pull ups</td>
<td>5 back squats</td>
<td>400 meter run</td>
<td>15 sit ups</td>
<td>1 lap around the track</td>
</tr>
<tr>
<td>10 push ups</td>
<td>3 overhead squats</td>
<td>21 kettle bell swings</td>
<td>15 lunges</td>
<td>7 leg raises</td>
</tr>
<tr>
<td>15 air squats</td>
<td>3 deadlifts</td>
<td>12 pull ups</td>
<td>15 curls</td>
<td>1 sun salutation</td>
</tr>
</tbody>
</table>

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**MEET THE EDITOR**

I am Daniela Ursulenko studying graphic design. Originally, I am from Ukraine but moved to the United Kingdom to learn English when I was 14. After living in the United Kingdom, I came to America to study in college, pursuing my interest in art and design. I like photography, fashion, and exploring cities. I am the lifestyle editor at Southern Accent this year. Contact me if you have any questions or ideas at udaniela@icloud.com.
The A-Roids continued their impressive start to the season by defeating the Great Disappointments, 13-4, in an error-filled game in Men’s B-League action on Monday.

The A-Roids started strong, picking up two runs in the first inning before stumbling in the top of the second inning, as the Great Disappointments made up for their miscues by scoring three runs.

The Great Disappointments started falling apart in the bottom of the second inning, as they allowed three runs to cross the plate for the A-Roids. The A-Roids took a 5-3 lead into the third inning, and the A-Roids, going 2-for-4 at the plate and reached base three times, once on an error.

Both teams had a number of baserunners, but A-Roids was the only team to capitalize on its share of runners with aggressive baserunning and dominant offense.

Mason Clark played a valuable role in the game for the A-Roids, going 2-for-4 at the plate with two RBIs, and he reached base a third time on an error, which helped score a run. Another impactful player was Bo Smith, who went 2-for-4 at the plate with a double.

One bright offensive spot for the Great Disappointments was Kenta Ito, who went 2-for-4 at the plate with a double. The other bright spot was Matthew Gariepy, who went 2-for-4 at the plate and reached base three times, once on an error.

Nathaniel Orquia, captain of the Great Disappointments, struggled offensively, going 0-for-4, but he believed his team was fortunate at the plate.

“We hit every ball right at them; we were really unlucky,” said Orquia, who also lamented his team’s defense.

“We missed four balls in the outfield, and [the A-Roids] scored a bunch of runs,” he added.


The A-Roids catcher David Nelsen attempts to tag a Great Disappointments runner trying to score.

Photo by Zack Reynolds

A-ROIDS DEFEAT GREAT DISAPPOINTMENTS
Caleb Begley
Sports editor

“We expect to go out and score 15 to 20 runs,” said Zeismer, who also said he expects the newer guys on the team to improve during the season.

Numerous errors were made as both defenses struggled to find grooves and play with good teamwork in the field. There were few defensive bright spots for either team.

The Great Disappointments had multiple opportunities to get back into the game but failed to do so.

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“We missed four balls in the outfield, and [the A-Roids] scored a bunch of runs,” he added.

THE LUCKY 13 REMAIN UNDEFEATED WITH TIE
Daniel Olson
Contributor

Fit to be tied.
In a battle between the top two teams in Women’s A-League intramural softball, The Lucky 13 and SOS battled to a 6-6 draw after seven innings on Tuesday evening.

The Lucky 13 improved their record to 3-0-1.

The game went into an eighth inning, but after both teams scored a run, Judy Sloan was injured while attempting to field an infield grounder in the bottom of the inning. The umpires ended the game since the time limit had been exceeded. Sloan was held off the field and said the injury was a “muscle cramp.”

This peculiar conclusion ended a game that almost didn’t begin. Both teams scrambled to get enough participants to the field by the 6 p.m. start time.

Averaging more than 11 runs per game, The Lucky 13 wasted no time igniting their offensive production. The Lucky 13 scored three runs in the opening inning, keyed by four consecutive hits by Devon Milholm, Cassie White, Alissa Innamorati and Kimberly Ford.

But SOS closed the gap, scoring single runs in the second and third innings, which included an inside-the-park home run by Holly Keener. Trailing 4-2 entering the fifth inning, SOS rallied with a tremendous inning, as every player batted.

Raeann Butala led off with a single, and a few batters later, Kim Lighthall crushed a pitch into the outfield, which scored two runs. J.P. Mathis and Katie Welch picked up an RBI each with back-to-back singles, and SOS put four runs on the board to lead, 6-4.

“My team did great,” said Mathis, the team captain. “We’re learning to play defense better.”

But The Lucky 13 – which had been held to just one run in the previous five innings – found their offensive firepower in the bottom of the seventh. Evelyn Ruiz led off with a single, and Melissa Harrison, Victoria Hansbury and Milholm followed with hits, tying the game at 6-6.

However, the SOS defense held tight with the winning run on second base. Three straight batters for The Lucky 13 were retired, preserving the tie.

Cassondra Harris summed up The Lucky 13’s performance after the game.

“We could have done better,” Harris said. “We have some things to work on, especially our throwing and catching. But I thought we communicated well tonight.”

The undefeated Lucky 13 play Southern Breeze next Tuesday at 9 p.m.

Contributor
Daniel Olson

Sports editor bio
Hey, Southern!
My name is Caleb Begley and I am the sports editor for The Southern Accent for this school year.

I am a junior and I am majoring in communications with an emphasis in broadcast journalism. My ultimate goal in life is to become the play-by-play commentator for the Atlanta Braves baseball team.

I was born in Birmingham, Ala., but I consider myself a lover of Tennessee because I’ve lived there mostly, and it’s where a lot of my family is from. I currently live in Calhoun, Ga., and I commute back and forth to school. Aside from sports, I enjoy reading, anime, writing and metal and hard rock music.

I am beyond thrilled to be the sports editor this year and I hope that this page lives up to the expectations of all sports fans on this campus.

Contact Caleb Begley at begleyde@southern.edu.
chatter

september

Thursday, September 8, 2016

11:00a, Convocation: Department/Schools (Various Locations)
11:00a-11:00p, SA Senate Elections (by email)
3:30p Graduate Council

Student Missions Re-Entry Retreat (Sept. 9-11)
Southern Union Ministry Training Weekend (Sept. 9-10)
Education Applications due, Initial Admission and Student Teaching
8:00p, Southern Union Ministry Training Vespers, Ken Rogers (Church)
8:30p, Star Watch (Hickman)

9:30a-6:30p, SOAP Outdoor Church: Canoeing (Wright Hall)
12:00p, The Great Haystack (Iles)
7:30p, Evensong, Student Led (Church)
9:00p-11:00p, Men's Club Bowling Night (Holiday Bowl, Hixson)

Grandparents Day
9:30a-11:30a, Southern Union Youth Director's Pancake Breakfast (Student Park)
10:00a-5:00p, Ocoee Rafting Trip (Wright Hall Steps)
Latin American Month Begins (Sept. 11-Oct. 17)
Dave Cress Memorial Golf Tournament

Last day for 80% tuition refund
Futsal Season begins
11:45a, BRIDGE Luncheon (Presidential Banquet Room)
3:30p, University Senate
5:00p, New Student Organization applications due (Student Life & Activities)

10:30a-12:00p, Employee Town Hall Meeting (Lynn Wood Chapel)
3:30p-5:00p, Employee Town Hall Meeting (Lynn Wood Chapel)
11:30a-1:30p, Graduate Fair (Dining Hall)
12:00p, Faculty Showcase (Presidential Banquet Room)
6:00p-8:00p, Outdoor Skills Clinic (Outdoor Education Center)
7:30p, SA Senate Orientation (White Oak Room)

SA Senate Elections: Thursday, September 8 is Election Day! Check your email and cast your votes for the students that you would like to represent you in the Student Association Senate this year. The polls will be open from 11:00a till 11:00p.

Department Games: Our Senator-Constituent Mixer will be held on September 17 as the First Ever Department Games! Rally behind your senator as you and your department/school compete in various activities for the Gordon Cup. Do you have what it takes?

You may have noticed, the Accent looks a bit different. We’re working on some modifications for your viewing pleasure. The Chatter page has had a huge makeover, most notably the events on the calendar in green are events worth worship credit!

We are working on remodeling the whole paper, so bare with us as we make changes throughout the year.

We’d love your feedback!

Student Life Announcements

Bowling Night: The Men’s Club is hosting a free bowling night on Saturday, September 10. Everyone is welcome to come to Holiday Bowl in Hixson for a night of fun and friendly competition. Bowling will begin at 9:00p.

Undergraduate Yearbook Photos: Embarrassed by your ID card photo? Good news! Undergraduate yearbook photos will begin next week in the Student Center. Dates and times will be posted in the Student Center, so keep your eyes open.

SA Announcements

Friday, September 9

THURSDAY 08
Rachel Jacobs
Diane Kim
Christina Lawrence
Caleb McKinney
Evan Salter

FRIDAY 09
Todd Collson
Seth Hill
Brittany Hoffman
Eliza Mall
Henri Marbun
Tristan Melton
Diego Parra

SATURDAY 10
Kimberly Crooks
Nelson Gomez
Alan Handy
Carrie Hoover
Tramayne Knowles
Christina Leibold

SUNDAY 11
Cheyenne Beebe
Charisse Carlton
Angela Chin
Karen Eason
Irena Korsenska
Christian Mariquit
Ashton Miller
Jeffrey Pichardo

MONDAY 12
Andrew Caban
Brianna Diaz
Anne Gonzalez
Lorena Grajales
Amna Millewa
David Orvek

TUESDAY 13
Lucas Campos
Jane Garcia
Jessica Kovach
Jennifer Lalaki
Hannah Lee
Jesse Maize
Myesha Rolle

WEDNESDAY 14
Nadchen Arauz
Ryan Byford
Crissey Graham
Tyler Martin
Silviane Myers
Keylin Perez Querol
Daijah Stowe

THURSDAY 08
Felicia Pressley
Timothy Roberts
Aspen Scott
Thyrell Smith
Shelby Webb

You say it’s your birthday…

THURSDAY 08
Emily Miller
Rincy Rajan
Everett Scott
Kristopher Thompson
Anna Turner
Chris Whitlington

FRIDAY 09
Toddl Collson
Seith Hill
Brittany Hoffman
Eliza Mall
Henri Marbun
Tristan Melton
Diego Parra

SATURDAY 10
Kimberly Crooks
Nelson Gomez
Alan Handy
Carrie Hoover
Tramayne Knowles
Christina Leibold

SUNDAY 11
Cheyenne Beebe
Charisse Carlton
Angela Chin
Karen Eason
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Andrew Caban
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Amna Millewa
David Orvek

TUESDAY 13
Lucas Campos
Jane Garcia
Jessica Kovach
Jennifer Lalaki
Hannah Lee
Jesse Maize
Myesha Rolle

WEDNESDAY 14
Nadchen Arauz
Ryan Byford
Crissey Graham
Tyler Martin
Silviane Myers
Keylin Perez Querol
Daijah Stowe
When you get too excited to leave work and the Dean sees you awkwardly dancing...#saulife #Dolstillhaveajob #HappySabbath

Jessica Pieretti, @jess_pieretti
Customized grad student

I swear Kris Erkine is one of my favorite people at this school
Rachelle Martin, @rachelle_martin
Global Policy & Service Studies, SO

Missing playing in orchestra somethin fierce. #saulife #alumprobs
Emma Khan, @emmaakhan
alumna

2,000 students just recited all the books of the Old Testament in unison. If we’ve ever sounded like a cult, this would be it. #saulife
Natalie Tielves, @nrose95
Marketing, SR

stress less
Karla Aponte, @karlaaa_96
Liberal Arts Education, JR

Campus Safety really had time at 4 this morning to give tickets out
Jade Henry, @trapjade
Liberal Arts Education, JR

I come to the VM 2 overhear freshman conversations to amuse myself. Interesting species, really. It’s Better than cable TV
Avonlea Bodi, @ayeavs
Psychology Industrial/Organization, JR

Dave Smith’s opening convocation address: You have a purpose here. Welcome President Smith. Thank you for your words. #saulife
Casey Vaughn, @myupwardlook
Theology, SR

I don’t know why I even attempt to park in Summerhour parking lot
Avonlea Bodi, @ayeavs
Psychology Industrial/Organization, JR

*Knows speech is coming up* *Cue to cold sweat and rapid heart rate*
Romel Juba, @xD_mrbrightside
Nursing, SR

current life status: rolling backwards down a hill and onto the curb
Avonlea Bodi, @ayeavs
Psychology Industrial/Organization, JR

*life @southern_accent #saulife @southern_accent #saulife
alexygatica This sabbath we got to do outreach and a woman gave us coconuts from her tree. First time drinking out of one! #LexTakesOnPalau #missionarylife #missionaryattire

beaclipper look up. || #light

kimberlydeannee I love them already #PohnpeiSDASchool #4thGrade
Summer Wrap Rap

Summer came and went, it was a blur,
With its quickness we forgot it all,
But here is a reminder before the fall.

Hodor saved the day and Twitter burst,
If you weren’t a part of it, you were probs in a hearse.
GOT fans felt him touch the young Starks
In his own words, here are his last remarks:
“Hodor Hodor Hodor Hodor!”

Beyoncé’s album broke the charts,
She shocked the nation and her counterpart.
The bigger shock to boast
Is the increase of lemonade across the coast.

The summer’s biggest “what” was def Donald Trump
Most of America wants to do is throw him in a dump.
Nonetheless, Meryl Streep took him on, not figuratively
But dress alike to him literally!

Another woman dressed up,
Just in Facebook live video chat
Her car is where she was at
All she wore was a Chewie mask,
And no one dared to ask,
“Lady what are you thinking?!”
It was nice to see someone find joy
In a time of dismay and the nation sinking.

An app changed the way people spent their times outdoors,
It was not the next Insta or FB, no not a social chore.
But it is the 90s phenomenon Pokémon GO!
All the people in their 20s began to be slow,
Crossing the street, walking to class, etcetera.
They were all trying to be better than ya.

KIMYE v TAYLOR
The selfie queen and narcissist took on the wailer,
Recorded part of a discussion on snapchat
Didn’t even bother to give her an @
Taylor went on Instagram and dug up some dirt,
Then Kayne was petty and wore a “RIP” shirt.

Last but not least, Stranger Things.
Just saying that makes everyone’s heart spring.
“We love Eleven!”
How is it Netflix has all the binge worthy shows?
I wouldn’t be surprised to see the networks go…

Meet Erica

Hi I’m Erica the humor editor.
My dream when I was a young child was to be an actress. But I had a major speech impediment and I got the “nah” so that dream ended real early. Then I discovered SNL (Saturday Night Live) with my best friend Lucila and we have always wanted to make it happen. Hopefully we still will because most of the greats weren’t discovered until their late 20s. For the time being I’m in college studying Public Relations with a minor in marketing. I’m funnier in real life than on paper, but aren’t we all? I’m known for my blunt 9/10 advice and wisdom on life. But I’m most well known for being a soccer fanatic. You can find me in April yelling at the refs and players. Contact Erica King at ericaking@southern.edu.
Disability Support Services allowed students to bring emotional support animals on campus, this semester.

An important distinction needs to be made regarding service animals and emotional support animals, said Mariella Pechero, disability support services coordinator.

“Service animals provide a service, like picking up an object for someone in a wheelchair,” said Pechero. “An emotional support animal does not provide a service. It helps soothe the emotions.”

Service animals are allowed to accompany their owners in public places, like churches and restaurants. Emotional support animals, however, are not allowed in buildings, except for the owner’s living quarters.

The use of service and emotional support animals is regulated by the Americans with Disabilities Act (ADA). The ADA defines service animals as those that are trained to do work or perform tasks for the benefit of people with disabilities.

The laws on paws

Therapy dogs aid students

KATLIN JEANETTE COLON
STAFF WRITER

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Electric vehicles available for students to rent

HANNAH WAMBOLT
STAFF WRITER

Southern Adventist University has teamed up with Prova Group to create an electric vehicle renting station on campus.

The project started two years ago and has developed into a way of providing transportation to students who do not have a vehicle of their own. Students will be able to sign up for the rental car on their phones and pay by swiping their credit card.

The companies, Chattanooga Area Regional Transportation Authority (CARTA), Tennessee Valley Authority (TVA), and Electric Power Board of Chattanooga (EPB), have connected with Southern through Prova Group to fund, power, and provide station locations for this new, green transportation.

TVA funded the majority of this project, including the white, solar panel structure being built in the middle of the Talge and Wood Hall parking lots.

“Since most of the funding came from the outside businesses, Southern only pays $15,000,” said Marty Hamilton, associate vice president of financial administration.

More than 50 percent of Southern’s student population are without an independent mode of transportation, Hamilton said. These students have the option to use company-insured Nissan Leaf cars.

“Not having a car really limits my independence,” said Marcellinny Mawuntu, senior biology and allied health major. “With the new electric charging stations, I feel that students will gain the opportunity to have more freedom at their own leisure and convenience.”

To rent a car, drivers must be 18 years or older and signed up with CARTA. The cars are available to rent for a fee. The charging stations are also available for electric car owners to use for free, said Stephanie DeOlloqui, associate director of active living and transportation network at Prova Group.

CARTA’s grand opening for 19 locations near Chattanooga was held Tuesday at Hamilton Place mall. Southern’s sharing station will be open for business soon with two available cars.

“We are excited about the program and are hoping students will use it and benefit from it,” Hamilton said. “We’re involved with the community and anxious to see green technology in use.”
emotional support animals is protected under federal law. Students who have filed proper and accurate paperwork and are approved by Disability Support Services are allowed to bring an emotional support animal.

Emotional support animals must follow several strict guidelines, according to the disability support services page on Southern’s website. To name a few, the animal must be trained, it cannot pose a direct threat to the health or safety of anyone, and all vaccinations must be up to date.

Dogs are often the first animal that come to mind when thinking of both service and emotional support animals. However, any animal can potentially be approved as an emotional support animal as long as it follows the guidelines and is not unruly, said Pechero.

Proper documentation must be filled out by a licensed professional in the counseling field. Documents are checked thoroughly to prevent falsification. Requests and approvals are on a case-by-case basis.

Kay assists students with making healthy decisions

Southern graduate Leslie Kay has returned as a counselor in the counseling and testing services department. A graduate of Southern’s clinical mental health counseling master’s program, Kay also completed an internship while a part-time counselor for the Student Success Center in Lynn Wood Hall.

After her internship, Kay went to work for Focus Treatment Center in Chattanooga and utilized her expertise to rehabilitate recovering addicts, as well as provide individual, family, and group counseling. Though she enjoyed the meaningfulness of her work, Kay desired to be surrounded by Southern’s spiritual atmosphere and work with students who are facing crucial and pivotal moments of adolescence.

Kay seeks to impact the lives of students by incorporating fundamental knowledge that can help them make better decisions and live healthier lives.

“I want students to know the importance of boundaries, assertiveness, taking responsibility and being accountable for their actions,” said Kay, who added that she is prepared to be available to students who feel there is no way out of their situations.

Kay’s previous experience includes working as a substance abuse counselor for the Arizona Department of Corrections and working as a case manager in the Mohave Mental Health Clinic in Kingman, Ariz. She also wrote a monthly column for the Adventist Review titled “On the Home Front” from 1997 to 2004.

Aside from the joy Kay is at Southern, she enjoyed the atmosphere and work with students who feel there is no way out of their situations. Kay is prepared to be available to students who face crucial and pivotal moments of adolescence.

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With Kay joining the counseling services team, Ric Griffin was promoted to counseling services director, and Emily King is the part-time counselor.
‘Big Hero’ returns to School of Visual Art and Design

Adams brings Disney experience to Southern

Disney animator, Aaron Adams, who worked on the Academy Award-winning film, Big Hero 6, has returned to Southern to teach classes this semester.

The School of Visual Art and Design (SVAD) as well as the School of Journalism and Communication have recently experienced big changes.

Over the summer, Ed Guthero, graphic design professor, left Southern to return to professional work in Boise, Idaho. Last semester, Hendel Butoy, animation professor, announced that he would be stepping down to work on a feature animation film centered on the Great Controversy.

Stephen Ruf, communications professor, decided to take a sabatical, and Kendra Stanton-Lee, graphic design professor, left to work in Boise, Idaho. Last semester, Hendel’s film got delayed a couple months, and students from SVAD’s animation program may become potential students from the SALT program.

“My experience at Disney gave me a lot of structure and context for how to run a show and keep a production moving forward,” said Adams. “I’m hoping that experience will be seen in the classes I teach here.”

“I see teaching as an opportunity to collaborate with students,” said Adams. “I want to get everyone to the place where we can make movies together [someday].”

Southern launches new LEAD program

“I think the partnership will strengthen the spiritual and evangelical environment on and off campus while [drawing] more students to the canvassing program.”

— Robert Moore, senior allied health major

Students are excited to be back in the classroom with Adams.

“He’s easy to talk to, despite working at the top of the industry,” said Ashley Wade, senior animation student. “There’s not a single drop of condescension within his body. He’s a firm instructor and never overbearing. He also seems like a simple guy, someone who just wants to do good work and be a part of something great.”

Randy Craven, dean of the school of visual art and design, said he is grateful Adams is here to help out temporarily, and hopes students will get the most out of the experience.

“I see teaching as an opportunity to collaborate with students,” said Adams. “I want to get everyone to the place where we can make movies together [someday].”

A new canvassing program called Leadership in Literature Evangelism and Discipling (LEAD) launched on Southern Adventist University’s campus this semester. Soul-Winning and Leadership Training (SALT) partnered with the Georgia-Cumberland Conference to start this program.

The Georgia-Cumberland Conference isn’t the first conference to introduce a LEAD program on one of their university campuses. The Pacific Union Conference and the Lake Michigan Conference have implemented similar programs and have seen positive results, said Vlastimil Hybl, adjunct professor in the school of religion and LEAD coordinator. “[Due to their success] we decided to provide LEAD [on our campus].”

Southern students currently participating in the SALT program reacted positively to the partnership.

“I think the partnership will strengthen the spiritual and evangelical environment on and off campus while [drawing] more students to the canvassing program” said Robert Moore, senior allied health major.

All majors can participate in the LEAD program, which is designed to help students earn extra money through book sales and donations by canvassing.

“The after-school program not only [gives] students [the opportunity] to earn extra money [toward] their tuition,” Hybl said. “Students will also receive valuable spiritual experience while sharing their faith with others in Chattanooga.”

LEAD’s partnership with SALT provides an avenue where those benefiting from the LEAD program may become potential Bible study contacts with students from the SALT program.

“We are primarily focused on creating a [healthy spiritual] atmosphere,” Hybl said.
**Cars available to rent for a fee**

An electric car charging station is behind Talge Hall and electric vehicles are available for students to rent. See story on page 1.

**Meet your copy editor!**

My name is Hannah Jobe. I am a junior English major with an emphasis in writing. One day, I hope to become an editor for a major publishing company. I was born and raised in Greensboro, N.C. I have two parents, one brother, and lots of aunts, uncles, and cousins. Family is very important to me and we spend a lot of time together playing games and going to our local water park. In my free time, I enjoy, singing, playing bass guitar, reading, drawing and doing CrossFit. I am passionate about Jesus, dogs and music. I am also very excited to be a part of the Southern Accent team this year.

Contact Hannah Jobe at hjobe@southern.edu.

**Meet your managing editor!**

My name is Ramey Miller. I am a senior business major with a minor in advertising. I am this year's managing editor for the Southern Accent.

I am a huge Arsenal FC fan. I enjoy working at camp, Camp Kulaqua that is, and helping people out whenever I can. I am excited to work with this team.

Contact Ramey Miller at rmiller@southern.edu.

**Students learn about Sino-U.S. relations**

On Sept. 8, the History and Political Studies department partnered with the Modern Languages department for convocation as Ling-Jun Wang spoke on “The U.S.-China Relationship as a Pillar of World Peace.”

Wang is the president of the Chattanooga Chinese Association Board and professor in the department of chemistry and physics at the University of Tennessee at Chattanooga. For his presentation, Wang spoke on China-U.S. relations.

Kris Erskine, chair of the history and political studies department, recognized the educational opportunity of departmental convocations and acted on that realization.

“Strong Sino-China-U.S. relations is an indispensable cornerstone in global stability,” Erskine said. “Bringing speakers to Southern to discuss this topic is a great opportunity for students to expose and educate themselves in this political arena.”

Student reactions to the presentation were positive.

“I have really enjoyed listening and learning about the relations between the United States and China,” said Florencia Rodas, junior nursing major.

“China is our friend, and a good approach to keep the peace is by positive engagement and cooperation, such as student exchange programs,” Abigail Hunt, junior global policy and service studies major, spent time abroad in China last semester.

“As someone who lived in China for a short while, I saw firsthand how much the Chinese citizens admire America and our freedoms,” Hunt said. “But I was never able to really talk politics with a Chinese citizen. While I didn’t agree with certain views Wang had, such as the issues in the South China Sea, it was very encouraging to hear advocacy for a healthy alliance between China and the United States. It is important to keep in mind that just because the U.S. doesn’t support the ideology of the Communist Party, China shouldn’t be seen as an adversary.”
Two more hours until my flight leaves—the one that will take me to my new home for a year. All I can see through the windows now is darkness and the lights of LAX. Pop music is playing in the background, most of the people sitting by me just boarded their flight...and gate 47B feels strangely peaceful.

Anticipating a twelve-hour flight means I’ve officially changed into yoga pants and Nikes. Vanilla chai in hand, I stare at the screen and contemplate how I can possibly capture my thoughts in this moment. People have asked how I feel, and honestly, it’s hard to quantify. Am I excited? Yes. Out of my league? Absolutely. Am I big enough? Old enough? Has this moment come already?

On the other hand, profound thoughts reach their limit with this girl at some point. Let’s be real. I could just watch one of the new kids’ movies and fall asleep...The lady next to me has such a cute dog.

YouVersion opens to 1 Peter 1, and I am so hungry and thirsty to feel God, I’m clinging to every word. Peter uses the most beautiful, poetic language to describe the priceless treasure we have as our hope in Jesus Christ. My eyes fall on the verse that gets me every time: “Though you have not seen Him [Jesus], you love Him; and even though you do not see Him now, you believe in Him and are filled with an inexpressible and glorious joy...” 1 Peter 1:8.

Sometimes the simplest truths can bring the most comfort and clarity. Peter continues by describing how because of God’s perfect, spotless character, He invites me higher. He calls me to be focused and holy, just as He is. I was bought at an incredible price. As a result, God calls me to live a life of love.

Inner thoughts have become heartfelt prayers. Jesus, you are beautiful. Give me this joy whenever I open your Word. Take over me. Saturate me with your Spirit. Grow my love for you. Forgive me. Make my life marked by continual purpose, even on this trip. Help me be ready and willing to join you in your work around me, no hesitations.
I remember doing the math, desperately trying to figure out how many worship credits I had left. “I skipped vespers three weeks ago, so I only have one more skip before I get fined,” or “If I go to morning meds for 3 weeks straight, I can finally relax.” Not gonna lie it wasn’t fun, and it took away some of my zeal for worship. It was just a box to tick off; a convocation credit countdown.

When Southern changed it’s worship credit policies it was like music to my ears. No more dragging myself to vespers after an already exhausting week or being forced to wake up at some ungodly hour for morning meds. No more long lines at the cafe, because I could avoid the rush by getting my food while everyone else was at convocation.

I obviously couldn’t skip everything, nor did I want to, the point was that I wanted the everything, nor did I want to, else was at convocation. Getting my food while everyone was at vespers? Whatever it is you choose, it’s just good you’re there. I believe worship is most powerful when it is authentic, undictated and most of all, desired.

So now when you see me at vespers, it’s because I want to be there; because out of the worship options, that is the one I am excited for. Southern took a step in the right direction by giving people the choice to choose worship as they see fit. The credit system is still a parameter and maybe the number of credits needed seems a little overwhelming, but at least now we get to make our own choices within that parameter.

How did the worship change affect you, if at all? Do you only go the notoriously short morning med? Or have you discovered a new love for vespers? Whatever it is you choose, it’s just good you’re there. I believe worship is most powerful when it is authentic, undictated and most of all, desired.

We don’t know how to find peace on our own, and that’s why we work with The Partner. Lucky for us The Partner isn’t just someone from your class who is going to do a fourth of the work and leave you hanging with the rest of it. Quite the opposite. The Partner is someone who is going to do all of the work; you just have to ask for His help. I get it, you think you are a loner so you have to be alone. How is that working out for you? I know it didn’t work for me. I tried to find peace on my own and now I have to say hi my name is DJ Sommerville and I am an addict. Whatever your addiction is, it is not what you need. Alcohol, drugs, sex, pornography, these are the vices we think of when we hear the word addiction. But did you ever think about music, reading, sports, even school, these can also be addictions. If we put any of these things in front of our relationship with Jesus then it’s an addiction. Not only is it an addiction, it’s also an idol.

Idolatry is a sin. The Bible says so right in Exodus 20:3 “You shall have no other gods before Me.” (NASB) If we are spending time on anything, and giving it more importance than we give God, it is an idol. Having an idol alone is a sin, but some of those addictions include other sins also. What does sin do to us? Does it give us a bruise, or crack are wind-shield? Nah, nothing that small. Sin separates us from God; it causes Him to turn His face away. The Partner that is leading us to peace has to leave. Now we are lost, we are separated, and we don’t know where to turn. We thought we had it figured out, but here we are, “Hi my name is _______ and I am an addict.”

Can we ever come back, be shown peace, and be reunited with God? Read Luke 15, it gives a pretty clear answer.
THE FLAWS OF COURTSHIP

ALEXIS HARTLINE
OPINION EDITOR

I recently read an article written by Thomas Umstattd Jr., titled “Why Courtship is Fundamentally Flawed”. When I read the title of this article, it raised personal concerns. Being raised Adventist, I was taught from an early age that courting an individual of the opposite gender was the best way to pursue marriage. To understand this, let’s take a look at what exactly courting is.

In Umstattd’s article, he defines courting as “having high relational intentionality and intensity, high parental/mentor involvement, high accountability, and varying specific rules concerning physical contact and purity.” While the definition of courtship varies in individual situations, these are the main identifiable characteristics.

Umstattd further argues that “courtship erased dating, but replaced it with nothing.”

To me that seemed like a bold statement, but after further reflection, I found myself agreeing with his statement. My grandparents were in town for Labor Day, and I discussed this article with them. Knowing that they grew up in conservative Adventist homes, I figured they would lean more towards supporting courtship, but their answers surprised me. My grandparents explained to me that, when they were young, dating someone did not mean commitment to one individual with the marriage in mind. In fact, very rarely did they go out with the same person more than a few times.

Similar to Umstattd’s article, my grandparents explained that the lack of exclusivity helped them guard their hearts, while still allowing them to explore and discover what exactly they were looking for in a partner. By the time they were around college age, they had a fairly good idea of the qualities they wanted in the person with whom they would spend the rest of their life. Umstattd’s article coincided with this belief, and came to the conclusion that if young people only date a few select people, they will not have such a wide perspective and understanding of what truly matches them best.

Unfortunately, during the sexual revolution of the 1960s-1970s, widespread promiscuity became a regular thing. By the time the majority of our parents were our age, casual sex was commonplace. Something had to be done, and so the idea of courtship was introduced. What we deem today as “playing the field”, or “being a player” was done, and so the idea of courtship was introduced. We deem today as “playing the field”, or “being a player” used to be totally normal.

There is no doubt that the dating game has changed throughout the years, and the commitment within relationships has not seemed to cut down on sex outside of marriage, in some ways, the commitment only justifies the act. With all this being said, I have seen couples commit and stay committed, and the relationship really works out. But maybe this article can serve as food for thought, and perhaps spark another wave of popularity for vespers dates?

Why I don’t go out to eat on the Sabbath

BRANDON BENECEHE
CONTRIBUTOR

I am a deeply flawed human being. I don’t have it all together, and I’m positive I make plenty of choices that others would disagree with. So, what I’m about to say is purely my opinion: I believe that part of Sabbath keeping is abstaining from purchasing food, or anything really.

Many Seventh-day Adventists feel confused or unsure about what is considered Sabbath appropriate. When uncertainty arises, I believe that one of our first reactions should be going to the Bible. I believe what I do with my Sabbath stems from my own Bible study. So, I’d like to show you a few verses that address this issue.

Nehemiah 13: 15-22 talks about how Nehemiah called out some Israelites for buying and selling on the Sabbath. He spoke for God, reminding them that their fathers had made the same mistake, and doing so had put them in a bad spot with God. I believe this verse makes it clear that God does not condone partaking in business transactions during the Sabbath. I certainly believe God understands emergency situations, but I wouldn’t go so far as to say that being hungry counts as an emergency.

In Exodus 16: 22-30, we find the story of the manna from Heaven. When Moses is explaining God’s rules about gathering the manna, he makes it clear that the Israelites are not to go out into the fields to find manna on Saturday, because God wants them to make food preparations for the Sabbath on Friday. I think this shows that God wants us to be prepared to feed ourselves on the Sabbath so that we don’t find ourselves in a situation where we have nothing to eat.

Exodus 20:10 makes it clear that the Sabbath should be a day of rest for us and for those who serve us. I get that eating out on the Sabbath is a fellowship event for a lot of people, but I think God makes it clear that our quality time shouldn’t come at the expense of others.

At the end of the day, I think the Bible is pretty clear about this issue. For those who might disagree, I recommend speaking to God in prayer and seeking His will through scripture.
During my attempt to live healthier this summer, I learned that making little dietary changes doesn’t take much money or many ingredients. During the summer, it’s very easy to eat whatever is around, but I found that even with the small changes I was making in my normal diet, I felt better about what I was eating. Here are some suggestions you can use to make a few different breakfast (or anytime of the day) foods just a smidge healthier.

1. Deep clean your brushes at least twice a month:
   - Run the bristles of the brushes under lukewarm water
   - Pour a dime-sized bit of baby-shampoo into your palm
   - Swirl the brush in your palm
   - Rinse the brush under the lukewarm water, again
   - Pat the bristles dry on a paper towel, reshape them and lay out to air dry

2. Keep your nail polish in the fridge for longevity, to prevent discoloration that comes with time and to keep the formula from thickening

3. Don’t have an iron? Throw your clothes in the dryer for 30 minutes with an ice cube!

4. Soak your feet in black tea to relieve foot odor prior to commune.

5. Don’t be afraid to replace your shoelaces

PSA BRUSH YOUR TEETH BEFORE VESPERS!

Shelby De Dios
Contributor

Waffle breakfast from the Camphouse in downtown Chattanooga

During my attempt to live healthier this summer, I learned that making little dietary changes doesn’t take much money or many ingredients. During the summer, it’s very easy to eat whatever is around, but I found that even with the small changes I was making in my normal diet, I felt better about what I was eating. Here are some suggestions you can use to make a few different breakfast (or anytime of the day) foods just a smidge healthier.

If you like to drink smoothies you probably know that they can pretty much be as healthy as you decide you want them to be, which is why they’re perfect for those who want to gradually make healthier changes in their lives. My suggestions for a healthier smoothie: add about a spoonful of Oikos Greek Yogurt (or any brand you like if you’re into that), which gives the smoothie a thicker texture and is typically only about 120-130 calories. You can also add a protein powder if you’d prefer that.

You can also make your pancakes and omelets better too! I recommend purchasing a brand that is either protein based, such as Kodiak Cakes (which can also be used as batter for waffles), gluten-free, or whole wheat. I add a few spinach leaves and other vegetable like diced tomatoes when I make my omelets. Obviously, for your own omelet you can add in whatever vegetable or green leaves you want.

The great thing about all of the breakfast ideas I’ve mentioned is that they do not take a long time to make and if you prefer making food for yourself over going to the cafeteria for breakfast, I highly recommend that you try these out. Hopefully these suggestions help you realize that it really doesn’t take a whole lot of resources to start eating healthier.
Awesome Sauce remain undefeated

Caleb Begley
Sports Editor

The last undefeated team in men’s softball this season, Awesome Sauce, survived a furious effort by The Tribe, and remained undefeated with a 7-6 victory on Monday night. The game featured excellent offense and defense on both sides of the plate.

The Tribe started well, as they broke through for four runs off of Awesome Sauce’s pitcher, Cody Morford. However, Morford shut out The Tribe through the next four innings, allowing Awesome Sauce to pick up three runs in the second inning, one run in the third and fourth innings and two more in the top of the sixth.

Down 7-4, The Tribe rallied in the bottom of the sixth. Christian Bunch led off the inning with a single, and after Tyler Krause popped out, Mason Wing singled, putting two men on base. Michael Cropley followed with a 2-RBI double, trimming the Awesome Sauce lead to one run.

But Morford squeezed out of the jam by getting Nicholas Bunch to fly out to center field and Steven Kuhlman to ground out.

Morford then retired three straight batters in the bottom of the seventh inning to preserve the victory.

Awesome Sauce owed a lot of their scoring to the production of their leadoff hitter, co-captain Ben DePas, who went 3-for-5 at the plate with two singles and a 3-run inside-the-park home run. Another bright offensive spot was cleanup hitter Jonathan Sanchez, who went 2-for-4 at the plate with a ground-rule double and an RBI off of a sacrifice fly.

After the game, Awesome Sauce’s co-captain, Josh Harris, was enthusiastic.

“I always joke that we wait until the last couple innings to start hitting,” he said. “It’s a real positive thing to know that we can go out there and hit when we need to.”

Harris is optimistic and excited about his team’s success.

“Being undefeated is a big deal for us, and we’re trying to focus on all-night softball,” he said.

The Tribe had their fair share of offensive bright spots as well. Mason Wing reached base three times while going 1-for-3. Kris Erskine reached base twice, once on a hit and once on a fielder’s choice.

“We started fast and we played good defense at the beginning, but we have to keep that going through seven innings,” said John Garvin, captain of The Tribe and a junior sports studies major.

“We left a lot of runs on the bases, but you have to give credit to them.”

Borderline’s defense sparkles in shutout

Daniel Olson
Contributor

Shortstop Natalie Diaz and second baseman Micah Scott keyed an excellent defensive performance as Borderline blanked Game On-G, 10-0, in women’s B-League intramural softball on Monday.

Borderline played an error-free game in the field, and the middle-of-the-infield combination of Diaz and Scott, the captain of Borderline, handled repeated grounders flawlessly, limiting the number of baserunners for Game On-G.

“Natalie and I have played together for about a year now,” said Scott, a junior health, physical education and recreation major. “We click and know the game, so we can really help each other out.

In the first inning, Borderline’s first three batters – Karla Aponte, Micah Scott and Taylor Hyde – reached base and eventually scored, giving them a 3-0 lead. Daisy Fuentes led off with a hit in bottom of the second inning and would also score, giving Borderline a 4-0 lead.

Meanwhile, Game On-G struggled to put runners on base and were held to a mere three hits for the game. Their performance on Monday contrasted the season opener in which Borderline defeated Game On-G by one run.

“We did worse than usual tonight because we only had eight players on our team here,” said Melissa Nishino, a senior chemistry major and captain of Game On-G. “We need to work more on our defense and our batting.”

Borderline added to their lead in the fifth inning. With her team up 5-0, Carolina Lopez led off and reached on an error and Aspen Scott followed with a single. Borderline would send eight batters to the plate, scoring four more runs.

Scott was pleased by her team’s performance.

“I think we had a lot of good energy tonight and played to the best of our abilities,” she said.

The win on Monday improved Borderline’s record in B-League to 5-1 and moved them into a first-place tie with Hollabat Girls. Borderline and Hollabat Girls have played each other twice with each team winning once.

Photo by Dwight Rey

An Awesome Sauce batter prepares for a pitch from The Tribe’s pitcher, Steven Kuhlman, during Monday’s game, which Awesome Sauce won, 7-6.

TODAY’S SCHEDULE

Women’s A-League
The Lucky 13 vs. SOS
6 p.m., Field 3
Baby Got Bat vs.
Southern Breeze
7 p.m., Field 3

Men’s B-League
Look Bat At It vs. The Great Disappointments
8 p.m., Field 3
**student life announcements**

**Sunbelt Cohutta Springs Triathlon:** The 33rd Annual Sunbelt Cohutta Springs Triathlon will take place on Oct. 2 at Cohutta Springs Conference Center. For further details visit the website: www.southerntriathlon.com. Rates for students under 24 years of age is $30 for individuals and $75 for relay teams until Sept. 20 and $55 for individuals and $99 for relay teams until Sept. 27. For registration information contact, Kar Shultz, director of student life & activities. For general race information, contact Bob Benge in Iles P.E. Center. There is a race day registration, but the price is higher.

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**you say it’s your birthday...**

**THURSDAY 15**
- Jeffrey Brownlow
- Emily Charvat
- Nelson Marcano
- Emmalina Pleshka
- Madeline Salinas
- D J Somerville
- Sarah Wu

**FRIDAY 16**
- Alaina Burrowes
- Josh Carithers
- John Couch
- Vanessa Daniel
- Nathan Grunder
- Jonathan Hausted
- Jordan Morris

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**MONDAY 19**
- Adams Bala
- Zachary Pauls
- Rebecca Sauve
- Priscilla Sopandi
- Olivia Wilkinson

**SATURDAY 17**
- Amber Bakov
- D’Amor Henderson
- Heathen Henning
- Alexandra Hutauruk
- Michael Philipott

**SUNLIG**
- Cal Ryder
- Craig Christensen
- Matthew Dietel
- Kimberly Johnson
- Tom Melrose
- Renee Mitchell

**MONDAY 19**
- Adam Balas
- Sheryl Barreto
- Nissa Berbayw
- Jennifer Castellon
- Myles Dean

**TUESDAY 20**
- Daniel Varela
- Jiji Alice
- Royce Pajela
- Jo-Marie Redley
- Seth Ruhling

**WEDNESDAY 21**
- Krantzy Boursiquot
- Jenny Caceres
- Marie-Mar Eclar
- Sharon Hart
- Glendon Hines

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**National Cheeseburger Day**

**90° 15**
Constitution Day
Flag Football Sign-up begins
2:00p, International Student Event (Wright Hall Steps)
6:30p, Reynold’s Chair Symposium (Hulsey Amphitheater)
8:00p, Vespers, Anna Romauld (Church)
9:30p, GroupLink (Iles)

**9:30p, Reynold’s Chair Symposium (Hulsey Amphitheater)**
7:30p, Evensong, Organ (Church)
9:00p, Senator/Constituent Mixer (Goliath Wall; Rain location – Iles)

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**THURSDAY 15**
11:00a, Convocation, Andrew Edlin (Iles)
12:00p-1:00p, Deans Luncheon (Presidential Banquet Room)
1:00p, ACT Exam (Lynn Wood)
3:30p-5:00p, Leadership Training (White Oak Room)
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I missed getting some real breakfast food to come to class on time, this better be worth it.

Mark Belfort, @markbel_
Clinical Psychology, JR

Is it really a morning at Southern if the air doesn’t smell of diabetes and Little Debbie’s bakery? #saulife

Melodie Alvarez, @BRAZUELAN
Nursing, JR

It’s that time of the year when we choose between our favorite shows and becoming a productive citizen of society.

Kimberly Crooks, @focusedandpaid
Public Relations, JR

Why is Thai food exponentially better the day after? I know everyone can relate to this.

Erica King, @kingerica10
Public Relations and International Studies, SR

hildebrandbrent It’s great to have friends who push you to new heights PC: @daniel_thebard cliffjumping
southernadventistuniversity sabbathaftrenoon @tswizzy94

#saulife @southern_accent #saulife @southern_accent
humor

CAFE CONSTELLATIONS
horoscope guide to your next on campus meal

♈ ARIES
March 21 - April 19
International Lunch: the African meal; always an adventure; wondering if it will be good or not; pioneering new taste; sometimes a fool.

♉ TAURUS
April 20 - May 20
Sam’s Chicken and Scallops: you patiently wait in line every Thursday and can’t stand when someone else gets the last scoop of mashed potatoes.

♊ GEMINI
May 21 - June 20
Taco bar: this meal can adapt to your every mood; However, flavor can be inconsistent because you make it look superficially pretty rather than tasty.

♋ CANCER
June 21 - July 22
Besst Wrap: although it is a meal loved by many, it also changes in the hands of all who consume it.

♌ LEO
July 23 - August 22
Pancakes: a reliable and warm meal full of love. This meal makes your astrological stars align. Pancakes not only describe warmheartedness, but also a sense of bossiness because we all know pancakes control us.

♍ VIRGO
Aug 23 - Sept 22
Pizza: always the right choice. It’s reliable and its splendid circles fill your inner perfectionist with delight. Its practical price can’t be denied.

♎ LIBRA
Sept 23 - Oct 22
Haystacks: ahh, the staple item. It really is the ideal meal for you cause most Libras are idealistic. When haystacks are involved it is for a social cause and Libras are the more sociable types. It is easy to influence them to join the crowd!

♐ SCORPIO
April 20 - May 20
Crunch Brunch: only one word can describe this: determined. This happens at the end of each semester and it is excitement that brings everyone together. It is very emotional due to the joy of breakfast food for dinner, but also the angst for the week of exams to come.

سرطان
Nov 22 - Dec 21
Breakfast Burrito: the freedom to choose what you want wrapped up in a warm tortilla; you can’t be any more straightforward than that. However, if you are blindly optimistic and make your burrito carelessly, it can be a great disappointment... tread lightly in the morning.

♑ CAPRICORN
Dec 22 - Jan 19
Morning breakfast: oatmeal bars are really practical. Even though you eat this plain meal begrudgingly, you know it’s reliable and keeps you full.

♒ AQUARIUS
Jan 20 - Feb 18
Pasta day: you can always rely on this meal to be good; however, it is sometimes a little hard to predict if the pasta will be cooked all the way.

♓ PISCES
Feb 19 - March 20
Special K Loaf: nothing says sensitive/secretive like this one. This meal and astrological sign go hand in hand you never know what to expect and that’s the fun of it.
SA hosts
Southern mixer

TAYLOR SCURRY
STAFF WRITER

Student Association hosted
The Department Games at the
Goliath Wall for students on
Sept. 17 in place of the Joker
release party.

At the Hunger Games themed
event, departments were divid-
ed into districts and competed
head-to-head in a series of chal-
lenging games. These games
included balloon pop, shoe toss,
inverse charades, football throw,
ping pong toss, sponge race and
lifesaver relay. Senators led their
respective departments around
the Student Park, in an attempt
to bring home the victory for
their team.

The victorious School of Visual
Arts and Design was awarded
a trophy, T-shirts, and a party
to be thrown for them at a later
date.

"Along with being able to bond
with our department as a whole,
the games we played were really
fun," says Bruno Benna, sopho-
more graphic design major.

The goal of this mixer was not
only for students to have fun,
but also have the opportunity to
meet their senators for the 2016-
2017 school year.

Kit Clements, SA social vice
president, said she wanted to
"bring people closer together
and get them acquainted with
their senator."

The Department Games was
created to take the place of the
Joker release party. Southern
decided to discontinue the
printed Joker, Southern's yearly

See SA Mixer, Page 2

Archaeology museum
features new exhibit

FARRAH DANIEL
STAFF WRITER

As a new exhibit, A world in
Miniature: Creation, Cosmos,
and Ecology on Seals from
Biblical Times, which opened
Sept. 12, is being temporari-
ly featured at the LynnWood
Archaeological Museum.

This display showcases pre-
historic seals from sacred and
sacred times that, according to
Michael Hasel, the director of
the Institute of Archaeology,
these are some of the smallest
objects they've excavated, “but
they also contain some of the
most information they can get
out of the ancient world.” These
seals include ancient writings
and artwork that provide insight
into of the lives and beliefs of
ancient people. The initial idea
that sprouted this venture, Hasel
said, was the dean of religion's
desire to create a “museum that
focuses on the bible, its authen-
ticity and relevancy for today.”

The museum also has pre-
sented a permanent exhibit
called Vessels In Time: A Biblical
Journey, which consists of an
immense collection of historical
vessels and objects, models of
old structures, art in the form
of clay and stone and metal,
all from Greece, Babylonia,
Anatolia, Egypt and more. These
esteemed relics continue to pro-
vide an ancient and archaic
theme that excites visitors year
after year.

The Seal Workshop, an inter-
active station has also been
added to the museum with the
assistance of instruction or a
museum volunteer, visitors can
create their very own seals.

Juan Mora, junior theology
and archaeology major, volun-
teers for the museum and thinks
that it is “a really cool exhibit
because it’s very holistic in the
sense that it gives a good idea
of what the ancients believed
through the seals.” He continues
by saying, “It’s very well done,
and it has tablets where you can
look at different seals and zoom
in, and that’s really cool because
from afar, you can’t really see.”

The efforts of student volun-
teers Lauren Howard, Daniel
Perez, Emlyn Da Silva, Michael
Hasel, Martin Klingbeil and
more have worked hard to cre-
ate an unforgettable experience
for everyone. Admission is free,
but donations are more than
welcome. The museum is locat-
ed in Hackman Hall and it is
open seven days a week.
Announcement from your Editor!
Suicide Prevention and Awareness Special Edition

As a student newspaper, we not only see it as our obligation to report the on-campus events, but also the truth on various topics. We also believe it is our duty to promote healthy conversation between students, faculty and the community even if that means approaching tough subjects.

September is National Suicide Prevention Month, so next week’s issue (9/29) will be a special edition dedicated to Suicide Prevention and Awareness. In order to make this possible, we need your help!

Throughout this week, we encourage you to use the hashtags #stigmafreesau and #createcommunity on your social media posts to point us to your survival stories and confessionals. You can also email your stories to accent@southern.edu.

On the social media page (11), we will collect your tweets on the topic. These can be quotes that got you through suicidal thoughts, your experience with suicide, etc.

On our opinion page (7), we will feature confessionals from you about your relationship with suicide, whether that be why you decided not to follow through with suicide; what it was like losing a friend to it; or any other way you have been affected by suicide.

"Next week’s issue (9/29) will be a special edition dedicated to Suicide Prevention and Awareness. In order to make this possible, we need your help!"

Don’t feel limited to these ideas, if you have other ideas on how to tackle this topic please email us about that too.

Suicide is the second leading cause of death for ages 10-24. Suicide not only affects the person who commits it, but has a domino effect on the people closest to them and the people they come in contact with. We as an Accent team see it as an important topic to cover and hope that, with your help, this will be done successfully.

Please submit your content to us by Sunday, September 25 at 5 p.m.

Share your story using:
#stigmafreesau  #createcommunity

Email us!
accent@southern.edu
Southern alumnus becomes author

Seth Saunders, Southern alumnus and author of fantasy trilogy Seasons of Light, recently published the second book in his new science fiction series Last Intentions. His latest book, Second Ambitions, was published this March with the third of his series soon to follow.

Saunders, also known as S.J. Saunders, graduated from Southern in 2012, with a degree in English. Currently, Saunders writes science fiction and fantasy novels from his home in Oregon.

Saunders actively worked towards publishing his stories while at Southern. Saunders cites Critical Writing and Creative Writing as the two classes that fostered his talent of writing.

Saunders says that Professor Kathy Goddard, associate professor of English, aided in his career by critiquing his manuscripts and giving him feedback. Goddard describes Saunders' writing style as vivid and cinematic. In Saunders' novels it is easy to imagine the events and characters, and that his writing makes the story come to life, said Goddard. "I truly expect to see his work on a screen someday."

Saunders said, "Wherever you go, you get inspiration" said Saunders. He also stated that his time at Southern gave him "influences and ideas that will translate somehow" into his art.

As a successfully published author, Saunders is an example of Southern's ability to help students choose their career paths. Goddard believes that Saunders' self-discipline and commitment to writing, encourages students interested in writing careers.

Letter from Moses!

Moses Maier
SA President

The first experience I had with Anthony Matos was seeing him volunteer to make pancakes for a group at six in the morning. We quickly became friends and I realized that his selflessness has no limit. One day, Anthony took a friend who had lost her keys to work at 4:30 a.m.

The next week he helped me volunteer at a last minute outreach event. His incredible smile is always present and his amazing hair will make your day when you see it. Anthony is an example of a truly inspirational person. I tell you about Anthony because I hope his life can inspire you.

My vision for Southern is the belief that we can form a new culture. The theme for Student Association this year is Live to Serve. My goal is to see a culture developed that will inspire service within this campus and beyond. I envision a campus where we support each other, where we are united in love and where we know that this is where we belong. I am excited about the positive culture I have already seen on campus and pray that it only continues to grow. Many amazing events and opportunities are happening soon that can encourage us to foster a culture of service for others. If you have ideas on how to inspire more service on campus, let us talk. Hope to see you again soon!
news

Thursday, September 22, 2016

Distinguished Dean's List

Winter 2016

Kaylie Ackerman
Taylor Adams
Antannia Aguilar
Jessica Ahn
Elena Anunciado
Jeanelle Arguelles
Amber Bako
Britni Barlow
Caitlyn Bartlett
Carin Bartlett
Bethany Beckford
Carissa Belonio
Brandon Beneche
Katelyn Bernet
Nikoli Brown
Scott Brunner
Jessica Bryan
Hannah Bullock
Ben Burns
Madison Butler
Jedel Butoy
Brittney Byrd
Roy Calderon Tuesta
Chariise Carlton
Nadene Caro
Steffani Carrion
Koyle Cautilvar
Micaich Chaiaparokb
Alivia Chang

Matthew Chang
Emily Charvat
Michael Chua
Rachael Bako
Caleb Cook
Curtis Cooper
Katarina Cooper
Kevin Corrigan
Erica Cosgrove
Brian Crandall
Grace Danaher
Sarah Davis
Carlo De La Cruz
Scottie Deal
Jeffrey Dean
Victor DeRose
Jade Deschamps
Olivea DeWitt
Emily Dickerhoff
Matthew Dietel
Brittiana Distian
Joseph Dube
Jacqueline Dulanto
Sidney Dunn
Kristen Eldred
Savannah Elliott

Joraldine Feliciano
Kassandra Fernandez
Gavin Finch
Luke Foster
Ashley Furtado
Josiah Gallimore
Matt Gariepy
Vance Gentry
Charissa Goosby
Sophia Goyne
Sarah Griggs
Maggie Groves
Rachel Halterman
Jonathan Hausted
Stefan Heldzinger
Bess Helton
Heather Henning
Vanessa Hernandez
Gabriel Hidalgo
Caleb Howard
Sarah Hunt
Taylor Hyde
Isamarys Ibarra
Jonathan Im
Heather Hening
Vanessa Hernandez
Gabriel Hidalgo
Caleb Howard
Sarah Hunt
Taylor Hyde
Isamarys Ibarra
Jonathan Im

Katelyn Juneau
Samir Khalil
Jeen Kim
Michael Kim
Maria Kim
Ha-Eun Kim
Jessica Kovach
Michael Kovach
Annalisce Lang
Aubrey Lang
Jewell Lavalas
Brittany Leavitt
Grace Lee
Jenna Lee
Suzie Lee
Kevin Leeper
Naomi Leonardi
Hannah Leung
Jared Lewis
Bezi Lizi
Christine Lemoland
Olivia Londis
Matthew Lopez
Tatiana Lopez
Julie MacLafferty
Jennifer Makowski
Dave Mallari
Robyn Marshall
Jacob Martin
Nicholas McCa
Jessica McKee
Caleb McKinney
Chelsea McMullen
Joseph Min
Krista Min
Joe Mixon
Daniela Monzon
Juan Mora
Ahiyn Mora
Emily Mulder
Peter Mulder
Daniela Muzi
Claire Naubaho
Beatrice Negri
Michelle Nieh
Melissa Nishino
Annika Northrop
Herman Odens Jr.
Hannah Odenthal
Tegan O'Keefe
Andrew Oliver
Richard Ong
Bryce Onjukka
Derek Onjukka
David Orvek
Erik Oseachuck

Stephen Otanes
Evelyn Park
Ethan Park
Siim Parna
Kaitlin Pasco
Timothy Paul
Carly Peckham
Paige Peltier
Brandy Phillips
Adeline Piotrowski
Victoria Pohle
Shaia Rautung
Carl Reiter
Holly Rigsby
Tracy Ritter
Jill Romero
Nicole Saclan
Melissa Salazar
Makeya Sanchez
Isay Sanchez
Taylor Scarry
Kyle Shaw
Joshua Shin
Alana Simantin
Eric Smith
Catherine Smolinski
Ivan Snyder
Christian Soeharsono
Jacob Strauss

Kelly Sullivan
Stephanie Supriyadi
Emily Tan
Sarah Theus
Hanna Thompson
Bethany Thornton
Emily Tillman
Paul Turner
Shaina Vargas DaSilva
Loubeth Vaughn
Noelia Vega
Cassandra Veluz
Andrew Verrill
Bryce Voegle

NOTE: Classification is based solely on most recent semester GPA

Academic Administration

Congratulates the following students on their achievement

Dean's List

Michelle-Amos
Jannai Ayllano
Matthew Baker
Jonathan Benson
Chandler Rozzorth
Gina Campos
SunyCardenas-Gomez
Madison Carter
Sonja Cartwright
Christopher Celis
Marissa Chang
Laura Chase
Hyun Chei
Sara Collison
Amanda Cook
Emlyn da Silva
Rebecca Davis

Wendy De La Cruz
Claude Delile
Isaac Delote
Adit Ameraj
Brandon Dobrowsky
Brandon Emileare
Daniel Esperanta
Sabrina Galindo
Wyatt Gardner
Loany Garrido
Abigail Gil-Costa
Janelle Glass
Savannah Grignon
Tyler Hamilton
Jen Harvey
Brent Hevener

Yuta Higuchi
Hannah Houghtaling
Peter Hounann
Paul Hoxie
Deborah Ilnaga
Tia Huff
Kenta Ito
Julia Izquierdo
Jermaine Jarrett
Hannah Jobe
Eric Johnson
Ben Kaplan
Hannah Kelsey
Anna Kerr
Nathan Kim
Diane Kim

Tony Kimbley
Kylie Kung
Daniele Kuhn
Marietta Kusuma
Sarah Lau
Katie Lawrence
Jenee Lee
Scott Linton
Phoebe Maciel
Krista Maekawa
David Mancao
Greg Mestan
Alexandra Martin
Rachelle Martin
Anthony Matos
Katie Mayfield
Adonijah McCann
Denise McClan
Joshua McKeever
Amber McKeever

Monica McKenzie
April Minter
Reene Mitchell
Alyaya Jaya Monta
Annissa Montes
Mallory Morgan
Aaron Negrillo
Clayton Neil
Anthony Nelson
Lilliana Nunez
Esther Okari
Hayden Palm
Vanessa Parkey
Kayla Payne
Cesar Pimentel
Katherine Pohle
Elizabeth Pujolos
Sandra Quintero
Kalyn Quintero

Stefanie Ramon
Amanda Reel
Lily Robinson
Stephen Rogers
Jesica Rosales
Alicia Salazar
Megan Schlnisog
Aspen Scott
Andrea Sequera
Alexander Nelson
Devin Shaw
Megan Simpson
Nickolas Smith
Samantha Yoon
Sierra Wendt
Carie Whittaker
Ashley Wilkens
Kiara Wilson
Jennifer Wrathe
Joshua Yang
Samantha Yoon
Lisayun
Lauren Zebrowski
Vanessa Zelaya
Thoughts from abroad: Kristen Vonnoh in Collonges

Stereotypes are a necessary evil. The people in Collonges are some of the most welcoming, kind people I’ve encountered. However, there will always be those people (you know, the reason for the stereotype).

Living in a new place is scary, but in an exciting way. I tend to avoid change at all costs, but this past week has been so wonderful! I have eaten new foods, gone to new places and met tons of new people with fascinating lives. Stepping out of your comfort zone is a liberating feeling.

The communication barrier is so real (sometimes). When going into the cities, and getting from one place to the next can be really complicated, if you do not speak their language. Thankfully I have already picked up a few sayings and phrases that have been very useful in the shops.

No matter the barrier, studying abroad is worth it. Whatever the negative effects, I guarantee there are at least 100 more positive outcomes. Emotions come and go, but these memories will stay forever.

Kristen Vonnoh
ACA Student
religion

Patching Tarps

PAIGE CROSGROVE
STUDENT MISSIONARY

We were gathering supplies and preparing for a beach trip. The Boyd family had graciously offered to let us borrow some hammocks, mosquito nets, and hammock rain tarps for the weekend. Wednesday night, the night before we left for the beach trip the Boyd’s reminded us that all three of the rain tarps had some holes in them that needed to be patched. KD, Ashley, and I set out to patch the holes, but when we opened the tarps and saw the damage we sat down and stared at the tarps for a good twenty minutes in disbelief.

Tiny ants were the culprits. We had caught them red handed! These tiny ants were still crawling all over the tarps and had eaten thousands of tiny holes in all three of the tarps.

As we slowly began patching the tiny, but numerous holes, KD suddenly said, “There’s got to be some spiritual application for this.” I had been feeling so discouraged but this simple phrase got me thinking. So here are a few of the spiritual applications I came up with as we slowly fixed the holes in the tarps.

1. Even the smallest of creatures can create a huge mess, just like even our smallest sins, our whitest lies, and our little guilty pleasures can cause a lot of damage to ourselves and others.

2. Ashley, KD and I diligently cut pieces of tape to match the shape and size of each hole. Then we carefully applied glue to the right sized patch for the aching in our lives, he carefully and diligently heals us and then gives us adequate time to grow in Him and to become whole again.

3. Though we felt overwhelmed by the daunting task ahead of us, God never shies away from forgiving us, loving us, and repairing the brokenness in us. His love is abundant and overflowing; there is nothing that we can do—no amount of sins, empty holes, or broken pieces— to overwhelm him or to cause Him to second guess loving us!

Next time you’re faced with a tarp full of holes, thank the ants, start praising God for His many blessings and see what He can show you in the most daunting of tasks.

Paige Cosgrove serving in Papua Indonesia as a Nurse and High School Chemistry Teacher

TEACHER SPOTLIGHT: TRON WILDER

MARIAN CRIMES
RELIGION EDITOR

What lead you to work in the Christian school system?
After spending about a decade working in the public school system as a school psychologist, I was ready for a change. I chose to come to Southern primarily because of the Christian values that are here. I appreciate the opportunities I have at Southern to interact with students and share with them about how God is able to work in our lives through our relationships and interactions with others.

What does it mean to you to be able to act out your faith?
I think the individuals who attend Christian schools often come from a background of families who care about their well-being and want them to be successful. That advantage often shows in the classroom with their motivation for learning and their general attentiveness and participation. Often times, students in public schools come from homes where parents may struggle to provide basic resources and don’t have the time, energy or ability to instill a desire or motivation for learning in their children.

How does it differ from the public sector?
I think the individuals who attend Christian schools often come from a background of families who care about their well-being and want them to be successful. That advantage

How do you incorporate faith in the classroom?
I like to start every class I teach with a passage from the Bible that relates to the topic of discussion for the day. I think that helps students meaningfully connect what they are learning with Biblical principles. Students will often refer back to the passage during classroom discussions. I also think it is important to pray before each class to ask God’s spirit to guide and direct our learning.

What do you want your student to take away from their experience at Southern?
I want students to be able to see practical ways that they can affect change in others. Whether it is through cultivating meaningful relationships, service to their community, or by caring for the underprivileged. I hope that students take away that it is their responsibility as Christians to go be the “Salt of the Earth” and the “Light of the World.” One of the things I appreciate most now about working at Southern is the emphasis on Service Learning. I hope that the experiences students get through working with those in the Chattanooga community who are less privileged than they are will inspire them to continue this type of work after they graduate.

What made you want to work in the Christian sector?
After spending about a decade working in the public school system as a school psychologist, I was ready for a change. For a while, I had been teaching a class or two each semester as an adjunct professor at Southern and I really enjoyed the work, the students, and the environment. At the same time I was considering working full time at Southern, I was also offered a position at a local public college. I chose to come to Southern primarily because of the Christian values that are here. I appreciate the opportunities I have at Southern to interact with students and share with them about how God is able to work in our lives through our relationships and interactions with others.

How does it differ from the public sector?
I think the individuals who attend Christian schools often come from a background of families who care about their well-being and want them to be successful. That advantage
REBUTAL
NOT TO COURT
TO COURT OR
the bride and the groom for half
weddings. Having known both
honor in one of my best friend’s
the honor of being the maid of
Circle as a campus safety officer
raised the flag from half-staff.
He informed me that he was
raising the flag back because it
was suspect. September 11 had
ended for 2016. As I walked
away from the flag pole, I real-
ized how symbolic that beautiful
flag was, as it ascended back to
its rightful place at the top of
the staff. That flag flies high in
the breeze, day and night here
on campus, and in many places
in the United States of America.
That flag flies high so that I
can write this article, but more
importantly that flag flies high
for all the people in this nation
that want to burn it, stomp on
it, and disrespect it. That flag
stands for people who will not
stand for it. That flag stands
because men and women had
their lives cut short so that our
lives could wax long. We may
not like everything that hap-
pens in this nation, but that flag
stands for our right to voice our
anger and dissatisfaction.
We remember days like September 11 and December 7 because on those days our
freedom was tried. The United
States was wounded. Americans
were murdered because of our freedoms. But just like our
flag, the United States doesn’t
stay down for long. Therefore,
I won’t condemn anyone for
disrespecting our flag. We all
have that right. But realize that
by disrespecting the nation,
you are disrespecting your own
freedom... I won’t condemn
anyone for it, but realize that
by disrespecting the nation,
you are disrespecting your own
freedom...

ON THE BUS STOP
My phone buzzes when it updates
my emails because I’m that neu-
rotic. Often it means advertise-
ments, and occasionally, I
get an important email, gen-
erally, however, it is just rou-
tine emails from Kari Shultz
or Star Stevens. There is one
type of email I detest—vehicle
owners will sympathize with me— the Campus Safety cita-
tion email. I like to toe the line between lazy and rebellious so I have
gotten several well-deserved
citations and even a boot. But
this semester, Campus Safety
has tried my patience. In Lower Lynn Wood park-
ning lot, there is a bus lane. Many Faculty and students park
their vehicles in this bus lane
Generally, things go well. But, I
have been ticketed for improper
parking twice in three weeks—
something I want to riot about.
I hate being ticketed, I’ll own
up to a ticket I clearly deserve.
Anyone with experience parking
in Lower Lynn Wood knows
people park in that bus lane
every day. Even if it is at least
one car there if not two. Even
after my most recent cita-
tion, I have seen cars in the bus
lane. Why is the improper
parking violation only
enforced inconsistently? Are
I am overjoyed at the fact that they are getting married. This
couple is possibly one of the most successful pairings
I have ever witnessed. During my
sophomore year of high school,
that is 2011, they started
dating and have been happily
in love ever since. After observing such
a successful relationship, in which
high school darlings becomes
lifelong spouses, I have a
rule that courtship is
a mistake. Courting, rather than
dating around, is the right way
to approach preparation for mar-
rriage.
Those who support dating rath-
er than courting state that court-
ing takes away the ability of both
parties to find what they want in
a person because the courters’
attention is focused on each other.
However, in my experience, an
individual does not need to date
more than two people to find the
person that they love. As a young
Christian woman, my friend has
discovered the love of her life
with minimal prior dating expe-
rience. The female lover in the
Song of Solomon states to not
experience. The female lover in the
Song of Solomon states to not
awaken love before the right time.
In my interpretation, I believe that
God, the ultimate matchmaker,
brings love to us to be awakened
at the right time. Why ruin that
love by hogs? You can kneel and sit,
emotions should be spread about
to those not holding our hearts for
a lifetime? I believe that court-
ship is a valuable art that should
not be lost, especially within the
Christian community. So, while
courting is not for everybody, it is
definitely not for nobody.

FOREWORD
On September 11, 2016, I
walked by the flag pole in Taylor
Circle as a campus safety officer
raised the flag from half-staff.
He informed me that he was
raising the flag back because it
was suspect. September 11 had
ended for 2016. As I walked
away from the flag pole, I real-
ized how symbolic that beautiful
flag was, as it ascended back to
its rightful place at the top of
the staff. That flag flies high in
the breeze, day and night here
on campus, and in many places
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for all the people in this nation
that want to burn it, stomp on
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stands for people who will not
stand for it. That flag stands
because men and women had
their lives cut short so that our
lives could wax long. We may
not like everything that hap-
pens in this nation, but that flag
stands for our right to voice our
anger and dissatisfaction.
We remember days like September 11 and December 7 because on those days our
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States was wounded. Americans
were murdered because of our freedoms. But just like our
flag, the United States doesn’t
stay down for long. Therefore,
I won’t condemn anyone for
disrespecting our flag. We all
have that right. But realize that
by disrespecting the nation,
you are disrespecting your own
freedom... I won’t condemn
anyone for it, but realize that
by disrespecting the nation,
you are disrespecting your own
freedom...
Chattanooga is a fairly small city, but it has a lot of cute little coffee shops and hang out spots. The problem is that many people do not drink coffee, so coffee shops do not really work for them. Recently a new place for tea lovers, called Wildflower Tea Shop & Apothecary opened up, and is great for people who just want to try something new. It is so exciting and this place has tons of cool choices of teas, vegan donuts and other pastries.

When I heard about this place, I had to go visit the next day. It was not hard for me to fall in love with Wildflower, and here is why. First, it has a great design and looks special compared to other places in Chattanooga. Second, they have a great music playlist and atmosphere for studying. Wildflower Tea Shop & Apothecary has a lot of plants and natural light which also helps with focus. Finally, tea is much healthier than coffee. Also, Wildflower can be a great place to take your date if you just want go and have a talk and not spend too much money.

WildFlower is located at 1423 Market St, Chattanooga, TN 37402. Their Instagram is @wildflowerteashop where you can find some more visual information about the place! Maybe it will motivate you to go and check it out yourself.
Awesome Sauce is a team that only comes around once in awhile, especially when you consider the fact that they play intramural slow-pitch softball. They have managed to go 6-1 through their first 7 games, and just this past Monday incurred their first loss of the season. A feat such as this, is remarkable. Awesome Sauce may seem as though they have an optimistic name, but they have utilized heavy hitting and defense to back it up. Co-captain Josh Harris, a graduate student in management, explained the origin of the team's name.

"I came up with the name Awesome Sauce when I randomly saw a t-shirt at Walmart that said 'Awesome Sauce' and had a chicken on it. Me and Ben [DePas, the team's other co-captain] loved the shirt and thought it would be a great team name too."

DePas has offered a lot of the offensive production for Awesome Sauce this season, as has Jonathan Sanchez. Cody Morford has provided solid pitching, and he has been backed by an excellent defensive unit. What makes the current 6-1 record even more interesting is the fact that this is a relatively new team, and they have not played together all that much. "80% of our roster is brand new," Harris said, although he did also say that, "a few of us have played together in recent years."

Harris also said that, when it comes to the upcoming all-night softball tournament, he and his team are going to be "wary of almost every team." He also said that they have realized that every team is "capable of playing some really good softball," and that the tournament will all boil down to "who is playing their best that night."
Sunbelt Cohutta Springs Triathlon: The 33rd Annual Sunbelt Cohutta Springs Triathlon will take place on Oct. 2 at Cohutta Springs Conference Center.

For further details visit the website: www.southerntriathlon.com.

Rates for students under 24 years of age is $30 for individuals and $75 for relay teams until Sept. 20 and $55 for individuals and $99 for relay teams until Sept. 27.

For registration information contact, Kari Shultz, director of student life & activities. For general race information, contact Bob Benge in Iles P.E. Center. Race day registration is available, but the price is higher.

Undergraduate Yearbook Photos: Embarrassed by your ID card photo? Good news! Undergraduate yearbook photos in the Student Center Seminar Room (by the Southern Accent office) will be taken October 2-6, M-T from 6-9.

Senior Portraits: Get that graduating smile ready – Senior Portraits will be taken October 10, 20 and 26, from 12:00p-7:00p. Location yet to be determined.

THURSDAY 22
Cody Campoli
Tessa Hildebrand
Brittany Howard
Malori Marks
Jose Mata
Matti Sue Nafie
Liz Pope
Louebh Vaughn
Gabrielle Williams
Sara Ford
Guy Goodness
Romel Juba
Joelle Kanyana
Keriseley Mace
Allie Nash
Bailey Sink
Isa Adams
Victoria Bakewell
Savannah Daffron
Jason Hollebeck
Bre Marin
Brandon Prestes
Lindsay Wood
Allissa Wright
Katie Zoch
Amy Flores
John Lottle
Brock Murphee

Kirsty Rosendo
Darian Seals
David Soeharsono
Roderick Bennett
Phia Champagne
Melissa Hill
Jeremy Holt
Mary O'Really
Joshua Veve
Joel Walton
Carla Whittingham
Paola Chamichart
Matt Davis
Dennys Dominguez
Karren Hawse-Thomas
Darlene Jesucat
Katie Zoch
Denise Williams
I’m already playing games with my life acting like I don’t have a class tomorrow at an ungodly hour of the morning. #icantsleep #saulife
Melodie Alvarez, @BRAZUELAN Nursing, JR

Okay but can the weather plz decide if it wants to be hot or cold??
Gabby Molgaard, @guacamolgaard Nursing, JR

Praising the Lord for all His many blessings bc I’m not in the dorm while View Southern is happening
Jonathan Rodney, @shelovestheRod Music Education, JR

*pretends to be sane*
Zoey Francois, @youngandboring Liberal Arts Education, JR

Class should not be mandatory the day after I had 2 back to back nursing tests. Can’t keep my eyes open.
Kiara Wilson, @_kiarachanel Nursing, JR

I need to start smiling at people on the promenade more. I don’t like knowing that people are afraid to approach me.
Sierra Emillaire, @waxchinadoll English, JR

Note to self: If you were able to believe in Santa Clause for 8 years you can believe in yourself for 5 seconds. You got this.
Alexa Smart, @alexasmart24 Marketing and International Studies, SR

GPA doesn’t matter in heaven. GPA doesn’t matter in heaven. GPA doesn’t matter in heaven. #WednesdayWisdom
Caro Lopez, @caroltoocool Nursing, SO

I was on my way to work & then I realized I had no shoes on. I clearly need more sleep.
Betty Mchome, @betty_amina Social Work, JR

Thank God for the friends I made here in college. I’d be a mess without those guys.
Greg Wright, @WrightThoughts Liberal Arts Education, JR

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Greg Wright, @WrightThoughts Liberal Arts Education, JR

Stop and smell the roses. #cliche #buttrue @saulife
michelleleeshine

Jumpin for joy! #friendsfortife #harrisonbay #saulife
vkwest1021

Not a bad way to spend my afternoon. #discgolf #southernadventistuniversity #chattanooga #outdoors #creekside
aaronraley15

#saulife @southernAccent #saulife @southernAccent
TRUMP
OR FAKE: TWITTER UNIVERSE
Can you identify the real Trump tweets?

1. Donald J. Trump
   @realDonaldTrump
   President Obama - close down the flights from Zika infected areas before it is too late! What is wrong with you?!

2. Donald J. Trump
   @realDonaldTrump
   How amazing, the State Health Director who verified copies of Obama’s “birth certificate” died in plane crash today. All others lived.

3. Donald J. Trump
   @realDonaldTrump
   Everyone knows I am right that Robert Pattinson should dump Kristen Stewart. In a couple of years, he will thank me. Be smart, Robert.

4. Donald J. Trump
   @realDonaldTrump
   If Hilary Clinton can’t keep her husband honoring her what makes you think she can keep honoring our country?

5. Donald J. Trump
   @realDonaldTrump
   Brady has a 4-game suspension due to deflated balls. That is more than what Hilary got for being a HUGE liar to our nation!

6. Donald J. Trump
   @realDonaldTrump
   Just arrived in Scotland. Place is going wild over the vote. They took their country back, just like we will take America back. No games!

7. Donald J. Trump
   @realDonaldTrump
   Russell Brand and I made a deal. He will endorse me if I let him use my golf courses. That sounds like a democracy to me!

8. Donald J. Trump
   @realDonaldTrump
   Mark Zuckerberg voting for Bernie?! I don’t need him when I have the people who actually use Facebook voting for me! #makeamericagreatagain

9. Donald J. Trump
   @realDonaldTrump
   I am really happy that Hillary made her speech right under Trump World Tower!

Comic Corner

As soon as Ms. Robinson spoke, Malvin knew for sure he was in the wrong class.
Creating Community

Encouraging a stigma-free campus

Why this is important

The reason that the Accent team chose to focus on the issue of depression and suicide prevention and awareness, is because it is something that we have all, in some way, had to deal with. We see the importance of this issue and hope to create a community of love and support for these issues. Please join us! Use the hashtags #createcommunity and #stigmafreesau

September is Suicide Prevention Awareness Month.

In honor of those who have ended their lives, here is a brief description of organizations that work toward suicide prevention and are easily accessible to anyone struggling with depression and/or suicide.

To Write Love on Her Arms (TWLOHA) is a nonprofit movement dedicated to presenting hope and finding help for people struggling with depression, addiction, self-injury, and suicide. TWLOHA exists to encourage, inform, inspire, and invest directly into treatment and recovery. In 2013, Southern's University chapter of TWLOHA was launched to build a community "based on a message of hope, inspiration and support through organized meetings and events."

Project Semicolon is a nonprofit movement. According to the project's website, "a semicolon is used when an author could've ended a sentence, but chose not to. You are the author and the sentence is your life." Project Semicolon hopes to encourage, love and inspire "those who are struggling with mental illness, suicide, addiction and self-injury by helping them believe that their struggles are "not the end, but a new beginning." Visit their website, projectsemicolon.org to get help, get involved, or donate.

Active Minds is an alternative nonprofit organization that empowers students to speak openly about mental health in order to educate others and encourage help-seeking. They seek to change the culture on campuses and in the community by providing information, leadership opportunities and advocacy training to the next generation. Active Minds offers health resources and ways to seek help and be of help on their website, activeminds.org.

The American Foundation for Suicide Prevention (AFSP) is a leading nonprofit organization exclusively dedicated to understanding and preventing suicide through research, education and advocacy, and reaching out to people with mental disorders and those impacted by suicide. The AFSP has nationwide chapters and offers multiple resources for taking action to prevent suicide.

The JED Foundation's mission is to protect emotional health and prevent suicide among college and university students. This organization runs a nationwide initiative, the JED Campus Program, designed to "empower schools with a framework and customized support to enhance student mental health... and suicide prevention efforts." Visit their website, www.thecampusprogram.org, for more information.

These organizations are resources that Southern students can utilize if they are struggling with depression and/or suicidal thoughts and need help. Please reach out to someone on campus or one of the aforementioned organizations. Remember, you are not alone.
Enrollment numbers significantly decline

HANNAH WAMBOLT & SIERRA EMILIAIRE
STAFF WRITER AND EDITOR-IN-CHIEF

Enrollment numbers at Southern Adventist University have declined by more than 150 students as of Sept. 5. Administration has not seen numbers like this in the last 10 years. After years of significant increase in enrollment numbers, most notably in 2012 with 2,896 undergraduate students, Southern is experiencing a decline in enrollment that many Seventh-day Adventist university campuses are also facing.

Marc Grundy, vice president of enrollment management, said Southern’s overall enrollment numbers have not been nearly this low since 2009, right after the market crashed in 2008. This decline has the administrative staff working harder than ever to improve efforts of recruiting and maintaining student enrollment.

“Adventist education is a vital part of the growth process for our young people,” said Tom Verrill, senior vice president of financial administration. “It’s a three-legged stool with the church and the home, which are crucial, but the education system is that third leg, and when it’s missing, we’re out of balance.”

David Smith, president of Southern, is choosing to focus on customer service in hopes that this will encourage higher enrollment numbers.

“I think we as a faculty have admitted to ourselves that we have not served our customers, the students, very well over the last several years,” Smith said. “We are dedicated to paying more attention to students, to serving them and their parents better, and I think that will have some positive effect on enrollment.”

Education is becoming a competitive market due to the demand for college degrees as a prerequisite for job offers. The higher demand for higher education means that more adults have excessive student debt, so students are choosing more practical alternatives to Christian education, Smith said.

Verrill meets with the chief financial officers of colleges and universities periodically and they all have shared challenges with enrollment numbers.

“It is not only an Adventist thing,” Verrill said. “We are all sharing ideas on how to attract and retain students. We’re trying to approach this decline in enrollment by changing our recruiting strategy, improving social interactions with our current students to retain them, and by making budget cuts where necessary.”

The administrative team has also created a much stronger communication plan and ways to measure follow-through by the staff and faculty.

“We are rededicating our efforts, first and foremost, to the Lord,” Grundy said.

The new plan started with a stronger View Southern program this semester.

“The students were much more receptive to the passion of Southern’s recruiting team, a passion that has been missing for the last 10 to 15 years,” Grundy said.

Art Annex receives face lift with upgrades to plumbing and power

DAVID MANCAO
STAFF WRITER

The Art Annex is currently being remodeled. The process has been split into two phases, and Phase I is expected to be completed by the end of the semester.

The remodel is no surprise though. Randy Craven, dean of the School of Visual Arts and Design (SVAD), said the facilities needed the upgrade.

“There were some issues with the toilet facilities that were inadequate. [And] problems with insulation deterioration in the ceiling and falling into the class space,” Craven said.

Craven said that SVAD tried to patch the leaky roof and added new insulation. Major upgrades were made for plumbing and power. Then they started to add more fine art space. The Annex needed more space for printmaking and painting,” said Craven.

Painting students have been using a small painting lab in Brock Hall. The current classroom is getting crowded, said Donald Keefe, assistant professor of SVAD.

“The room capacity is 16,” Keefe said. “This is just eight to nine people and we’re already packed. It would just be beneficial for everyone.”

Students are excited about the new changes.

“I wish we had more space,” said Christina Smolinski, sophomore animation major. “With painting you have a lot of supplies and giant easels and a small room sharing with eight people is difficult.”

Ceramics and sculptures are currently being taught in the annex. The newly designed space will house a larger painting and screen printing lab. Cubicles will also be made for studio practice classes.

Once Phase I is complete, the Art Annex will move into Phase II.

Currently, the film department houses their lighting studio in Ledford Hall, which is part of the technology department. The studio will be moved to the art annex as part of Phase II.

This is a blank slate and we can outfit the building for what we need to do,” said David George, associate professor of SVAD.

George states that the studio has five different activities: classes, checking out equipment, repair, storage and two studio spaces, an apartment set and cyclorama wall.

George does not know when Phase II will be completed but wants the space to be in operation by next school year.
Business professors to retire

KATLIN COLON
STAFF WRITER

School of Business professors Cliff Olson, Robert Montague, and Michael Cafferky will retire by May 2017, according to Mark Hyder, dean of the school of business. Their contributions and presence will be greatly missed, Hyder said.

Olson has taught at Southern for 28 years. "I want to retire while I’m still healthy," Olson said. "I want to spend time with my family."

Olson is celebrating 45 years of marriage and has two children and seven grandchildren.

Olson received his doctorate in human resource management and has a master’s degree in marketing. Olson helped launch the marketing degree in 1989 and he will teach as an adjunct professor once he retires, Hyder said.

"Olson is one of the most beloved professors on our staff," Hyder said.

Robert Montague has taught at Southern for 17 years and plans to retire in February to pursue his calling and passion for missionary work.

He has been involved in non-profit work, and his family has two orphanages in India that have been operating for 12 years. When he retires, he will head to Nicaragua to work on an orphanage that needs more attention.

The move to Nicaragua will be permanent, Montague said. Montague has enjoyed his time at Southern.

"I appreciate the ability to connect with students on not just an academic level, but a spiritual one," Montague said.

Montague also said that Southern is a great school that takes its role in Adventist education seriously.

Montague will continue to contribute to Southern while in Nicaragua, Hyder said. He will be teaching three online classes for the business department.

"He’ll still be with us in spirit," Hyder said.

Michael Cafferky has taught in the business department for 13 years. He has a doctorate in business administration and he has taught a variety of management courses at Southern.

Cafferky will also retire in 2017. "Dr. Cafferky has represented our department with his stellar works in scholarship and in publications," Hyder said.

Cafferky was unavailable for comment before the submission of this article.

Southern multiplies mathematic offerings by merging courses

UNION COLLEGE, SOUTHWESTERN ADVENTIST UNIVERSITY

Beginning in the 2017-2018 school year, Southern’s mathematics department will synchronize their courses with Union College and Southwestern Adventist University.

Students at Southern will be able to take classes from the math department online from Southwestern and Union as well as in person. A few of the upper division classes that will be offered include Abstract Algebra, Real Analysis, History of Math and several other courses.

The combination of degrees will not only benefit students at Southern but also students at other schools. Southwestern has had vacancies in their math department and the classes they will offer will allow them to maintain their faculty.

This change did not reduce the teaching load but strengthened the department, said Bob Young, senior vice president of academics administration.

"I appreciate the ability to work with students in different ways," Young said.

The room has multiple screens so that students can interact with the professor and ask questions similar to a normal classroom experience.

They will show the professor on a live screen and there are other screens set up so they can also see the students and vice versa.

Each campus has the same technology, therefore allowing a smooth transition.

SOUTHERN ACCENT

The student voice for 90 years

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Donors paid for the construction of the technology room, said Bob Young, senior vice president of academics administration. These donors want to see students expand their learning outlets in different ways.

In addition to the traditional online classes, Southern already has an interactive technology room in Wright Hall. This allows for interaction between professors at Southern and students at other colleges.

The room has multiple screens so that students can interact with the professor and ask questions similar to a normal classroom experience.

They will show the professor on a live screen and there are other screens set up so they can also see the students and vice versa.

Each campus has the same technology, therefore allowing a smooth transition.

The Accent encourages readers to write articles and voice their opinion. For questions, comments or article submissions, email accent@southern.edu.
ALL-NIGHT SOFTBALL CHAMPIONS

Lucky 13 live up to name, win with walk-off

CALEB BIEGLE
SPORTS EDITOR

In the finals of the girls’ bracket of all-night softball on Saturday night and Sunday morning, Lucky 13 defeated SOS with a final of 5-4, and took home this year’s women’s softball championship. Through solid defense, hard hitting, and a little bit of luck, Lucky 13 was able to dispatch their opponent and win the title.

Lucky 13 got on the board quickly with three quick runs in the top of the first inning thanks to an error by the SOS shortstop; RBI singles by Alissa Innamorati, Victoria Hansbury, and Cassondra Harris; and quick thinking on the base paths by co-captain Cassie White when she took second base on an otherwise routine base hit.

SOS got one run back in the bottom of the second inning as Holly Keener picked up her first hit of the night and then made it around to score on a costly error by the Lucky 13 first baseman. The Lucky 13 were able to get the second out of the two-out frame and avoid any other potential damage when SOS captain JP Mathis grounded out.

That would be the final run for either team until the top of the sixth inning when White led off the inning with a single and came around to score on an RBI triple by Hansbury. SOS was able to avoid potential trouble when Harris struck out and Rebecca Ford fouled out.

The insurance run seemed to be a big turning point in the game until SOS came up to bat in the bottom of the inning. Kim Lightball reached base on an error, followed two batters later by a single by Katie Steinbacher. Judy Sloan reached on another error, loading the bases for Raeann Butala. She came through for SOS, getting the offense sparked with an RBI single that made it 4-2. Since it was the seventh inning, the Lucky 13 needed three outs to get out of the frame, instead of the conventional two. Two batters later, Aubrey Wallin stepped up to bat and knocked a clutch two-out double that brought in two runs and tied things up at four.

In the bottom of the seventh, the Lucky 13 got two baserunners on a costly error when Melissa Harrison picked up a hit, and Evelyn Ruiz reached base on an error by the SOS third baseman. With runners on first and second, and no outs, the Lucky 13 leadoff hitter, Amanda Evans, came up to bat and reached base on an error by the SOS shortstop, allowing the game winning run to score and the Lucky 13 to walk off with the title. “I was so thrilled that my team went undefeated the whole way,” said Evelyn Ruiz, senior public relations major. “[My team is] always so positive and supportive and I think that’s what makes a great team and that’s why we won!”

White said that they’ve always tried to have 13 girls on the team, but it didn’t happen this year. Either way, The Lucky 13 lived up to their moniker and took home this year’s title in walk-off fashion.

Awesome Sauce triumphs

CALEB BIEGLE
SPORTS EDITOR

Awesome Sauce took the first seed in the men’s softball tournament bracket at all-night softball and drove through the bracket on their way to winning the championship. Through solid defense and offense, they defeated Who’s On First to take home the title with a final score of 6-0 at The Summit early on Sunday morning.

Awesome Sauce struck early, with back to back singles by co-captain Josh Harris and Jonathan Sanchez, the latter of which produced the run. Awesome Sauce would not score again until the bottom of the fourth inning when they scored two more runs; another defensive miscue allowed Ben DePaz to go to third base and then score on a sacrifice fly by Christopher Miller. Harris followed with his second hit of the game, and Sanchez moved him with his second hit. Zachary Myers stepped up to the plate and reached base on another defensive misplay, allowing Awesome Sauce to score a third run.

Harris and Sanchez would spark the offense once again in the bottom of the sixth inning, as they combined for 3 more RBIs and brought the score to 6-0. Who’s On First would go down in order in the top of the seventh, giving Awesome Sauce the win, an undefeated record on the night and the men’s softball championship for this school year.

“I’m real excited, for sure,” Harris said, “to not lose a game at all through the whole night… a great accomplishment as well.” Harris also said that he was proud of his team’s performance during the game, praising the defense as well as the offense.

Harris also said that “we knew that if we played up to our capabilities that we could beat anybody,” and that, “I was proud of everyone…doing their part.”

Lawn vespers featured ‘Poverty to Paradise’ theme

DANIELLE ALLEN
NEWS EDITOR

Southern’s biannual lawn vespers was held at the Goliath Wall on Friday, Sept. 23.

This year’s theme, “Poverty to Paradise,” centered around a personal spiritual journey and the second coming of Christ.

“Poverty to Paradise” traces the journey that God takes us on from spiritual ruin to the glories of heaven, all made possible through Jesus Christ,” said Paul Turner, senior theology major and worship coordinator of Campus Ministries.

There were four sections of the program — Poverty, Jesus, the Journey and Paradise, with a variety of artists performing and multiple videos highlighting the theme playing intermittently throughout the night.

Speak Light, Southern’s spoken word and poetry group, performed several pieces during the show about sins such as greed, pride, lust or vanity.

“We wanted our audience to think about keeping their eyes fixed on Christ,” said Vonasha Powell, senior art major. “Before we practiced, I was thinking ‘we’re just so busy.’ That’s it and we have the opportunity to be used as [God] reaches someone.”

Throughout the night, several prayers were said for Whitney Powell, sophomore nursing major, who was diagnosed with lupus this summer and is currently in critical condition.

Lawn vespers hosted a variety of performances from campfire songs to hymns to poetry.

“It had a great atmosphere and I liked the diversity in music and in performances,” said Wynique Wright, senior music major.

However, not everything went smoothly as there were constant technical difficulties throughout the program. Lawn vespers was a positive experience for both performers and Southern students.

“As we work toward graduation, our classes are harder and we also have internships, jobs, and [and] interviews we have [to balance],” said Tatiana King, junior health science major and Speak Light president. “It’s hard to sit and down talk to God in the midst of a busy college life, and sometimes we stay.”

King said that lawn vespers was the event that encouraged her through an already busy semester.
All-Night Softball Gallery

PHOTOS BY:
Adam Foggie, Left
Austin Flemming, Center
Joseph Hyde, Right

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The church and mental health

**Anonymous Contributor**

By first acknowledging the need.

We must not only pay attention to the spiritual and physical aspects of our being but also our mental and emotional capacities as well. Satan has exerted his influence on the human mind for thousands of years, and knows it well. If certain faculties of the mind are used and others are neglected, the design of God's program is not fully carried out in us. All the faculties are greatly dependent, upon one another. If the thoughts are wrong, the feelings will be wrong, and the thoughts and feelings combined shape the moral character (MCP, 660).

By strengthening the family.

Family is unique and irreplaceable in God's program; when families thrive, the image of God thrives. God started the world with a family; theological priority is even given to the family in Genesis 1, 2, 3 & 4. Satan has declared war on the family. He is focusing much of his attention on the family because he knows it is the basic building block of every social unit or institution, as well as a vital means of preserving cultural and religious values. If Satan can destroy the family, he destroys the image of God.

By promoting counseling.

Jesus came to restore to us the original state of mind that was lost in Eden. In Colossians 1:28 we see counseling was central to the ministry of Paul; "... we proclaim him admonishing and teaching every man teaching every man with all wisdom, that we may present every man complete in Christ." Emphasis must be given in ministry to the individual person. Proverbs 14:8 says; "The wisdom of the prudent is to give thought to His ways." Again in Proverbs 20:18; "Every purpose is established by counsel; and by wise guidance make thou war."

By providing licensed counselors.

I dare say there is not a single person reading this that has not been affected by divorce, mental health or communication issues within their own family system. It is time that we as a church acknowledge our need for high trained and licensed mental health professionals, Seventh-day Adventist Christians, to serve the community and serve individuals and families at all levels in our denomination.

What does the Bible say about mental health?

**Mariah Crews**

For far too long the church has brushed mental health under the rug. Mental illness has been seen as an equivalent to spiritual deficiency and the only suggested tool is prayer. While I do believe that prayer is essential in true healing, I also believe that God answers prayers through medical advancements. When someone gets cancer, we pray for the doctors; we pray that the treatments or diet change work. We recognize that there is a process and method to curing the disease. When it comes to mental health, we as a church have been superstitious and wary of the methods to combat mental illness. In an attempt to find harmony between the the Bible, mental health and counseling here are some of the many things the Bible says about mental health.

1. The Bible talks about human behavior and emotions similarly to Psychology

It rejoices with those who have cheerful hearts (Proverbs 17:22) and empathizes with those who have a crushed spirit(6), it warns about about anger (Proverbs 16:32), jealousy (James 4:2-3), and substance abuse (Proverbs 23:29-35). It speaks on family relationships (Colossians 3:11). It affirms that there is a connection between our mind and our bodies (Proverbs 23:7). Most importantly, it commissions us as Christians to encourage our hurting brothers and sisters and address their issues with wisdom and confidentiality.

2. The Bible provides methodology when addressing mental issues.

In addition to mentioning prayer as a tool for healing, the Bible also speaks on the importance of confessing to one another and sharing words of encouragement. One verse in particular, James 2:14-17, condemns the practice of wishing well those who are in need without actually giving them the things they need to be well. It calls for active participation in alleviating the burdens of others. When we see others hurting or in need, physically or emotionally, we are called to get involved and help them.

3. The Bible uplifts the act of counseling and advisors.

“The tongue that brings healing is a tree of life, but a deceitful tongue crushes the spirit” (Proverbs 15:4).

Our words, our counsel, have power to transform people's lives. This is a wonderful gift not to be taken lightly. Many counselors have dedicated their lives to learn and practice skills that bring healing. And as long as they follow the word of the Lord, we should trust their ability. But this takes work on our part, we must first know what the Bible says and then to use it to measure the wisdom of counselors. Jesus came to bring deliverance of the body and mind and in following His footsteps; healing of all kinds should be the church's mission.

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**Spiritual Spotify**

1. Your Grace Is Enough  - Chris Tomlin  - 4:08
2. Hello Fear  - Kirk Franklin  - 5:34
3. Enough  - Barlow Girl  - 3:42
4. I Told The Storm  - Greg O'Quin  - 4:30
5. No More Pain  - Point of Grace  - 4:43
6. New Season  - Marsha Munizzi  - 6:51
7. Mender of Broken Hearts  - Fred Hammond  - 5:08
8. Cry Out To Jesus  - Third Day  - 4:42
This Is How We Heal

Natalia Perez
Contributor

“Set me free from my prison, that I may praise your name, then the righteous will gather about me because of your goodness to me,” Psalm 142:7.

Set me free from my prison...

David rendered this prayer to God in great distress from sin, but this is my daily prayer for a specifically different reason. My brain, while potentially being a beautiful place, can also mercilessly entangle me in a series of negative thoughts, putting me in a compromising mental situation.

It’s like catching a cold.

If you’ve been meandering about in harsh, cold weather, or are around people who have a cold, you can potentially catch one, too. And when you do, you need to manage your self-care, and remove yourself from situations that are toxic to you. For our brain this is equally, if not more, important.

“You’re not good enough.”
“Your don’t do enough.”

“You will never be the person you set out to be because you’re incarcerated by your fears.”
“You’re too emotional. You’re a mess. You’re too sensitive and will never be understood.”
“You’re not smart. You’re also awkward. You can’t talk to those people because they’ll think you’re awkward, too.”
“You aren’t needed. You’re purposeless.”

I’ve had a bully sitting in my brain since I was about nine years old. She started whispering things to me every once in awhile. I started to believe her. We became trusted friends. I’d feed her daily meals and she grew stronger. In return, she’d put on a sparkly dress and build walls around my imagination, walls around my confidence, and convinced me that she was only building these walls to keep me safe. I let her build the walls and I built them with her. Some days she’d hide out, perhaps the light had scared her off. Some days she’d thrive, take the reigns of my heart, and lead me to the edge of a metaphorical cliff and tell me all the reasons why I should jump.

Now, she tells me I have nothing to offer the world, no reason to be alive. She tells me I should take my life. Consistently. She sits on my lungs until it hurts to breathe. I pray to die in my sleep. I pray to get hit by a car. I pray that I can eugie the pain while at work, so that others won’t notice my lack of desire to live. Nothing has ever been more painful to me.

But I can’t ever talk about this. I can’t explain to others why I’m more withdrawn, why I don’t like to speak up as much, or why I don’t like making set plans. The word “depression” scares most people off like the plague. Why, though? If someone tells you they’re sick, you may think to offer to get them medicine, make them remedies, make them soup, etc. Why is depression not treated the same? Why is it so stigmatized?

“I’m not crazy. I just have a severe ‘cold’. Help me.”

As Christians we are very quick to tell people who are depressed that “Maybe you should pray more.” “Have you talked to God lately?” or “Just be happy, other people have it worse than you.”

Allow me to make some clarifications.

I have absolutely no doubt in the power of prayer. I see it displayed throughout my life every single day. But remember, I have a “cold”. And if I tell you I have a cold and you tell me to “pray about it more,” not only are you suggesting that my despair comes from my not praying enough, but you’re also denying me my medicine. I’ve opened up to you because I’m seeking out healing.

If you tell me to “just be happy because people have it worse than me,” you’re suggesting that my despair comes from my not being happy, other people have it worse than you, and you’re invalidating my feelings.

I understand, dealing with these type of colds is challenging, but it can definitely be done. When a person comes to you, downtrodden, with their mental health descending as they speak, know that there is always a trigger. Ask them what exactly they’re feeling; ask them when this started. Be patient. Be kind. Be loving. Help them get out of their head; it’s toxic in there right now. Find the root and help eradicate it…just like a cold.

Except these “colds” can be healed with love. We all feel pain differently, and we all get sick.

I am here today, especially, because I’ve had incredibly patient humans in my life who’ve talked me out of my dark spells. I am no longer ashamed of “catching a cold.” I will most likely be susceptible to such “colds” for probably the rest of my life, but that is no longer something that scares me. It has taught me empathy. It has taught me bravery and perseverance. It has taught me to love others without restraint, unselfishly.

These are the bruises my life has left me with, and I am privileged to be broken. How else would the Light get in?
lifestyle
Self-care and mental health

DANIELA URSULENKO
LIFESTYLE EDITOR

Many of us have so many responsibilities and worries, and as the years progress, the burden just become heavier and heavier. While we are transitioning into adult life, we often become overwhelmed and forget to take care of ourselves. We forget how important it is to appreciate and take care of our bodies. Even though setting aside time for little things like taking a bath, or even just relaxing in bed with cup of tea can be difficult. When there are so many other priorities in life, self-care is an important aspect of stress management. When we are taking care of ourselves, we handle stress with ease leaving our minds clearer and allowing us to work more efficiently. Keeping our bodies in good balance by exercising and giving it the care it needs is important because it helps with our brain power and our ability to better balance our feelings. When you wake up in the morning and decide on what you are going to wear, that has an effect on the rest of your day. Higher confidence levels also assist with mental health. Even if everything else is falling apart, feeling good about yourself can have a major impact on how you decide to approach the toils of life, or choosing to approach them it at all. As you go on through this semester, don’t give up on yourself and don’t neglect self care. Choose to get out of bed. Choose to talk to God. Take a shower, and wear what makes you feel confident. Smile, because you deserve it. Do whatever you have to do to get through the stresses life throws at us too often. Remember to take care of yourself, stay positive, organized and beautiful.

Eat your spinach and take your vitamins

HANNAH JOBE
COPY EDITOR

Here is a basic fact: the food we eat affects our bodies. Bad eating habits such as consuming too much junk food and dessert and skipping meals may contribute to weight gain and a variety of other health risks such as diabetes and heart disease. Alternatively, eating healthy, balanced meals can cause weight loss, increase productivity and make us healthier over all.

However, what we eat does not just affect our physical health but our mental health as well. According to an article from Everyday Health, many people who suffer from depression also suffer from vitamin deficiency. These vitamins include omega-3 fatty acids, vitamin D, magnesium, vitamin B-6 and B-12, and folate.

By eating vitamin rich foods, people who suffer from depression may find that their antidepressants function better. omega-3s and folate specifically have been linked to increased response to antidepressants. Getting an adequate amount of vitamins can also help prevent depression.

Many of these vitamins are very easy to access. According to Everyday Health, we can increase our magnesium intake by eating seaweed, greens, and beans; we can get folate from leafy greens, beans and legumes, and citrus fruits and juices; and we can get vitamin D from spending time outside.

Some of these vitamins however are a bit more difficult to access. omega-3, vitamin B-6 and vitamin B-12 are primarily found in fish or other meat which makes vegans and vegetarians much more susceptible to deficiency.

Thankfully, these vitamins, as well as the others, can be taken as dietary supplements. Make sure to talk to your doctor before taking supplements, however, to make sure they will react well with any medications you might be taking.

Fitness for your thoughts

ALEXIS HARTLINE
OPINION EDITOR

Many people exercise to weight or improve their cardiovascular health, but what many people do not know is the awesome effect that physical fitness can have upon their mental health. Exercise releases “happy chemicals”, also known as endorphins and dopamine; these chemicals help boost and create feelings of happiness, euphoria, and satisfaction. For this reason many doctors suggest that individuals suffering from anxiety, depression, and/or substance abuse should make time to hit up the gym. This doesn’t mean you have to start cranking out pushups or running on the treadmill for hours on end. Even if it’s just for thirty minutes, your body can receive the mental benefits. The Huffington Post titled released an article “13 Mental Health Benefits of Exercise”, that wrote about the benefits of exercise on mental health. Some of the benefits listed were reduced stress, increased relaxation, help with controlling addiction, a sharper memory, and even a boost to an individual’s creativity. So the next time you find yourself feeling a bit blue, especially if you are suffering from anxiety and depression, maybe hit up the gym. Not only will it take your mind off of things, but it will truly help your mind feel better.

PHOTO BY TIERRA HAYES
Jesus, Judas and the Joker

Kratzy Bourisiquot
Contributor

Depression is underrated while suicide is overrated. Before going on any further, it would be wise for me to share with you a truth that has helped me out. As a warning, truth is not supposed to be perfectly understood, but truth understands perfectly. So there is a bit of apparent contradiction in a Bible believing Christian experiencing major depression.

What’s this truth? A mind is made for another mind (see Philippians 2:5; 1 Corinthians 2:16). This has really helped me through my deepest of depressions because I know at the end of it all, Christ has my mind; He is in my mind as I am in His. I have experienced depression as a relational and mental phenomena, full of non-feeling emotions as things become less and less relevant until you realize how irrelevant you are.

In other words, without the support of others, depression is almost impossible to get through and in many cases leads to suicide. Adam ate the forbidden fruit in part because he knew how much Eve had fulfilled him and could not bare to lose her. Adam, although Adam didn’t suffer from depression, he got a rough sketched outline of it as he made his decision to disobey God. He forgot that God is the only one who truly satisfies completely.

Through briefly thinking of the life of Jesus, Judas, and the Joker I realized that depression is underrated while suicide is overrated.

Beginning with the ending first, the Joker here refers to the devil. He isn’t capitalized because he does not need a capital letter. He is a joke. Thinking about depression, of anyone in the world who might have thought of committing suicide, you think, or at least wish it, would be the devil right? I don’t want to explore the mystery of iniquity too much, however Ellen White describes the devil as depressed and I believe him to be so.

Why am I saying this? Because unlike the devil, we actually have hope. So don’t bother listening to the voice at your weakest times telling you it’s too late or that you won’t make it. Only the devil knew he won’t make it and that it is too late for his followers as well. That is why he tries to sell the idea of innate virtue in suicide. He tries to say that there is a peace attained only through taking one’s own life.

This is where the thought comes in—suicide is overrated.

Judas refused to accept the forgiveness of Christ. Judas convinced himself that his actions and guilt were too large for the back that carried not only the cross beam, but also the sins of the world. He convinced himself that his sins were far reaching for the stretched arms of God to remove. So before he could see the impossibility, before he could see Christ hanging for his salvation, Judas hung himself.

Forgiveness is real, friends. Nothing you have done, or could do, cannot be forgiven. Only Christ’s blood covers all. Stay close to Him and realize by faith He is close by you too. Explore and accept God’s forgiveness, forgive yourself, and then forgive others. Judas could only see one escape route and that was through the rope. Again, another instance where suicide is overrated.

Jesus, fully man and fully God reminds us, if you live long enough you will experience major depression. You will go through a moment where you will feel completely and utterly insignificant and alone. Jesus Christ came to a point on the cross where He could not see any hope for Himself and for us. But He remained strong because of his faith in God. Look into the Gospel accounts and the Desire of Ages, for further study.

Jesus Christ, through His blood spilled, inspires and motivates us to face depression victoriously no matter what as long as it is in His name—even in dying we live. But what is more, is that we find that it is truly better to be in the house of mourners than one of myrth (Eccl. 7:2) because the Spirit enables us to have joy in the midst of our depression meant for us to give, and to see a light in the midst of our darkness meant to be shone to others.

Depression is messy, and suicide is not only messy but also blurr- the lines of truth and reality begin to disappear and/or become unclear. Of Jesus, Judas and the Joker, remember that Jesus gives us the strength and grace to conquer depression, amidst depression, Judas reminds us that forgiveness is real and ready for everyone of us through Jesus Christ, and the Joker, the devil, is the only one without hope beyond this life.

How to get help on campus

Students here at Southern, who are having moments of depression or suicidal thoughts, can find comfort in the fact that there are several different options for finding help here on campus and nearby. It is important to remember, that you are not alone. All you have to do is ask for help.

An awesome tool that the Accent staff tested out was Ulifeline.org. Just find your school and then take the self-evaluator. On campus you have the Student Success Center at Lynnwood Hall, which has three counselors on staff that are available to all students at no cost. If you wish to have some outside help, you can either call the Suicide Hotline number at 1-800-273-8255 for free, or set up an appointment at Park Ridge Hospital at 855-774-5433 with their on staff psychiatrist. Also feel free to stop by the Accent office on the top floor of the student center on Tuesday nights, we would be more than glad to be here for you!
Sunbelt Cohutta Springs Triathlon: The 33rd Annual Sunbelt Cohutta Springs Triathlon will take place on Oct. 2 at Cohutta Springs Conference Center. There is race day registration. For further details visit the website: www.southerntriathlon.com. Race day registration begins at 10:30a and ends at 11:45a. For general race information contact Bob Benge in Iles PE. Center.

Fall Fest: Southern and the Collegedale community are joining together to celebrate 100 years of Southern being in Collegedale. A joint Fall Fest will be held on Oct. 30 at Veterans Park in Collegedale. More information will be coming later.

Graduation Contracts: Seniors, if you are planning on graduating this Dec. or May, make sure that you have filled out and turned in a graduation contract by Oct. 21.

Undergraduate Yearbook Photos: Embarrassed by your ID card photo? Good news! Undergraduate yearbook photos are being taken this week in the Student Center Seminar Room (by the Southern Accent office). Photos will be taken Oct. 2-6. Times are posted in the Student Center.

Senior Portraits: Get that graduating smile ready--Senior Portraits will be taken Oct. 10, 20 and 26 from 12 pm-7 pm. Location will be in Iles PE Center Green Room off the stage. It will be well marked for you to find.

THURSDAY 29
Aaron Comley
Kate Landon
Cathy Lockwitz
Hayden Palm
Madelyn Rogers
Nancy Sanchez
Taylor Maddox
Claire Parant
Joshua Shelton
Calies Van Philips

FRIDAY 30
Melodie Alvarez
Tabitha Copeland
Alexandra Dye
Lana Goodman
Eric Hanna
Melodi Johnson
April Minter
Charlie Young

SATURDAY 01
Carina Allen
Barratt Schichtel
Crystal Thomas
Bryce Voegele

SUNDAY 02
Drew Blake
Nick Griffin

OCTOBER
Bethany Johnson
Becky Oxentenko
Stephanie Sutton

TUESDAY 04
Emily Garrett
Vanessa Hernandez
Samantha Landau
Brandy Phillips
Paris Pringle
Madison Wing

WEDNESDAY 05
Malissa Flores
Jamila LaBeach
Greg Sanders
Brendon Seidl
Lauren Shelby
Jovan Franchy Vargas
Hannah Wambolt
Eric Wilkins
Wesley Willier
Blessed are the poor #collegelife #promise #saulife
Nicole Camilo, @nykole_16
Biology, JR

Being a kid: It is 9 pm I should go to bed!
Being a college student: It is 9 pm and I
should start my homework #saulife
Bryan Chen, @bryxbchen
Music, SR

If I had a dollar for every time I’ve seen a girl
re-watch their own Snapchat story I’d be the
new CEO
Cody Morford, @codimorf
General Studies, JR

You know you’re Adventist when you
crave haystalks
Evelyn Ruiz, @evelynruiz22
Public Relations, JR

So if my car runs out of gas, and Tennessee
runs out of gas, does that legally mean I can
be excused from all my classes?
Christina Gindi, @ninagindi
Management, SO

ZOOTOPIA IS ON NETFLIX
Alina Sherman, @alina_sureman
Nursing, JR

I just got lost in Hickman
Zach Reynolds, @thefatzoo
Film Production, SR

Sometimes parents focus on wanting to teach
us lessons, which is great, but sometimes
listening to our problems is just as great.
Carlos Russi, @link_russi
Theology, SR

Maybe Jesus will come back before I
have to pay off these loans...
Christina Robinson, @tumbaganaga
Public Relations and Graphic Design, SO

You know you’re Adventist when you
crave haystalks
Evelyn Ruiz, @evelynruiz22
Public Relations, JR
Humor is too often used to cover or suppress personal feelings of depression and suicide. This can be seen through the suicides of multiple famous comedians like Robin Williams or Freddie Prinze. Never assume that someone does not experience depression because they can crack a joke, and if you feel that humor is your only outlet it may be time to talk to someone.

We would like to acknowledge that overcoming depression or thoughts of suicide is so much more than just “being happy.” This is a heavy topic that weighs heavy on our hearts and we in no way want to make light of mental illness.

We would like to share some photos with you for this fall season that should be able to put a smile on your face.

**FIRST**

Friends: Summer's ending too quickly!

Me: when you ask your mom a simple question & she yells her response.

When you're in bed but you hear someone ordered pizza

When the grocery store starts selling Halloween candy

Favorite part of google maps is this man unzipping his cargo pants into cargo shorts at the grand canyon
Opening of Studio 4109: A night to remember

Farrah Daniel
Staff Writer

Studio 4109 is the first show of the semester was on Oct. 1, and the crowd went wild.

The live SA production premiered their sixth season, which featured four skits, and an impersonation of Barack Obama.

The skits touched on sensationalized fads and topics like Pokémon GO, Sexploding Samsung Galaxy Note 7s, Ryan Lochte, the 2016 presidential election, and the Brock Turner scandal.

Jokes regarding Southern elicited liveliness and laughter from the audience as the actors joked about Campus Safety and the fickle nature of certain on-campus relationships.

As they have done in previous shows, Studio 4109 introduced new musical acts.

The Boys made their first appearance as Studio 4109’s house band, performing songs from Michael Jackson, Jhene Kiko, and Desiigner.

Singer/songwriter/musician Destiny Malibu, performed covers songs by Sia and The Chainsmokers along with a few of her original songs including the chart-topping Love Hurts.

Kaitlin Jeanette Colon
Staff Writer

A Southern Adventist University student visited Harvard Medical School recently to present her research on gluten and food choices. Marselinny Mawuntu, senior double allied health and biology major, presented her research on “Health Conscientiousness of Gluten in Diet-Related Food Choices of Students at Southern Adventist University” in a two-day international conference organized by the Functional Food Center. The convention hosted by Harvard Medical School in Cambridge, Mass., from Sept. 22 to 23.

Mawuntu said numerous researchers, doctorate candidates and professionals presented their research in breakout sessions on various topics related to Functional and Medical Foods for Chronic Diseases.

“I took a class called Research in Biology and I got an internship from the Functional Food Center. I saw that they had international conferences every year so I applied and surprisingly I got accepted so it was through my research done at [Southern] that I was able to present [at Harvard],” Mawuntu said.

Mawuntu does not plan to expand her current research, but she does plan either to test different variables or expand her research base into more sectors of public health. Mawuntu hopes that her research will give her the opportunity to intern at the National Institutes of Health (NIH) and expand her knowledge base in public health and health conscientiousness.

She also said that the experience was memorable and a once-in-a-lifetime opportunity.

“It goes to show, Mawuntu said, that even though you may feel that your goals are unattainable, if you leave it in God’s hands, He will make your dreams a reality.”

Mawuntu visits Harvard, shares food choice research

Kaitlin Jeanette Colon
Staff Writer

Marselinny Mawuntu recently presented at Harvard Medical School on food choices of Southern students.
Destiny Malibu was accompanied by IHEARTDIMO, a DJ who ran through the crowd with free t-shirts and got audience members hyped up to interact with the performance. During Malibu’s last song, many audience members raised their cellphone flashlights and waved them as they cheered and danced in the stands. “It surely was a night to remember,” Paola Flores, sophomore nursing major said.

Phillip Warfield, junior history major, impersonated Barack Obama, hurling back responses to an on-offstage voice that was intended to portray Michelle Obama. Warfield describes his experience of performing in front of hundreds of people as “absolutely exhilarating, and humbling to hear those bouts of laughter.” This year’s new director Greg Manestar, senior marketing-international business double major, has taken the place of the production’s previous director and founder, Kevin Christenson, and he is “blown away with the way that [his] team delivered.”

There are three more shows to check out this year and the next one is Nov. 12.
Harold Alomia centers week of prayer around “Magnum Opus”

Monday
Beth Travis
Staff Writer

Fall at the Wall, or week of prayer, began on Sept. 26 at 8 p.m. Harold Alomia, of the College View church at Union College, centered his sermons around the theme of Magnum Opus, meaning “master works”.

Normally, Fall at the Wall is held at Goliath Wall; however, due to inclement weather, Monday’s service was held in the Collegedale SDA Church.

The evening service began with student-led worship, followed by a moment of prayer. Alomia began his sermon with a story about his student mission work in Argentina, which he described as one crazy journey. This transferred into the idea of spiritual journeys and the week’s theme of Magnum Opus.

Alomia said that he believes Matthew chapters 5 through 7 are the masterpieces of Jesus. Because in these chapters Jesus gives us the Beatitudes. These chapters Jesus gives the Sermon on the Mount, the focus of Alomia’s talk.

Throughout the service Alomia explained that the blessings referred to in Matthew 5 about a set of candles who refused to shine for the outside world.

One candle said that it was afraid of the dark, while another stated that while it knew a lot about light in general, it was not a practical candle. Still another was worried that it did not have enough training in how to shine.

Alomia related this to the perspectives of many Christians who find reasons for not being strong witnesses.

Alomia concluded saying that both salt and light are at their best when in a group. “Salt works best in community... a sea of candles, a sea of light, tells us where a city is.”

Tuesday
Beth Travis
Staff Writer

The second night of Fall at the Wall was held in Collegedale SDA Church.

Harold Alomia, this week’s speaker, continued on the theme of Magnum Opus and the exploration of Christ’s Sermon on the Mount from Matthew 5 through 7. His talk began with a recap of Monday, particularly the Beatitudes and how they serve as landmarks in a spiritual journey with God.

This led to Christ’s statement that his followers were to be salt and light to the world in Matthew 5:13-16. Alomia explained Jesus’ first metaphor of Christians being salt and explained how important salt was in historical times, and how often the Bible used salt as a metaphor. Alomia stated that Christians are meant to be salt, but not salty, seasoning the world without overpowering it.

“It is pivotal that salt be balanced,” said Alomia.

Alomia also explained the metaphor of light used in Christ’s sermon, with a story about a set of candles who refused to shine for the outside world.

He charged students to remove anger from their hearts. To break the cycle of hate, Alomia emphasized that a person’s horizontal work with others determines his or her vertical relationship with God.

Wednesday
Taylor Scurry
Staff Writer

On the third night of Fall at the Wall, Harold Alomia continued his sermon on the topic of the Sermon on the Mount, found in Matthew 5 through 7. He highlighted, in Matthew 5:20, the words of Jesus who said that unless one’s righteousness exceeds the righteousness of the religious leaders, one will not enter the kingdom of heaven. This statement begged the question of how that could be accomplished.

“The answer,” Alomia said, “is to beware of the angry arsenal of wounding words.” He revealed that, in Jesus’ eyes, being angry without reason and committing murder both have the same dire consequences.

Alomia pointed out that under the wrong circumstances, emotions are catalysts for evil. Students were also warned of the dangers of insulting others. Alomia said that insults dehumanize others and, because we are all made in God’s image, bring personal judgement to those who insult others.

“The words we speak are an external manifestation of an internal condition,” Alomia said.

He charged students to remove anger from their hearts. To break the cycle of hate, Alomia emphasized that a person’s horizontal work with others determines his or her vertical relationship with God.

Thursday
Taylor Scurry
Staff Writer

Harold Alomia, on the fourth night of Fall at the Wall, spoke Fall at the Wall on how Satan uses imitation to perverses God’s creation of love on Sept. 29.

Alomia noted that in order for one to decipher authenticity is to be well acquainted with the original.

Alomia used Matthew 5:27 through 30 as a tool to demonstrate the timeless issue of lust. The Ten Commandments are clear in telling that committing the act of adultery is a sin; however, Jesus said that lust is a sin that originates in the heart and warrants the same punishment as the action itself.

When Jesus shared this message, it was during an age where public displays of sexuality did not occur. Alomia spoke to the perversion of sexual desire in today’s society and how it affects individuals mentally and distorts perceptions of relationships. However, he also expressed that the gifts of passion, love and pleasure were given by God for us to use within the confines of marriage.

Hollywood, Alomia said, has created a fictitious atmosphere that alters the reality of sexual desires, can misconstrue children’s perception of women, men, and marriage.

Alomia reminded students that their past wounds do not determine their futures. Jesus calls for us to take advantage of His radical power and grace that aid us in reaching the goal He has for us.
Global Leadership Society, Enactus headed to Louisiana

Enactus and the Global Leadership Society (GLS) are partnering this year for an art clinic in Baton Rouge, La. from Nov. 17-21 to help those affected by the flood that submerged most of southern Louisiana in August.

“We were just brainstorming [with Enactus] and we drew out a [thought map] of what happens after flooding,” said Alexa Smart, double marketing and international studies major and GLS secretary. “Houses are torn down, crops are ruined, and with all of that comes debris. We wanted to clean up this debris, but [we wondered], what can we do to create something that can be sustainable for the community and benefit them in a way where they can make money off of it, but still help with the disaster?”

Both organizations decided that creating artwork out of the debris could help those displaced by the flood to learn a new skill and rebuild their communities.

Plans are tentative in terms of the groundwork in Louisiana but the organizations do plan to recruit art majors and welding majors to in setting up the art clinic in Baton Rouge.

They plan to connect with community organizations for lodging and accommodations prior to their trip.

“We are focused on sustainability by teaching new skills to the community for this project,” said LaTia Allain, senior double marketing and management major and Enactus president.

Several members from GLS and Enactus are active in both organizations and decided that working together would greatly benefit the community of Baton Rouge and would unify the service aspect of the GLS and the mission of Enactus.

To get involved, or for more information, contact Enactus at enactus@southern.edu.

― LaTia Allain, president for Enactus, senior marketing and management major

LETTER TO THE EDITOR

Horoscope is ‘guile of Satan’

I hate to start off negatively; however, I’ll get right to it.

I am truly disappointed to see that the Southern Accent is taking the horoscope signs and turning them into a joke.

Our faith teaches us to guard our hearts and minds from the guile of Satan. This appears to open a door for other non-biblical references to be made under the guise of humor and interpolate themselves into your newspaper. I simply wanted to admonish the Southern Accent in its pursuit to provide the student body and staff with praiseworthy material.

In these times, it is essential that we stand up for Christ. Christianity is becoming so watered down that it has become difficult for the world to differentiate us from the world. Let us stand boldly for Christ, no matter the cause.

Your brother in Christ,

Tony Lazcano
Masters student

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SATURDAY NIGHT WITH STUDIO 4109

PHOTOS BY: TIERRA HAYES

SENIOR CLASS ORGANIZATION
Electing Senior Class Officers – 2016-2017

TUESDAY, OCTOBER 11
@ 11:00A.M.
PRESIDENTIAL BANQUET ROOM

Nominations, candidates’ speeches, voting - all take place at this meeting
The air was heavy with anticipation; worry painted the faces of the twelve children and five staff members who sat beneath the big Neem tree. All eyes were on fifteen year old Kajendren or Kaja as his friends called him. His hand was outstretched, waiting to be struck by a big stick. Kaja hadn’t done anything wrong that particular day, but he was a fifteen year old boy, so it didn’t take an in-depth look into his history to find a reason to bring him up front and discipline him. Just to be clear, hitting the hands of children was not a common practice at the orphanage that I worked at, but I wanted to make a lasting impression of what happens when we disobey.

So there we were, Kaja beside me, hand outstretched, and Christian, my assistant in the demonstration and fellow missionary, holding the stick high above his 6’4” frame. I turned to face Kaja and in his native language, told Christian to hit hard. Kaja’s mouth flinched, the audience flinched, even I flinched. Kaja’s eyes popped open as he looked down at his hand. A bright red streak marked the hard impact of the stick. Kaja’s eyes grew wide as he followed the red streak to the hand it was attached to, then the arm, then to my face. He looked at me, beginning my now swelling hand, and asked why I had taken his beating.

I gave Kaja a hug, asked him to sit down, and explained how Jesus took the punishment we deserve. I told them about how Jesus was nearly beaten to death, then crucified. After we prayed, Kaja came to me and said, “I am sorry brother, I am sorry Jesus. Thank you for taking my beating.” It was a simple demonstration to explain a much bigger reality. Jesus stepped in. We deserve to be punished, but He stepped in to take our place. How often do we stop to think, let alone thank, Jesus for taking our punishment?

SMACK! Down came the stick with all the speed and strength I had requested. Kaja flinched, the audience flinched, even I flinched. Kaja’s eyes popped open as he looked down at his hand. A bright red streak marked the hard impact of the stick. Kaja’s eyes grew wide as he followed the red streak to the hand it was attached to, then the arm, then to my face. He looked at me, beginning my now swelling hand, and asked why I had taken his beating.

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Spiritual Spotify

1. Martinnelli | Wordplayed
2. God Is On The Move | Seventh Time Down
3. Come Alive | Centric Worship
4. Never Too Far Gone | Isaiah Tejada Remix by Jordan Feliz
5. I’ll Keep On | NF

Fringe kids house church

The well deserved punishment

DENIED be the
that you were

Fringe: Adj. Not part of the mainstream; unconventional, peripheral, or extreme.

I’m not sure what I was expecting. When you think of people who listen to metal, wear all black, and are decorated in tattoos and piercings, the words Christian doesn’t automatically come to mind. Or maybe they does, good for you; you’re less prejudice than me. I didn’t know what topics we would discuss, or the worship style, definitely not hymns, would it be Christian rock? The only thing I knew was when we disobey. I was headed to a house church hosted by some people I met at a show.

We’ve all heard the story: A person comes to church, doesn’t fit the Christian ideal, is treated with disdain and eventually leaves the church and turns to a more accepting community. But what happens to those people after they leave? Do they find another church? Or do they wash their hands of religion all together? I was about to meet a group that took a different approach all together; they made their own church.

There wasn’t music. But there was pizza and discussion about upcoming shows. There wasn’t an appointed pastor, just a bunch of people with bible apps and something to say. But what they lacked in traditions, they made up for with power and sincerity. A few things that impressed me about this group was their love: love for each other, love for G-d, even love for the churches that turned them away. Their morality also impressed me; leaving the church wasn’t a free pass for them to do whatever they liked, instead they turned to a group of people they trusted and who cared for them and opened up about their struggles. They

Fringe kids house church
opinion

You don’t know till you’ve been there

KYLE HARRIS
CONTRIBUTOR

Everyone believes that they know what they would do in a difficult situation. When another human being messes up we all sit around and judge them, proposing the correct way of doing things. However, we often figure out the right way after hours of thinking, research and talking. We do not acknowledge that if we were put into a situation without prior knowledge, the rest of the world would judge us and hold us responsible for messing up. I remember a story I heard a few years ago.

In World War II, a group of American soldiers were under attack in a house. One American soldier went window to window firing at the Germans. The remaining Americans did nothing. They panicked and began doing odd things not related to fighting. These guys never believed they would just start boiling water in the middle of a fire because they panicked; they believed they would do what they were trained to do. In the American Civil War soldiers would find weapons with seven bullets in them, never fired, because the soldiers just reloaded and never shot. These soldiers were the ones expected to fight and shoot.

I don’t think there is a man alive who knows what he truly would do in a difficult situation, until he finds himself in the middle of it. So before we cast judgment on people in our society, because of their decisions, we should remember, that we truly don’t know what we will do until it’s already over.

Vote third party

GRADY HAYDEN
CONTRIBUTOR

Today, too many people see the American political system as an entrenched duopoly. Unfortunately, this is our reality. This was never intended to be the case. The Federal government of the United States was not supposed to be comprised of parties. James Madison was very clear about this in Federalist No. 10. However, if parties were to exist then a multitude of parties would protect us from the tyranny of a majority. Today, we live in the tyranny of a majority. More and more of the members of our generation are identifying as independent voters. Our generation is sick of the constant wars that both parties have waged: the violent police state that both parties have put us in, the constant government surveillance on the American citizen, the corruption of our government and the failed government programs such as the war on drugs. We live in an age in where the distinctions between Republican and Democrat are extremely vague and hard to understand. No matter how you spin it, both parties do the same things. They take more of your money, and more of your rights. This is why so many in our generation are now distancing themselves from the two parties of old.

Third parties are seeing a rise in popularity, especially in this presidential election cycle. The Republican and Democrat parties are not alone in fielding a candidate this cycle. The two most notable third parties are The Green Party and The Libertarian Party.

Libertarian candidate Gary Johnson will be on the ballot in all 50 states, the same accession that both Donald Trump and Hilary Clinton enjoy, and Green Party candidate Jill Stein will be on the ballot in over 40 states. Johnson is currently at 13 percent nationally according to a recent poll by Quinnipac and Stein is hovering somewhere around 5 percent. These numbers may seem small, but they’re huge for independent parties.

Remember back to 1992 when Ross Perot with only 8 percent was allowed to debate. He ended up winning about 19 percent of the popular vote and had a huge effect in that race. Johnson is near double those numbers and is not being allowed to debate against Trump and Clinton. It seems like the establishment has learned its lesson from Perot. Stein is fast approaching Perot-like numbers herself. The people being cheated in all of this are you and I. The young, independent minded voters who despise both major candidates. In a recent poll by NBC, Johnson leads among independent voters by a sizeable margin in a four-way race against Trump, Clinton, and Stein. Johnson polls at 31 percent with Trump and Clinton tied at 24 percent. Stein comes in at 12 percent. So what do all of these numbers mean? This means that one third party candidate is leading the two main parties and another is trailing by half, which is still a lot. Third parties have a real chance in this election. A vote for a third party is NOT a wasted vote. This is especially true in this election with such polarizing candidates. We young voters have a chance to say we want neither Trump or Clinton. Do not ever let someone make you pick between the lesser of the two evils. There is always another candidate who better represents your views. I would go out on a limb to say that the Libertarian Party and the Green Party better represent the views of our generation than the two main parties.

This election cycle, please exercise your right to vote. It would be worth your time to research and consider third party candidates. Be an informed voter. To finish, I’ll leave you with some candidate sto look into. This is by no means a comprehensive list and there are many more candidates out there. Libertarian Party: Gary Johnson. On the ballot in all 50 states.

Green Party: Jill Stein. Ballot and write in access to 48 states.


Reform Party: Rocky De La Fuente: On the ballot in over 22 states.

Independent: Evan McMullin. Ballot and write in access to 26 states.

Party of Socialism and Liberation: Gloria LaRiva. On the ballot in less than 20 states.
Top 10 eateries in the area

**CHRISTINA ROBINSON**
CONTRIBUTOR

My boyfriend Jordan and I love food! Ever since we started dating, we would go on "adventure dates" around Chattanooga to discover different restaurants to eat at. Here is a list of 10 restaurants to take that special someone while staying within a college student’s budget.

**Thai Esan ($/V)** isn’t a romantic candlelight kind of atmosphere but their Thai cuisine makes up for it. It’s authentic and probably has of the best Asian type food I’ve had in a while for the price and portions.

**Kevin Brown's Burger & BBQ ($)** is a nearby hole in the wall restaurant that serves some pretty mean burgers.

**Countryside Café ($/V)** is across from Kevin Brown’s and beats Cracker Barrel any day when it comes to southern food. Plus, it’s inexpensive.

**Maple Street Biscuit Company ($/V)** has really good breakfast options with biscuits made from scratch, and food with a southern taste.

**Rain Thai ($$/V)** is good if you want to dress up and go all out with that special someone. You’ll get that romantic date feel along with some amazing Asian food.

**V – vegetarian options.**

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**Weight lifting**

**MATTHEW DIETEL**
COPY EDITOR

A few weeks ago, I decided to get out of my comfort zone and head to the gym for some weight lifting. One of my friends convinced me to go with them, and the experience I got was not what I was expecting. Instead of being exhausted and feeling sick after working out, I found that I felt strangely energetic and focused. I found a place where I could go to forget about worries and relieve stress.

The first time I went to the gym, I worked hard. Not only did I push myself, but I forgot to stretch before and after. As a result, for the next several days I was sore. After painfully walking to classes for a few days, I learned my lesson and stretched after working out. I have since grown to love the feeling of working out – it’s indescribable. Although I’m physically tired afterwards, a feeling of strength and energy follows.

Not only is working out physically good for me, it also strengthens friendships. Going to the gym with a friend is a great way to hang out while doing something productive. It builds a sense of trust and comradery.

Southern’s gym is very nice, and it’s free to use, so there’s no excuse not to go. Even when I’m loaded with homework, taking a break to get exercise is a great way to actually make my study time more efficient and easy. I highly encourage everyone to try going to the gym to experience physical and character development.
Boys’ Club upsets undefeated Rampage team

Boys’ Club scored first with just over two minutes left in the first half on quarterback Josh McKeegan’s first touchdown pass of the day. They converted the extra point and took a 7-0 lead into halftime.

With the score 7-6, the teams continued to trade drives back and forth until Boys’ Club captain, Richard Ong, broke loose on a running play and almost ran the full length of the field to score another touchdown for his team. This time, however, Boys’ Club was unable to convert on the extra point, which made the score 13-6.

Needing a touchdown to tie, and an extra point to win, Rampage took the ball and drove to around midfield when quarterback Jeremy Rogers lofted a pass deep down the right side of the field. It came down into double defensive coverage and Boys Club defender Garrison Augustines was able to pull off a big interception that ended the game and Rampage’s hopes at an undefeated campaign.

Ong said that they weren’t looking at the Rampage team as being undefeated, but that they went into the game with a confident attitude and were fearless. He also praised the offense, saying that they “ran smooth.”

Rampage captain, Matthew Lawson, said that his team needs to run a better offense and a better defense. He also said they need to pull flags.

New York Yankees. It was her first professional baseball game and the first batter she faced was Babe Ruth. She promptly struck him and the next batter, Lou Gehrig, out.
student life announcements

STC Skate Party: The Sigma Theta Chi Skate Party will be this Saturday night at 11:30 pm at Hamilton Skate Place. Everyone is invited to enjoy a night of skating and fellowship with your fellow students. When leaving Hamilton Skating Place, please sign out at the rink and head back to the Residence Hall within 30 minutes.

iPhone/iPad Email Fix: Due to necessary changes in Southern’s web infrastructure, some iPhone and iPad users are experiencing problems sending and receiving email. To resolve this issue, you’ll need to make a couple of changes to your account settings.

1. Go to Settings.
2. Select Mail.
3. Select Accounts.
4. Select your Southern account.
5. Select Account (username@southern.edu &lt;mailto:username@southern.edu&gt;)
6. Enter cas.southern.edu in the Server field.
7. Enter sau in the Domain field.
8. Select Done.

If you are still experiencing problems, or you do not feel comfortable making changes to your account settings, feel free to call 2712 or stop by IT (to the left of the Dining Hall entrance) and they will be happy to help.

Duck Walk: All Southern students and employees are invited to waddle or walk the Duck Walk on Tuesday and Wednesday, Oct. 11 and 12, at the Iles Track between 7 am and 7 pm, rain or shine! All students that fully participate will get one convocation credit. Prizes will be available while supplies last. The Duck Walk (aka Rockport one mile walk) is a bi annual cardiorespiratory assessment and one component of Southern’s QEP, “Living in Balance: Physical Activity”.

Fall Fest: Southern and the Collegedale community are joining together to celebrate 100 years of Southern being in Collegedale. A joint Fall Fest will be held on October 30 at Veterans Park in Collegedale. Student Organizations will provide booths where you can use tickets for games and activities to support these organizations. Each student will be given 10 free tickets. Vendors will be there as well, so bring some money or a credit card. SA will also sponsor some free food.

Graduation Contracts: Seniors, if you are planning on graduating this December or May, make sure that you have filled out and turned in a graduation contract by Oct. 21.

SA announcements

Senate Surprise Day: Friday, Oct. 7 is Senate Surprise Day! Head to the Promenade from 7:45 am - 10 am to find out what your Senators have in store.

Senior Portraits: Get that graduating smile ready--Senior Portraits will be taken Oct. 10, 20 and 26 from 12 - 7 pm. Location will be in Iles PE Center Green Room off the stage. It will be well marked for you to find.

you say it's your birthday...

THURSDAY 06
Circe Bogart
David Harris
Joi McClellan
Nelson Serna
Emily Tan
Jeanna Toulouse

FRIDAY 07
Michelle Amos
Kaitlin Colon
Alleen Corrigan
Peter Houmann

SATURDAY 08
Madison Johnston
Lauren Kim
Sungeum Kim
Cesar Pimentel
Alec Williams
Jeanna Toulouse

SUNDAY 09
Isaac Chang
Crystal James
Marina Knott
Kim Krebs
Carla Peters
Neicie Rice

MONDAY 10
Steven Kim
Ana Copaceanu
Matt Porter
Bethany Shiple
Allina Stephenson

WEDNESDAY 12
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

THURSDAY 11
Bethany Shipley
Cesar Pimentel
Alec Williams
Jeanna Toulouse

FRIDAY 12
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

SATURDAY 13
Nelson Serna
Emily Tan
Jeanna Toulouse

SUNDAY 14
Steven Kim
Ana Copaceanu
Maddi Porter
Allina Stephenson

MONDAY 15
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

WEDNESDAY 16
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

THURSDAY 17
Bethany Shipley
Cesar Pimentel
Alec Williams
Jeanna Toulouse

FRIDAY 18
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

SATURDAY 19
Steven Kim
Ana Copaceanu
Maddi Porter
Allina Stephenson

SUNDAY 20
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

MONDAY 21
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

WEDNESDAY 22
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

THURSDAY 23
Bethany Shipley
Cesar Pimentel
Alec Williams
Jeanna Toulouse

FRIDAY 24
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

SATURDAY 25
Steven Kim
Ana Copaceanu
Maddi Porter
Allina Stephenson

SUNDAY 26
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

MONDAY 27
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

WEDNESDAY 28
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

THURSDAY 29
Bethany Shipley
Cesar Pimentel
Alec Williams
Jeanna Toulouse

FRIDAY 30
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

SATURDAY 31
Steven Kim
Ana Copaceanu
Maddi Porter
Allina Stephenson

SUNDAY 01
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

MONDAY 02
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

WEDNESDAY 03
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

THURSDAY 04
Bethany Shipley
Cesar Pimentel
Alec Williams
Jeanna Toulouse

FRIDAY 05
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

SATURDAY 06
Steven Kim
Ana Copaceanu
Maddi Porter
Allina Stephenson

SUNDAY 07
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

MONDAY 08
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

WEDNESDAY 09
Tucker Rullesad
Alaina Stephenson
Campbell Wurl

THURSDAY 10
Bethany Shipley
Cesar Pimentel
Alec Williams
Jeanna Toulouse

FRIDAY 11
Macon Yarborough
Nathan Buck
Alleen Corrigan
Peter Houmann

SATURDAY 12
Steven Kim
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WEDNESDAY 21
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Alaina Stephenson
Campbell Wurl
new media

“that train never disappoints #saulife

...Grace Bell @_grassbell
Social Work, FR

Just saw someone wearing a Santa hat on campus. Too soon... too soon... #saulife @Southern_Accent

...Mitchell Griffin @mrgiffinpr
Public Relations, SR

“The truth does not have to be defended, but lived out.” #fallatthewall #saulife

...Daniella Thomann @elladianella
Biology, SR

School still sucks, but I got a free t-shirt, so that’s nice.

...David Mancao @madmanmancao
Film Production, SR

No Apple I don’t want to install and restart my laptop for the update... cuz you know.. I’m on Netflix #saulife

...Ramey Miller @ramml13
Business Admin, SR

“It’s October 3rd” #MeanGirls

...Lindsey Conkle
Marketing, SR

Life has become a meme. This is it

...Jesse Darwin @jessedanwin
Biology, SO

Ya’ll. I lost my ID the SAME day I got a new one. I just. Like why. I mean.

...@arielenaHays
Public Relations and Spanish, FR

Apparently I prioritize #TacoTuesday, however none of my friends do. This calls for new friends.

...Sarah Graham @sarah_ashley37
History, SR

To nap, or not to nap. That is the question.

...Dakota @_dakotabemis
Accounting, SO

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So about last week’s debate... when the debate memes are funny but then u remember this is the state of our country

Why is Hilary looking into the camera like she’s on The Office

REMINDER
We realize politics can make emotions run high, but being mad at a presidential candidate in a debate is NOT a reason to call 911.

When Trump looks down, it looks like that @snapchat filter where it replaces your eyes with your mouth

Donald Trump right now

Sometimes I’ll start a sentence and I don’t even know where it’s going. I just hope I find it along the way.

Boneless Chicken moving up in the world.
Southern Accent
The student voice for 90 years!
Collegedale, Tennessee
Thursday, October 20, 2016
Vol. 72, Issue 6

Southern mourns loss of late friend, classmate

Whitney Powell was ‘genuine, sweetest’ person

DANIELLE ALLEN
News Editor

Former Southern student Whitney Brialle Powell passed away Saturday morning at the Erlanger Baroness Hospital in Chattanooga, Tenn. Powell was 20.

Powell was a nursing major at Southern from 2014 to 2016. She was diagnosed with lupus in June 2016. Due to the aggressive nature of the autoimmune disease that can damage any part of the body, Whitney had resided in the intensive care unit since June 9.

To honor Whitney, the American flag at Taylor Circle was flown at half-staff earlier this week.

Southern students mourned the loss of their late friend and classmate.

“I remember when Whitney would give me the biggest hug every time I saw her and she would always have a smile on her face and tell me she was praying for me,” said Indira Strachan, junior nursing major.

Powell is warmly remembered by her friends and family at Southern.

“Everything in her life was Christ-centered,” said Sierra Emilaire, junior English major.

“She was a real prayer warrior, a very genuine person. She was one of the sweetest people I knew.”

A memorial service was held on Wednesday at New Life Seventh-day Adventist Church in Chattanooga, Tenn.

Vonasha Powell, sister of Whitney and senior art major, wrote a Facebook post regarding the service: “We will celebrate her life, be joyful, sing songs, see Powell, Page 5

Former ‘Sesame Street’ television star meets University Drive

Sonia Manzano hosted the Oct. 6 convocation and talked about her 45 years as “Maria” on the popular children’s show “Sesame Street.” Manzano retired in 2015.

Manzano grew up in South Bronx, New York, in a Puerto Rican family that struggled with finances and domestic violence. Manzano noted that popular children’s entertainment in the early 1960s did not accurately portray diversity.

“Not seeing people like me reflected in society made me feel invisible,” Manzano said. “Worst of all, it made me wonder how I was going to contribute to a society that did not see me.”

Growing up during the Civil Rights Movement, Manzano faced the racial divide. She wondered how Puerto Rican, fit into the black-and-white war that consisted of a multitude of political platforms, and how she would insert herself into an entertainment industry that did not include people of color.

“It’s really interesting seeing the struggle of other people and how I can resonate with the background of my mother, especially, who was an immigrant to the States,” Moses Maier, senior finance major, said. “[Her speech was] a really powerful story and testimony.” Maier said her testimony can inspire this community to work together.

“Sonia is a living example of the idea that it doesn’t matter where you start from,” Yalyn Labrador, freshman biology major, said. “You can always overcome your obstacles to be successful.”

Photo courtesy of Vonasha Powell

Whitney Powell passed away Saturday morning. The former Southern student was a nursing major from 2014 to 2016.

Photo used under fair-use guidelines

Sonia Manzano played the role of “Maria” on the popular children’s television show “Sesame Street.”
Falling into place: New art exhibit at library

TAYLOR SCURRY
STAFF WRITER

A new exhibit called “Falling” will be on display on the first and second floor of McKee Library until Dec. 1, thanks to the Civic Arts League. The non-profit organization is creating a space where Chattanooga artists of various talent levels can meet other artists to exchange ideas and display their art.

This exhibit will feature art from 10 artists depicting the theme “falling.” Seventeen original paintings and digital photographs are lining the library walls.

Cynthia Pennington, assistant art director of the Civic Arts League, organized the exhibit and described “falling” as being varied in both literal and metaphorical meanings and interpretations ranging from “falling in love” to “falling down the stairs.”

“This is a very nice exhibit to have in the library because it helps take your mind off of the hectic school day and just relax,” said Alicya Rhowe, sophomore social work major. “My favorite piece is the oil painting entitled ‘Wet and Wild’ because of the artist’s use of vivid colors and her attention to detail.”

The Civic Arts League currently has 29 members listed; however, artists from all skill levels are encouraged to apply for membership.

For more information on how to apply for a membership, participate in an exhibit or host an exhibit, visit the Civic Arts League website at civicartsleague.com.
THE 26TH PRESIDENT OF SOUTHERN

David Smith honored

DAVID MANCAO
STAFF WRITER

David Smith was officially inaugurated as Southern’s incumbent president on Oct. 13 in the Collegedale SDA Church. Smith began his presidency in June after a long nomination process that started in the fall of 2015 semester.

The service was filled with performances by Die Meistersinger and Bel Canto, prayers of dedication and the ceremonial acceptance of the presidential medallion.

In his speech, Smith shared a personal story about his relationship with Southern. Smith came to Southern to teach in the English department in the early 1980s, then left to be president of Union College in Lincoln, Nebraska.

He made parallels to his time when he started here at Southern, alluding to enrollment. Southern had been on a steady enrollment incline until 2011 when Smith returned as senior pastor at Collegedale SDA Church.

Smith also spoke about Southern’s humble beginnings at Graysville Academy and his optimism for Southern’s future. Dan Jackson, Ed Wright, North American Division president, and the Georgia Cumberland Conference president, charged Smith with servant leadership during the convocation.

Many are happy with the decision for Smith becoming the new president. “I see him as a very humble person who will dedicate his heart and efforts to enhancing the future of this university.” said Leslie Louis, Carolina Conference president.

“I praised God when I heard he was elected president,” Jackson said. “He brings something to the table and will add to the school.”

From the SA President: Take the opportunity to achieve your goals today

MOSES MAIER
STUDENT ASSOCIATION PRESIDENT

The common response to the question, “How was your week?” always seems to be one word: “busy.” This is exactly what college life seems to be. We are always so pressed for time that the weeks pass quickly and soon we realize that times we once anticipated are past. We often are distracted thinking tomorrow will be better, and we do not realize we are in yesterday’s tomorrow. The present moment is all that we have to enjoy and enrich our lives.

Southern’s Board of Trustees weekend was held recently. We engaged in many discussions about the future of Southern Adventist University and about strategies that can be implemented for its success. During the meetings Dave Smith, university president, shared a list of five goals that he has for this school year. These goals — humility, focus, trust, unexpected customer service and alignment — were inspirational.

While Dave Smith was presenting these goals, I began to understand that these are goals each student can also follow. We have an amazing opportunity this year to live out these goals in our lives and serve the community around us through them. Sometimes it is tempting to think we will live differently when we finish school and have more time, but I do not believe more time will be available then. The moments that make up today are the moments that we have. I encourage you to look at these five goals and implement

“I see him as a very humble person who will dedicate his heart and efforts to enhancing the future of this university.”

— Leslie Louis, Carolina Conference president
Future PTA program in the works

**Shannon Hill**

Staff Writer

Southern Adventist University is hoping to implement a Physical Therapist Assistant (PTA) Program by this upcoming winter semester. After thorough research and survey of students from allied health and pre-nursing tracks, administration decided a PTA program was necessary. Volker Henning, associate vice president, said that Loma Linda University senate and computing programs were a step in the right direction for their career. It is definitely a step in the right direction for allied health majors,” King said.

The University Senate and the Board of Trustees have approved this program. However, in order to implement this department, Commission on Accreditation in Physical Therapy Education (CAPTE) must accredit Southern. This is a lengthy process that requires the organization to look over Southern’s proposal, and whether or not their requirements are met. The earliest they would be able to accept students into the program will be summer of 2018.

Physical Therapist Assistant, a physical therapist from the community, has been selected as the department chair for the program.

In order to meet the CAPTE requirements Southern must have 3,000 square feet of space. Empty space in the mini mall, where the Village Market is located, is expected to be used for the program.

The admission process will be similar to that of the nursing program. Students will need to take Anatomy and Physiology, will be interviewed, their writing will be assessed, and they must complete 80 observation hours. Students can acquire this degree over two to three years.

“The PTA program fits with the philosophy of Adventist education,” said Hall, “and puts the expectations of the School of Business faculty. The photo depicted a woman wearing a sweater over her blouse; however, when students tried to enter Meet the Firms, they were informed that blazers were the only appropriate outerwear.

“I came in dressed in a formal black dress and professional heels,” said Shaina Rantung, junior public relations major. “I looked around I saw several people not wearing a blazer. It angered me further when I learned that others from my department were barred from this networking opportunity because they simply were not wearing a blazer,” Rantung said.

Firm about the future

**Kaitlin Jeanette Colon**

Staff Writer

The biannual Meet the Firms took place in the Collegedale SDA Church fellowship hall on Oct. 6; students from the nursing, management, accounting and social work departments were present.

Over 66 firms including Georgia Hope and Adventist Health Systems were present, said Lisa Kuhlman, assistant business professor.

Georgia Hope, is a community-based health provider, that offers mental health and substance abuse counseling services in north Georgia. Georgia Hope also offers internships for undergraduates that can potentially secure them a job after graduation. They come almost every year, said Shelley Paige, recruiting specialist for Georgia Hope.

“Meet the Firms is a great opportunity to meet the future leaders of our company,” Adam Johnson said. Emily Johnson said that Adventist Health Systems seeks to hire Southern students because they bring both enthusiasm and spiritual passion to the company.

Students found the experience beneficial. “I was able to get a temporary job through Meet the Firms,” said Michael Steinke, a junior marketing major. “It also expanded my knowledge as to what a marketing major is expected to do in the work atmosphere.”

Students furious at firms

**Hannah Jore**

Copy Editor

Several students were agitated after they were denied admittance to Meet the Firms on Oct. 6 because of improper dress, according to the School of Business faculty.

The problem occurred because of a discrepancy between the event dress code photo, which was emailed to the prospective attendees prior to the event, and the expectations of the School of Business faculty. The photo depicted a woman wearing a sweater over her blouse; however, when students tried to enter Meet the Firms, they were informed that blazers were the only appropriate outerwear.

“I came in dressed in a formal black dress and professional heels,” said Shaina Rantung, junior public relations major. “It was a bit humiliating to get kicked out [for the] second year in a row,” Brandon said. “It just makes me want to try harder to get a better internship without having a blazer.”

Faculty in the School of Business are working to resolve this issue with the various participants who were not admitted due to miscommunication regarding dress code.
Powell

CONTINUED FROM PAGE 1

and give praise to God. He didn’t want things to end the way that they did, but even though He could have fully restored her, only He knows the reason why things didn’t turn out the way that we wanted. The day that I see the way that God connected the dots and included all of us in His plan, including my sister, is when it will be confirmed in my heart that I would have things turn out no other way.”

Whitney is survived by her sister, Vonasha Powell; her father, Rodrick Powell; and many other friends and family.

Southern students who are experiencing grief can meet with a personal counselor in the Student Success Center on the third floor of Lynn Wood Hall. Appointments can be made by visiting the center or by calling 423.236.2782.

Marketing and University Relations contributed to this report.

Correction:

Content from issue 5 on Oct. 6, in the article “Opening of the Studio 4109 A Night to Remember,” listed ‘Sexploding Amsung Galaxy phones’ instead of ‘Exploding Samsung Galaxy Phones’.

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The Bible provides guidance on how to handle money

The definitions for worship are numerous. The act of worship encompasses having devotion, paying honor, and or showing love to a Higher Power. The ways in which we can connect with our Heavenly Father are endless. Forms of worship are as varied as the worshippers. What's your spiritual love language, how do you show reverence and what does it mean to you?

1. Greed- Greed is the insatiable want for more. It drives us to be workaholics, and/or to hoard possessions in order to find fulfillment outside of Jesus. Greed makes us stingy and selfish. It places our need for things above the needs of our Lord and relationships. 1 Timothy 6:10 states that "The love of money is the root of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs." Greed will never lead to satisfaction, it is an endless pursuit, and ultimately dissipating.

2. Contentment- At the heart of the greed issue is a lack of contentment. Contentment is the opposite of greed. It is a peace that is not defined by what is given or taken away. Paul says, "I have learned the secret to contentment..." Philippians 4:11-13

3. Giving- When we are blessed with things, we are given the opportunity and responsibility to, in turn, bless others. In Acts 20:35 we are called to take care of the poor and people in need, and we can do that when we share what the Lord has given us. It is our duty. This idea is perfectly summed up by a quote from Spiderman: "with great reward comes great responsibility."

4. Faith- The Bible asks us to have faith. When the bills are piling up, when your meal plan is low, when you're not sure if you can afford to come back next semester, have faith. Money isn't going to fix all of your problems and the Lord can answer prayers and open doors without ever signing a check. Trust in Him to provide a way. (Philippians 4:19)

5. Tithe- Last, but certainly not least, is the idea of tithe. One of my favorite verses on tithe in Malachi 3:10 when the Lord dares us to test His goodness. He doesn't beg for 10 percent of our money because He needs it. God's not broke. He owns everything! No this verse is a challenge for money. "with great reward comes great responsibility." Be authentic and be passionate.

Students enjoy many varieties of worship

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Hold on ‘til May

LUKE FOSTER
CONTRIBUTOR

The 2016-2017 school year is preparing a new crop of intelligent and diligent seniors that are rearing to have a go at the world. Of course, they have been trained to know exactly what to expect and how to deal with whatever life throws at them. Being a graduating senior at Southern Adventist University means that the faculty have put in blood, sweat and tears to provide their students with the tools necessary to not only live life, but conquer life.

1. Luke Foster, am one of those graduating seniors attending Southern Adventist University. And I am so...

SO not those things I said, or ready to be out in the world. I mean, I’m “ready,” but I don’t feel that I am intelligent enough, or prepared enough for the mystery of the future. I’ve been trained for the basics of things to come, but I don’t know what to expect or how to handle what’s coming. The faculty have been great, but they didn’t put in blood, sweat and tears. No one should expect that from them either. As long as they are doing their best, that’s all we can ask. What I’m trying to say is that life is headed our way seniors! I know for me personally, I’m a little scared. I feel like everything is so controlled and manageable at this point in my life. I wake up for class at 8 a.m.; I eat food when I’m hungry because I have a meal plan prepared for me; and I work when I can to pay for school which I know will eventually get paid off. The future holds uncertainty, and I can’t manipulate it into something I want. Luckily, I don’t need to, and really should not, because there is someone that is all those great things I said before. He knows exactly what’s coming and how to handle it. He did put in blood, sweat and tears for us. His name is Jesus Christ.

Not to get all “preachy” on you, but Jesus is awesome! I don’t know why I still worry about my future. I come from a lower class family and finances were always tough. Naturally, my biggest worry I have about the future is whether or not I will have money to survive. But God is good, all the time. And all the time, God is good! Since coming to college, I have experienced so many blessings that I have not even deserved. My school bill has always been paid, and most of the time I even have a little bit left in my pocket for some Taco Bell! I have more possessions and clothing than I need, better friends than I could ask for, good grades, a family that loves me, and the list goes on! Don’t sweat the small stuff, and by small stuff I mean anything. God is bigger and more supreme than anything that happens in this world.

To my friends hurt by the General Conference vote

BRYAN RODRIGUEZ
CONTRIBUTOR

Last week Tuesday, the Oct. 11, the delegates at the General Conference’s Annual Council voted to approve a document that details what to do when Seventh-day Adventist church entities are out of harmony with voted actions of the world church. Many supporters of the document insisted it was not about women’s ordination. These church members insisted the document was about unity because unity is crucial Adventist doctrine and in voted Adventist church policies.

But we know this document is about women’s ordination. Those trying to make the claim that this document was not about women’s ordination are like those who argue that the American Civil War was not about slavery, but about states’ rights. Yes, technically speaking they are right, but practically speaking the two issues were and are inseparable. Nobody who is aware of what’s been going on with the church will miss that this unity document specifically addresses the non-compliance of the unions who have gone ahead and voted to ordain women into pastoral ministry in a way that it doesn’t address other acts of non-compliance.

For those of us who identify as members of the church and wholly support our sisters who feel called to pastoral ministry, we recognize that this vote seeks to discipline our consciences into compliance. This breaks our hearts and puts us on the defensive. We are pitted with a unique struggle: conscience versus policy. I wish I had answers. I wish I could restore our sisters-in-ministry’s courage and make everyone get along. I cannot take the discomfort of losing on an issue of conscience, and the disdain of being considered rebellious church members in need of redemptive church discipline away. And beyond all of the women’s ordination conversations, I cannot explain away the fact that the church is all too political and bureaucratic.

But as a friend once told me, we belong to a tradition that is by nature a conservative organization. Thus, as a conservative organization, it will behave in ways to preserve its conservatism, and we should not be surprised when it does. I recognize the danger of allowing unions to publicly and defiantly act in opposition to what the world church has voted. Currently, my heart is for women’s ordination so I agree with the civil disobedience being played out by some unions, but I may not always agree. I can respect the church seeking to protect itself against total chaos. And as a member of the Seventh-day Adventist Church, I will be willing to abide by the policies of the church even if they chafe against me.

Ellen White, a co-founder of this church, once said that it would appear as though this church might sink and fall apart, but that Jesus would yet steady His church. In the wake of this political debacle, filled with so many ego’s and so many men opining insensitively, I invite my friends to look with me, not to the structure of this church entity, but to the grace of Jesus who will yet preserve His people. May this time test our motive for serving Jesus and may we be shown to be part of those who are faithful to Him, and not to our own opinion. Enforced unity will not work to change our consciences; it will only humiliate us; but we may yet take the more humiliating route with confidence that our Lord will never abandon us and will one day set things right.
Fit X

DANIELA URSULENKO LIFESTYLE EDITOR

Fit X is not for the faint of heart. It is an intense physical training class that takes place twice a week at 8 A.M. sharp. Despite its daunting description, Fit X is more than just a class—it teaches a way of life. This class teaches students how to incorporate a lifestyle that encourages self-motivation and perseverance. Furthermore, exercising is the perfect way to start off the day. Fit X is an amazing opportunity to become energized for the day, improve physique, and meet a new family of uplifting friends.

Students’ thoughts about Fit X

Fit X is an excellent way to build muscle and endurance and get to know other students since it’s a smaller class. - Olivia Londis, Junior Business Administration Major

I hate 8 a.m. classes, especially if I have to do anything other than sleep at my desk, but Fit X did wonders for me: it turned me into a happier, healthier person and helped me get better grades in college. - Anonymous

It really pushes the best in you. Never boring and always heart pumping, Fit X class exercises are challenging, but the whole class does it together. That’s encouraging. - Skigh Boursiquot, Senior Bible Work and Religious Studies

Fit X is more than just a class— it teaches a way of life. Fit X is an amazing opportunity to become energized for the day, improve physique, and meet a new family of uplifting friends.

The Local Juicers

DANIELA URSULENKO LIFESTYLE EDITOR

People are always in search of how to be healthier. Specifically in getting food. We can all make better choices at home in our kitchen, but it is pretty hard to eat healthier outside of the house. But I want to tell you about a location which is perfect for eating healthy snacks, relaxing, and having deep conversations with friends. It is The Local Juicers! This place has wonderful choices of smoothies, cold pressed juices, salads, sandwiches and even desserts.

Everything in this place is vegetarian, but they also have a wide variety of vegan food. The Local Juicers has an excellent atmosphere, the design of this place makes me so happy that I can sit there for hours and just enjoy my healthy food or drink. But at the same time feels great and healthy afterward. If you haven’t been in this place yet, you should definitely go and check it out.

The Local Juicers located at 48 E Main St, Chattanooga, TN 37408. Their Instagram is @ localjuice where you can look at their yummies.

Quick and easy

KAMI MEDINEE CONTRIBUTOR

I toss my clothes in a heap on the floor, feeling as if I can’t even consider them as an option for today’s attire. I will never understand how I can have an abundance of clothes and still have nothing to wear. We’ve all been there, searching for the outfit that looks cute, yet effortless. Yeah, it sounds like an oxymoron to me too. However, I believe there is such a thing as an instant and attractive outfit; after all we’re college students, we don’t have time to try on five outfits or pick them up off the floor after we deposit them there. So, here are two options for that speedy yet stylish look that’ll quickly turn the promenade into an instant runway.

The perfect place to begin is to dress them up off the floor after we deposit them there. So, here are two options for that speedy yet attractive outfit; after all we’re college students, we don’t have time to try on five outfits or pick them up off the floor after we deposit them there. So, here are two options for that speedy yet stylish look that’ll quickly turn the promenade into an instant runway.

The perfect place to begin is a solid pair of dark jeans. We can dress them up, or dress them down and they’ll always do us a lot of good. From there, I normally go with a blouse, preferably a loose blouse so that I don’t wither like petunias in a desert. I tend to favor neutral-toned blouses because they dress things up a bit, but if you are more of the rainbow type then wear the colors you like most. From there, find your ultimate party-cardi and use it to add either a pop of color or a touch of neutral. Finish the look with some strappy sandals and if you want the saucy look, roll up those jeans just for good measure.

At the end of the day, a fast and fashionable get-up all comes down to obtaining a few basics. Having one or two neutral skirts, a few pairs of jeans, some classy tops, and a belt or two can go a long way. Oh, and don’t forget to top it all off with a bright smile and a cheery attitude!
Broken Noses edge Call of Beauty

Daniel Olson
Contributor

Broken Noses made a key defensive stop in the final minute to secure an 8-6 victory over Call of Beauty, avenging an early-season loss.

Broken Noses quarterback Natalie Diaz tossed a second-half touchdown pass to Kayla Vasquez, and the subsequent two-point conversion gave Broken Noses a lead that their defense would not concede on Monday in women’s A-League flag football.

With the win, Broken Noses improved to 6-1 and moved into a tie for first place with the previously undefeated Call of Beauty. The teams have split their previous two meetings, 35-0, over a short-handed Broken Noses team.

“Being able to play together as a team and beat Call of Beauty tonight felt really good,” said Daisy Munoz, team captain of Broken Noses and junior nursing major. “We played good defense and we were really smart with our play-calling.”

Broken Noses set the tone defensively in the first half, intercepting a deflected pass from Call of Beauty quarterback Sam Hean on the opening drive. However, Broken Noses struggled offensively on their first drive. A long run by Alissa Innamorati was negated by a penalty, and then flag pulls by Sarah Graham and Eveling Grajales forced Broken Noses to punt.

Holly Keener entered as quarterback for Call of Beauty on the next drive and engineered a five-play drive that included two completions to Carrie Mallory, who got behind the defense for a 23-yard touchdown reception. The conversion try failed, but Call of Beauty led, 6-0.

Near the end of the first half, Broken Noses drove into Call of Beauty territory but their drive stalled at the 21-yard-line when Kimberly Ford made an excellent flag pull on fourth down.

Broken Noses’ defense improved in the second half. After short receptions by Bre Marin and Natalie Diaz moved the ball near midfield, Vasquez snagged a 20-yard completion on third down. On the next play, Diaz completed a pass over the defense to Vasquez for a 25-yard touchdown. The successful conversion gave Broken Noses an 8-6 lead.

The Call of Beauty offense was stymied on their final two drives – first, Keener was intercepted by Marin; then, on the final minutes, the Broken Noses defense forced Keener into consecutive incompletions to seal the win.

“I did not like [suffering our first loss], but we will come back stronger,” said Sam Hean, captain of Call of Beauty and sophomore sports studies major.

“We had holes in our defense,” said Eveling Grajales, Call of Beauty player and sophomore biology major. “We could have read their plays better and intercepted them.”

With the win, Munoz is optimistic about Broken Noses’ performance as they prepare for the playoffs.

“Now that we beat Call of Beauty, even if it was by a little bit, I think we have a chance to go all the way in the playoffs,” Munoz said.

Rampage win as Tater-Tots fail on late conversion attempt

Caleb Begley
Sports Editor

Rampage improved their record to 5-2 in Men’s A-League flag football on Monday night, as they defeated Tater-Tots by a final score of 19-18. With the loss, Tater-Tots find themselves below .500 as they drop to 3-4.

Rampage drove downfield and scored early on a pass from quarterback Jeremy Rogers to receiver Matt Langton, who caught it in the back of the end zone before going out of bounds. After a successful extra point conversion, the game slowed and the teams began trading possessions until Tater-Tots scored their first touchdown of the night on a pass from quarterback Tate Vanegmond to Matt Lemon. They were unable to convert on the extra point, so the score tied at 7-6 lead.

Rampage held another quick strike as they scored when Rogers kept the ball and scored a touchdown. However, the Rampage were also unable to convert on the extra point, so they held a 13-6 lead.

The two teams traded touchdowns as they made their way through the second half. With the score 19-12 in favor of Rampage and five minutes to play, the Tater-Tots drove downfield and Vanegmond lofted a pass to Lemon who caught it for his second touchdown reception of the game. The decision was made to go for the two-point conversion instead of one, but the team was unable to convert on the attempt and ended up losing the game by one point.

After the game, Rogers was confident, saying his team kept their heads and converted on fourth down. However, he also said, “we can do better.”

Tyler Martin, one of the co-captains of Tater Tots, Senior Health Science Major said that there were a “lot of mishaps” on the defensive side of things for the team, and that they were having “breakdowns in coverage.” He also said that, given the same situation, he would have made the same call to go for two points and the lead instead of
**student life announcements**

**Fall Fest:** Southern and the Collegedale community are joining together to celebrate 100 years of Southern being in Collegedale. A joint Fall Fest will be held on Oct. 30 at Veterans Park in Collegedale. Student Organizations will be providing booths where you can support them with your tickets. Each student will be given 10 free tickets. Vendors will be there, so take some money or a credit card. There will also be some free food sponsored by SA.

**Graduation Contracts:** Seniors, if you are planning on graduating this Dec. or May, make sure that you have filled out and turned in a graduation contract by Oct. 21.

**SA announcements**

**Last Day for Senior Portraits:** Get that graduating smile ready—Senior Portraits will be taken October 26 from 12 - 7 pm. Location will be in Iles PE Center Green Room off the stage. It will be well marked for you to find it.

**SA Supper:** Come enjoy free food on behalf of Student Association! Thursday, Oct. 27, from 5 - 6:30 pm come down to the Promenade (rain location – Iles) and have a free meal with Student Association and Senate.

**you say it’s your birthday...**

**THURSDAY 20**

- 11 am, Convocation: Service Expo (Iles)
- Wind Symphony Tour (Oct. 20-22)
- 3:30 - 5 pm, Leadership Training (White Oak Room)
- 6 - 8 pm, Outdoor Skills Clinic (Outdoor Education Center)
- 7:30 pm, Convocation: GYCSE, 1 Credit (Iles)

**FRIDAY 21**

- Deadline to request December/May Graduation (Records Office)
- Floor Hockey Sign-up begins
- Faculty Winter Textbook Adoptions due (Campus Shop)
- 9 am & 10:15 am, Adoration: Doug Jacobs (Church)
- 10:15 am, French Sabbath School (Miller Hall 201)
- 11:35 am, Renewal: Doug Jacobs (Church)
- 11:35 am, Connect: Andy Nash (CA)
- 4 pm, Overnight Backpacking Trip, Oct. 21-22 (Outdoor Education Center)
- 6 pm, International Student Event (Wright Hall Steps)
- 6:30 pm, Evensong (Church)
- 7:30 pm, 3 on 3 Basketball Tournament (Iles)

**SATURDAY 22**

- 9:30 am, Senior Exit Exam (Lynn Wood)

**SUNDAY 23**

- Last day for 40% tuition refund
- No tuition refund after today
- GRE Subject Exam (Lynn Wood)
- 4 pm, University Assembly

**MONDAY 24**

- 7:30 pm, Convocation: All-Liszt Piano Program, Peter Cooper’s Piano Students, 2 Credits (Ackerman)

**TUESDAY 25**

- 12 pm, Faculty Showcase (Presidential Banquet Room)
- 5 pm, Floor Hockey Captain’s Meeting (Hulsey)

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new media

Let her life be a testimony. Hug your loved ones, embrace someone show them that OUR GOD is greater. That’s what Whitney would’ve wanted. #RIPWhitney

Thalia Palomino, @itssthalia
Biology, FR

when you’re trying not to gain that freshman 30, but you’re also not trying to miss pasta day... #saulife

Jessica Pieretti, @jess_pieretti
Masters Student

late night papers make me wonder why taco bell doesn’t deliver.

Jessica @jeesika
Honored to receive the Student of the Year Award for 2016 from the Society of Adventist Communicators in Denver, CO. Thank you to my teachers who pushed me and picked me up whenever I felt like quitting. Here’s to many more years of pursuing dreams and accomplishing goals!

BCU @_bcu_

I promise I’m not ignoring you..... I just didn’t have my glasses on. #quoteoftheday

Abigail Waryam, @abu_loves_you
Psychology, FR

Get your students ready for this fall break. #saulife #nobiolab #thankyouJesus

Ivan Atli Muchiutti, @ivan_atli
Biology, SO

The only thing keeping me fit are these stairs

Daniella Thomann, @elladaniella
Biology, SO

RT @thepuddmeister “Dating a woman in college is equivalent to adding a 4 credit class w/ a lab to your course load.”

Raenn Butala, @hakuna_butatah
Nursing, JR

Shoutout to all the professors who canceled Thurs. class. You just doubled our break length. #fallbreak #saulife #nobiolab #thankyouJesus

Melodie Alvarez @brazuelan
All night futsol #saulife #SAUBrazilianClub

Ivan Atli Muchiutti, @ivan_atli
Biology, SO

“you can be the peanut butter to my jelly” #saulife #skatenight

Abigail Waryam, @abu_loves_you
Psychology, FR

"I promise I’m not ignoring you..... I just didn’t have my glasses on. #quoteoftheday"
COSTUME IDEAS

You know, just in case you have the urge to dress up in a costume to bring in daylight saving at the end of October.

Comic Corner

Don’t worry Greg, we’ll find intelligent life out here somewhere.
Clear the stage for
Jimmy Needham

Christian singer/songwriter Jimmy Needham, who is well-known for his song “Clear the Stage,” will perform on the Southern Adventist University campus on Friday, Oct. 28, in Iles P.E. Center at 7 p.m. Due to Homecoming weekend, the Collegedale Church will be occupied for alumni services on Friday and Saturday.

Needham is renowned for his wordplay, soulful delivery and R&B-influenced vocal riffs. In 2015, Needham released his fifth studio album “Vice & Virtue” through Platinum pop records. On his website, Needham said the album theme is “a story about a good guy and a bad guy — but it turns out they’re the same guy.”

CCM Magazine, The Phantom Tollbooth and Christian Music Review rated it 4 out of 5 stars. Needham is a Colorado native currently living in Texas with his wife and two daughters. Collegedale is one stop on Needham’s small tour to various Christian schools, camps and churches during the next three months with most of his tour stops in Texas.

Several students from Southern have seen Needham live. “Jimmy Needham was fun — he is a super talented and soulful singer,” said Obadiah Groft, senior chemistry major. “He has some funk in his style, a little August Rush guitar picking as well. All in all [when I saw him live], I was blown away by his musical ability.”

Last year Needham played a free show in the area and Jordan Putt, sophomore business administration major, was in attendance. “I was really surprised with how much I enjoyed the concert,” Putt said. “I don’t listen to his music otherwise and I’m not really into Christian contemporary music, but he is a really good performer, and guitarist. I am stoked to see him again this weekend.”

Friday night’s concert is free of charge to Southern students and will substitute for the vespers service that would normally reside in the Collegedale church. Vespers credit is available and the dress code is casual.

Fall festival celebrates Collegedale centennial

Southern alumni, faculty and residents of Collegedale, decided to open the event to the surrounding community, said Kit Clements, social vice president of Student Association and senior animation major. “Having [fall festival] in Veteran’s Park, it is right in the middle of the Collegedale, the main road is right there, and everyone can see what’s going on,” Clements said.

The Student Association is involved in the coordination of club activities and performances for the festival. About $10,000 is being set aside for food, tickets for people to use for club activities and money given to clubs for activities. Food vendors, an antique car show and student-led activities have been coordinated by a combined effort of the 100 Years committee and the Student Association.

“We are estimating 2,000 people to show up at this event,” Clements said. Clements said her concern is that the fall festival may not be as student-centered as she would hope it to be. “I do think it opens us up to the public, so next time we can have events for us, but people can see what we’re about and join us in our events.” Clements said.

Southern will be offering transportation from Wright Hall to Veterans Memorial Park from 2 to 5 p.m. Vendors like Fat Boys Roadside Eats and Wired Coffee Bar will be among the vendors selling food at the festival.
Smiths enjoy jumping ‘into each other’s worlds’

**DANIELLE ALLEN**
News Editor

The Southern Accent decided to sit down with newly inaugurated President Smith and his wife, Cherie Smith, to talk about their plans for Southern, leadership, how it feels to be officially inaugurated, and God’s ultimate provision in the lives of His followers.

1. What was it like to be officially inaugurated?

**President Smith:** Actually I have to laugh because a student asked me that as I was leaving a building, and I said that it feels about the same as yesterday or the day before. It does not feel any different as far as the job goes, but I really liked the inaugural services. I love talking about how God does things, and I feel that He has really blessed this school. I am confident He is going to keep doing that, and I am eager to acknowledge Him for the ‘burning bush’, but realizing that sometimes you get a still, small voice.

**President Smith:** Well, when we both served as pastors at the church that was the first time in our married lives that we had worked together, same location, same setting and we loved it. So the idea that I would do something else and we would not be working together was difficult. Plus I think we both had a sense at the church that God was really blessing there. It was a positive environment and why God would want us to move across the street, even though I had done this kind of job before, was not very clear. But I think through the process God made it very clear what He wanted and we had peace in that. The time period, like Cherie said, of discovering that was a joyful time because we were in a really good circumstance and coming over here just seemed a whole lot more challenging in a lot of ways.

3. What is Mrs. Smith’s official title? How is the dynamic in your household having two people with pastoral positions in this community?

**Mrs. Smith:** What we all call me is the visitation and prayer pastor. So I am one of the associates at the church across the street. A lot of what I do is visiting people, those that are sick and those that are going through loss and death and so on. I also help with women’s ministry and member ministry. So once I got my degree here and did some postgraduate, and once God surprised me and took me into ministry, I took some classes like homiletics at Andrews. I think in our coupleship we always just try to support each other so whichever job needs the most attention at that time or moment. We do what we can do together when we can, and when we cannot we do it separate.

**President Smith:** When I was president before in Lincoln, and she was pastor there, it was the same thing, I tried to help her if she had visits to make, all night trips, or if I had a special program to do she would support me, so I think we just tried to jump into each other’s worlds.

4. Name five definite goals during your time as president.

**President Smith:** 1) Affordability. 2) Strongly student-centered activities. 3) Better customer service. 4) Collaboration with local universities and other Adventist universities. 5) Mission-focused.

5. What will you be doing at this year’s fall festival?

**President Smith:** Well, I will be doing nothing [laughs]. This year’s fall festival is the 100 years in Collegedale, but I will be at the General Conference for meetings, fly back for some alumni events, and then back to General Conference on Sunday for more meetings.

**Mrs. Smith:** I hope to attend if my schedule allows it.
Networking supper seeks to connect seniors and alumni

**NEWS**

**Fall Questionaire**

What’s your favorite part of Fall?
Do you think Christians should celebrate Halloween?

“I love the cool weather coupled with the scenery change. Nothing beats throwing on a jacket with some boots and watching the beautiful colors displayed among the trees.” - Alyssa Wright, senior chemistry major

“I like to watch the plants die alongside my motivation.”
- Hannah Odenthal, junior psychology major

“Pumpkin spice lattes!” - Carl Reiter, post bachelor’s graphic design major

“I believe Adventists look for the bad often and when they find it they ostracize it. Halloween is a fun holiday where you can dress up and socialize with friends and most importantly kids can have a good time.” - Jesse Maize, junior health science major

“Fall = cuddles” #cuffingseason - Gabby Molgaard, junior nursing major

“I believe it is appropriate to celebrate Halloween if the holiday is perceived as a purely social event centered around lighthearted fun.” - Ann Lee, senior clinical psychology major

“The LEAP program is a win-win,” said Rick Norskov, biology professor.

“It’s a way for students and alumni to enrich their lives through career mentoring. The program helps students gain wisdom and build positive relationships, while the partnership creates enthusiasm in the careers of the alumni” Norskov said.

Career services are also available to students and Southern alumni who would benefit from vocational guidance.

Seniors are asked to RSVP online for the Beyond the Columns supper.

A link for the registration form was sent to the email addresses of Southern seniors.

**The Beginning of Merge**

**BETH TRAVIS
STAFF WRITER**

A new multicultural worship service on Southern’s campus, known as Merge, began in Talge chapel on Sabbath, Oct 15.

Merge was organized and spearheaded by Reginald Horton, adjunct religion professor, and members Asian club, the Black Christian Union, Latin American Club, and other faculty, alumni and students.

The service received its name by vote of the students in attendance when the service was complete.

Horton stated that his idea for Merge came from the fact that so many students travel outside of Southern for church. His goal for Merge is to create a "different way to connect.”

Horton urges student involvement in the new church service, stating that it is not designed for “old folk” but is "a service for students.

At the beginning there were only about 20 people in attendance, though others came later.

The service began with singing students.

“I like to watch the plants die alongside my motivation.”
- Hannah Odenthal, junior psychology major

“This event is an informal service that might interest alumni and soon-to-be alumni.

The Leadership Education through Alumni Partnerships mentoring program, also known as LEAP, seeks to pair current Southern students with graduates who have similar career interests.

The partnership provides students with a mentor who can assist with guidance in several areas, including career networking, life transitions, personal finance and spiritual development.

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Seniors have the opportunity to interact with Southern alumni during a networking supper on Oct 28 as part of alumni weekend.

The Beyond the Columns supper is set for Friday at 6 p.m. in the student center. The annual event is open to Southern students who will be graduating within the next year.

“This event is an informal opportunity for alumni and students to connect, build networking relationships, share their Southern experience and to raise awareness about career services and volunteer opportunities provided by Southern,” said Evonne Crook, director of alumni relations.

This event also highlights services that might interest alumni and soon-to-be alumni.

The Leadership Education through Alumni Partnerships mentoring program, also known as LEAP, seeks to pair current Southern students with graduates who have similar career interests.

The partnership provides students with a mentor who can assist with guidance in several areas, including career networking, life transitions, personal finance and spiritual development.

“Fall = cuddles” #cuffingseason - Gabby Molgaard, junior nursing major

Horton’s sermon covered the story of Jesus and the demon-possessed man in the tomb, covered in Mark 5:1 through 20.

He went through the events of the story and noted many interesting points, also referring to Ellen White’s commentary on the story in Spirit of Prophecy.

Several students enjoyed the multicultural service but critiqued its lack of diversity, senior finance management major, Imani Hamilton, said that it is a good idea and that she would be willing to attend Merge again.

She also commented on the primarily African American attendance.

“If they wanted to be multicultural, they should have more cultures involved” Hamilton said.

Horton expressed his concern that few students are not fully informed about this new service, and hopes that those in attendance will “get the word out.” He believes that Merge can be beneficial to the campus and wants students to have it to be a “fun, enjoyable, spiritual time together.”
Halloween: The glorification of Satan

Brandon Beneche
Contributor

Halloween is right around the corner and most Americans are putting on the finishing touches to their costumes, trick-or-treating strategies and party plans. Halloween is a staple tradition in our country; it is also one of the most polarizing topics in our church.

Many Adventists struggle with the moral implications of celebrating Halloween and whether any participation in the holiday is acceptable. Personally, I don’t look down upon anyone for trick-or-treating or carving pumpkins. However, I believe that Halloween is a holiday that we, as Christians, would be wise to avoid.

Many anti-Halloween arguments claim that the holiday serves as a temptation to risqué and unhealthy behavior. Some warn that sexy Halloween costumes and gory getups imply character traits and values that would undermine our duty as witnesses to reflect Christ. Additionally, others argue that the holiday’s focus on sugary sweets plays to the temptation of gluttony, and that this candy lust goes against our health message. For college students, Halloween often serves as a gateway to partying and inebriate behavior.

While I think these are valid points, I know that a lot of people choose to wear appropriate (and often times humorous) costumes and many trick-or-treat for the sake of camaraderie as opposed to collecting candy.

The main reason why I oppose Halloween comes from the story of Shadrach, Meshach, and Abednego. Daniel 3:8-18 tells the story of these three men choosing not to bow down to Nebuchadnezzar’s golden image. Even though Daniel’s friends knew that they could bow down to the idol without internally worshipping it, they realized that their outward actions still mattered.

Likewise, I believe that our actions as Christians carry a lot of weight, even if our motivations are pure. The choices we make and the ways we spend our time matter to God and reveal our character to those around us.

At the end of the day, I believe that Halloween is a holiday rooted in glorifying fear and devilish figures, and, regardless of my intentions, I don’t feel right about participating in a tradition that reeks of paganism.

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When you turn on the news, listen to the things said during this recent election season, or even look at church policy, you can see a disparity between the politically correct, public opinion of womanhood and the realities of the treatment of women. As a woman in ministry, I, at times, feel let down by our church and its legalism and mandate about women’s roles in churches. With this indignation and bias, I walked into my interview with Anna Romauld, associate chaplain at Southern. As a fellow woman in ministry, I assumed she would have the same sense of indignation as me. What I found though was a woman unphased by her circumstances and full of grace.

A lot has been said about women in leadership lately. It reminds me of chaos surrounding women's rights to ordination. How do you feel in light of women being denied the right to ordination? Early on in ministry it was really easy to let the hurtful things that were said against women in ministry frustrate me and make me bitter, and in return sling hurtful comments back at them. But God had to show me that I am supposed to be a proclaimer of the grace of God by having grace for those who don’t have grace toward you.

Life after the alter call isn’t always perfect

I don’t want to be in a victim mentality. Whether I am a woman or black or white, or whatever it may be, there will always be some sort of inequality or prejudice. I have been able to break through some walls of isolation and inequality and focus on the greater commonality, which is we all have obstacles.

I think the word “rights” is a very minimalistic term. Rights are manmade; they’re a permission to do something, they don’t require you to do anything. I know that ministry was my calling. And in accepting that calling it is now my duty to minister and live fully to that calling. I am held accountable to God. Discrimination has no place in the Kingdom, so it can’t be an excuse to stop you from living the will of God. God’s call isn’t always easy, but I have the assurance that God will always go before me.

What are your recommendations to the church or to women in ministry?

I think the resolutions always begin with you. To learn grace, to examine the prejudices and isms in your own life, most importantly to recognize that regardless of any obstacles, you need to live faithfully to your calling. You also need to find a balance between standing still and letting God fight on your behalf and also work in the ways that He is calling you to work to fight against discrimination.

I think it becomes easier to fight against discrimination when you know who the real enemy is. The real enemy is not flesh and blood. It all comes back to grace; my enemy is not those who speak against you. You have to rise above that. The devil, the real enemy, is doing everything in his power to keep us from living out our true calling...whatever it is.
Details Matter

DANIELLA URSELENKO
Lifestyle Editor

Many of us have wondered how to put together a natural but stylish outfit. We may think we don’t have enough striking clothing in our wardrobe, but style is not always about the clothing. Even the most simple white t-shirt and jeans can look great. Good style is all about the details! Adding a hat, scarf, bag or stylish pair of shoes can make even the most simple garments look fantastic.

By adding accessories, you can dress up or dress down your outfit. A metallic watch, a clutch and heels or dress shoes can turn an everyday t-shirt and jeans into a fashion statement. Sneakers, a cotton scarf and a beanie can help create effortless lazy day looks.

You can also use these accessories to emphasize or add detail to certain parts of your body. If you want to accent your hair, face or upper body, you should wear a scarf, a cap or a hat. If you want to accent your lower body, you should wear embellished or colorful shoes or carry a nice bag. The clothes you wear are important, but you can make any outfit look stylish and cool by adding interesting details.

Finally, it is getting cold outside and we can feel the fall. The leaves are falling, and it is time to put on some sweaters and scarves. In order to help you look stylish this fall, here are some ways to accessorize your sweaters, flareen shirts and jackets.

Fashion

Take a hike

MICHELLE WISE
Contributor

Your heart is beating a little more than usual and you are short of breath. But you don’t even notice because you are held captive by the majestic view.

Fog begins to settle in the valley far beneath. As you inhale the crisp, fresh air, you lift your face toward the setting sun. It envelops you in a blanket of golden warmth and you smile to yourself. A peace settles deep into your soul as a soft breeze tussles your hair. “This,” you say to yourself, “This is what hiking is all about.” Hiking is a way to free the mind of the worries and cares of day-to-day life, a way of connecting to God without the use of words, immersing yourself in His creation and knowing you are loved. Loved not for what you have done, are doing, or will do, but rather, loved because you are His child. Even before you were conceived God had a plan and a purpose for you.

This coming weekend, if you find yourself feeling overwhelmed, discouraged, in need of direction or are just having trouble connecting with God, go for a hike at Sunset Rock, on Lookout Mountain or at the Harrison Bay State Park and experience the beauty of nature and the love God has for you. Oh, and did I forget to mention all of the health benefits? Hiking is an intense cardio workout with several health benefits.

1. Moderate exercise can lower the risk of heart disease by up to 50 percent, implementing hiking into your five-day exercise plan can be a very effective way to better your health
2. Improve blood pressure and blood sugar by including cardiovascular exercise into your weekly routine. This helps improve circulation and lung capacity.
3. It helps boost your mood: “research shows that hiking has a positive impact on combating symptoms of stress and anxiety.” (Gregory A. Miller, Ph.D)

Before you go hiking make sure you know the trail or have a map and bring a buddy, lots of water, and sneakers.

6 Ways to Build Your Breakfast Burrito

CHRISTINA ROBINSON
Contributor

Tired of the plain bean burrito? Here are some different combinations for you to try for the next Wednesday burrito breakfast bar at the Cafeteria.

1. Craving a sweet burrito for breakfast? Tortilla, creamy peanut butter, and different fruit: strawberries, banana slices or pineapple. Sweet, yet healthy.
2. Want something with a kick and protein? Tortilla, layer of rice, scrambled eggs, veggie sausage (torn apart) and hot sauce!
3. Something basic, but fancy? Tortilla, beans, tater tots, nacho cheese, gravy drizzled over, with green onions and cilantro chopped on top.
5. Feeling meaty? Tortilla, refried beans, meat crumbles, veggie sausage (if available), tater tots, lettuce, tomatoes, nacho cheese, and sour cream
6. In the mood for the ultimate burrito that probably won’t close? Tortilla, refried beans (not too much), griller crumbles, scrambled eggs, tater tots, gravy, green onions, lettuce, sour cream, shredded cheese and nacho cheese. Pretty much add a little bit of everything and you will create the ultimate burrito.

The key to successfully closing a burrito is putting “little” amounts of each ingredient into the burrito, especially if a lot of ingredients are going inside. Burritos can be customized many ways so it can be different everytime. Tip: For extra flavor, add cilantro or green onions.
Student Life Announcements

**Fall Fest:** Southern and the Collegedale community are joining together to celebrate 100 years of Southern being in Collegedale. A joint Fall Fest will be held on Oct. 30 at Veteran’s Memorial Park in Collegedale. Student Organizations will be providing 30+ booths where you can support them with your tickets. Each student will be given 10 free tickets. Food Vendors will be there, so take some money or a credit card. SA will also be sponsoring some free food. Transportation – meet in front of Wright Hall for continuous rides to Veteran’s Memorial Park. If you are driving yourself, please use the parking lot at the softball fields off Little Debbie Parkway.

**SA Supper:** Come enjoy free food from the Student Association! Thursday, Oct. 27, from 5 p.m.-6:30 p.m. come down to the Promenade (rain location – Iles) and have a free meal with Student Association and Senate.

You say it’s your birthday...

**THURSDAY 27**
- Alexander Brady
- David Bunzey
- Chett Clayton
- Kevin Collins
- Takamar Comete
- Rachel Cundiff
- Christal Frerichs
- Stephanie Mason
- Jessica McKee
- Michelle Wise

**FRIDAY 28**
- Adam Carter
- Amber Eresmas
- Savannah Ivins
- Jonathan Vega
- Kaia Wilson

**SATURDAY 29**
- Nita Baker
- Selina Charaniya
- Steven Collins
- Tracy Elias
- Sarah Jordan
- Michael McHenry
- Allen McKinney
- Stephanie Owen
- Pablo Perez
- Priya Roberts
- Amber Smith
- Jacob Faulkner
- Alex Pinkard
- Kat Roberts
- Luis Samaniego
- Katie Steinbacher

**SUNDAY 30**
- Zach Roberts
- Miranda Watung

**NOVEMBER**

**TUESDAY 1**
- Grace Johnson
- Tiffany Litchfield
- Lexxi Millin
- Erik Osadchuck
- Kristen Rivas
- Dena Strait
- Jacob Strang
- Nathan Thomas
- Jaude Valentine

**WEDNESDAY 2**
- Wesley Moore
- Heidi Oxtentenko
- Phil Paik
- Whitney Powell
- Kevin Singh
- Jimin Yu
new media

You know you’re a senior when you prioritize sleep above school. #napsarelife #canjustgraduatealready #senioritis #saulife
Victoria West @vkwest1021
Nursing, SR

My gravestone will say “death by O-Chem” #saulife
Arden Unruh @arden_unruh
Biology, JR

You get nothing done when your roommate is your best friend.
Mari Hays @mariaelenahays
Public Relations, FR

I just wish I had more time to write.
Sierra Emilarie @waxchinadoll
English, JR

I almost started praying for fictional characters. #WalkingDead
Kimberly Crooks @focusedandpaid
Public Relations, SR

Ready to dress only in sweaters, but every time I put one on the weather is like na
Julia Bonney @bonney2
Mass Communications, SR

I can’t do business with people who have their read receipts turned off
Jonathan Mancao @lalmancao
Chemistry, JR

friends are fantastic.... but have you ever tried.... solitude?
Alexandra Dye @adlyley
Public Relations, SO

@hannahej96 It doesn’t feel like fall but at least it looks like it #saulife

@van_rainer Almost positive that any conversation with this group is 10x more effective than any ab workout at the gym!
#wearethewild #getoutside #lifeatsouthern
@saulife #cradles

#saulife @southern_accent #saulife @southern_accent

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Thank you
Kids Table
for still existing so I have a place to escape from Grandma asking if I am going steady with anyone

Thank you
Quarantine Emails
for making me feel naughty with my emails like Hillary does

Thank you
Pumpkin Spice Latte
for signifying when autumn begins because the weather has forgotten to

Thank you
Trump
for being the Webster’s dictionary definition of the term bigot

Thank you
People Already Making Thanksgiving Plans
for helping people like me come up with early excuses to get out of those plans

Thank you
Obama
for being our president for the last 8 years... we will probably do a FDR for you
The Student Association of Southern Adventist University has rented out a theater at Regal 8 in Chattanooga for a special showing of “Hacksaw Ridge,” the story of Desmond Doss, a conscientious objector during World War II.

Hacksaw Ridge is coming to theaters this Friday. The Student Association has rented out a theater for Saturday at 8 p.m. The theater can seat 81 people, but the sign up sheet is full. If someone drops their seat, students will be notified of the opening.

The tickets were free to students and transportation will be provided if students cannot transport themselves. A 29-passenger van will be available, but students are encouraged to carpool. Students who have signed up will receive an email containing information on how to pick up their tickets by today.

Moses Maier, president of student association and senior finance major, is the coordinator for this event. He felt as though the story of Doss was important and one that people needed to see so he decided to call theaters and ended up with Regal 8.

“[The story of Desmond Doss] is a powerful lesson that though the world around us may seem to literally fall into chaos, we must keep serving the people around us,” Maier said. “We may not be able to change the world, but if we can change one life it’s worth it. This story has the potential to change lives and to inspire a perspective of service.”

Doss was a United States Army corporal and combat medic during World War II and a conscientious objector. He became the first of three conscientious objectors to receive the Medal of Honor.

Doss enlisted into the war voluntarily and refused to kill or carry a weapon due his personal beliefs as a Seventh-day Adventist. He died of heart complications in 2006 and is buried in the Chattanooga National Cemetery.

For more information, email sa@southern.edu.

Education highlighted during alumni weekend

The annual Homecoming Weekend at Southern (Oct. 27-30) centered on the importance of Adventist education in honor of Southern’s 100 years in Collegedale. Speakers from the 50-, 25- and 10-year honor classes were featured during the Sabbath service. George Knight, a best selling Adventist author and renowned Adventist historian, spoke for Thursday convocation and alumni vespers. During vespers, Knight gave an overview on how Adventist educational history shaped his identity.

He explained early Adventist opposition to creating schools and transitioned into

Collegedale turns out for fall festival

Student Association, the Collegedale community and administration joined together to celebrate 100 years of Southern Adventist University in Collegedale with the annual fall festival on Sunday.

This year, fall festival was held at Veterans Memorial Park. Nearly 40 booths were present, representing different clubs on campus. Food vendors from the community sold food and live music was performed. At the beginning of the event, the mayor of Collegedale, Katie A. Lamb who is a graduate of Southern, offered a welcome and congratulated the school on 100 years in Collegedale.

“It was a] great turnout, really fun working with our faculty,” said Kit Clements, student association social vice president and senior animation major. “[We are hoping to] have another event integrating the community,” Clements added, “but we don’t know when that will be yet.”

Southern students received 10 free tickets when they arrived to participate in the activities.

“The puppy booth was my favorite,” said Shannon Neire, sophomore nursing major. The booth was provided by the psychology club, which brought in an animal adoption organization called “A Paw and a Prayer.”
School of Nursing celebrates 60 years with gala

Sierra Emilaire
Editor-in-Chief

The School of Nursing celebrated 60 years since the first graduating baccalaureate class in 1956 with a special gala at the Chattanooga Embassy Suites on Oct. 29.

More than 200 alumni, former educators, current students and faculty were present for the networking event.

Barbara James, dean of the school of nursing, said, “We are not only celebrating the first baccalaureate class, but also the growth in our program since our 50th anniversary, our doctoral program and the fact that we have a living member from the first graduating class here with us.”

Among the many alumni, Phyllis A. Finney Driver and Mary F. Perreault were present.

Driver was a member of the first baccalaureate nursing class in 1956 and graduated in 1960. Perreault attended Madison Hospital in Nashville in 1956 and when the school closed, her records were transferred to Southern, she graduated in 1946.

Both women were honored and Driver said her reason for attending was “even caregivers need to be cared for.”

The first half of the evening was dedicated to eating and mingling among alumni, students and faculty. The banquet room was decorated with signs displaying photos of significant moments within the last 60 years of the baccalaureate degree.

Current nursing students were asked to model nursing uniforms from the various decades. Lydgi Arauv, second level nursing major, participated in modeling at the banquet.

“I was excited to be a part of this celebration,” Arauv said. “I met interesting people and got to speak to them about their experiences as nurses. It was a great networking opportunity.”

The nursing students were also in charge of passing out information cards encouraging alumni to support scholarship funds as well as being involved with a photo booth that was set up near the entrance to the banquet room.

The photo booth resembled a hospital patient room with a patient on the operating table, a wheelchair on the side, a changing room and nursing materials.

Jim Marlow, ’76, has helped the nursing program as a volunteer photographer for the past 20 years and was in charge of taking photos at the booth.

During the official program, former chairs, deans, faculty and alumni of the nursing program were honored and recognized for their service to Southern, the Collegedale community, their current communities and the general public.

Richard Spears and George McBright were honored on stage.

Spears never received his baccalaureate degree due to lacking one class in 1997. The academic catalog has changed substantially over the years, so Sylvia Mayer, associate professor in the school of nursing, worked with Joni Zier, director of records and advisement, to conclude that Spears had officially met the requirements for his B.S. degree as of 2016. David Smith, president of Southern Adventist University, presented Spears with a diploma that night.

George McBride was enrolled in the Psychology and Mental health nurse practitioner program in the fall of 2015 when he was deployed to Afghanistan. The graduate program supported him upon his return and so he gifted a U.S. flag and certificate to the graduate program.

To close the program, Seth Sutherland, May 2016 graduate with an associate’s in nursing, shared his experience with Southern and how the nursing program prepared him to work at Erlanger Health System.

Sutherland said, “having professors who cared about me graduating and focused on missions taught me how to be the literal hands and feet of Jesus to patients when they need it the most.”

Following a testimonial video, James went on stage and thanked the attendants of the evening’s service.

Fall
CONTINUED FROM PAGE 1

The organization provided puppies for people to pet and cuddle. Alumni and the community brought their antique cars to display. The alumni association has hosted the car show every year and decided to integrate it with the fall festival.

The Collegedale Seventh-day Adventist Church and Pathfinder club sold hot dogs, veggie burgers and other snacks. A variety of vendors who also sold food included Good Snacks. A variety of vendors who also sold food included Good Snacks.

Pathfinder club sold hot dogs, veggie burgers and other snacks. A variety of vendors who also sold food included Good Snacks.

The team continued to perform despite the heat, and spectators expressed their enjoyment with cheers and applause. Their performance included a variety of moves like three highs, and one of their team members even did tricks climbing up a rope.

Vocal acts also performed, including Southern’s jazz band, which provided an ambiance for the event. Debbie Jones, from the Collegedale Community, and the class of 1978, said she enjoyed the jazz band because when she attended Southern they did not have one.

Darcie Christensen, sophomore social work major, said that she enjoyed fall fest more than last year because the community was invited and she also liked the live music.
Members of the Southern Accent staff had the opportunity to meet Jimmy Needham prior to his performance on Oct. 28. He shared many interesting facts about himself and opened up to us about his ministry. We thought it would be nice to share who Jimmy is, off the stage with you, the student body.

1. What inspired you to start writing?

I started writing music in the 6th grade and I was saved by Christ in the 10th grade. So when I wrote my first song “Dearly Loved” in the 11th grade, I was writing through a christian worldview. It was one of the first radio singles I ever released and is on my first record from 2006; I probably wrote it in 2002. I like expressing who Jimmy is, off the stage with you. The Accent staff had the opportunity to meet Jimmy Needham prior to his performance on Oct. 28. We thought it would be nice to share who Jimmy is, off the stage with you.

2. What is your current touring schedule like?

I am really wanting to be a sort of weekend warrior right now. I go out to venues, schools, churches, whoever will book me on the weekends and then I spend the week at home investing in my church family and my biological family. Maybe that’s how it’ll be for a while, or maybe one day I’ll go back to touring. For now, I feel like the Lord is calling me out of the full time artistry so that I can focus on pouring into my local church. It’s been so good for my soul being able to see my family a lot more. I now have the opportunity to disciple guys on the regular rather than my normal planting seeds across the country.

3. If you weren’t a musician what would you be doing with your life right now?

I graduated with a degree in History and Philosophy with the intention of teaching. If I wasn’t a musician I would still want to be a teacher or preacher. I love taking God’s word and helping it make sense for folks. Which is a lot like what I do with my music; I just make it rhyme. I feel like a lot of what I’m doing is teaching and preaching. I just have a guitar in front of me.

4. What is your usual pre-show ritual?

I try to take time to meditate on the function and attitude of John the Baptist. Here’s a guy who is the stud of Judea, baptizing people and when asked who he is he speaks in the negative. He decides to say, “I am not the Christ. I am the voice crying out in the wilderness. Prepare the way of the Lord.” You see a man that chose to affirm Christ over himself even when surround by people that are adoring him. I like to have that idea rolling in my head before a show. I also read John 3:30 where he says, “I must decrease so that He might increase.” Even if there are 1,000 people out there or 10 people and it’s my family, I wanna be a person that can rejoice because Jesus is being worshipped. Otherwise you just go out there and want to be worshipped. The most dangerous place for a human heart is on a stage. So it’s a great protection for me when I meditate on these verses.

5. Did you expect Clear the Stage to be as successful as it is?

“Yes and no. I knew it was a great song and I can say that because it’s the only song I have never written in my catalog. I heard the song in 2002 as a high school student. It was written by a now friend of mine, Ross King, who is an unknown songwriter that now resides in Nashville. When he released this song, it blew my world. In 2010 when I was making the Clear the Stage record I felt a song was missing so I called Ross up and asked if I could cover the song. He was all for it. We recorded it and it has become the most successful song of my career. It is not about the contributors of the song, it’s about God and what He is doing with it.”

Emmy award-winning filmmaker Maranatha Hay received the Young Alumna of the Year award on Thursday, Oct. 27, at the Alumni Weekend Kick-off Banquet, held in the dining hall of southern Adventist University.

Hay said that attending Southern gave her a foundation for values and beliefs that helped shape her career.

“Giving a voice to people who have none has always been a defining reason for why I choose my stories,” Hay said during her tear-filled acceptance speech. “[In journalism,] you gotta do whatcha gotta do to get the story, and I think that’s why I like it.”

Hay’s journalism career began with an internship at Loma Linda University Health that launched into a full-time job for the medical center’s public relations department. Her bachelor’s degree in journalism from Southern in 2007 prepared her for filming a documentary for the hospital’s overseas heart surgery team in Egypt.

This documentary aired nationwide, and was the source of her first Emmy from the National Academy of Film and Television Sciences.

Hay developed her own company, Tower Films, which is a full-service video company based in Southern California. She has directed and edited more than a dozen films to bring awareness of diseases and disasters affecting countries such as Liberia and the Philippines.

Hay not only won four additional Emmys from these documentary films, but she also helped raise more than $1 million for nonprofit organizations.

Stephen Ruf, Hay’s former advisor and a professor in the School of Journalism and Communication, presented her with the award.

“That’s not just good storytelling, it’s making the world a better place,” said Ruf about her work for nonprofit organizations.

Hay credits much of her career success to her degree and experiences gained at Southern.

She was overwhelmed by the kind remarks from Ruf and said, “This [awards banquet] is just one of the things I will always remember.”

Southern Accent 3

Interview: The Vice and Virtue of Jimmy Needham

Siegfried Hilemire
Editor-in-chief

Southern Accent

Hannah Wemblt
Staff Writer

Alumna Maranatha Hay receives award

Southern Accent 3
Wired coffee makes a move

**News**

**Needham serenades Southern**

*Sierra Emlaire*
**Editor-in-chief**

Jimmy Needham performed at Southern Adventist University as an alternative vespers program for students on Oct. 28 in the Iles P.E. Center.

More than 600 people attended, including students, alumni and parents.

Needham was accompanied by guitarist, Ben Brahaus and drummer, Reese Murphy.

Needham played a variety of songs from all five of his albums including “Moving to Zion,” “Forgiven and Loved,” “Momma Didn’t Raise No Fool” and a spoken word titled “The Story.”

Phillip Warfield, junior history major, had the opportunity to pick up Needham from the airport and introduce him on Friday night.

“He was one of the most down to earth people I’ve ever met,” Warfield said. “He was humble, and just as deeply profound as his music. The concert was everything I expected and more.”

During his first song, “Moving to Zion,” Needham made a significant effort to get the crowd involved by asking students to stand and providing the lyrics to each song on the broadcast screens.

Romel Juba, senior nursing major, was pleased with Needham’s guitar playing.

“He’s got a soulful style and can play the heck out of a guitar,” Juba said. “What a performance! He told a beautiful story with such a flow that you couldn’t miss a beat.”

In the middle of the concert, he opened up to the crowd for requests and among the many requests he decided to sing “Firefly” from his second studio album.

Needham then proceeded to tell the infamous story of The Strange Case of Dr. Jekyll and Mr. Hyde in relation to Christianity.

He said we often think that being nice is enough when really God is calling us to be new, to be different. This idea is what inspired his latest album “Vice & Virtue.”

Toward the end of the evening, Needham recited a spoken word titled “The Story” which is about the “true essence of the gospel.”

Needham closed with his most popular song, “Clear the Stage.”

“The concert had a little bit of everything,” said Victoria Acosta, freshman communication studies major.

“From the charming ballads to the thrilling guitar solos, spoken word and the mini operatic soprano solo, I was left artistically inspired and spiritually full,” Acosta said.
Complainers wanted

Jade Deschamps
Student Association Senator

What if Southern Adventist University had its own American Ninja Warrior-inspired event, where students had to race through the high ropes course at the Outdoor Education Center? What if students were offered free movie theater tickets and trips for small groups (~15 students)? What if Thatcher had a bike cover to keep bikes from rusting? What if a couple senators took students caving and hiking one weekend afternoon, food included? Perhaps most applicable to your life: what if you didn’t starve in the library because we brought back the vending machines?

These are the kinds of questions we discuss in our bi-monthly senate meetings. Our duty is to think of things to make Southern a more fun, more sensible, and more spiritual place to spend our tuition money. It has probably been drilled into your head that complaining is annoying, and that no one likes complainers. But if you ever need a good rant about how Thatcher’s vending machine keeps breaking down, you can vent to us.

In Student Association Senate, we like complainers; we want to hear all your complaints so we can know what needs to be fixed.

Check your email for updates from your senator.

Ask Andrew

Hey all! My name is Andrew Cuevas, and I’m here to answer your questions! The purpose of this column is to provide an anonymous way for y’all to ask a total stranger what you think you should do in any situation, and I’ll do my very best to answer them! If your questions are published, I promise that your name will not be included (so it’s 100% anonymous!)

Simply email your questions to andrewcuevas@southern.edu. I look forward to helping y’all out!

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Halloween can be one of the most exciting parts about fall! The weather is perfect and crisp, you get to dress up for a night and become whoever you want to, you also get seemingly endless amounts of candy and treats. I mean it does not get better than Halloween.

Some of you will read this and nod with nostalgic agreement: you celebrated halloween as a kid and it was a happy time experience. But every year my church hosted a fall festival where I bobbed for apples, saw kids in costumes or covered in face paint and was given copious amount of candy from church members. I never felt deprived, because although the terminology was different the events were the same.

As Christians we walk this fine line to be in the world, but not of it. That’s wonderful but sometimes the results are disingenuous or goofy recreations of things. We repackage secular practices in language that fits our conscious. We say we’re going to trunk-or-treat,* rather than trick-or-treat and somehow feel we are on better terms with God as a result. Nothing is wrong with trying to find a comfortable solution or celebrate fall. Fall festivals have been some of my happiest memories. But maybe we should be more aware of our commonalities to the world and not use this time to divide or indulge in self righteousness.

* a daft practice, where kids “trick-o-treat” from the trunks of church members cars rather than houses

Don’t doubt God’s love

PHOEBE MACIEL
CONTRIBUTOR

Have you ever had a situation where you felt like God was leading, but then everything just ended up wrong? I have and honestly, I began to question God because I didn’t want to believe that God would lead me into pain.

“God is love.” As Christians, we hear this nearly from the moment we are born. Of course, it is true. The Bible is saturated with images of God’s love, but the Bible is also filled with images of people in pain. We can reason that a loving God allows pain to happen to His children because of His justice and our sinful world. We can reason that a loving God would maybe even bring pain to someone if that person needed to make a lifestyle change. But it is really hard to accept that God would intentionally lead an obedient child into pain. It seems so contrary to God’s character.

Yet, there are certain situations that seem to point directly to that idea. Joseph endured captivity and imprisonment for wrongs he did not commit, but at the end of the story, he still had to live with the pain of his life. I think this is because he constantly endured pain to someone if that person needed to make a lifestyle change.

Now you may be thinking that’s easy to say, but that God allows pain, but then everything why they were experiencing trials, but they remained faithful to God anyway. I am pretty sure that, at the end of their lives, they didn’t regret the way their lives had been. Paul had a different situation. God led him into pain, and after a short time revealed why Paul had the pain. Even though Paul knew it was God’s plan, he still had to live with the pain of his life. I think this is because he constantly needed to be reminded about God’s grace.

God created a perfect world. He doesn’t want sin, and He doesn’t want pain for his children. However, since we live in an imperfect, sinful world, God sometimes allows pain, and sometimes He even leads His children to pain, but only with the purpose of bringing in greater blessings.
opinion

Anxiety a thief in the night

I've spent hours with a shrink. I've blamed it on my tough childhood. "Perhaps it is a hormonal imbalance?", some say. But I know the truth, and I know it all too well. I am sick, and anxiety is the disease that plagues me on a daily basis. I am haunted evermore by a faceless ghost-a specter that molds itself into a replica of my social ills or relationship problems. Because mental illness does not show itself in symptoms like your common cold, people do not view it as something as serious as heart disease or cancer.

However I can tell you that when the panic attacks grip me, I feel as if I am going into cardiac arrest. My palms sweat, my mouth dries, and I choke on my tears because of an imaginary scenario that I have no control over. I sink into the depths of a miserable, self-loathing sea, with no idea of how to escape. And yet when I am drowning, flailing my arms for any source of rescue, screaming until my vocal chords are torn and tattered- I get the answer. That classic excuse given by any well meaning individual that does not truly understand. "Why don't you pray? You need to trust God more." And after the same monotonity of replies, and years of gripping panic attacks, that classic excuse has driven a hard wedge between me and my Savior. I envy those that are capable of pure-hearted worship. I am jealous of the people that sing jubilantly like little birds in a nest, reaching for spiritual nourishment. Because when I seek the Lord, I am plagued by a dark shroud of suffocating smoke, so thick I could cut it with a knife. When the temple veil was torn, was it torn for me? Because sometimes I feel as if I still have to sacrifice a lamb to reach the ears of the Creator. I am no Israelite- I just want solace in my time of need. I know that the Word proclaims that "Perfect love casts out all fear". I have read that verse until it felt as if my eyes would burn up the page of my Bible. I must not have enough faith in this perfect love that is spoken of, because I've never accomplished perfect peace. And though I hear no answer, I still pour my heart out to my God. I have been told that much like Job, when one struggles righteously without understanding, and yet still pledges their faith and love to God, that is that the ultimate form of worship and walking by faith. And though my chronic anxiety comes to steal my joy, I count it all as the building of my faith.

It has taken me years to overcome my anxiety and understand it for what it truly is. But it is of utmost importance to me that the rest of humanity understands that sometimes, people are not overreacting. Imagined situations may not be real, but the emotions that are brought on by these things are tangible and deeply felt, making it impossible for one person to handle sometimes. Whether it is depression, or Obsessive-Compulsive Disorder or anxiety, we need to understand that though these conditions may not cause fatality, they are as cancerous to one's soul as a tumor.

Brandon Benche
Contributor

The Adventist Review recently wrote an article that discouraged Adventists from drinking coffee. If you’re interested in reading the article, and I recommend you do, it was titled “Not-So-Perfect Cup of Coffee.” The main point of the article was that Ellen White’s warnings against coffee and caffeinated tea, combined with the proven health problems tied with coffee and caffeinated beverages, should give our church enough reason to avoid America’s favorite morning drink. Before talking about whether we should indeed abstain from coffee, let’s talk about why so many of us drink coffee to begin with.

For starters, coffee is an effective energy booster. For my fellow collegiates and for busy adults, coffee can be incredibly helpful in giving us systems a useful jumpstart for the day. Late nights spent studying or long hours at work take their toll on our bodies, and coffee can provide us with the energy we need to push through the weekly grind (no pun intended). Furthermore, coffee can be a nice treat. Similarly how some people might reward themselves with some ice cream or a smoothee for their hard work, a lot of people view coffee as simply a tasty beverage. Many coffee lovers point to our church’s relatively accepting attitude towards desserts and other sugary drinks and ask what makes coffee different.

Plenty of health problems have been tied to sugar and fried foods, yet we still serve soda, cheesecake, fried ravioli, and, notoriously, Little Debbie’s on our campus. While these points are quite fair, and I definitely believe that our church has a double standard on its health message, I also believe that our church’s hypocrisy doesn’t negate the negative effects that come with drinking coffee. As cliché as the phrase is, our bodies are indeed holy temples that truly deserve to be taken care of.

I’m not a coffee drinker, but I do have my fair share of sugar throughout the week. Over the years, I’ve been trying to live by the rule of moderation when it comes to my diet. I make an effort to eat fruits and veggies every day, and I try to limit my sugary and salty snacks to a few days a week, while only eating dessert on special occasions. I can’t say that I meet this standard all the time, but trying to avoid eating unhealthy food every day has had a wonderfully tangible effect on my life. In the same way, I believe that one cup of coffee a day would be much healthier than five cups a day. So, at the end of the day, I would suggest that moderation and self-control are the keys to any successful relationship with a cup of Joe.
This year we have something weird going on with the weather. It is the end of October, and we are still wearing t-shirts and sandals during the day. But in the morning and evening it is pretty chilly. So the question is what to wear during this kind of weather when you have to adjust to warmth and still look great? I have a few tips, with this bipolar weather: wear jeans and a t-shirt and jacket on top so that you can take off layers as the day grows older. Also a great idea is to wear scarves because they will keep you warm and add an interesting feature to your outfit. There are a lot of options to play with your outfits because you can look different thought the day and feel great about the temperature. Layers are your best friend in this bipolar weather, good luck!

An unexpected fall

Ingredients:

**Sugared Cranberries**
1 cup (120g) fresh cranberries
2 cups (400g) granulated sugar
1 cup (240ml) water

**Pumpkin Pie**
Homemade pie crust (full recipe makes 2 crusts: 1 for bottom, 1 for leaf decor)
one 15oz can (about 2 cups; 450g) pumpkin puree
3 large eggs
1 and 1/4 cups (250g) packed dark brown sugar
1 Tablespoon (15g) cornstarch
1/2 teaspoon salt
1 and 1/2 teaspoons ground cinnamon
1/2 teaspoon ground ginger
1/4 teaspoon ground or freshly grated nutmeg
1/8 teaspoon ground cloves
1/8 teaspoon fresh ground pepper
1 cup (240ml) heavy cream
1/4 cup (60ml) milk (I use 1% - any is fine)
1 large egg beaten with 1 teaspoon milk, for brushing

for instructions, go to:
sallysbakingaddiction.com/the-great-pumpkin-pie-recipe

Twenty two day pushup challenge

**Accent Team**

Do 22 pushups for 22 days in Honor of our Veterans and post a video on the various social media outlets each day. This campaign is to raise awareness for the 22 veterans per day who commit suicide.

In the beginning of the video, make an introduction stating:
Your NAME (and name of any organization that you may want to represent)
Use hashtags
#insert a number here)pushups Example: on day 5 use #5pushups #22KILL
Add these two hashtags into your post on Facebook/Twitter/Instagram, or in the video title on YouTube. Make sure to get your friends involved and spread the awareness
Go to 22kill.com for more information
Johnson brothers lead Puck Boyz in rout

A solid defensive effort backed up by impressive offensive play led the Puck Boyz to a 5-0 win over the Gilmour-Girls in Men’s A-League intramural floor hockey on Tuesday.

The game was a fast and furious effort for the first and third periods, but the Puck Boyz dominated the second period.

The game started as a back-and-forth battle, with each team controlling the puck for part of the first period. The shots on goal by the Gilmour-Girls were saved by the Puck Boyz goalie, Peter Houmann, who played well the entire game.

The first period ended scoreless. With 10:05 remaining in the second period, Ryan Johnson opened the scoring for the Puck Boyz on a close-range shot.

Austin Johnson doubled the Puck Boyz’s lead with a goal a few minutes later, and near the end of the second period, he scored his second goal, giving the Puck Boyz a 3-0 lead after two periods.

The possession was a seesaw affair for the most of the third period. Ryan Johnson scored his second goal of the game with 1:48 remaining and Parker Center tallied a fifth goal for the Puck Boyz in the closing seconds.

“We had really good defense,” said Kevin Hughes, captain of the Puck Boyz and a junior health, physical education and recreation major, “We made the most of our opportunities on offense.”

After his shutout performance, Peter Houmann will remain the starting goalie for Puck Boyz, Hughes said.

Next Tuesday, the Gilmour-Girls play Old School while The Puck Boyz face Shaved Ice.

Wanna make some extra cash writing for the sports page? Contact us at accent@southern.edu
**October 3**
11 am, Convocation: Student Missions, Elden Ramirez (Church)
Online Winter Registration opens for Returning Juniors (>54 hours)
Fall PreviewSouthern (Nov. 3-4)
3:30 pm, Dean/Chairs Advisory
7 pm, Convocation: Student Missions, Elden Ramirez, 2 Credits (Thatcher Chapel)
7:30 pm, School of Music General Recital, 2 Credits (Ackerman)
2 - 6 pm, West Side 4 Jesus (Wright Hall Steps)
7:30 pm, Pierson Weekend, Roger Hernandez (Thatcher Chapel)
8 pm, Vespers, Elden Ramirez (Church)
9:30 pm, Student Missions Expo (Church Fellowship Hall)
9 am & 10:15 am, Adoration (Church)
9:30 am & 11 am, Pierson Weekend, Roger Hernandez (Thatcher Chapel)
11:35 am, Renewal (Church)
11:35 am, Connect (CA)
2 - 6 pm, Restore Ministry (Wright Hall Steps)
2 - 6 pm, Flag Camp (Wright Hall Steps)
2 - 6 pm, Hospital Ministries (Wright Hall Steps)
5:30 pm, Evensong: I Cantori (Church)
7:30 pm, Extreme Dodgeball (Iles)
**Daylight Savings Time ends; set clocks back one hour at 2 am**
11 am - 3 pm, Cave Open (Student Park)
Southern Union Evangelism Council, Nov. 6-9 (Church)
SAT Exam, Lynn Wood
8:30 am, MPRE Exam (Lynn Wood)
Online Winter Registration opens for Returning Sophomores
3:30 pm, Undergraduate Council
7:30 pm, School of Music General Recital, 2 Credits (Ackerman)
**You say it’s your birthday...**

**Thursday 3**
Charinette Guerrero
Zach Henski
Hannah Lust
Kathleen Napitupulu
Genesis Napod
Frantz Saint-Val
Charinette Guerrero
Zach Henski
Hannah Lust
Kathleen Napitupulu
Genesis Napod
Frantz Saint-Val
**Friday 4**
Kristyna Hyblova
Rashida Tsoka
Rashida Tsoka
Isaac Valera
SAFARDAY 5
Lillian Ebanks
Karlee Huskey
Mariah Johnson
Melissa Martz
Bryce Onjukka
Fred Rahmijn
Moses Romero
Pedro Sauder
Ben Williams
SUNDAY 6
Rebecca Amich
Emily Black
Timothy Davis
Ana DuVall
Lucia Hollywood
GO VOTE

**Monday 7**
Sarah Bradley
Rachel Cox
Noah Jordan
Patty Kardash
**Tuesday 8**
Durbin Brown
Autumn Dunzweiler
Jed Hyde
Nathan Moravetz
Paige Petier
Joshua Supit
Rachel Tolliver
**Wednesday 9**
Julian Armstrong
Joey Filipovich
Mariana Gonzalez
Joaquin Hernandez
Stephen Jenks
Eric Katzenbach
Elaine Lee-Brady
Armando Morales
Jonathan Sanchez
Vanessa Zelaya

**Image by Shepard Fairey**
new media

How are people in college classes and still not know that Africa isn’t a country
Rachelle Martin @rachelle_martin
Global Policy, SO

Currently in line to vote early.
So many people are out here!
Rosana Hughes @hughesrosana
Journalism, SR

I know I work there, but am I still allowed to complain about KR’s constant replaying of the same 25 Disney songs?? #saulife
Dakota Bemis @dakotabemis
Accounting, SO

This is not Autumn! This weather is too much. #saulife
Jolene Clayburn @jojobeautifulme
Marketing, JR

I don’t recommend taking 3 writing classes. #nowords #SAUlife #writerslife
Jackie Seek @booknerd828
History, FR

“Why be an Adventist?” The faith and hope in Jesus Christ will change your life and cause you to worship the only One who is worthy! Rev14:12
Anna Romuald @annaromuald
Associate Chaplain

Nursing school isn’t done, but I sure am.
Samantha Smith @sam21elena
Nursing, JR

#saulife @southern_accent #saulife @southern_accent
Students respond to Trump victory

More than 250 Southern Adventist University students gathered in Brock Hall for the results of the U.S. presidential election on Tuesday night.

At approximately 2:42 a.m. on Wednesday, CNN declared Donald Trump won the presidency with 276 electoral votes. Trump’s upset was keyed by victories in swing states such as Wisconsin, Pennsylvania, Florida and Ohio. During his early-morning speech, Trump shared that Clinton had called him and conceded the election.

More than 120 million votes were cast, including a record 46 million votes before Election Day as voter turnout was up by nearly 5 percent, a near record-breaking result, according to U.S. News.

Although Southern students were polarized in their beliefs, several voiced that they are willing to put that aside.

“I think either way, no matter how it goes, half the country will be hurting and the other half will be happy,” said Rebecca Myshrall, junior psychology major. “We need to be respectful with individuals on campus.”

Ishrall’s upbringings yet came to very different conclusions.”

“I’m just nervous,” said Rachelle Martin, sophomore history major. “I feel like Trump getting elected says a lot about where America is headed. I don’t think that’s the best image that we want to portray as what it means to be an American.”

“Seeing Trump win, I feel like Padme in Star Wars and all I have to say is ‘so this is how liberty dies, with thunderous applause,’” said Christina Angel, senior history major.

Other students were excited about the results and cheered significantly louder for states that Trump won, in comparison to when Hillary won states.

When Florida and Ohio turned red around 11 p.m., many students were shocked.

Due to overcrowding, some students were encouraged to move to the third floor of Brock Hall for a separate viewing party.

“People who are explicitly against Donald Trump created an atmosphere where Trump supporters couldn’t voice their opinion and now the silent majority are changing the course of the election,” Manestar said.

“We couldn’t properly gauge the support for Trump.”

Days before the election, most polls showed Clinton was in the lead by at least five points.

“I think the pollsters will have to figure out why within the margin of error most had Hillary winning states like Michigan and Wisconsin, which she ended up losing,” Erskine said. “Pollsters will have to continue to refine how they gather data because there are inherent biases in how they poll currently.”

The election viewing party in Brock Hall lasted until midnight. When the party ended, Trump led in the Electoral College results, but neither candidate had reached 270 votes.
From Andrews University to Southern: Collegedale Church welcomes David Ferguson

Pastor will speak Dec 10 at the Collegedale SDA Church

David Ferguson has been selected as the senior pastor of the Collegedale SDA Church after months of searching.

Former pastor, David Smith, accepted the position as president of Southern Adventist University last year; the church board was then tasked with the duty to fill his position.

Ferguson was born in Michigan and graduated from Andrews University. Prior to this calling, he was director of the undergraduate leadership program at Andrews.

“By virtue of pursuing a degree at one of our institutions you are stepping into a place of influence,” Ferguson said. “You may not be given the title leader, but at its core we are called to influence the world around us.”

[Nine months prior] The congregation was polled regarding the top qualities desired in a senior pastor. “The results suggested that people desired] a good preacher, a person with good leadership qualities, and a desire and vision to further engage the students both from our school system and the university in the life, mission, ministry and leadership of our church,” Jedamski said.

The application process took about a month, but following a video conference, a visit to Southern’s campus, and 10 days of prayer and conversation with his family, David Ferguson accepted the call to be the head pastor of the Collegedale church. Ferguson said one of his greatest concerns when deciding on accepting the call was whether or not this would be an opportunity to work with young adults. “I was clear about having a conversation with God regarding his call on my life to work with young adults,” Ferguson said.

“They may not be given the title leader, but at its core we are called to influence the world around us.”

“Not to say he is not calling me to work with other types of individuals, but I don’t believe I could feel good about being a part of a ministry that is asking me to do something that has nothing to do with the big challenges our young adults are facing. That box was checked off pretty quickly at the Collegedale church.”

Ferguson also expressed some of his goals and fears regarding this new position. “I’m excited by the fact that I don’t have all the answers,” Ferguson said. “My main goal is to feed vision with information and understanding asking the right questions, listening and learning from some of the impactful contributors to the ministry that I have encountered at the Collegedale church.”

Jedamski believes that Ferguson will prove to be the proper choice. “He has already shown me great leadership qualities as we have begun working together on transition details,” Jedamski said.

“He has also demonstrated how large a passion he has for engaging young people and young adults into the life of the church” Jedamski said.

Ferguson’s first sermon will be on Dec. 10 at the Collegedale SDA Church.
Southern ‘chooses to serve’ during student missions week

The Student Missions department raised awareness about student missions during its “Choose to Serve” week. Various activities were organized for the week, including two convocations and a vespers service featuring Elden Ramirez, director for the Office of Volunteer Ministries of the North American Division.

Student Missions launched their emphasis week to spark an interest in students who wanted to know more about becoming a student missionary.

Workers and volunteers of the dept. were stationed on the promenade during the week to provide complimentary amenities to students.

The amenities included free golf cart rides to class, hot chocolate and popcorn, a Student Missions photo booth, frozen juice-in-a-bag, a table that allowed students to decorate a cookie with a country’s flag and a Missions Expo was held in the Collegedale SDA Church fellowship hall. U’Quest and the Student Missions departments showcased their different mission options, which include locations such as Egypt, Brazil and Palau.

At the end of the week, Student Missions Coordinator Gayle Moore hoped to see “a large number of students on campus that are pursuing this and are actively praying about it, and looking to see where God wants them to serve,” Moore said.

Aside from promoting the benefits of being a student missionary, Student Missions also used this week to support students who are currently serving in different countries around the world.

“We’ve had several people sign up who are interested,” said Nicole Woodcock, junior Accounting major.

“We have so many notes to send to student missionaries, and so far, this is the best turnout for an emphasis week we’ve had” Woodcock said.

For more information about volunteering to help assemble packages for student missionaries or how to become one, stop by the Student Missions office in the Student Center.

‘Fiddling Poet’ visits Southern

Ken Waldman visited Southern on Nov. 1 to perform Appalachian string music and original poetry at Ackerman Auditorium.

Waldman was joined by fellow musicians Riley Baugus and John Fabke, as well as Matt Evans, a musician from Chattanooga.

Waldman has performed at many schools in the United States, but began his musical career in Alaska, where he taught creative writing as a professor at the name campus of the University of Alaska Fairbanks.

Waldman shared that he neither played the fiddle nor wrote poetry when he came to Alaska.

“I learned in Alaska,” that there are lots of ways of learning,” Waldman said.

Waldman’s traditional style of fiddle playing was interspersed with a less traditional style of poetry, as well as many stories describing the inspiration behind each piece or poem, many of which come from his experiences in Alaska.

One such poem, called “Burnt-down House,” describes how a fellow musician lost his home and all his instruments in a house fire.

Waldman explains that he imagined what the instruments might have sounded like as the house burnt down and how they performed one last song.

Waldman delivered his poems with Baugus or Fabke playing in the background with various instruments, such as the banjo, mandolin and bass.

During the concert, Waldman shared how he writes a poem for each place he visits.

He delivered a poem written about Southern. He wrote it in acrostic style, where the first
Maier visits NAD headquarters

Moses Maier
SA President

A few weeks ago, I went to the headquarters of the North American Division of Seventh-day Adventists (NAD) in Silver Spring, Md. I attended the annual meeting where delegates from all over the United States and Canada met to discuss the mission and future of the SDA Church in North America. Many topics were discussed at great length, from tithe expenditures to church growth, as well as women’s ordination.

I was interested in the NAD and church leaders’ response to the issue of women’s ordination. I found that they are sincere, godly, and passionate people speaking for both sides of the issue. The Holy Spirit’s presence was evident throughout the meeting, and I saw God leading through those who presided over the meeting.

Dan Jackson, NAD President, explained his reasoning for advocating for the equality of gender in ministry, and when opposed, he remained calm and supportive. Delegates gave overwhelming support to send a recommendation for the General Conference to recognize Sandy Roberts, who is the Southeastern California Conference President.

Currently, the General Conference does not recognize Sandy Roberts as president of her conference for various reasons regarding women in leadership. Delegates also voted to form a committee to respond to the General Conference’s recent decision to uphold the policies of the General Conference in session regarding women’s ordination.

I was saddened to learn the decisions are not made lightly. The spirit of God is moving in the hearts of the leaders in the church. Best of all, I came away from this weekend with the assurance that the church will support us, college students, in the work of Christ. When we ended the meetings we stood in the middle of the auditorium and sang a song in unison. This experience showed me the family of Christ that I have who will support the work of Jesus in this world.

I was encouraged by this decision, as well as the many reports of how the church is growing and continuing the serving ministry of Christ in North America.

I have learned that church decisions are not made lightly. The spirit of God is moving in the hearts of the leaders in the church. Best of all, I came away from this weekend with the assurance that the church will support us, college students, in the work of Christ. When we ended the meetings we stood in the middle of the auditorium and sang a song in unison. This experience showed me the family of Christ that I have who will support the work of Jesus in this world.

I was saddened to learn the troubling statistics that show our generation is leaving the church at alarming rates. However, I know that God is not done working through His church, and I believe that each one of us can be empowered by the love of God to serve the world and bring it back to Christ. I pray for Southern, and I pray for the world, that it may see Jesus lifted up and be drawn to Him.

Event highlights psychology careers

Taylor Scully
Staff Writer

The annual psychology symposium, with the theme “Psychology in the Schools,” focused on psychology with real-world applications.

Southern alumni presented on how they apply psychology in their careers.

The event, hosted by the SEP in late October, included and offered an opportunity for current psychology students to present their research projects on their field experiences.

Tiffany Reynoso-Rambana, master’s student in mental health counseling, coordinated the symposium and stated that this year’s theme gave students the opportunity to hear how they could utilize psychology in the real world.

Presenters addressed several different topics, including the “Practicum Report” and “A Day in the Life of a Guidance Counselor.”

Stefanie Gonzalez, Southern alumna and presenter of “Being ProActive: I’m in Charge of Me,” reminded students to take charge of their situation.

The psychology symposium was also a time for the department to present the Psychology Student of the Month for November; Mariah Crews, sophomore clinical psychology major, was selected.

The event offered information about the various fields of psychology such as cognitive, engineering, forensic, genetic, health and military.

“The symposium was educational. It helped me to understand how people are able to use their psychology background in their career choices,” said Chad Harty, sophomore biology major.

Ruth Williams, professor of psychology, said that the symposium is an “annual success” because it allows for a time to focus on a specific area of the 54 subdivisions in the study of psychology.

“We take the ‘going through the trenches’ approach to help current students learn from those who are already in the field,” Williams said.
Giving Day raises ‘record breaking’ amount

An anonymous alumni couple offered a $50,000 matching gift, doubling the contributions of individuals who donated. Giving Day is the first major initiative that Southern has made to raise money for Southern scholarships and funds, said Ashley Fox, annual giving officer. Bonus challenges, such as Facebook video sharing and the 50-state challenge, engaged Southern students, alumni, the Collegedale community and facilitated participation throughout the Southern alumni network. Students were also given free apple pie slices, t-shirts, and other prizes to encourage student involvement in Giving Day. “I think it is important, especially for students to realize that these gifts help Southern offer tuition 20 percent below the actual cost to attend Southern,” Fox said. “These gifts will support student research projects, grow student scholarships, and help make the Southern experience stronger.”
What separates us from them?

“May you always do for others
and let others do for you” -Bob Dylan

It happens when we least expect it. We are with friends downtown, and we see someone in need asking for money, and we become slightly uncomfortable.

Despite our participation in service days or weekly service activities something about this unplanned moment makes us uncomfortable. Some of us rationalize, stating that the money we give would probably be used on alcohol and drugs anyway.

Others of us avoid, walking hurriedly past, refusing to make eye contact or walking on the furthest side of the sidewalk so we do not contract a stronger sense of obligation. Then there are those who answer the call to help and do so happily.

I have no doubts that we have all chosen the third option at some point in our lives; more often than not I think we wrestle with choosing the other options.

What is it about need and desperation that makes us so uncomfortable? Why are we more prone to give when at an event for organized ministry, but then shut down when need shows up unannounced?

I think that some of the problem has to do with our own pride. We are taught that asking for help is a sign of weakness. So helping others can often remind us of our own state of need.

We refrain from asking for help in our own lives because we fear judgment and condescension and many of other collections of feelings when we are the ones who need to help.

So when we’re faced with people who unabashedly admit their need, it disarms us and makes us uncomfortable. In Brené Brown’s book Rising Strong states, “When you judge yourself for needing help, you judge those you are helping”.

Humility is the spark of action. It is a necessary agent in order to give selflessly and have meaningful relationships with others. Humility reminds us that we are all human and we all need help sometimes.

We need to be comfortable with our own state of need. So that when we are faced with others we can act with empathy and grace.

Christ sheds tears for His children

Paul is the apple of my eye.”

“I love Denée, Jessica, Phillip, John…” He says your name, too. Then He begins to talk about you. “Nothing makes her smile the way music does.” “He is always making people laugh.” “When he was little, he…” “… and that was the best day of her life.” “She could talk for hours about…”

He continues. He knows everything about you. He talks about what makes you smile and what makes you cry. He describes your pet peeves and your favorite things. He describes your most precious memories. He knows who your best friend is, your favorite pastime, and your most embarrassing moment. He proudly describes your achievements, your dreams, and your goals.

Jesus talks and talks and then, all of a sudden, He pauses. His smile fades away. His eyes cloud with pain. “I love her so. I love him so much! But he doesn’t love me. She doesn’t love me. She doesn’t love me.” His brow furrows as He continues.

“Sometimes she smokes weed or drinks alcohol. I can literally feel it destroying her body, but she doesn’t listen to me.” His voice breaks, his chest heaves, and His eyes close as the pain overwhelms Him.

“You see, I died for him, that’s how important he is to me, but he is so proud.” He shakes His head.

“There are so many doors I want to open for him, so many opportunities I am so ready to give him!” Jesus leans forward, holding out His hands as if He held a gift in each one. “But he ignores me.”

“I can’t get enough of her, but her righteousness is like the morning dew. Every now and then she’ll glance my way.

She’ll take a look at the joy and peace and happiness I have waiting for her! But with every movie and with every TV show and with every YouTube video, she drowns me out. She pushes me away!” Jesus’ eyes fill. Again and again, the wounded hands reach up and wipe away tears.

“All I want, all I want is to save her! I want to be with him forever. I want to change her life and wipe away his tears. I keep telling her this, every chance I get. I’m standing here, waiting, begging him to let go of sin and to have true Life! This gift is so free, so easy, but they won’t – “ Jesus takes a breath and swallows a sob – “they won’t accept it. They won’t accept it.”

What does Jesus say about you? What tears has He shed over you?

How many times have you ignored Him, brushed Him off for something more “fun”?

What will it take for you to surrender your life to the Man who loves you?
Are we morally obligated to vote?

DYLAN GIBBONS
CONTRIBUTOR

The question “should Christians vote” has been on my mind lately. Whether it be the recent political campaign news or the latest drama between Hillary Clinton and Donald Trump, voting is a topic that is a big issue in 2016.

We are told that voting is fulfilling our civic duty and that it upholds the rights that were fought for in our country. But are Christians obligated to vote? Should we get involved in the political scene and try to make a difference? Or should we just accept that evil will reign no matter what decision we make?

The Bible supports doing our civic duty. In Matthew 22:21, Jesus says “Render unto Caesar the things that are Caesar’s and to God the things that are God’s.”

We could logically say that voting follows this train of thought. Romans 13:1 also states that “every person is to be in subjection to governing authorities. For there is no authority except from God and those which exist are established by God.”

So, it looks like these verses are encouraging us to cast our ballots and vote! However, if the candidates you are choosing from are both corrupt, evil, and do not line up with God’s standards, should we vote?

I have always struggled with the idea of voting, simply because I don’t like having to choose between the lesser of two evils. If we are honest with ourselves, every candidate we choose has flaws and viewpoints that we don’t like.

We are never going to be able to select the perfect candidate. But if we feel as if one candidate can make a difference and change this country for the better, we should go out and cast our votes! As a Christian, part of our duty is to make a positive difference in the world around us, and if you feel like voting is part of that, by all means follow your convictions.

Whatever decision we make must have the right motive. I am African American and I have been told by many people that ‘you HAVE to vote because your ancestors sacrificed so much for you to have this right and you owe it to them to vote.’

Although I think that this fact is true, I also think that my ancestors sacrificed for me to have the right to CHOOSE to vote or not to vote.

Voting simply because you “owe it to your ancestors or your country” is just like saying I choose to be a Christian because my parents are Christians. You choose to be a Christian based on your own beliefs and convictions, just like you have a motive behind voting.

The motive you have behind voting is just as important as the act itself.

Keep in mind that as Christians the choices we make in the voting booth are a witness to the God we serve.

Motivating yourself: a three point guide

RAMEY MILLER
MANAGING EDITOR

Three things that will help motivate you:

1. Setting short term goals, is a very useful way for you to motivate yourself, and keep yourself motivated. Now by short term goal, I don’t mean getting your paper done by Wednesday or studying three hours on Sunday, those are things you are expected to do as a student.

I mean goals that you are not expected to achieve, such as running three miles on Sunday or saving up $200.00 by Christmas. When you set goals outside of your normal expected routine, and then meet those goals, you will achieve a sense of accomplishment that (most) class work deadlines could never compete with. Accomplishing these goals will give you a sense of euphoria and accomplishment that will, from then on, help you strive for more difficult short term goals.

2. “I’ve made it” goals are ones that you really need to think about. These should be goals that can be achieved through whatever career path (life plan) you are on. I’ve made my goal to someday buy, in cash, a new Jaguar XJ long wheelbase with all the trimmings.

For me that is my, “I’ve made it car.” This is a goal that I can very well achieve through my career path, but it is one that will force me to work hard and diligently. Now some people have less materialistic goals such as having a family or buying your parents a nice home in Boca Raton. Everyone is different; the point is that you give yourself a goal, that once achieved, will allow you to say, “I’ve made it.”

3. Lastly, you should do things for self, not selfies. The most common goals associated with this idea are fitness goals. Why are you spending countless hours in the gym and around the track? For the likes on Instagram? Or so you can be a healthier and happier person? You should aim to be healthier and happier; however, most of us tend not to see it that way.

If you start doing things just for yourself, you eliminate the fear of how others might perceive you. You can go about your day focusing on making yourself happier, which in turn will make others happy.

Thursday, November 10, 2016

Southern Accent    7

opinion

Ask Andrew

What’s your favorite cheesecake?

In my exhaustive career as a cheesecake critic, Cheesecake Factory has a Tiramisu cheesecake that is #StraightFire. Con: It costs $6.75 per slice. Pro: It’s a Tiramisu cheesecake.

What do I do if my boyfriend voted for Trump?

At all costs, please don’t let this ruin the relationship! I think it would be best to ask why your significant other voted for whom they voted for (whether it be Trump, Clinton, or one of the insignificant others), and make it a conversation. Even though it may not be obvious, guys dig a girl who loves to talk (or at least I do)! #FactsOfLife

How do I get this nursing major, who is waiting for a theology major, to date me (an art major)?

Hello, I am sorry to be the one to inform you, but it is literally impossible for a nursing major to find an art major attractive. The laws of the universe simply don’t allow for it. Best advice: pick up a theology minor.

The purpose of this column is to provide an anonymous way for y’all to ask a total stranger what you think you should do in any situation, and I’ll do my very best to answer them!

Email your questions to andrewcuevas@southern.edu by Monday at 6 p.m.

“Should you do things for self, not selfies?”
Reasons to try Revelator

One place that I really like to visit is Revelator Coffee Company. If you like natural, artisan coffee as opposed to conventional store bought coffee, this is the place for you. Revelator has a simple menu. They “source [their coffee] seasonally and choose expensive coffees that showcase variety and region” - (Revelator Coffee Company). They also put a lot of effort into roasting and preparing their coffee. Also, Revelator has food, so it is not like most coffee shops. One of my favorites is the granola bar; it tastes incredibly good, and it is really filling.

Revelator is a place where you can find inspiration, not only because it is spacious, but because of the little details in the interior design. It has a minimalist and modern aesthetic. The biggest plus of this place, is that it is located right downtown and has big windows and a comfy couch with a great collection of magazines. Revelator offers a clean place where you can go and sit, study or just relax and catch up with friends.

If you would like the chance to embrace the minimal and experience the artisanal, you should go and check out Revelator Coffee Company at 10 Frazier Avenue, Chattanooga, TN 37405. Their instagram is @revelatorcoffee.

Thanksgiving WODS

These WODS are meant to help give you an extra boost for the holidays.

Sunday:
30 min jog
15 min Yoga of choice

Monday:
15 min Yoga of choice
15 Pushups
30 sit ups
15 pull ups

Tuesday:
30 min Jog
15 min Yoga of choice

Wednesday:
1 min plank
15 sit ups
100 yard sprint

Thursday:
30 min Jog
15 air squats

Friday:
22 push ups
15 min yoga of choice
20 air squats, 200 yard sprint

Saturday: REST
The Puck Boyz retained their undefeated status in the men's A-League floor hockey by edging Shaved Ice, 2-1.

With the win, the Puck Boyz improved to 3-0 on the season and Shaved Ice fell to 2-1.

The game began as a back-and-forth affair, as both teams had multiple opportunities to score, but thanks to the solid efforts of both goalies, neither were able to take advantage of the other.

However, Parker Center of the Puck Boyz snapped the scoreless tie by scoring with 33 seconds left in the first period. The second period featured both teams playing solid defense to keep the other team from scoring. The goalies continued their solid performances in front of the net. Once again, both teams had their fair share of opportunities, but neither were able to score.

With 4:30 remaining in the third period, Ricky Morgan scored to tie the game for Shaved Ice.

However, a minute later, Austin Johnson of the Puck Boyz took possession and fired a shot from behind his own blue line that snuck under the Shaved Ice's goalie's stick, making the score 2-1. The Puck Boyz' solid defense in the final minutes cemented the victory.

Puck Boyz captain Kevin Hughes, junior physical education, wellness and recreation major, praised his team's defensive effort after the game, saying that his team controlled the "puck well." He was also very pleased that the Puck Boyz are 3-0 and on top of the men's A-League standings.

Hughes also admitted his team received a little luck and got a "good bounce" on the winning goal.

Fantasticks remain undefeated with 7-0 win

The Fantasticks used a combination of tenacious offense and solid defense to retain their unbeaten status in the women's division of floor hockey by defeating Chicks Out for Harambe, 7-0, on Tuesday.

With the loss, the Chicks fell to 1-2 on the season.

The first-period scoring opened with a goal by Fantasticks player Sarah Maine, who scored about two minutes into the first period. The remainder of the first period was a seesaw affair, but with a minute left, Janice Cosme scored for the Fantasticks to double their lead at the end of the first period.

The second period was a deadlock, as each team had opportunities to score, but neither team succeeded. The score remained 2-0 after two periods.

The Fantasticks began the third period with a resurgent offense and would tack on five goals in the period. With 9:25 left in the period, Kim Ford scored her first goal of the game, making the score 3-0. Bonnie Hoyer would then score the next two goals for the Fantasticks.

With 1:10 left in the game, Fantasticks captain Amanda Ancheta-Reinhardt scored her first goal, and Melissa Moore scored with 3.4 seconds remaining for a final score of 7-0.

Janice Cosme, co-captain of Fantasticks, was pleased with her team's play, saying that her team played "very aggressive" hockey.
9 am & 10:15 am, Adoration, Jim Moon (Church)
9:30 - 6:30 pm, SOAP Outdoor Church (Wright Hall Steps)
11:35 am, Renewal, Jim Moon (Church)
11:35 am, Connect, Testimonies and Communion (CA)
6:30 pm, Evensong (Church)
8:45 pm, Studio 4109 LIVE (Iles)

**November**

**Thursday, November 10, 2016**

**Student Life Announcements**

**Veterans Day:** We would like to express our gratitude to the men and women who have given their time and sacrificed much for this country and for the freedoms that we hold dear.

**SA Announcements**

**Studio 4109 LIVE:** Come out to Studio 4109 LIVE this Saturday night at 8:45 pm in the Iles gymnasium! Featuring our host Andrew Anobile, our house band The Boys, and fantastic skits guaranteed to help you forget the election results!

**You Say It’s Your Birthday…**

**Thursday, November 10, 2016**

- Vannida Kim
- Jared Lewis
- Mario Manzo
- Jocelyn Shear
- Andy Smith
- Kelly Sullivan
- Katalina Wade

- Jay Hickman
- Shelby Hustad
- Jeongheon Lee
- Gaby Martinez
- D’arce Peter
- Julianne Pictou
- Spencer Thomas

**Friday, November 11, 2016**

- Tara Bidwell
- Jonathan De Leon
- Sarah Griggs
- Amber Kuo
- Karen Leb-Hernandez
- Charlene Mason
- Elizabeth Pujols
- Melissa Pujols
- Ena Slavik
- Luke Steen
- Kelsey Twitchell

- Levi Barnum
- Thea DeVries
- Alexis Johnson
- Kaitlin Pasco
- Eli Robinson
- Rebekah Schlottbeck
- William Snell
- Alexandra Tennyson

**Sunday, November 13, 2016**

- Leighanne Diaz
- Kyle Harris
- Jay Hickman
- Shelby Hustad
- Jeongheon Lee
- Gaby Martinez
- D’arce Peter
- Julianne Pictou
- Spencer Thomas

- Dianne Abello
- Jonathan Bodinet
- Tricia Dalida
- Nicole Davis
- Florence Forde
- Janelle Glass

- Ashley Hollenbeck
- Noah Johnson
- Carl McKeown
- Irisse Pagarigan

- Jasmin Aguilar-Jasso
- Jessica Ahn
- Elizabeth Ayala
- Alyssa Dias
- Arianne Goff
- Stacy Leonard
- Jennifer Makowski
- Joel Negrillo
- Natalie Portilla
- Kelyn Quintero

- Jordan Cherne
- Kaity Clements
- Sheri Dela Cruz
- Deborah Reeves
- Jes Rosales
new media

At my age my dad had a house, wife, built his first car, and had a steady job. And I worry if my meal plan is gunna last. #saulife

Tristan Melton @tristanmelton97
Biology, FR

I’m sorry. I know I said hi but I wasn’t really prepared for any follow-up conversation #HateMornings

Saminta Henn @sambodia3
Sports Studies, SO

Wake up, roll over, click “Register Courses”, roll back over. #SAULife

Rachel Cundiff @cellyrach
Nursing, JR

It’s been a long week.
- Me, in the middle of Tuesday!

Daniela Ursuleño @danaursulenko
Graphic Design, SO

Teachers give me more quizzes and tests! #GivingDay #saulife

Mark Galvez @markg7v
Theology, FR

All I did today was sleep, get subway, eat the subway, and listen to music. A very nonproductive day. I regret nothing.

Shaina Naibaho. @shainafidelia
Nursing, SR

Thanksgiving Break come quickly please and thank you

Eboné Charles @ebzter123
Business Administration, SO

#saulife @southern_accen #saulife @southern_accen
I don’t know if I’m hungry, but I’m going to eat anyway... just in case.

My diet can best be described as, “Unchaperoned child at a birthday party.”

I admit I get a small rush of joy when I open the dryer to find the clothes still damp. It’s the like the dryer is procrastinating for me.

There’s no easy way to tell you this but I’ve already seen the link you sent me.

If you’re on the treadmill next to me, the answer is yes, we are racing.

I think the “People you may know” section on Facebook should be changed to “People I’m deliberately not friends with.”

Your secret is safe with me and my best friend.

Comic Corner

You should have seen what I did in Ms. Anderson’s room today.

Class clowns clocking out after school.
A fire burned for about an hour behind the Hickory and Red Bud apartments in Southern Village on Monday night.

Campus Safety confirmed that the fire resulted from a transformer on an electrical line exploding in the brush behind student housing; the wind, in addition to the Tennessee drought conditions, fueled the fire. The Tri-Community fire department was dispatched at 7:52 p.m. to the Village, along with the Collegedale Police Department and Campus Safety.

Eric Collson, senior nursing major, and Mitchell Hagan, senior financial management major, saw the transformer explosion and were the first students at the site of the fire. "I was making food in my kitchen and I heard a big pop, and we looked outside and it was almost like a firework hitting the woods," Collson said. "We went outside and took a cooler of water, ran into the woods, got to the fire and saw that it was a down power line. After we saw it was a down power line, we dumped our bucket and left." Collson and Hagan's housemate, Jonathan Lowery, junior long term care administration major, then called the fire department who responded almost immediately.

Many students responded to the news of the fire and recorded it on Facebook Live and Snapchat.
I was off campus at the time," said Jade Henry, junior liberal arts education major. "I checked Snapchat and saw videos of the fire so I immediately grabbed my stuff and ran over to see what was going on."

Eric Katzenbach, junior management major, and Skyler Long, Southern alumnus, were also involved in quelling the fire. They initially saw the transformer explode on the other side of the forest and reacted almost immediately by attempting to help the firefighters to suppress the fire with a snow shovel, a blanket, and other household items.

The fire department cleared the fire around 8:40 p.m. and nearly a half-inch of rain fell in the Collegedale area around 9:30 p.m.

Christmas tree lighting to include live music, snacks

KATLIN JEANETTE COLON
STAFF WRITER

The Christmas tree lighting ceremony which was planned for Nov. 29, was postponed due to inclement weather. The ceremony will take place today at 6:30 p.m.

The 28-foot Christmas tree in front of Wright Hall was assembled by the Service Department crew before Thanksgiving.

President Smith will be speaking at the event. After the tree is lit, attendees will be able to enjoy live music from a variety of bands performing across the promenade.

Over 100 musicians will be performing, including a jazz band, students from Collegedale Academy Middle School.

"The origins of the long-standing Southern tradition are unknown," Shultz said. "Every year we have donut holes, hot chocolate and hot cider," Shultz said.

"The donuts are my favorite part," said Cheyenne Silvers, senior public relations major. "I love the fact that Southern's music department comes out to play Christmas music, especially since the cold weather can make it more difficult to play," said Madison Johnston, a senior public relations major.

"It’s fun to see everything come together in one event," Shultz said. "It’s a great way to invite the community onto the Southern campus to kick off the holidays."

The trees were assembled by the Service Department crew before Thanksgiving.

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Studio 4109 highlights Southern matrimony

Hannah Wambolt
Staff Writer

Studio 4109’s fall semester finale attracted an energetic crowd on Nov. 12 with skits, music and a special tribute to late Southern student Whitney Powell from the house band.

Saturday night’s pre-show started with footage from past seasons. The constant laughter from the crowd set Studio actress Katherine Roberts, sophomore health science major, at ease.

“Hearing the audience’s response [to the videos] made me feel more confident about going out on stage because I knew they were ready to have a great night. “ said Roberts.

For the episode, the show connected each skit together to form a continuous, interwoven story, unlike their usual show format. The writers of Studio were intentional about providing clean fun to the community.

Greg Wright, a junior liberal arts education major and Studio actor, said, “I feel that [the show] was real kosher and full of clean laughs, I like that.”

Many of the jokes revolved around recent trends, but the humorous idea of “Southern Matrimony College” was a main theme throughout the night.

The entire dynamic of the show changed when the illustrated family’s daughter brought home a potential husband. From then on, every family member tried everything possible to get her guy to move from boyfriend to fiancee to husband by nightfall. In reference to the overarching theme of accelerating down the aisle, Hannah Wilson sophomore nursing major said, “It’s funny because it’s true how often students joke about it.”

Students and community members attended Studio’s performance to escape stress, especially after the election.

“The show was a nice break from the election because the good political humor helped ease the tension,” said Kara Wait, sophomore liberal arts education major.

Studio’s news segment, The Feed, hosted by Andrew Cuevas and Alexis Johnson, featured appearances from both “Donald Trump” and “Barack Obama.”

The president elect was viewed in an exaggerated way to put a comedic flavor on this election. He bragged about his affluence and expressed his excitement, which he believes is better than anyone else’s, for the presidency. Eli Robinson, biology major, said The Feed, “made good fun of the election without being biased.”

Armondi Stokes-Hicks, writer for Studio and junior film production major, was thrilled with the outcome. "The show went really well and was well received. And I feel confident that Studio will be able to continue to spread more joy and laughter throughout campus.”

By the end of the show, the actors felt encouraged and supported by the laughs and applause of the audience.

Studio 4109 has concluded this semester’s performances and will return next semester.

Service emphasis week to promote Community Service Day

Hannah Joe & Sierra Esimare
Copy Editor & Editor-in-Chief

Southern will host a service emphasis week in mid-January to allow students to extend the impact Martin Luther King Jr. Community Service Day on Jan. 16.

During the week, students will be able to participate in service activities on campus and the Christian Service program will feature poems and speeches about Martin Luther King Jr., as well as a program to honor students who are veterans. Each day will have a different theme and service activities will be held in the student center from 11 a.m. to 1 p.m. including children’s literacy emphasis day, when students can read to elementary school children, and animal emphasis day when students can make beds for dogs and cats in animal shelters.

Various clubs will also be in the student center to promote different activities for Community Service Day and encourage students to sign up. Students are also encouraged to contribute to a Facebook poll that will determine whether they will receive long-sleeve or short-sleeve shirts for the event.

Dora Desamour, Christian service program director, said about 25 options will be available for students on Community Service Day, including the Salvation Army Street Store, the Chattanooga Zoo, the Discovery Museum and Red Clay Farm.

Students will receive free breakfast and lunch, a T-shirt, and Level 1 community service credit. Voices of Lee will perform at 7 p.m. in the Iles P.E. Center as a thank you to students. Convocation credit will be offered.

Desamour said participation in Community Service Day has many benefits.

“Students get a chance to serve others and give of themselves and serve as Christ did,” Desamour said. “They can also honor Martin Luther King Jr. who dedicated his life to serving others, build different relationships and also get community service credit, and it’s a Southern tradition, so why not be a living part of what we do.”
Southern delegation competes in Nashville

Thirteen Southern students attended the Tennessee Intercollegiate State Legislature (TISL) as part of this year’s 47th General Assembly in Nashville, Tenn., recently.

Kris Erskine, dean of the history and political studies department and delegation sponsor, along with Christina Angel, senior history major and head delegate, took 12 students from the a variety of academic disciplines thanks to the contributions of many donors.

Angel, who is also a member of the Tennessee Southern delegation competes in Nashville Intercollegiate State Legislature (TISL) as part of this year’s 47th General Assembly in Nashville, Tenn., recently.

The title for the vespers program was based on Psalm 46:10, which says, “Be still, and know that I am God.”

Angel said Chaplain Brennon Mitchell Hagan, a senior finance major, said the part of the convocation that stood out to her was that even if we may not agree with other people’s beliefs, we still need to respect beliefs different from our own.

Feldhahn, who added that we disagree with others, said when we judge other people’s motives, “I didn’t try out as a freshman because I was too nervous, and I really wish I would’ve because there is no other way to gain this type of hands-on experience while having a close group of people to share that with. I suggest that anyone try it out but really think about how much they want to do it because the amount of time dedicated to this requires passion,” Martin said.

The Executive Council chooses to bills that have passed through the House and the Senate to be presented at the official Tennessee General Assembly as Priority Legislation.

None of Southern’s bills made it through both the House and Senate, due to the significant increase in colleges that attended, with a record turnout of 450 delegates, but Southern’s delegation proposed 11 out of 212 total bills regarding general welfare, education, state and local government and transportation.

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Angel said, “I have made it my goal to create a community on campus for students interested in this field and to take a delegation to TISL every year.”

Of the students on Southern’s delegation, seven were new, including Rachelle Martin, sophomore history major.

“For me, going to TISL was a complete new and exciting experience for me because I had never seen or participated in anything like it before,” Martin said.

“I didn’t try out as a freshman because I was too nervous, and I really wish I would’ve because there is no other way to gain this type of hands-on experience while having a close group of people to share that with. I suggest that anyone try it out but really think about how much they want to do it because the amount of time dedicated to this requires passion,” Martin said.

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Vespers based on Psalm 46 offers interactive experience

BETH TRAVIS STAFF WRITER

Campus Ministries took an interactive approach to worship with the Psalm 46 vespers in mid-November. Students were encouraged to hand in their phones and stay for at least an hour to engage in various stations for vespers credit.

The title for the vespers program was based on Psalm 46:10, which says, “Be still, and know that I am God.”

Assistant chaplain Andrew Anobile said Chaplain Brennon Kirstein saw a similar event at Walla Walla University.

“The hope is to have more interaction with this vespers,” Kirstein said. “I think oftentimes vespers becomes a spectator sport in a sense. People come to simply observe.”

Campus Ministries set up stations offering many different opportunities to worship. These ranged from quiet rooms for intercessory prayer and reflection on God’s word to an area for music and testimony and even a room for creative expression.

One station called “Journey in Identity” gave students a chance to surrender their past to God and consider how to better serve Him in their lives. Another room called “Tea Time” offered small group discussions with hot drinks. One particular area held the conclusion of the dorms’ week of prayer.

Upstairs was a station called “The Cross,” where students were encouraged to write down anything that was on their hearts and pin it to the cross.

“People learn differently, so everyone processes this type of hands-on experience in their own way,” Angel said. “We have to be careful not to judge other people’s motives,” Feldhahn said. “When we judge others or complain about what someone else believes, we are distancing ourselves from other people and the way that we should treat other people.”

Feldhahn challenged the students to “aspire love” toward others and to exercise kindness in all circumstances.

“The world will know we are His by our love for one another,” she said.

Speaker urges students to show kindness

SHANNON HILL STAFF WRITER

Author and Harvard graduate Shaunti Feldhahn spoke at the college on Wednesday, emphasizing to students that they should display kindness despite adversity.

Feldhahn, graduated from Harvard with her master’s degree in public policy with a concentration in business. She has written many books on relationships and marriage including “For Women Only,” “For Men Only” and “The Good News About Marriage.”

“Hate and strife takes away our love for one another,” Feldhahn said. “I really wish I would’ve because there is no other way to gain this type of hands-on experience while having a close group of people to share that with. I suggest that anyone try it out but really think about how much they want to do it because the amount of time dedicated to this requires passion,” Martin said.

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Kayla Minor, freshman health science major, said the part of the convocation that stood out to her was that even if we may not agree with other people’s beliefs, we still need to respect beliefs different from our own.

Feldhahn, who added that we disagree with others, said, “I didn’t try out as a freshman because I was too nervous, and I really wish I would’ve because there is no other way to gain this type of hands-on experience while having a close group of people to share that with. I suggest that anyone try it out but really think about how much they want to do it because the amount of time dedicated to this requires passion,” Martin said.

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Ahh, Fall Break! A small phrase that is sweet to the ear and full of relaxation. A time where you do not need to think about anything that has to do with school. For my fall break some of my friends and I, decided to make a trip to three different cities. Our first city was, Paris.

Paris was everything I could have dreamed of. While I was there I was able to see Mona Lisa, paintings by Monet, drink the best hot chocolate, eat countless crepes and baguettes, and of course, see the Eiffel Tower with my own eyes. Even though it was pretty cold, it was well worth going and I would do it all over again. The next cities we visited were Geneva and Chamonix.

Although I didn't get to do much in Geneva because I was sick I was still able to go to Chamonix. Chamonix is a city in France about an hour from Geneva where you're able to see Mount Blanc, the highest peak in the Swiss Alps. Unfortunately, we arrived in Chamonix during the off-season and almost all the stores except for the food and sports stores were closed. But lucky for us we were able to be there for the first snowfall of the season. The final city that I went to was Budapest, Hungary.

At first I was a bit skeptical coming to Budapest because it isn't really a touristy place, but I quickly realized that it was one of the best decisions. Not only is it a beautiful place with amazing architecture but everything is also so cheap! You could find a huge loaf of bread at a store for only $0.64! My friends and I were able to check out most of the bridges that connect Buda from Pest, see the Royal Palace, get a full Thai body massage, and walk around the Christmas Market which in turn was something I've been wanting to see since before I left the states. Although it was cold and gloomy for most of the trip I'm glad that I was able to travel with the friends that I have here as well as eat all the different delicious foods that each country has.

Naomi Cruz
ACA Student in Spain

Autumn adventures abroad

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ACA Student in Spain

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Have an attitude of gratitude

Maryah Crews
Religion Editor

Thanksgiving was officially a week ago and it is tempting to snap out of a thankful mode and transition into a “give me more” mentality that can unfortunately accompany the Christmas spirit. The desire for more is so often mislabeled as ambition and goes unchecked. It creates a feeling of lack; a feeling that we don’t have as many things as we need to feel happy, successful, or complete. This sends us into a cycle of list making and longing, of envy and greed. And if we’re honest, the pursuit of more things have never made anyone feel better ultimately.

So how do we conquer our insatiable desires? By gratitude.

How to Practice Gratitude

1. By becoming aware of all the many things that we have already been blessed with and thanking the Lord for those things.

2. Starting our prayers off with the things we are grateful for rather than jumping into our requests.

3. Starting a gratitude journal, where we list things and people we’re grateful for and the lessons that are learning from our current trials. As well as any happy memories or stories we want to remember.

4. Instead of making list of things we want, make a list of things we already have, we’ll realize how much you already have to be thankful for.

Gratitude is not an easy virtue. Our society does not value contentment as much as it does acquisition. Gratitude must be learned and cultivated. It requires patience and willingness to look for the good in all things. Despite the work it may take to create a grateful heart, I believe it is worth it and it may take to create a grateful spirit.

For each day, snap a photo, tweet or update your status to share your gratitude with others on social media. #livethankful

The Telenovela of the Vulnerable God

Bryant Rodriguez
Contributor

This Thanksgiving I learned that the women in my fiancée’s matriarchal family do not like me very much. Though the week’s holiday festivities were not a complete disaster, it was like a good telenovela, and by the time I got back to Southern on Sunday, I was keenly aware that I was indefinitely blacklisted.

We all fantasize about what family integrations will be like with that special someone. Most of us have romantic notions of happy family gatherings – images of parents on both sides crying as they grieve the end of an era and laughing as they celebrate the birth of a new one.

But not all families grieve the same, and not all romantic notions come to pass, and it seems that the Good Lord has seen it fit to place me in uncomfortable straits as the Bible writers might say. I have been left vulnerable to human conflict.

This past Sunday was what many Western Christians refer to as the First Sunday of Advent. It marks the beginning of the Advent season; four weeks of time dedicated to personal preparation to “receive” the incarnate Messiah. Though in times past I have been a Christmas hater, I have now come around to the festivities.

Because Jesus is amazing! So why not take time to celebrate His incarnation? So that Sunday evening, having left behind the angst of family reunions, we went to Wal-Mart, purchased a candle, and in the intimacy of friends who may as well be family, we celebrated the First Sunday by reading from Luke’s nativity story.

Theologians argue at length over the nature of the incarnation—how is it possible? To what degree did Jesus take human flesh? Was He really just like us? The questions are numerous. They have been asked for millennia and they have caused some of the deepest schisms in Christianity. And although the questions are important, they can also cloud the simple significance of the Incarnation of God. Let us note what we Christians believe: we believe that over 2,000 years ago, in a remote part of a Roman province, a peasant Jewish man was conceived, and that man who would become the Savior who knows exactly what we feel.

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Because Jesus has been vulnerable; Jesus, by living as the God-man, willingly entered into uncomfortable straits, made Himself vulnerable to human conflict, and now extends a comforting and saving hand to those of us who may also feel at risk.
we have envious hearts and disease-like desire. Black Friday means different things for many people, but with nine deaths, and 102 injuries throughout America this year, it’s safe to say that this disease of want is spreading. As a child, going shopping on Black Friday was a rite of passage. The excitement of waking up early and seemingly buying whatever I wanted called to me. The first time I was allowed to go, I was 13. When we arrived at the mall I was taken aback. The first thing to catch my senses was the noise of it all. I heard yelling and screaming. After that was the smell of sweat and a little bit of peppermint to bring in the "holiday spirit." Then I saw the people. Mothers were pushing, grandfathers grabbing, and grown men bickering like children on a playground. I was shocked that this was the result of sales that offered only a few dollars off. Since then, I’ve gone back to the mall on that terrible Friday, but later in the day and with a careful plan. Like many things, Black Friday can be good or bad. Many use this day to buy what they desire for themselves, while others use this day an opportunity to buy gifts for others for the upcoming celebration of the Savior’s birth. Psalm 69:30 says “I will praise the name of God with song, and shall magnify Him with thanksgiving.” Nothing said will stop people from shopping and spending during this season, but no matter what you do, remember that all we do is for the glory of the Lord. As you venture out to the mall or shopping center, try to remember that. Treat people with kindness, because that is what this season is about. Make the holidays about thankfulness and love, and you may find that the envy and desire for material things may fade and be replaced with the desire for family, friends, and time with Christ. Happy Holidays!

Ask Andrew

Q: Help! My roommate has created a total mess of our room. Clothes and trash are strewn across the carpet, accompanied by the growing stench of dirty clothes and too much cologne. The first colony of gnats is expected soon. What do I do?

Q: I wanted to play ping pong a few days ago, and when I got to the student center, the table was taken by a bunch of people who were nowhere near as good as I am! I got so mad because I really wanted to play. How do I deal with a situation where I really want to play, but there are other people playing instead?

A: Hello! I’m sorry to hear about your trashy situation (ba dum tiss)! I would first approach your roommate, and talk to them about what you would like them to do with their stuff. If they won’t clean up their garbage and terrible cologne practices, I’d throw even more garbage on their garbage! See how they like their garbage! Make them feel welcome by leaving some algae in a Petri dish, they love that stuff!

A: Hello temperate table tennis! In your situation, the best thing to do would be to approach the pathetic ping-pongers and ask them if they’d be willing to give you a chance after they’re done playing. Then, when it’s your turn to play, annihilate their will to ever pick up a paddle again by asserting your dominance. If you crush their spirits, I guarantee there will always be an empty table waiting just for you! P.S. If you love table tennis so much, I highly recommend joining the TopSpin Table Tennis club!

Youth in Trump’s America

“As Christians, we need to make sure we don’t spread hate or bigotry, and we need to be sources of love for those who are hurting. “

Within protests breaking out the aftermath of the election , many young people are left wondering and worried for the future of their country. People of color across the United States, especially some of the youngest and most vulnerable citizens, have good reason to be concerned too. Trump’s victory has increased incidents of racial harassment and violence being reported by middle and high school students of color. This is horrifying, but sadly becoming more and more of a reality. Students with undocumented parents, friends and relatives fear deportation; black students brace themselves for more rounds of racial assault and humiliation; and young Muslims fear being labeled as terrorists. Trump’s refusal to separate himself morally from his white supremacist voters, anti-immigration comments and racist rants have empowered an anti-political correctness movement that has become more and more hostile towards minorities. This election stirred up a lot of hatred in our country, and people our age and younger will be dealing with the aftereffects of all this negativity. Our country’s teens and children will grow up with a president who made bigotry a consistent part of his campaign. In the same way that many people our age found inspiration in Obama’s rise to the presidency despite being a minority and younger than most presidential candidates, many others may feel empowered to spread hate speech as they grow up with Trump as president. As Christians, we need to make sure we don’t spread hate or bigotry, and we need to be sources of love for those who are hurting. Even though there always has been, and always will be, hatred in our country, it’s hard to argue that Trump’s presidency won’t fan the flames of fear and anger in our country. As an old quote goes, “our lives may be the only Bible someone ever reads”. We need to be more prepared and vigilant now more than ever to show His love to everyone around us.

Opinion

‘Friday-after-Thanksgiving-itis’

Alexis Hartline
Contributor

As Christians, we need to make sure we don’t spread hate or bigotry, and we need to be sources of love for those who are hurting.

Thursday, December 1, 2016

Southern Accent 7
Kombucha

DANIELA URSULENKO
LIFESTYLE EDITOR

Kombucha is a traditional Chinese fermented drink made of black tea and sugar. To be more specific, it is fermented sweet tea with SCOBY (a symbiotic colony of bacteria and yeast). It contains a variety of vitamins, minerals, and enzymes and has been prized by traditional Asian cultures for its health-promoting properties.

This tangy beverage contains beneficial probiotics and acids. Also, it is low in calories, about 30 calories per cup. One cup contains about seven grams of carbohydrates and about 20% of the daily value of B-Vitamins. To be clear—it isn’t some magic pill or silver bullet, but it may help the body function well by supporting: liver detoxification, improved pancreas function, increased energy, and better digestion.

Getting rid of that food baby

<table>
<thead>
<tr>
<th>Day</th>
<th>Exercise</th>
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<tbody>
<tr>
<td>Sun.</td>
<td>30 mins of Yoga</td>
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<tr>
<td>Mon.</td>
<td>3 mile run/walk, 25 pushups, 25 sit-ups</td>
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<td>Tue.</td>
<td>25 squats, 25 calf raises, 1 min plank</td>
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<tr>
<td>Wed.</td>
<td>3 mile run/walk, 25 pushups, 25 sit-ups</td>
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<td>Thur.</td>
<td>1 min plank, 50 jumping jacks, 25 pushups</td>
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<tr>
<td>Fri.</td>
<td>mile run/walk, 25 pushups, 25 sit-ups</td>
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<td>Sat.</td>
<td>Rest</td>
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Ugly Christmas sweaters

DANIELA URSULENKO
LIFESTYLE EDITOR

Thanksgiving is over and it’s finally Christmas time, which means it is time to drink hot cocoa, listen to festive Christmas tunes and put on the famous “ugly Christmas sweater.” The ugly Christmas sweater is any sweater with a Christmas theme that is considered tacky or gaudy. While bad taste is relative, everyone can agree that more is uglier: more embellishments, more tinsel, more sparkles, and more reindeer with giant glittery antlers. We all want to have that special Christmas spirit and I believe the best ways to get it is to buy an ugly Christmas sweater and eat warm, melting chocolate chip cookies. Many stores sell Christmas sweaters and you can even design one yourself. You can also find an ugly sweater in Southern’s campus shop.

Illustration by Tia Huff
Gilmour Girls end Puck Boyz’ undefeated season

Caleb Begley
Sports Editor

The Gilmour Girls handed the Puck Boyz their first loss of the floor hockey season on Monday with a 5-1 victory.

The Gilmour Girls improved their record to 5-1, tying the Puck Boyz for first place during the last week of the regular season.

The first period was a back-and-forth battle with each team having multiple opportunities to score. Even in the absence of their regular goalie, Peter Houmann, the Puck Boyz managed to play impressive defense and keep the puck out of their goal in the first period. However, the Gilmour Girls matched them and the first period ended scoreless.

The second period featured more offensive as Josh Harris scored the first goal, giving the Gilmour Girls a 1-0 lead. The Puck Boyz tied the score later in the period on a goal by Parker Center. However, Ben DePas scored for The Puck Boyz right before the second period ended to give his team a 2-1 lead.

The third period was an offensive explosion for The Gilmour Girls, as they scored three goals. DePas scored his second goal of the game and Harris added his second as well. Mitchell Hagan scored the final goal, thus sealing the victory for The Gilmour Girls.

Gilmour Girls captain Luke Steen said that he was happy with the way his team played and felt that they were well-positioned heading into the playoffs.

Meanwhile, Puck Boyz captain Kevin Hughes said after their first loss that they really missed their starting goalie.

Shaved Ice eye playoff run after defeating Rampage

Caleb Begley
Sports Editor

Shaved Ice rallied from an early deficit to defeat the Rampage, 4-1, in men’s A-League floor hockey on Monday.

With the win, Shaved Ice improved to 4-2.

The Rampage offense started quickly as Dalton Doolin scored the opening goal 15 seconds into the game. However, Shaved Ice tied the game later in the first period on a goal by Devin Gray.

The rest of the period was back-and-forth play with both teams searching for opportunities to score. The period ended with the score tied, 1-1.

The second period was dominated by the defense as both teams struggled to control the puck. The period featured impressive play by both goalies. The only goal scored in the period was by Michael Cropley, which gave Shaved Ice a 2-1 lead at the end of the second period.

Shaved Ice provided all the offense in the third period, as they would score twice in the period and put the game out of reach.

Shaved Ice captain Stefan Heldzinger said he was impressed with his team’s communication during the game even after the early goal by Rampage.

He said that his teammates "shook it off" and continued to play their game, which keyed their victory.

“We’re in a good position in the standings to challenge for the championship,” Heldzinger said.
**student life announcements**

**Christmas Tree Lighting:** Ring in the season at the annual Christmas Tree Lighting ceremony this Thursday at 6:30 p.m. at Taylor Circle. Come enjoy refreshments and musical performances all along the Promenade.

**Off-Campus Housing Due Date:** If you are eligible and would like to apply to move off campus for the Winter ’17 semester, all completed applications MUST be in by Dec. 9th in order to be considered for the housing exceptions meeting on Dec. 13th.

**China Study Tour:** The School of Business and History and Political Studies Department are offering an amazing 19 day study tour to China this May 2017! Earn up to 6 credit hours exploring Beijing, Shanghai, the Giant Panda Research Center in Chengdu, Hong Kong, and more! The deadline for applications and $500 deposit is December 2, 2016. Email braam@southern.edu for more information.

**SA Christmas Party:** Join us in celebrating the season on Sunday, Dec. 3 at 8:30 p.m. for the Student Association Christmas Party! Refreshments will be served, there will be an ornament-making station, and an ugly Christmas sweater contest. You can also give back to the community by bringing a can of food that will be donated to the needy in the area.

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- Allison Lowery
- Jonathan Lowery
- April Summers
- Rebeca Torres

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**chatter**

**december**

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<th>Sun</th>
<th>4</th>
<th>9:30 a.m., Employee Christmas Brunch (Dining Hall)</th>
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<td>11 – 3 p.m., Cave Open (Student Park)</td>
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<td>11 a.m., Convocation: SA Town Hall Meeting (Iles)</td>
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<td>PreviewSouthern (Dec. 1-2)</td>
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<td>3:30 p.m., Deans/Chairs Advisory</td>
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<td>6:30 p.m., Christmas Tree Lighting</td>
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<td>Basketball Sign-up begins</td>
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<td>2 – 6 p.m., ComPassion Ministry (Wright Hall Steps)</td>
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<td>3 p.m., Kirsten Wolcott Memorial 5K Run (Duck Pond)</td>
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<td>6 p.m., Vespers, Campus Ministries (Church)</td>
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<td>9 &amp; 10:15 a.m., Adoration, Carole Verrill (Church)</td>
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<td>10:15 a.m., French Sabbath School (Miller 201)</td>
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<td>11:35 a.m., Renewal, Carole Verrill (Church)</td>
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<td>11:35 a.m., Connect, Andy Nash (CA)</td>
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<td>2 – 6 p.m., Flag Camp (Wright Hall Steps)</td>
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- Christina Gindi
- Amanda McClellan
- Indiana Rhodes
- Sarah Travelstead
- Zachary Woolsey

**FRIDAY 2**
- Grace Bell
- Talitha Freeman
- Lindsey Gagnon
- Elizabeth Jackson
- Jade Johnson
- Hannah Kim
- Elizabeth McHome
- Alex Muchiutti
- Leisa Ong
- Michelle Tolliver
- Zachary Woolsey

**SATURDAY 3**
- Jeremy Manasco
- Megan Morrison
- Abigail Napoles
- Beatrice Ngugi
- Amanda Still
- Britney Verduzco
- Alijah White

**SUNDAY 4**
- Sean Bryant
- Audrey Fankhanel
- Alec Fernandez
- Taylor Mikel Mikel-Casey
- Natalie Recasner
- Masaru Verduzco-Tanaka

**MONDAY 5**
- Anna Kerr
- Kevin Lipeer
- Lindsay Lloyd
- Kiana Mopera
- Irisse Pagarian

**TUESDAY 6**
- Leila Clark
- Luke Foster
- Zeiza Ramos

**WEDNESDAY 7**
- Denise Angel
- Jordan Layao
- Allison Lowery
- Jonathan Lowery
- April Summers
- Rebeca Torres
I called my mom to tell her I have $70 on my meal plan. She said “Eat less!”
#saulife

I’m pregnant with thanksgiving food! #ThanksObama
Sarah Abouelfatouh @sarah14egyptian
Biology, SO

Y’all talking about finals already? Please stop, break just ended 10 minutes ago
Jade Henry @trapjade
Liberal Arts Education, JR

“Should I study, watch a show on Netflix, or take a nap??
Sammantha Francios @youngandboring
Liberal Arts Education, JR

“#prayfornursingmajors2016
Angela Fears, @angiepieee
Nursing, JR

“electrical 🔥 behind our bldg. it's super windy 🧣
please. I don’t literally want my last few weeks of undergrad to go up in flames. #saulife
Casey Vaughn @myupwardlook
Theology, SR

@andrew_m_oliver I have so many ambitions and hobbies that get put aside during the week. #mountainbiking #college #saulife #saunursing

@the_mrs.rodrigues #saulife

@hildebrandbrent Goodbye
Southern, hello thanksgiving break!
#sunset #saulife #night #schoolsout
#southernbeauty#waffles @southernAccent #thankfultuesdays

#saulife @southernAccent #saulife @southernAccent
Even though there is still a month left in this year, it is safe to say that whether or not you’re a Democrat or Republican, we can all agree that 2016 is the WORST.

It wasn’t just the US that was crashing. But Great Britain too.

And some of us had a bad year in sports.

The deaths of Alan Rickman, Prince, David Bowie just to name a few.

Leo finally won his Oscar, which is a small golden moment of 2016.
Business department to visit China

Last opportunity to sign-up for tour

The business and history departments are collaborating for the 19-day China study tour scheduled for May 8 to June 2, 2017 where students will have the opportunity to obtain six credit hours in business, the humanities and business-communication core courses and electives.

“We decided to collaborate with the history department this year because if we don’t understand the history we won’t know how to do business,” Braam Oberholster, business professor, said. “This enriches the business dimension of the program.”

On this trip, students will explore the Great Wall in Beijing, the Ancient Forbidden City of Shanghai and Chengdu, the home of giant panda bears.

“You learn so much about Chinese history and culture that you can’t get otherwise,” Caitlin Faber, master’s in finance student, said. “There are many contrasts within the country and their infrastructure. Most notably with Shanghai and the contrast between the old city and the new colonial architecture found in the new city that is located across the river with buildings made of steel and glass.”

Students will also have the opportunity to meet with Adventist and non-Adventist Chinese business executives to discuss International Business strategy and business models.

“We always meet with some Adventist business professionals,” Oberholster said. “They often share how they use their business to witness for Christ in ways that they can’t in church because the government carefully monitors the churches.” The tour is not limited to the big cities of China, but will also cover the inner cities and rural areas.

“[Inner] cities are important to businesses in order to truly understand a country, you must first better understand the less developed areas,” Oberholster said.

Oberholster initiated this study tour in 2005 after realizing the United States, major economic power, and China, an emerging economic power at the time, had to do business with each other. He thought it would be important for students to know how business is done in China, which is now the second major economic power in the world.

“The purpose of this tour is to help students engage in international business,” said Oberholster. “There is quiet a paradigm shift in how business is done in China, when compared to the United States. We wanted to truly understand

See CHINA, PAGE 3
Student Association president encourages spiritual atmosphere

Moses Maier
SA President

Over Christmas break, I sat on a pier for a few days trying to catch a large Marlin. Although I was ignorant of where they live, and the fact that the pole I was using could have snapped if I looked at it wrong, I enjoyed the idea that I might catch a Marlin. I also enjoyed seeing the face of my friend, Kris Thompson who looked at me in apparent disgust of my ignorance.

My hopes to catch a Marlin were dampened as the trip came to an end, but the experience of those few days made all my efforts worth it. Nothing beats the serenity of a fishing experience, watching the sun rise over Tampa Bay, seeing the lights of the nearby city, and sleeping on a pier in the back of an SUV.

A new semester is a lot like fishing. We come into it with high hopes and great expectations. Some wish for better grades, some aspire to gain new levels of physical greatness, and perhaps a few believe that this semester will find them a wonderful romantic relationship. Whatever we wish to happen this semester, we must not become lost in defining it by our hopes.

If we pin the happiness or success of this semester on one hope and are disappointed, then we will feel as though we cannot succeed. Even if that the one hope is attained, we may find expectations associated with this hope that may not be realized.

Recently, I attended a University Senate meeting where Dennis Negron, vice president of student development, outlined the statistics of worship attendance. From all the numbers and data analysis, I came to understand an amazing fact about us here at Southern: as a student body, we appreciate understanding more about God. Whether in large gatherings like vespers or smaller gatherings found in Life Groups, we come together often to learn about God and fellowship with each other.

As we start this semester, I believe that we do have one hope: to put our success in God's hands. I am not saying that we need a superficial or cliche work-based hope in God. Regardless of the attendance we have at spiritual events, which is wonderful, God is a personal God. He is wants us to hope in Him to bring us through this semester.

When Jesus was here on earth, He, too, had a hope in God that carried Him through the heart breaking journey of saving humanity. This semester is a new opportunity for us to have hope; not solely in things of this earth, like catching Marlins off a pier, but in Jesus. We can have hope in Him, because He knows our struggles. Jesus will make us strong in the present and help us persevere into the future.
We survived 2016!

Student Association hosts winter party for Southern students

SHIVANI WARD
Lead Reporter

On Jan. 14, Student Association (SA) threw their annual mid-winter party, titled and themed, “We Survived 2016!”

The party offered a variety of entertainment including an inflatable obstacle course, a slide and classic arcade machines. Moe’s, who catered the event, was popular among the students.

“The food was good,” said Rachel Brouhard, senior graphic design major. “But they ran out pretty quickly, in less than an hour.”

Kit Clements, SA social vice president, came up with the idea of a beach party last year during her spring break. “I thought having a summery theme in the middle of ‘freezing’ January would help lighten the mood.”

Several students stated that they enjoyed having a relaxing and fun introduction to the semester. “It was nice to have something actually going on, on campus, for once,” said Hannah Odenthal, senior psychology major.

“It was a good and chill way to transition into the new semester,” said Stacy Thompson, senior nursing major.

The variety of games and activities kept David Harris, senior mathematics major, entertained all night long. “Overall it was a fantastic experience,” Harris said. “Keep it up, SA.”

Prior to departure to China, students will spend a week in classes at Southern to prepare.

“It’s not until we’re challenged in molding our world view that we will truly understand our place within the globe,” Oberholster said.

Join a Life Group Friday

NATALIA PÉREZ
Managing Editor

This Friday, Jan. 20, Group Link – a display of all new Life Groups on campus – will be held in the Student Center after vespers.

During vespers, Associate Chaplain Anna Romuald will be dedicating the sermon to how powerful Life Groups can be, and how they have been changing the lives of students. Students will then be invited to Group Link and will have the chance to become part of or rejoin a Life Group family.

Campus Ministries’ theme for the year, “Keep Looking to Jesus,” reiterates authenticity and wholeness in Jesus and permeates itself into Life Groups, a ministry that has been developing for the last seven to eight academic years.

Southern hosted 100 Life Groups last school year, which was a milestone for the ministry.

During Group Link, tables will be arranged by the day and time the Life Group will be held. Refreshments will be served and there will be music by Aaren Bruce.

“Life groups are the premier way to find a family and a group of friends on this campus,” Phillip Warfield, Junior history major, said. “Group Link gives the opportunity for students to find spiritual nourishment for them and experience Jesus with like-minded people.”

WE WANT YOU

If you would like to write for the accent, email us at accent@southern.edu
Community Service Day

Southern Adventist University hosted its 24th annual Community Service Day in observance of Martin Luther King Day on Monday. About 30 unique opportunities were offered in which more than 1,000 students, faculty and community members participated, an increase in the approximately 900 students who served in 2016. The photos included are from the Chattanooga Theatre Centre.
Christmas Break with the Fresh Prince of Bel-Air

Whenever someone thinks of the phrase ‘Christmas Break’ they might think of things like finals week, Christmas, family, home and delicious food. This year, I did not go home for the holidays. Instead, I spent them in a completely different and unforgettable way.

The first stop on my Christmas Break was London. Of course, I went to the main attractions such as Buckingham Palace, Westminster Abbey, the British Museum, Leicester Square, etc. But there is one thing that I believe should be on everyone’s bucket list while visiting London: attend a movie premiere.

The movie premiere that I planned to attend was called “Collateral Beauty” starring Will Smith, Kate Winslet and several others. The film is about a man who goes through some hardships and essentially writes letters to Love, Time, and Death. He then begins to receive personal responses and, in the end, sees the true meaning of beauty in times of trouble.

The day of the premiere, my friend and I arrived at Leicester Square at 11:30 a.m. to find it filled with people setting up the red carpet. After asking around, we were directed to a man who was holding a bunch of wristbands. He gave us wristbands and told us to come back at 1 p.m. I returned at the time instructed and waited in line with everyone else wearing wristbands.

When I was finally let inside, I managed to sneak past security to claim the best seat in the house—right next to the stage. At 5 p.m. the red carpet event finally began. Several cars rolled up to the entrance and out of one of the cars emerged THE Will Smith. My friend and I could barely hide our excitement. We couldn’t believe this was actually happening!

After a while Will finally made his way down to where we were standing and we were able to take pictures with him. Once all the celebrities and producers had made their way to the stage to introduce the European premiere of the film, they quickly got into their cars and left, thus ending the event.

Although Will came and went, the few seconds my friend and I had with him were ones that we will always remember. Watching a well-known celebrity on TV is one thing, but meeting them in the flesh is a whole different experience. Will Smith is by far one of the coolest celebrities to meet and visiting London was by far one of the best and favorite experiences of my trip and I hope to return very soon.

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Questions answered, wavering spirituality restored at GYC

CALER HOWARD
CONTRIBUTOR

More than 6,000 students congregated in Houston, Texas, from Dec. 28 to Jan. 1 for a weekend of spiritual revival hosted by the General Youth Conference. Hundreds of students gave their lives to Christ, dedicating themselves to mission work in their communities, contradicting the widely-held belief that young people only respond to events with entertainment and watered-down messages.

For those of you who might not be aware, GYC is a decidedly different type of youth event. Students come from as far as England and Malaysia to hear powerful messages rooted in the truth of the Bible and to connect with other young Christians.

Many people participated in outreach, going door-to-door to challenge the belief that literature evangelism does not work nowadays. Almost 1,800 people signed up to receive Bible studies, and several of last year’s attendees testified that they had accepted Jesus.

Three things stood out in my mind after leaving:

First, the distinctive doctrines of Adventism are what give us power. I have always heard sermons focused entirely on social justice, but they never inspired me to take God seriously. However, at scripturally oriented GYC, I and thousands of other young people were set on fire for God.

Second, the Christian goal is to reflect Christ’s character. We tend to get caught in the legalism of cheap grace—salvation without transformation. Instead, we should focus on allowing Jesus to transform us into His image.

Third, we often feel that we can delay in committing to Jesus, but a theoretical religion, taking God’s name without seeking His character, is worse than nothing at all.

I went to GYC spiritually wavering, yet hearing these truths at GYC answered questions I have asked for years and revitalized my spiritual experience in a way I never thought possible; I know it can revitalize.

Youth gather for the GYC convention in Houston, Texas.

ZACHARY HAGEN
RELIGION EDITOR

Jan. 20 marks the end of the Obama administration and the beginning of the Trump administration. Whether that makes you happy or fills you with dread, there are far more important things to remember. The Bible reminds all to, “Let the heavens be glad, and let the earth rejoice; and let them say among the nations, ‘The Lord reigns,’” 1 Corinthians 16:31. Regardless of what emotions a Trump presidency awakens in you, one eternal truth reigns supreme. Jesus is King. He was, is, and always will be the Alpha and Omega.

Before any nation existed—yes, patriotic readers, before these United States—God reigned over all things. We know this because Psalm 29:10 says, “The Lord sat as King at the flood; yes, the Lord sits as King forever.”

This nation has been on this planet, since 1776, which isn’t even a drop in the bucket of the eternity God has commanded the universe. God calls for us to do work in the church and the world, a work that cannot be stopped or enhanced by one president; the Great Commission is greater than any one man.

For the time being, we are trapped on this planet that has fallen to sin, “Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling for which you have been called,” Ephesians 4:1.

Regardless of your political beliefs, the greater truth is that Jesus is our Savior and ultimate leader. Put down the devices that call you to argue with your fellow brothers and sisters. Division and derision are not answers to a world full of suffering. It is time to forget the president and remember the King.
Two months ago, one of my closest friends disappeared from the world, never to return. His unexpected death brought a despair, a finality, a realization that I had never personally experienced.

I am the kind of person who enjoys being alone so much that I often push my friends away. I'm also the kind of person who puts work and school above spending quality time with those I hold dear.

Don't be like me.
I get it if you need your space and gain your energy from dwelling in your own thoughts. I get it if you are trying to hold on to your grades. I get it if you need the hours and you need the money. Ultimately, things like school, work and whatever else makes up the endless mundane routine of life will always be there. Your friends, though, can be gone in a whisper, in a blink, before you have the chance to truly tell them how much they have changed and filled your life.

Don't be like me.
I almost jumped out of my chair in indignation. I have grown tired of older generations looking down on millennials. They make fun of us for our constant use of technology, lack of experience, laziness and ignorance to the real world. We are bombarded by discouraging statements that just get old. After a while, we start to believe them and may even start to resent older people we once looked up to. Be proud to be a millennial and show why our generation is no different than the generations before.

We should be proud to be millennials because statistically, 75 percent of us would not sacrifice our values or family. We should be proud because 61 percent of us feel that we are responsible to make a difference for good in this world. We should be proud because 84 percent of us believe that making a positive difference in the world is more important than professional recognition. Liberal millennials should be proud because 66 percent of you voted for America's first African American President. In 2008 over more than 50 percent of millennial voted, contradicting older generations' belief that we do not vote.

So I say this: Every generation has obstacles they have had to overcome. As millennials, we have our issues as well. However, we are not the worst generation. We will overcome our problems just like the prior ones have. We work hard. Whether we are toiling through college or working blue-collar jobs, we have had to work to get there. We don't want to waste away in our parent's basement; we want to make a change, and I truly believe that we will.

Don't be like me.
Filled with regret for all the times you could have called, Facetimed, used the money you wasted on expensive coffee to buy a plane ticket to see your friend.

Spend that extra hour catching up. Let your friends know how much you value them. Thank them for all the little things like, bringing you Taco Bell or for driving you to the store. Pray for them. Hug them a bit tighter. Take more pictures and videos together – you never realize how special those moments are until you can no longer capture them. Spend the money on those weekend trips. Talk about the deep stuff, not just the surface stuff. Don't take them for granted.

Please don't be like me.
Filled with regret for all that you didn't do. You now have the opportunity to love your friends every single chance you get. Do it.
Gluten free vegan cookie bars

These cookie bars are soft, delicate, and chewy in the middle with a crispy outer edge. Coconut sugar lends a wonderful toffee flavour to these bars. Try serving them with vegan ice cream for an easy dessert. To combat this, think about main pieces of clothing that will keep you warm, but look good at the same time. This seems challenging, but there are ways to make layers look good. Sweaters, scarves, jackets and boots will keep you warm and stylish.

**Ingredients:**
- 1 tablespoon ground flax
- 3 tablespoons water
- 1/4 cup plus 1 tablespoon virgin coconut oil, softened
- 2 tablespoons natural smooth almond butter
- 3/4 cup coconut sugar
- 1 teaspoon pure vanilla extract
- 1/2 teaspoon baking soda
- 1/2 teaspoon fine sea salt
- 1/2 teaspoon cinnamon
- 3/4 cup gluten-free rolled oats
- 3/4 cup almond flour
- 1/4 cup plus 1 tablespoon non-dairy mini chocolate chips, divided

**Directions:**
1. Preheat oven to 350°F and line an 8-inch square pan with parchment paper.
2. Mix the ground flax and water in a small bowl or mug and set aside to thicken.
3. In a large mixing bowl, beat the coconut oil, almond butter, and sugar with electric beaters until combined.
4. Pour in the flax mixture and beat until combined.
5. Add the baking soda, salt, and cinnamon and beat again.
6. Finally add in the oat flour, rolled oats, almond flour, and 1/4 cup of chocolate chips (reserving the 1 tablespoon for later) and beat until combined.
7. Spoon dough into a greased pan and spread out until smooth and even. Sprinkle the remaining chocolate chips on top and press down. I use a pastry roller to roll the dough out even.
8. Bake for 17 to 20 minutes, until lightly golden and firm around the edges. (The edges will be high and the middle portion will be sunken a bit. This is all normal!)
9. Gently place the pan on a cooling rack for 10 minutes. Then, carefully lift out the bars and place directly on cooling rack for another 10 minutes or so, until mostly cool. Slice and enjoy! Note: The bars will crumble slightly if sliced warm, but they firm up nicely when cooled.
10. Store leftovers in the fridge in an airtight container for up to 3 days, or in the freezer (tightly wrapped and placed in a freezer bag) for up to 3 to 4 weeks.

**Tips:**
- Instead of coconut sugar, you can try using unpacked light brown sugar.
- To make the freshly ground oat flour, add 3/4 cup rolled oats into a high speed blender. Blend on high until a very fine flour forms. This will make 3/4 cup plus 1 tablespoon of oat flour. Or you can simply use store-bought oat flour.

Recipe found at ohsheglows.com

A beginner’s fashion guide to winter

**Fitness Tips**

**JORDAN MORRIS**

*CONTRIBUTOR*

After getting stuffed with more food than any turkey was, you may have promised yourself, “I am going to start working out as soon as I get back on campus.” Once you returned, you may have gone to Hulsey, worked out until you were dead tired, and felt great about it. Now it’s two weeks into a new semester, and that Papa Johns coupon is looking better and better with every stress-filled minute. You will encourage you to keep that schedule. All you need is an hour a day.

2. **Set some goals.**

Aim to lose five pounds, do one pull-up, run a mile in under ten minutes, anything. Setting goals are great because that gives you something to work towards and they are rewarding.

3. **Reach out.**

If you are trying to start working out, then odds are you have seen a guy or a girl you like that.” Do not be afraid to ask them what kind of workouts they do. Odds are, they will be happy to tell you and give you some tips. If you have someone to workout with, both of you will hold each other accountable.

4. **Find a workout partner.**

Working out does not mean you have to go to the gym and run on the treadmill for half an hour every single day. Go rent a bike or play basketball. Make exercising fun! Finally...

5. **Switch it up!**

6. **Try to workout at least 5 days a week**

I guarantee that once you start, you will have all the motivation you need.
Rogers, fast breaks, lead Mango Juice to win

Mango Juice defeated The Methuselahs, 41-39, in men's C-League basketball action on Sunday afternoon.

Mango Juice improved to 2-1 with the victory, handing The Methuselahs their first loss of the season and avenging their 36-29 loss to The Methuselahs last week.

The game was a fast-paced affair filled with lots of energy from both teams. Kurtis Rogers led Mango Juice with 18 points, while Dennys Dominguez led The Methuselahs with 15 points.

The first half set the tone for the entire game and featured many lead changes. Three-point baskets were in abundance, especially from The Methuselahs' captain, Daniel Olson, who scored 13 points. The second half was as fast-paced and competitive as the first. Mango Juice held a slim lead throughout most of the second half thanks to impressive perimeter shooting.

With about a minute remaining, Mango Juice led, 41-34, but The Methuselahs rallied by scoring five straight points. After a missed free throw, The Methuselahs secured the ball for a final possession, trailing by two.

After a timeout, The Methuselahs attempted to set a pick at the top of the key. With five seconds remaining, Sy Gallimore got an open shot for The Methuselahs, but his three-point attempt bounced off the rim, and Mango Juice hung on for the win.

Mango Juice captain and sophomore nursing major Nick Gonzaga was ecstatic after the game and attributed the victory to teamwork. He also said that the win would help build confidence and that both their offense and defense had done their fair share.

Dominguez, senior psychology major, said that both teams played a good game. He said that The Methuselahs need to do a better job of defending fast-break opportunities.

The Sports Desert

During the months of January and February, a dry and arid wasteland forms in the world of sports leaving sports fanatics thirsty for something more. This is a time when people like myself, who are not fans of the NBA or the NHL or soccer of any kind, wind up settling for NFL playoff games to get by.

The landscape burns with the hot realization that nothing on ESPN is worth watching. It is scorched with the heat of arrogant NBA players, combined with the theatrics of hockey and the tediousness of soccer. Yes, it is truly a sports desert.

The main enemy in the sports desert is the sun, which beats down on the weary sports fan with its blinding heat. That "sun" is the NBA.

The NBA, in this sports editor's humble opinion, fails to represent some of the greats that came out of it. When considering the efforts of players like Michael Jordan, Kareem Abdul-Jabbar, Wilt Chamberlain, Larry Bird, Bill Russell, John Stockton and others, compared to the lackluster organization the league has crumbled to, tears should form in the eyes of basketball fans. This is the obsession of our generation with the celebrity status of many a sports star.

Hockey and soccer are just the opposite. There is too much defense. Consider the final scores of a typical game of either soccer or hockey. A few days ago, I was surprised to see on the bottom line of ESPN that a hockey team had managed to score five goals. Soccer seems to be an hour-and-a-half long battle over a ball that ends either in a scoreless draw or with one team "clobbering" the other, 2-0.

The sand stretches before us, and the oasis of the beginning of baseball season and the return of summer reaches long into the distant future. We are in a sports desert, yes, but at least we have the Super Bowl and March Madness to look forward to. Bright spots in a world otherwise devoid of entertaining sports.

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january

THURSDAY 19
11 a.m., Convocation: Schools/Departments (Various Locations)
11:30 a.m., Lights Volunteer Luncheon (Presidential Banquet Room)
3:30-5 p.m., Leadership Training (White Oak Room)

FRIDAY 20
9 & 10:15 a.m., Adoration, David K. Ferguson (Church)
10:15 a.m., French Sabbath School (Miller Hall #201)
11:35 a.m., Renewal, David K. Ferguson (Church)
11:35 a.m., Connect, LeClare Litchfield (CA)
6 p.m., Evensong, Patrick Rice – Organ (Church)
9 p.m., LAC Night (Iles)

SATURDAY 21
Joselyn Andino
Diadem DeGuzman
Andrea De la Cruz

student life announcements

Parents’ Weekend: Call your mom and let her know that Parents’ Weekend is coming! From February 17-19 all parents are welcome to join their students and experience campus life.

Media Usage Presentation: On Saturday, January 21, Scotty Mayer of Little Light Ministries will be presenting Guidelines for Proper Media Usage. The presentation is brought to you by the Adventist Theological Society, and will be at 3:30 p.m. in Lynn Wood Hall Chapel.

SA announcements

Valentine’s Day Banquet: Got your eye on a special someone? Valentine’s Day Banquet is just around the corner! Start saving your dollars and building up the courage to ask him or her to a night of excitement and fun! More details to come.

Compliment Day - Celebrate abundatly

Compliment Day
- Caleb McQuistan
- Caleb Miller
- Tralissa Morrow
- Lindsey Nakashima
- Inna Oleaneu
- Justin Rhea

THURSDAY 19
Sarah Evatt
Michaela Mahlo
Jessica Mattox
Daniella Menendez
Ramey Miller
Amie Saillias
Yanielle Seeley

TUESDAY 24
Jill Cheever
Julio Hernandez
Shannon Hickman
Madeline Mace
Melissa Nishino
Zakeya Sisco
Clementsion
Supryadi
Elizabeth Sylvester
Cosette Teschke
Krista Walker
Josh Wolcott

FRIDAY 20
Dean Bowen
Luke Cotant
Natalie Diaz
Andrew Gindi
Kimberly Hoots
Felipe Mendez
Daniel Peganee
Taylor Rupp
Sierra Wendt

WEDNESDAY 25
Mariah Erb
James Larson
Shayne Lindsey
Robert Rayburn
Jordan Samuel
Deborah Sellers
Hannah Wynn

SATURDAY 21
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Diadem De Guzman
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Shayne Lindsey
Robert Rayburn
Jordan Samuel
Deborah Sellers
Hannah Wynn

SATURDAY 21
Joselyn Andino
Diadem De Guzman
Andrea De la Cruz
just wanna find someone who wants the rest of the muffin after the tops off
Timothy Caran @timothythewold
Theology, FR

Taking it one day at a time.
#justkeepswimming
Romel Juba @xD_mrbrightside
Nursing, SR

what if ur dog supported a different political party than u
Casey Goldring @cvselyn
Public Relations and Graphic Design, SO

I’m glad school started back up so I’ll spend less time on social media and finding myself bored
Christina Robinson @Tumbaganaga
Public Relations and Graphic Design, SO

currently 4 songs deep into making a beach pop record about God and partying
Ben Mixon @BenMixon
Media Technology, SO

I have mad respect for students who go to vespers alone
Sarah Graham @sarah_ashley37
History, SR

My fitness teacher looks like your classic PE teacher from grade school...
Dakota Bemis @_dakotabemis
Accounting, SO

Shout outs to fire drills for being the actual worst
Alina Sherman @alina_sureman
Nursing, JR

Today at work a child picked her nose and tried to wipe it on me. So 3 cheers for W17.
Amanda Decker @amandadecker323
Liberal Arts Education, JR

My power resides in my clicking heeled boots. Without them, I am nothing.
Alexandra Dye @adlyley
Public Relations, SO

just wanna find someone who wants the rest of the muffin after the tops off
Timothy Caran @timothythewold
Theology, FR

Taking it one day at a time.
#justkeepswimming
Romel Juba @xD_mrbrightside
Nursing, SR

what if ur dog supported a different political party than u
Casey Goldring @cvselyn
Public Relations and Graphic Design, SO

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Alina Sherman @alina_sureman
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New Year - fresh start

"Let's hang out soon!"

Never hangs out.

When you say 'Let's meet up soon', actually do it.

I DECLARE

BANKRUPTCY!!

Just look at your bank balance - refusing to doesn't mean you have more money.

When you are Netflix and chillin', take a break and jog for one episode (30 minutes).

Do laundry regularly so you don't have a mountain to fold (because folding laundry is the worst).

I do laundry every other Friday.

I try to do small loads every Tuesday.

I put off doing laundry until I'm completely out of clean underwear.

Jogging is the worst!
Service initiative kicks off on MLK Day

To log hours, participants must fill in their name, what they have worked on and how many hours of service they have accumulated.

The Christian Service Department will be involved in this new service initiative in various ways. Dora Desamour, Christian service program director, is in the process of organizing a service project with alumni to encourage involvement in reaching the 125,000 hours. This project is expected to commence in the spring.

"It feels great [to be a part of this] because, don't get me wrong, our staff and faculty volunteer all the time, but now we have a focus," Desamour said. "It's a great opportunity to remind us that it's fun to serve; it's what God asks of us. People can certainly go ahead and log what they already do [to serve their communities], but now they're a part of this process to gather 125,000 hours served among us all."

Students, faculty and volunteers served for nearly 4,000 hours were served on MLK day by students, faculty and volunteers. Students are encouraged to log in their hours for that day toward the collective goal of 125,000 hours.

The Christian Service Department is in the process of sending thank you notes to participants with a direct link to the campaign site.

Students who are serving abroad are also encouraged to be a part of reaching this service goal.

Papa John’s increases donation percentage for Southern scholarships

The Papa John’s $6.99 pizza deal has been updated to help finance Southern’s scholarship fund.

The half-price discount of a large one-topping pizza remains the same to students and faculty, but the percentage of the profits that go to Southern’s scholarship fund has been upgraded to significantly benefit students.

"This partnership allows students to impact their fellow students and future students to benefit from the SA Senate Leadership Endowed Scholarship through the power of their wallet. They get a discount and the corporation makes an additional gift toward the endowment; everyone wins."

"As of December, Papa John’s agreed to retroactively apply the 15 percent increase to purchased items from last semester and give that money to the scholarship fund. The deal assists worthy students financially and provides students with a discount on other select items. The pizza chain has also been gracious to provide side dishes like breadsticks, garlic knots and cheese sticks for 33 percent off the menu price."

"I am excited for the opportunity to work with the community to further empower student education here at Southern," said Moses Maier, SA president. The meeting was an encouraging moment that allowed for this involvement in the community to grow."
Students lead in week of worship

KAITLIN JEANETTE COLON
NEWS EDITOR

The theme of this semester’s student week of prayer is, “Radically Chosen.” The week will focus on the personal stories of people who have chosen to follow God in a world where believing is radical.

The event starts Monday at 7 p.m. in the Collegedale Church. Seven people will speak over five days, with two additional services on Tuesday and Thursday at 11 a.m.

Andrew Anobile, assistant chaplain, said there will be several events he hopes students will enjoy this upcoming week. “This is the first time we’ll be doing a continuing story. Each night will build off the night before, and then the conclusion will be Friday,” Anobile said.

They will also be featuring videos from student missionaries each night to show the work that is being done overseas by Southern students.

“In years past, the services have run over expected time limits,” Anobile said. “It isn’t fair to the students, so I’m going to be very strict about running over time. I want to respect the other activities that students have to do.”

The aim is to express to students that there is no “one way” to have a relationship with God. “This is about the uniqueness of your walk,” Anobile said.

Cardenas-Gomez learns lessons in Argentina

SUNY CARDENAS-GOMEZ
CONTRIBUTOR

Let’s face it, our most significant learning experiences often occur outside the classroom. If it is possible to squeeze a semester’s worth of my personal growth while abroad in Argentina into three lessons, these are it:

Saying hi is worth the risk

As soon as I arrived on campus, I knew I was in danger of turning the ACA group into my comfort zone. So I took a deep breath and plunged into a sea of strangers.

Introducing myself to a new person was constantly nerve-wracking, but it was also always worth it. Not every “hello” turned into turn into a fabulous friendship, however. Many turned into interesting conversations, times to discover a common interest, or just the chance to share a laugh.

Fun can be simple

Maybe this does not sound groundbreaking, but at Southern my friends and I have spent hours trying to figure out what to do on Saturday night. All the options seemed to involve too much time, money, or a car.

Here in Argentina, my friends and I whip up maté (communal loose leaf tea) and go play Uno in a park. We do not always need a movie, an event, or a meal to entertain us. An interesting conversation and a group game can do that just as well.

My friends in Argentina helped me re-discover that good company is what truly makes experiences fun.

Take time for kindness

I was in Argentina when I received the news that my good friend Whitney had passed away. As I grieved, people who hardly knew me surprised me with their kindness. New friends made themselves available to me for a talk, a walk, or a chocolate run. When the other Southern students and I hosted a little memorial for Whitney, almost all of the ACA students came to support us. Each gesture of kindness meant the world to me, even if at the time I did not show it. I hope to be that kind of friend to whoever needs it.

I suspect Argentina is not done teaching me about life. Once my time here is over, I am excited to continue learning and growing wherever I go next. Once I discovered learning could happen outside of school, the world became my classroom.

Service

CONTINUED FROM PAGE 1

The committee in charge of the celebration of Southern’s 125 years have many programs and events planned throughout this year. Some include making campus more green with 125 trees and shrubs, which will be an opportunity for community involvement. This year’s Giving Day will have a goal of 125,000 dollars, an increase from last November’s goal of 100,000 dollars.

Marketing is working on making additions to the website like places to serve in the area and updates on service stories that will also be featured on Southern’s social media pages.

“By serving, you incorporate the three T’s: time, treasure and talent,” Desamour said. “As you serve an organization in any capacity they’re saving money through your service. If it’s $20 and you serve three hours, you just helped a not-for-profit organization save $60. I hope that people will embrace this opportunity, that they will continue to serve and remember to log those hours in.”
Week of Prayer speakers to share stories of following God

Radically chosen: Rodriguez, Anderson, Bunch, Christiansen, Maier and Hairston

Week of Prayer speakers to share stories of following God

Radically chosen: Rodriguez, Anderson, Bunch, Christiansen, Maier and Hairston

“Hi! I’m Christian, and I like life. My major is business administration, my home is North Carolina, my food is Cheez-Its, and my goal is joy. I am tall, skinny and often speak before I think (working on that one). I don’t like when people respond to “how’s it going?” with “how’s it going?” I fell in love with Jesus when I was 12, and I’ve been falling in and out of love with Him ever since. I plan to speak about the journey that God is continually leading me on, and why it is the greatest, most insanely joyful adventure of my life.”

“Hi! My name is Darcee Christiansen! I currently live in Greeneville, Tennessee, but I grew up in Northern California, allowing me to claim both coasts as home. After completing the SALT program here at Southern, I chose to study social work because Jesus has put a passion in my heart for serving those who are most vulnerable. In the past, I remember almost wishing that I had strayed away from God in some dramatic way, so that I could have a testimony to share. However, recently Jesus has been opening my eyes to how He has been leading my straying heart back to Him all along.”

“My name is Bryant Fernando Rodriguez. I am a senior theology major set to graduate in May 2017. I have the distinct privilege of being the first in my family to graduate from an American university. I somehow lucked into a relationship with the beautiful Yaniz Seeley, and we are going to get married in August of this year.

I was born in Dallas, Texas but grew up partly in Mexico and partly in Minnesota. I will share about how God taught me to be content being a misfit and why a little doubt and a little anger in my spirituality isn’t the end of the world when you’re being held by the most compassionate arms in the universe.”

“My name is Brielle Anderson. I was born in the D.C. area and moved around a lot until settling in Tennessee. After spending two years canvassing/bible working out West, Los Angeles county feels like home. I’m a computer science major who loves sincere people, random knowledge, experiencing new places and good food. Journeying with God has been the best choice of my life. Giving up my obsession with having all the answers is the current theme of my walk. I can Google solutions to my programming homework, but spiritual answers are best learned day by day, moment by moment. Grace and peace.”

“My name is Jamil Rodney Hairston. I was born in El Paso, Texas. However, I’ve lived in five different states in my lifetime. I currently live in Apopka, Florida. My major is clinical psychology, yet I want to do nothing with this in the future.

Originally, I saw myself as a counselor for youth and the thought of psychology interested me. At this time I was heavily involved in gymnastics and it made up who I was. It was my identity. My senior year in high school I injured my shoulder and almost couldn’t continue on in my gymnastics career. I was crushed, feeling like everything that I was had been "taken" from me.

Through a series of miraculous events I ended up at Southern, and even though I was injured on Gym Masters, gymnastics continued to define me until my sophomore year, winter semester. It was then that Jesus began to radically interfere with my life because of my willingness and the fervent prayers of my now fiancé. I quit the team mid-way through and began to become involved with Lifegroups. That led to a position on Campus Ministries, a place I never imagined I’d ever be. I now live my life to spread the love of Jesus Christ and bring glory to him.”

“My name is Moses Maier. My mother says that the movie, ‘The Ten Commandments’ so inspired her as a teenager that she decided to name her first son Moses. My wonderful family and I grew up in eastern Canada, then moved to Loma Linda where I developed a love for business. I am now a senior taking business finance. I believe college is a place to learn and understand who we are on our own. This experience can lead to many difficult questions. In the Bible, Job faced many questions in his journey, tough questions about God. Like Job, we all struggle to find the answers about God. This struggle in my life is what I will share next week. Hope to see you there!”

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A new direction: White House Trumped

On Jan. 20, thousands of people filed into Washington D.C. to witness the inauguration of Donald J. Trump. President Trump was sworn into office by Supreme Court Chief Justice, John Roberts. Among the notable individuals in attendance for the inauguration were former Presidents Carter, Clinton, Bush and Obama. Former Secretary of State, Hillary Clinton, was present alongside her husband.

Crowds gathered to hear Trump’s inaugural address sporting “Make America Great Again” hats in support of the new administration. President Trump’s address to the nation was filled with statements and direction for the country’s next course of action.

President Trump expressed his desire to restore American pride and heal the nation. He addressed our nation as a leader asking us not to fear.

“We must speak our minds openly, debate our disagreements honestly, but always pursue solidarity. When America is united, America is totally unstoppable,” Trump said.

A promise was made to the American people. A promise that power was not being transferred from one administration to another, or from one party to another, but back to the American people, Trump said. Through strength in our families and strength in one another, we will come together ending the divide that lies between us.

Audrey Fankhanel, freshmen journalism major: “As a journalism major I’m concerned about having more restrictions on my future career.”

Hannah Leung, sophomore animation major: “I’m anxious for the future. Hoping for the best. I think any sort of change is intimidating.”

Linda Crumley, SJC dean: “I’m glad we have a history of peaceful transitions.”

Jeffrey Brownlow, senior accounting major: “As a country history creates events. It’s good to be living during such a historical moment. I support whomever is president. I support Donald Trump.”

Jordan Adams, history major: “I found the speech to be inspiring. It’s gonna be an interesting next four years. I’m gonna give him the benefit of the doubt. We’ll see what happens in the next four years.”
opinion

An intimate Inaugural experience

AMANDA REED
Contributor

Attending the Presidential Inauguration of Donald J. Trump on January 20, 2017 was a once in a lifetime experience. The night before the inauguration, a celebration was held at the Lincoln Memorial where Trump expressed his enthusiasm for the following day. “I don’t care frankly if it’s going to be beautiful or if it is going to rain like crazy,” Trump said. “It makes no difference to me.”

Although the day was overcast with some slight showers, the spirit of the crowd was not dampened in the slightest. An electric current of excitement ran through all of us and the atmosphere was surprisingly positive. I expected so much more negativity than there was, but I was pleasantly surprised to see that for the most part the crowd remained hopeful for this coming presidency.

Protestors were present, as expected. The majority of signs I saw focused on feminism, called Trump a fascist and were against the wall that Trump plans to build across the Southern border of the United States. Although there were reports of different objects being set on fire, I was pleased to see that the majority of the protests were peaceful.

During the inauguration the crowd acted respectfully for the most part, but some negativity was displayed by the crowd when both Hillary and Bill Clinton appeared on the platform. The crowd immediately started booing. This reoccurred when Bernie Sanders made an appearance. I personally thought that it was courageous and classy for Hillary Clinton to have attended the ceremony and interesting that many people there did not appear to agree. In addition, I believe that many more people came to the inauguration than the media has portrayed because it was very difficult to navigate through the enormous audience.

This election has clearly been one of the most dividing events in history regarding the political opinions of the U.S. citizens. I believe that it is important to remember that no matter which side you were on during the campaign, Trump is officially the 45th president. Citizens in every part of the nation need to come together to be supportive of the new leader. Protesting against issues we believe in is a constitutional right, but at a certain point we made me feel immensely patriotic. I am thankful to have been able to attend such a historic event and I am proud to be an American.

Diverse country unifies in Women’s March

CAROLINA CLAUS
Contributor

In an overwhelming sea of signs and people flooding the streets surrounding the Capitol, one plain and unassuming sign caught my attention. It read, “Spiritually, politically HERE for the vulnerable.”

As I made the journey from the Capitol building to the White House lawn, I saw this phrase put into action. I marched next to atheists and nuns, pro-lifers and pro-choice, men and women, cisgender and transgender, babies in their mother’s arms and grandmothers who shared their stories of marching for women’s rights in the 1960s.

I saw them putting aside their differences and reaching across the divides that the hateful rhetoric of this past election cycle tried to widen. They encouraged painful, vulnerable and honest conversation.

I heard rally speakers share action steps and resources to empower marchers to begin active change when they return to their home states. I cannot and will not attempt to speak for the entire crowd of 500,000 people that came together this past Sabbath to the Women’s March on Washington, but I witnessed a spirit of unity, empathy and compassion that refreshed me and left me ready to roll up my sleeves and get back to work.

What good is marching if no action is taken afterwards? What can I do to be spiritually and politically here for the vulnerable? I will leave you with three steps:

1. Find an organization, call, donate, and volunteer. (e.g. Adventist Muslim Fellowship Association of Chattanooga (AMFA), Catholic Charities, Family Justice Center, La Paz, or Room at the Inn)

2. Get out from behind your computer screen. Find someone with a different perspective. Sit down with them. Put aside your opinions, get comfortable in their shoes, and listen. When you feel as though you are going to burst, listen some more.

3. Email, call, or write your state and local officials. Contact Senators Bob Corker and Lamar Alexander, or use Google to find...
The Latin American Club (LAC) hosted a night of worship last Saturday night, differing from the traditional LAC Night program. A sudden change in administration left little time to plan and practice for the celebration of Latin American culture that students typically expect from LAC night. The officers requested that the date be moved to March or April, said Dennis Negron, vice president of student development, but due to scheduling conflicts, LAC was required to keep their original program date.

Club members worked very hard to bring the program together and practiced as a group for three nights in the week before the event, said Abel Morrobel, theology post-graduate major and LAC president. Pedro Gonzalez, senior theology major said that Morrobel stayed up until 2 a.m. or later for many nights this past week to prepare. The program began with a prayer in both Spanish and English and illustrated the theme for the night by comparing a “checklist for an awesome night,” including lights, a rocket ship and a band, to the verse 1 Corinthians 2:2 which says, “For I resolved to know nothing while I was with you except Christ and Him crucified.” This verse, as well as Acts 4:12, encompassed the theme of focusing solely on Jesus.

A band accompanied by 13 singers led four praise songs in Spanish and English including “Save Our Land” and “Por tu Gracia y Amor” (The Power of Your Love). Two spoken word pieces were performed, and a song in English and one in Spanish were performed by soloists. Another group performed a pantomime of the Casting Crowns song: “I am yours,” in black light, illustrating the songs message with their hands placed in the shapes of the cross, flowers and people. Six painters, along with three assistants, painted small pictures placed together to form the face of Jesus. After the program, volunteers served Peruvian rice, plantains, a sweet bread and potato and cheese taquitos, the latter of which ran out quickly.

Morrobel said he was pleased with the event. “I think it went great and I hope people saw the passion we have for God… I believe He was exalted tonight.”

“The food was good, the people and performances were great but the best part was the spiritual atmosphere,” said Grace Johnson, freshmen public relations major. “It was a beautiful experience to be a part of and see that LAC intentionally wanted to make the point that it was all about Jesus,” said Kamille Thompson, junior clinical psychology major. “I love how my school is so diverse. The richness of our cultures is amazing!” said Madeline Mace, sophomore fine arts major.
Do it without complaint

Shancie Smith-McPherson
Contributor

There is always something we don’t rather be doing. I often find myself daydreaming about standing by the ocean, with my feet in the sand, feeling the warmth of the sun before it sets in shades of pink and blue. Instead, I’m sitting in a two-hour lecture at 8 a.m., learning about hand hygiene and infection control, forgetting everything I had learned the day before.

We are only a couple weeks into the semester and many of us are already struggling. We complain about our heavy workload, how early we have to wake up in the morning and how long we have to stay in class. I, for one, am guilty of all those things.

What we often do not realize is how blessed we are to be sitting in those classrooms. When we go on and on about how hard classes are for us, we don’t notice that we insult our teachers. When we make fun of the food in the cafeteria, we don’t notice that we insult our peers. When we claim that we know better and can do better, we don’t notice that we insult our professors. When we make fun of the room’s decor, we don’t realize that we insult our classmates.

Similarly, when we complain to God about obstacles in our lives, we claim that we know better than He does.

We are not given big loads because people like to torture us. No road we choose to take is easy. The Bible tells us in Philippians 2, to do things without complaint. Our time will come when we will be free and rejoice. If you take anything from this, let it be that God has your best interest at heart. Know that you are here because you are loved.

Be strong and courageous

Jessica Kovach
Contributor

At the beginning of each semester, I always murmur the same words, “I don’t know how I’m going to survive.” Call me dramatic, but in my defense, I always seem to find a way to add more to my schedule than seems feasible.

What could have been a walk in the park turns into a sprint, and I really do not like running. When a semester starts, there is no choice but to go forward, fears and all, and tackle every challenge that arises.

The feelings of a new semester are fleeting in comparison to Joshua’s emotions when Moses died and God called him to lead the Israelites. As the rush of new responsibilities of leadership began to take over Joshua, God bent down to talk with him. We might imagine God telling Joshua exactly how He planned on using him, or explaining the importance of following His exact instructions if he wanted to be anything like the great man, Moses, whose shoes he was trying to fill.

God mentions this, but focuses on a promise He already made to Joshua while Moses lived: “Be strong. Be courageous. Don’t fear. I Am with you.” Joshua’s peace did not come from knowing how everything was going to end; instead, it was by knowing he was not alone. Only after Joshua knew that God was with him could he move forward with the faith that caused walls to tumble.

When I learned this memory verse (Joshua 1:9) in kindergarten, some of my biggest fears consisted of snakes, the tickle monster and being forced to eat eggs (that last one has not changed). Now, I find myself worrying about balancing friends, family, God, and oh yes, school. I worry about missing everything God wants me to learn because I am so busy, and I wonder what lasting impact I will leave on this campus.

My future career is uncertain. Even next semester is unclear, yet as I stand here like Joshua, I know God whispers the same thing into my ears: “Be strong. Be courageous. Don’t fear. I Am with you.”
A unique and stylish color that you may not have thought to incorporate into your wardrobe is dusty pink. I was not a huge fan of the color pink growing up. Socially, it represents the color of pre-adolescent femininity. So why, then, am I advocating on behalf of a shade of pink?

Fashion Week is pivotal in the world of clothing and it impacts what we wear on a daily basis. Since dusty rose was implemented during New York Fashion Week last September, I have begun seeing this soft and versatile shade being used for furniture, clothing and accessories of all types.

The great thing about this shade is that it is universally flattering for all skin tones and hair colors. It goes great with white, yellow, gray and red hues. Dusty pink is magical in that way.

This winter, incorporating dusty pink into your life can make your wardrobe brighter, stylish and more interesting. Think bold pink pants, dresses, or off-the-shoulder tops with a pair of jeans. This will keep you fashionable from winter all the way to spring, as pink welcomes in the fresh new season.

During the colder season, a cup of tea warms the body and the soul. What could be better than curling up at home with a hot cup to escape the outside chill? The power of tea extends beyond its ability to make even the coldest weather bearable. I want to share three of my favorite teas and what they do for physical and mental health. Peppermint tea is classic and a favorite among many for its delicious taste. It boosts overall health by improving digestion, reducing pain, eliminating inflammation, relaxing the body and mind, curing bad breath, aiding in weight loss and boosting the immune system.

Lastly, chamomile is an herb that people have used throughout the centuries. It is most commonly used to calm an upset stomach or to help with sleep. However, it also contains cancer-fighting properties, helps clear skin and relieves migraine symptoms. So next time you want to fight off a cold, figuratively and literally, take solace in a warm cup of tea that not only tastes good, but does good for your body and mind.

Ask Andrew

There’s a pretty girl I want to ask to the banquet, but I don’t know how? Okay, do this: Walk up to her, square your shoulders, and say “Hello lil’ missy, wanna go banquet with me?” And after she says no, stop trying to get relationship advice from a school newspaper. Repeat as needed. How do I tell my roommate to stop chewing with her mouth closed? What? That is the exact opposite of what you should do. My girlfriend wants me to paint her toenails, but she has really ugly feet. What should I do? Make them bad boys fabulous! If she has dry skin, use one of those pumice stones. If you’ve never used a pumice stone, or things are getting too rough, a standard cheese grater or rough sandpaper (to grit) should do.
Diaz’s shooting sparks Upper East Siders

Natalie Diaz scored 22 points as the Upper East Siders improved to 5-0 with a 51-27 win over Triple Threat on Monday in women’s A-League basketball.

“My shots were falling and the team was really hustling,” said Diaz, junior health, physical education and recreation major.

Diaz scored the first eight points for the Upper East Siders, including a pair of three-pointers, as her team jumped to an 11-4 lead.

Carolina Lopez kept the score close for Triple Threat early in the first half. Lopez sank a short hook shot, then scored again after snagging an offensive rebound, to cut the Upper East Siders’ lead to 13-11, before the first half was over.

However, several turnovers and hurried shots slowed the Triple Threat offense. The Upper East Siders took advantage by scoring layups in transition and making open shots on the wing against the Triple Threat’s zone defense.

The Upper East Siders hit three straight three-pointers, one by Corrine Atiga and two more by Diaz, keying a 15-0 run late in the first half.

A layup by Triple Threat forward Ayisha Allen ended a scoring drought, and Lopez added two more baskets before halftime to trim the Upper East Siders’ lead to 30-17 at halftime.

Any consideration for a Triple Threat comeback was erased shortly after halftime as Diaz, who had 16 points in the first half, scored the first six points of the second half.

Atiga and Ally Stock also added multiple baskets during a 17-0 run for the Upper East Siders as Triple Threat went nearly 11 minutes in the second half without scoring.

Stock finished with 11 points for the Upper East Siders, while Atiga added 10.

Lopez, who scored 12 points for Triple Threat in the first half, did not score in the second half.

“I think we need to work on our passing more,” said Lopez, junior nursing major. “Next game, I think we need to work on our defense as our team was slacking covering the outside shots.”

Triple Threat, which fell to 3-2 with the loss, switched to man-to-man defense in the second half, but they had few answers for the Upper East Siders team that topped the 50-point mark for the second time this season.

“We played really good defense tonight,” said Diaz. “We did a good job getting rebounds and creating offensive opportunities. Our center and forwards really stepped up tonight.”

Business as Usual take care of business

Business as Usual defeated The Replacements, 50-31, in men’s A-League basketball action on Monday night. With the win, Business as Usual improved to 4-1 and remained second in the league. The Replacements fell to 0-5.

Business as Usual played impressively from the opening tip, starting the game with a 12-0 run before The Replacements sank a three-pointer.

Atiga and Ally Stock also added multiple baskets during a 17-0 run for the Upper East Siders as Triple Threat went nearly 11 minutes in the second half without scoring.

Stock finished with 11 points for the Upper East Siders, while Atiga added 10.

Lopez, who scored 12 points for Triple Threat in the first half, did not score in the second half.

“The Replacements managed a few good looks at the basket in the second half, but they were unable to cut the margin to less than 15 points.”

“We played solid defense,” said Nathan Shires, captain of Business as Usual and senior theology major. Shires was pleased with his team’s performance though he added they “need to work on their ball movement.”

Miguel Scavella, captain of The Replacements and junior clinical psychology major said that his team needs to improve their shooting and “take better shots.”
January/February

Thursday, January 26, 2017

Student Life Announcements

Parents' Weekend: Call your mom and let her know that Parents' Weekend is coming! From Feb. 17-19 all parents are welcome to join their students and experience campus life.

Palau Mission Academy: Abner Sanchez, the principal of the Palau Mission Academy will be on campus Jan. 30 to Feb. 1. Any students who are interested in serving as an student missionary in the islands should stop by the student center to meet Mr. Sanchez.

SA Announcements

Valentine's Day Banquet: Dress in your finest to attend our Billionaire's Club Masquerade on the Southern Belle’s Pier! It will be a night of romance and intrigue. The event will be held on Feb. 12 at 7:30 p.m.

You say it's your birthday...

Thursday, February 26

Amanda Evans
Ada Rodriguez

SUNDAY 29
Melissa Bopp
Joana Claros
Anissa Cruz
Sarah Hunt
Rachelle Martin

FEBRUARY WEDNESDAY 1
Kassandra Fernandez
Sharon Goldman
Mitchell Hagan
Lisamarie Heldzinger
Tony Jamgochian
Hannah Limone
Rashid Logan
Sarah Pak
Morgan Payne
Joey Rocha
Matthew Sabino
Dennis Saturnino
Michael Steinke
Natalie Tielves
When u take something u learned from a class and use it in an essay for a diff. class so u sound smart. #SAUlife #writerslife
Jacklyn Ruth @booknerd828
Mass Comm, JR

It’s too early in the semester to be giving up already
Adonijah McCann @ninaamccann
Psychology, SO

why am i hot bro it is the middle of january
Jon Owolabi @nappppps
Marketing, SR

Can’t wait until my transformation into the pigeon lady from home alone 2 is complete
Shanti James @alishant4195
Psychology, SR

Always keep the leaders of the world in our prayers.
Jezrelle Corrales @xox_jezrelle
Business Administration, SR

ok guys there’s a tuvan throat singing concert next thursday night in ackerman and if y’all pass this opportunity up im gonna be sad
Jordan Putt @jordanputt95
Business Administration, JR

My fitness teacher looks like your classic PE teacher from grade school…
Dakota Bernis @_dakotabernis
Accounting, SO

Piper: “One day America and all its presidents will be a footnote in history, but God’s kingdom will never end.”
Elisabeth Etchell
Pastoral Care, JR

I’m so overwhelmed by how much I love pasta.
Angela Fears @angiepieee
Nursing, JR

Can’t even look at pics of the Family Obama. Breakups are hard and there is no mixtape long enough or emo enough.
Kendra Stanton Lee @Kendraspondence

When u take something u learned from a class and use it in an essay for a diff. class so u sound smart. #SAUlife #writerslife

Butler and I had a lot of anxiety when we arrived in the food court. We were both nervous to order from Pho because we had never had it before. We ended up ordering a large bowl of Pho with all the ingredients. The broth was thick and creamy and the meat was so tender and flavorful. I think the only thing that could have made it even better was if we had ordered a side of Thai basil fried rice.

I used to go into the doctor’s office kicking and screaming whenever it was time for my flu shot. I vowed long ago that I would never give blood, but today I broke that vow and donated. Although I had some complications afterwards, it was totally worth it to know that I made an impact!

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Best picture Nominations:
“Arrival”
“Fences”
“Hacksaw Ridge”
“Hell or High Water”
“Hidden Figures”
“La La Land”
“Lion”
“Manchester by the Sea”
“Moonlight”

“La La Land” will win because everyone is obsessing over it… we all know “Moonlight” or “Hidden Figures”, revolutionary movies, should get a nod… but would they when you can watch America’s sweethearts Emma and Ryan dance among the stars?!?!?

Lead actor:
Casey Affleck, “Manchester by the Sea”
Andrew Garfield, “Hacksaw Ridge”
Ryan Gosling, “La La Land”
Viggo Mortensen, “Captain Fantastic”
Denzel Washington, “Fences”

Ryan Gosling will win, not because his name is on the card, but because Brie Larson (the presenter) will become overwhelmingly swoon with his soft smile and blurt out his name instead of Casey Affleck.

Lead actress:
Isabelle Huppert, “Elle”
Ruth Negga, “Loving”
Natalie Portman, “Jackie”
Emma Stone, “La La Land”
Meryl Streep, “Florence Foster Jenkins”

Let’s be honest… No one saw or even knew about Florence Foster Jenkins… but Meryl Streep will win yet another Oscar.

Supporting actor:
Mahershala Ali, “Moonlight”
Jeff Bridges, “Hell or High Water”
Lucas Hedges, “Manchester by the Sea”
Dev Patel, “Lion”
Michael Shannon, “Nocturnal Animals”

Someone random will win like Michael Shannon (the only thing you’ll care that he’s done is Man of Steel) and no one will know why. He will give a speech and because no one will know him, no one will care.

Supporting actress:
Viola Davis, “Fences”
Naomie Harris, “Moonlight”
Nicole Kidman, “Lion”
Octavia Spencer, “Hidden Figures”
Michelle Williams, “Manchester by the Sea”

Viola Davis, Naomie Harris, AND Octavia Spencer?! Let us give it to Nicole Kidman… everyone saw “Lion” right?

Best director:
“La La Land,” Damien Chazelle
“Hacksaw Ridge,” Mel Gibson
“Moonlight,” Barry Jenkins
“Manchester by the Sea,” Kenneth Lonergan
“Arrival,” Denis Villeneuve

Here is to hoping our beloved Adventist-like movie will win something… but yet, let us be honest and say “La La Land” will take this trophy home, too. It is really hard to direct those intense dancing scenes compared to war scenes, okay?!
Interactive Valentine’s banquet to feature masks and mystery

In a departure from banquet norms, students can expect a night of mystery and masquerade during this year’s Valentine’s banquet, sponsored by Student Association, on Feb. 12 at the Southern Belle Pier at 7:30 p.m.

Tickets are $25 per person and will be sold during weekdays leading up to the event from 11 a.m. to 1 p.m. in the cafeteria, and during the Super Bowl party in the gym, until tickets are sold out. No refunds will be offered.

Kit Clements, social vice president and senior animation major, listened to student feedback about banquet in past years and wanted to plan something new and exciting.

“This is a highly interactive event,” Clements said.

The night will be centered around participants working together to solve a crime before time runs out. Students are highly encouraged to wear masks to the event in spirit of the Venetian carnival.

Southern will not provide transportation to the banquet. Students without transportation can rent one of the new electric cars on campus for the night and can split the price with a group of friends to keep extra costs down.

Students will be able to park for free across the street from the venue.

Electric cars available to rent

After a two-year process, students, employees and community members can now rent electric Nissan Leafs from the electric charging station on campus behind Talge Hall.

In order to take part in this program there is a $25 initial application fee, but the company, Green Commuter, is currently offering $30 worth of credit to students who apply. Although rates are typically $7 per hour, students have been offered a discount of $5 per hour.

The company has also dropped the minimum rental age to 18 in order to

Students can rent electric cars for a discounted rate of $5 per hour. Students must download an app to participate.
Collegedale Church invites students to join prayer ministry

**BRANDON BENECEHE**
**STAFF WRITER**

Josh and Bonnie Sholock have collaborated with Pastor Jim Moon to provide Southern students with a new prayer ministry “Prayer Partners” at the Collegedale Church.

Every Sabbath, students are invited to join in offering individual prayer sessions to people in the church audience following the Renewal service.

Moon formulated Prayer Partners as a way for the church to become more intimate and to expand the role of student deacons. Moon said that the Lord impressed him to seek Josh as a leader for this ministry. Josh was soon joined by his wife Bonnie in leading Prayer Partners, and the newly wedded couple set out to develop the ministry.

On average, the Sholocks are joined by eight other students each Sabbath. The group prays with renewal about 25 individuals after each service and typically have a different rotation of Prayer Partners every week. The Sholocks say that the ministry is easy to join and are able to provide students with Life Group credit.

The Sholocks and Moon say that they are thankful for the people they reach, but their goals lie beyond the amount of people they pray with. “My hope is that we would be a small band of prayer warriors that continues to pray and grow as a group,” said Bonnie.

While Bonnie hopes to see the ministry develop prayer warriors, Josh hopes that the ministry will continue after he graduates. “My goal is that [Prayer Partners] gets passed on to another student— that it grows and doesn’t burn out,” Josh said.

As the ministry grows, the leaders of Prayer Partners say that they are working to keep their eyes on Christ. The group aspires to continue growing the ministry, involving more students and representing Christ to those in need of prayer.

“It’s not about the numbers,” Moon said. “It’s about the one He has called us to bless. It’s worth the one.”

For anyone interested in joining Prayer Partners, contact Josh and Bonnie at jsholock@southern.edu and bhover@southern.edu

Residence Hall Deans hold meetings for RA Applicants

**LINDSEY CLUTE**
**STAFF WRITER**

The residence halls are requiring resident assistant applicants to attend meetings that will better prepare them for the responsibility of the job they’re applying for.

The first of two meetings were held Jan. 23 at 7 p.m. in the White Oak Room in Thatcher South. Deans Tisha Looby, John Willis and Kevin Pride, took turns presenting different pieces of information to students who attended the meeting from both Thatcher and Talge Hall.

To begin the meeting, Dean Willis got the students involved in an icebreaker activity to help them to understand the different personality types of possible residents.

“I was surprised at how much they enjoyed it,” said Looby, Thatcher dean. “They loved finding out who they were, what that said about them and what people perceived about them and what they enjoyed it,” said Looby, both Thatcher and Talge Hall.

Dean Looby said that transparency is important. “We want you to know that it’s not a secret society, that it’s something that’s supposed to be there as a service to the residents, not as a secret club that’s watching you and talking about you behind your back.”

The next and final meeting will be held on Feb. 9 at 7 p.m.
Southern celebrates 125 years with tractors and Cracker Jacks

Associate vice president of advancement job shift

Hi, I'm Kaitlin Colon! I am originally from California, but currently live in swampy, alligator-infested Florida. I am a senior public relations major and I really love what I am studying. I am extremely excitable and full of energy and I am a huge fan of sci-fi. I am proud to be able to work with a great team of people, and I have developed a deeper sense of appreciation for the work and artistry that goes into putting a newspaper together.

SOUTHERN ACCENT 3
Thursday, February 2, 2017

Southern celebrates 125 years with tractors and Cracker Jacks

On Jan. 25, students were treated to Cracker Jacks and hayrides on the Promenade, courtesy of the Advancement department and Student Association, as one of the many events that will be held throughout the year to celebrate 125 years of Southern Adventist University.

"[This celebration grants] opportunities for alumni, students, faculty, staff and community members to become better acquainted with Southern's history and mission of preparing students for lives of service in their communities, churches and workplaces," said Evonne Crook, director of advancement.

"Last Wednesday's activities highlighted fun ways to raise awareness among students of the school's pioneer roots." Tractors and Cracker Jacks were chosen because they are also celebrating their 125th year. In 1892, John Froelich invented the first tractor, and in 1893 Cracker Jack were first displayed at the Chicago World's Fair.

"I thought it was cute how the university thought of us by taking time to let us know that we're not just here for school," said Maria-Clara Canhassi, sophomore nursing major. "The college experience can be fun and the university is thinking of us when they plan events like this."

Student volunteers also helped pass out Cracker Jacks during last Wednesday's celebration.

"I felt productive and helpful being able to hand out Cracker Jacks with SA," said Gavin Finch, junior English major. "I handed my own box out! I was also worried that people wouldn't realize there were peanuts in them. Luckily there weren't any allergic reactions. It was just cool to be a part of it."

Advancement has many more upcoming events to continue celebrating 125 years of Southern.

Meet your news editor!

Hi, I'm Gavin Finch! I am originally from California, but currently live in swampy, alligator-infested Florida. I am a senior public relations major and I really love what I am studying. I am extremely excitable and full of energy and I am a huge fan of sci-fi. I am proud to be able to work with a great team of people, and I have developed a deeper sense of appreciation for the work and artistry that goes into putting a newspaper together.

Tune in to your happy place.

Southern Adventist University

Meet your news editor!

Meet your news editor!
The color of love: a faculty discussion

Natalia Perez
Managing Editor

On Jan. 30, several professors gathered in Daniels Hall for the first race relations meeting of the winter semester. The meeting, titled “The Color of Love,” is an ongoing dialogue between faculty members about race relations on Southern’s campus and how to intentionally live out what they’ve discussed in tangible ways.

The meeting was co-facilitated by Doug Tilstra, school of education and psychology professor, and Stephanie Guster, school of social work professor. Tilstra began the discussion with prayer, and for the sake of new comers, a history on their meetings and why they started. These discussions came to fruition after Southern’s Yik Yak fiasco about a year ago. Tilstra felt God was moving him to do more, so he began engaging in a discussion online, and eventually invited faculty and staff to join him. The 80 attendees broke into groups and shared their opinions.

“How can we give the right tone to students if we can’t figure it out ourselves?” Tilstra said. “We are learning and growing together.”

Tilstra shared the themes that Hollis James, director of institutional research and planning, provided as the cause of the cultural disconnect on campus. They included lack of awareness, unexpressed feelings and lack of diversity in staff among many other reasons.

Attendees were asked to take a “Commitment to Combat Racism Survey.” After finishing the survey, they formed groups and discussed the patterns in their answers, brainstorming ways to apply their newfound awareness into their daily lives and the Southern community.

When asked what they would like to see implemented socially in the future, Kristie Wilder, dean of the social work department, said, “Student voice is really power. An element that would move us in a different direction. I want to see more of that.”

“Naivety exists on campus in many real ways, not just among students but among faculty,” said David Smith, president of Southern.

When discussing future goals on how to implement change on campus, Lisa Diller, history and political studies professor, said that faculty need to go the extra mile with their education to reach people who do not think discrimination exists.

“If our students do not feel safe on this campus, they will not stay,” Guster said.

Despite the challenge of figuring out the broadness of their approach, the ultimate goal of the meetings is to accomplish a desire to grow personally, raise a sense of purpose, and to cause
Southern students receive need-based scholarships

Gavin Finch
Staff Writer

Six Southern Adventist University students were awarded between $1,000 and $2,000 each this academic year from the Play it Forward Endowed Scholarship.

The scholarship is based on the importance and impact of an Adventist-Christian education on students’ future careers and the promise that the students will put money back into the scholarship in the future.

Awards were given based on five criteria: class status, financial need, application essay quality, GPA and selection of a mentor.

In the essay, the students were required to consider the scholarship’s purpose and relate it to their own lives. The students were also required to choose a mentor to keep them accountable in fulfilling their goals so they could effectively “play” the benefit of the scholarship forward.

Geovanny Ragsdale, associate vice president of advancement said, “The coolest part is that students have to take a moment to reflect the value of their education here.”

Endowment Scholarships

According to the Southern website, eligibility for scholarships from the university endowment fund is determined by filling out the FAFSA, which uses a nationally recognized formula to determine a family’s ability to pay for college.

MASTER’S DEGREE IN COUNSELING
Let Us Help You Help Others

The counseling program at Southern is focused on Christ, the Wonderful Counselor.

Scheduled for Your Convenience
Classes are held once a week on Tuesdays to accommodate your work schedule.

Designed for Your Success
Southern’s CACREP-accredited programs in Clinical Mental Health Counseling and School Counseling prepare students for state licensure and provide practical knowledge and clinical experience.

Grounded in Christian Principles
The training you receive at Southern will be grounded in Christian principles and designed to prepare you for work in a variety of settings.

Master of Science in Counseling
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• School Counseling

1.800.SOUTHERN • southern.edu/graduatestudies
Too frequently, we fail to talk about important, and sometimes challenging, topics in our church. Our leadership ignores pressing issues. The older generation holds onto the idea of a perfect church where everyone is good and renounces sin. Effectively, a country club for saints.

However, the real purpose of the church is to rehabilitate and heal the lost. In Matthew 11:28, Jesus said, “Come to me, all you who are weary and burdened, and I will give you rest,” effectively a hospital for sinners. With that in mind, let us break barriers and speak honestly.

Rape culture has existed in society since at least Sodom and Gomorrah. Remember that the townsmen wanted Lot to give up his visitors to the crowd? This is not even just a female issue. It is a human issue. Thousands of people are sexually assaulted each year and many cases go unreported. I have friends that have been affected by this horrible injustice because people do not seem to know where boundaries are.

To my readers who have been assaulted or raped, you are never alone. You are loved and cared for. There will always be someone who loves you unconditionally. As it says in 1 Corinthians 16:19, “Do you know that your bodies are temples of the Holy Spirit, who is in you, who you have received from God? You are not your own.”

You belong to the one who will never hurt you, and your worth as a prince or princess was decided at the cross. No crime can take that from you or diminish that; you are more than a statistic.

Victims of sexual assault face difficult issues. This problem is not just a matter of learning when no means no. As Christians, we are called to be part of the world but not of it. I implore you to remember where boundaries lie and reassess what choices you are making. Are your actions, private or public, contributing to a culture that hurts your loved ones?

Rape culture, although present, can be addressed by us as members of the Seventh-day Adventist church. As Christians, we should realize that our bodies belong to God, not ourselves.

Looking for a job?

Chef Vacancy Announcement

There is a very big need for healthy eating and living in The Islands of Palau!

For NON-US Citizens, candidates will be required to obtain a Palau Visa.

BASIC FUNCTION OF THE POSITION

The duties of the Chef include but are not limited to planning, budgeting, shopping, preparing and presenting meals for the residence and for events of 2 to 100 guests. The Chef’s repertoire must include a diverse range of cooking styles and meal types; of particular importance is the ability to create vegetarian/vegan meals.

QUALIFICATIONS REQUIRED

• Associate Degree or completion of culinary/catering certificate program in the absence of an Associate Degree
• Must have a fluent command of reading, writing, and speaking English
• Must have initiative, good interpersonal skills and flexibility

HOW TO APPLY:

Interested candidates for this position must submit an application letter and current resume by email them to piapalau@yahoo.com or holisticliberty@yahoo.com

All applications must be signed. The deadline for submitting applications is February 26, 2017.

Location:
Katey’s Healing Garden
Topside Ngermid
PO Box 1516
Koror, Palau 96940

Phone No:
(680) 7751777/ (680) 4882220/ (680) 4883337

You can also visit our Facebook page! Looking forward to meeting you!
A solution for the car-less driver

BRANDON BENECHE 
CONTRIBUTOR

I have learned a lot about myself since I started college a few years ago. I realized that I love Sabbath strolls and trips to the gym, I can manage a meal plan pretty well and I am occasionally prone to crippling awkwardness. Moreover, I have discovered something that I truly despise: being the friend without a car.

The friend without a car is different from being the friend without a license. While the friend without a license lacks the right to drive, the friend without a car lacks the means to drive.

My car-less peers and I typically enjoy driving. At the very least, we see its importance. So, having to rely on others for transportation can feel unnatural. It is a reversion. Furthermore, I do not enjoy feeling like a burden to my friends. I would rather buy my groceries at the VM then ask someone to take me to Walmart, and I would rather have a vending machine dinner then ask a friend to take me on a Saturday night Taco Bell run.

Because of these sentiments, I view Southern’s new electric rental cars as potential solutions to the car-less struggle. For a mere $5, I can take a date downtown without asking a friend to chaperone us.

If a group of car-less friends and I want to treat ourselves at City Cafe, we can make it happen. As an added bonus, I will promote environmental stewardship by driving a more eco-friendly vehicle.

I have yet to rent one of these cars; however, as I am a bit nervous about driving someone else’s car. I think of myself as a good driver (don’t we all), but I like to be careful with other people’s possessions. I dread the idea of explaining to Southern that I dinged one of their cars while picking up some burritos.

Still, the benefits of having accessible cars on campus outweigh the risk for me. I like feeling independent. I miss being able to hop in a car and drive off without hassle like I can at home. So, for a few bucks, I would be happy to rent a car from Southern.

I’m a woman, and I don’t support the Women’s March

SAVANNAH IYVINS 
CONTRIBUTOR

Last weekend I was in downtown Chattanooga with my friends. As we walked across Market Street Bridge we faced a mass of protesters bearing signs that read: “He’s not my president,” “I am a nasty woman” and “Rebel women unite.”

As they walked, escorted by police, they yelled, “Women are under attack. What do we do? Stand up and fight back,” along with many other chants about fascism, racism and their hatred for the president. As I looked on, I thought to myself, “What are they even fighting for?”

After doing some research I found that the march’s official purpose included rights to have abortions and free contraceptives, equality for the LGBTQ community and equal pay for men and women. Do not get me wrong, I am in support of protests if it accomplishes something, but this protest seemed more like an excuse for people to complain about something that did not go their way.

I agree that sometimes protesting is necessary, but as a woman in this country, I feel very bothered that because of my gender, I am lumped in with a group of people who do not share my values. From a woman’s perspective, I do not feel attacked, I do not see my rights being taken away and I do not feel the need to be the same as the opposite sex. When did being unique as a woman become so unpopular?

Last week, the world saw three million people marching for a unified cause, but what I saw on that bridge was a hateful attitude towards the president and a group of people who could not accept the outcome of the election. Ultimately, I believe that God puts leaders into office and he is in command of the events in this nation.

I agree that there are many reasons to be dissatisfied with the new president, but spreading hate and creating more division in this world is not worth it. You do not have to agree with the things I have said, but I will ask you, as the next four years pass by, please join me in lifting up our leaders in prayer.
Velo Coffee

The coffee shop experience is tried and true: buy a coffee and then find a table or take it to go. There seems to be little room to exist outside the formula, but Velo Coffee Roasters breaks the mold and is something special. I went to Velo a year ago and at first, I did not get what the place was about. After going a few times I started to recognize its charm. Velo invites customers in with an atmosphere that encourages them to sit down, relax, talk and study and then pay for their coffee once they are ready to leave.

They have specialized brewing machines and offer more than the typical cup of coffee. The unique sound of vinyl creates an atmosphere that is both modern and vintage. Even better than the atmosphere is the coffee, which tastes soft and strong at the same time and leaves you wanting more. Its unique environment and quality coffee is worth checking out.

You can find them on Instagram: @velocoffee, or visit them in person at 509 E Main St. and 515 Cherokee Blvd., Chattanooga, TN.

Ask Andrew

Can I propose on a first date?
Only if you want to make sure that she'll never go on a date with you again.

My girlfriend does not believe in haystacks, how do I convert her?
Like when Shrek told Donkey that ogres are like onions, show her that life is like a haystack: segmented, sometimes messy, diverse, crunchy...But in the end, it's something we can all enjoy after a sermon that lasted longer than it should have.

What is a good pickup line I can use in Life and Teachings of Jesus?
"Hey babe, you must be pure water, because Jesus turned you into fine."

*to submit a question to Ask Andrew email andrewcuevas@southern.edu by Sundays at noon

Footwear for your Myers-Briggs

ENTJ Bold, energetic, imaginative, and strong willed leaders. ENTJ's are a four-inch, strong, red or black heel. Heels give an added boost to confidence and dominance and help channel energy to go and conquer whatever task or situation.

Accent Staff: Kaitlin Colon

ISFP Flexible and charming artists. Always ready to explore and experience something new. This personality has shoes that are as intriguing and quirky as they are. Typically they gravitate towards customizable shoes such as Converse, Vans or Toms.

Accent Staff: Natalia Perez

ISTJ Practical and fact minded individuals whose reliability cannot be doubted. ISTJs are a pair of Clarks or Oxfords. Their soles are made of memory foam, making them comfortable and stylish.

Accent Staff: Sierra Emilaire

INTJ Imaginative and strategic thinkers with a plan for everything. INTJ's are a pair of kitten heels, because they are versatile. They take you from vibing with your daily life routine to a impromptu meet up with your girlfriends.

ISFJ Dedicated and warm protectors, caretakers and defenders. ISFJ's are warm moccasins, keeping you comfortable and cozy and protecting you from the cold air, cold people and cold situations.

Accent Staff: Sierra Emilaire

ENFP Enthusiastic, relatable, creative and sociable free-spirited souls that take time to smile at the little things in life. ENFP's are a pair of Adidas Superstar sneakers. These people focus on emotional connections and they value being comfortable and casual.

INFJ Quiet, mystical, inspiring and individualistic idealists. INFJ's are often soft-spoken but they stand behind their opinions. The best type of shoe would be a stylish pair of lace up ballerina flat that can be dressed up or dressed down for any occasion, and also carry them through whatever they have planned for the day.
Super Bowl LI: flight or might?

CALEB BIEGLEY
SPORTS WRITER

This coming Sunday, the championship of the National Football League will be decided. The match between the Atlanta Falcons and the New England Patriots is, as all Super Bowls are, widely anticipated by everyone, not only in America, but on our campus. The Student Association (SA) is holding a viewing party in Iles P.E. Center on Feb. 5 at 7:30 p.m.

Kit Clements, social vice president and senior animation major, said that the party this Sunday will include a free pizza dinner for all attendees. She also said that the half time performance will not be aired. Instead, SA will offer an ice cream bar. “I’m a New York Giants fan, but if I had to make a prediction I would pick the Patriots to win,” Clements said.

“Pats offense has hardly any weaknesses,” Jackson Mowrer, sophomore history major. “Four wins without their quarterback and they still go 3 to 1. That record is also a testament to their defense. Atlanta has yet to see a defense like New England.”

Kyle Harris, senior history major, voiced doubts about New England’s defense. “Although New England’s offense is good, their defense has been weak since the last Super Bowl.”

Both teams have excellent offensive units that are sure to put on a show in Houston on Sunday night. Patriots offense Matt Ryan and the Falcons led the NFL in offense this season, while Tom Brady and the Patriots came in not too far behind.

“Atlanta’s dynamic offense with Coleman, Julio Jones and Matt Ryan could potentially leave New England’s overwhelmed,” Harris said. “New England will have to force Atlanta to be one-dimensional. The game will probably come down to a few plays in the fourth quarter.”

This is the Falcons second time making it to the Superbowl. With the Patriots’ experience, they have the upper hand in Sunday’s game. One thing is for sure, it will be an exciting game and arguably one of the best Super Bowls we have ever witnessed.

3-on-3 at 3 a.m.: Sons of Aces and Serves Up take the Win

ENAEA SMITH
STAFF WRITER

Sons of Aces and Serves Up won Southern’s annual 3-on-3 double-elimination volleyball tournament this past Saturday. The tournament lasted around 8 hours starting at 7 p.m. and ending at 3:34 a.m. with the championship games.

After losing only one game the whole night, Sons of Aces won the men’s division against the previously undefeated Oooo Kill'em with a score of 25 to 18. Serves Up, the winners of the women’s division went up against You Ok? winning by two points with a score of 15 to 13.

Both teams got bragging rights and t-shirts as a prize. Sammy Duany, junior allied health major and one of the players on Sons of Aces, expressed that they had high hopes for their team. “I think the reason we won is because we wanted it more, we pushed for it,” Duany said.

This championship was a huge victory for David Grau and Christian Bunch, two players on Sons of Aces, as this was their last tournament before they graduate this coming May.

“We had some challenges, but we surpassed them as a team,” Grau, senior health physical education and recreation major, said. “We knew we had to work harder when we lost our first game, but that only motivated us to win the championship.”

Melissa (Aika) Nishino, the captain of Serves Up, was also confident in her team’s ability and expected them to make it far. Carolina Lopez, junior nursing major, felt that their win was not without a fight though. “We played a lot of good teams, they gave us some hustle,” she said. “It was really good to see that competition.”

As for the other two players, Raeann Butala and Brooklyn Moore, both were so happy to win they could hardly speak.

The volleyball tournament kicks off the beginning of the volleyball season and many have high hopes for the season after seeing how well teams performed during the tournament.

Sons of Aces and Serves Up take the Win

Armando Morales, left, jumps to block an attempted spike against Christian Bunch during the annual 3-on-3 tournament

PHOTO BY TIERRA HAYES
student life announcements

Parents' Weekend: Call your mom and let her know that Parents' Weekend is coming! From Feb. 17-19 all parents are welcome to join their students and experience campus life.

Psi Chi Hosts Mini Mock GRE Exam: On Feb. 12 in Summerhour room 1200; time will be announced next week.

SA announcements

Valentine's Day Banquet: Dress your finest to attend our Billionaires’ Club Masquerade on the Southern Belle Pier! It will be a night of romance and intrigue. The event will be held on Feb. 12 at 7:30 p.m.

Super Bowl LI Party: Come cheer on your favorite team (or boo the opposition) this Sunday, Feb. 5, at the SA Super Bowl LI Party! Food will be served and fun will be had. The party will be held in Iles P.E. Center. Doors open at 6:00 p.m.

you say it’s your birthday...

THURSDAY 2
Jason Berlin
Lindsey Conkle
Tera Evans
Yuta Higuchi
Rafael Nual
Victoria Pohle
Kyle Raymond
Andrea Silos
Grady Hayden
Sierra Meintzer
Chaden Noriega-Reyes
Stephen Rodacker
Anthony Simpson
Patrick Wunderlich

TUESDAY 7
Zalika Bishop
Leah Clayton
Leslie Courtd
Sarah Davis
Brenna Grant
Camila Guarnizo
Karen Guerrero
Shawn Hickey
Jeffrey Hobin
Chloe Khan
Maria Kim
Melanie Ramirez
Erica Thompson

CRISTAL PIRRARO
Megan Simpson
Silvertone Stare
Landon Stoner

SUNDAY 5
Tori Bolin
Devin Cummins
Kevin Miller
Matthew Wilson

WEDNESDAY 8
Zalika Bishop
Leah Clayton
Leslie Courtd
Sarah Davis
Brenna Grant
Camila Guarnizo
Karen Guerrero
Shawn Hickey
Jeffrey Hobin
Chloe Khan
Maria Kim
Melanie Ramirez
Erica Thompson
I just said, “I want a baby dog.” aka....a puppy. It’s been a long day.

Casey Goldring @cvselyn
Graphic Design/PR, SO

This week been about three weeks long

Gelissa Leveille @_gelissa_
Film Production, SR

Sometimes growth and change is as simple as initiating what you’ve been hoping others would do for you

Bryant Rodriguez @BF_Rod
Theology, SR

These typos in the southern accent stress me out

Shaina Naibaho @shainafidelia
Nursing, SR

Everyone’s out here getting engaged and I’m over here just thinking about where my next meal is coming from.

Alina Sherman @alina_sureman
Nursing, JR

Do you ever just need a nap from your nap?

JBrianna Mangahas @briixxna_
Nursing, FR

Shout out to my classes for giving me the opportunity to pull an all-nighter. Couldn’t have done it without you.

Connor Yonkers @Yonkecon
Theology, JR

Are bitmojis inhibiting or enhancing my communication skills???

Angela Fears @angiepieee
Nursing, JR

It really wouldn’t be KR’s if they didn’t play ear-splittingly loud a cappella Disney music

Jordan Putt @jordanputt95
Business Administration, JR

I can’t tell if I put my own tweets in the Accent out of vanity or desperation

Jordan Putt @jordanputt95
Business Administration, JR

@duckduckgoosey Had so much fun last night! Thanks to all who made it possible. #concertocorert #nighttoremember

#saulife @southern_accent #saulife @southern_accent
Let’s watch The Bachelor and be proud we haven’t gotten that desperate.

Happy Galentine’s Day!
You’re the Ann to my Leslie.
This Valentine’s I am going to be the BEST to you. Everyone knows I am the BEST. I will take you to the BEST restaurant. I will give you BEST gift. No one gives better gifts than me.

I love you more than Eleven loves waffles

You’re the Obama to my Biden

HAPPY BROMANCE

I’d let you read my emails this Valentine’s
Southern Accent

The student voice for 90 years! Collectedale, Tennessee Thursday, February 9, 2017 Vol. 72, Issue 14

Southern mourns loss of ‘incredibly positive’ film student

EVELYN RUIZ
STAFF WRITER

On Jan. 24, film production major Joshua Davis passed away after battling cancer. Davis was 37. He is survived by his wife, Julie.

“He was a great guy with amazing energy,” said David Mancao, senior film production major. “He was always willing to help out and loved doing creative work. He was an incredibly positive person. Joshua loved Christ and was involved with ministry within his church.”

Joshua had a passion for life and had the ability to get anyone to talk to him and feel comfortable around him. He desired to serve God through film and wanted his works to be relatable. He wanted to deliver the gospel to others visually. He had a gentle spirit about him and people were drawn to him because of that.

“Joshua Davis was a mentor, brother and fellow collaborator to me, but also inspired me,” said Anna Kerr, junior film production major. “If there’s one thing I’ll remember about him [it] is his spirit of ‘true grit’, which was seen in his filmmaking, his relationship with his wife, and his relationship with God.”

Julie Davis, Joshua’s wife, said, “He strengthened my faith, patience, perseverance, hope and above all, helped me see my identity is in Christ, not anything in this world. I am saddened that my husband is no longer with me, but there is a great peace that was washed over me because I know Joshua is with Christ. I rest in Christ and praise God that Joshua is no longer chained to the pains of this world. This is the beauty of the gospel and I would want it no other way.”

Students and faculty at Southern will continue to pray for the family of Josh and any one who has been affected. We stay with the hope that we will see Joshua again in the Kingdom of God.

Student Finance will extend office hours during class registration

BRAIAN GOMEZ
STAFF WRITER

Student Finance will be extending their office hours to assist students during registration times. Every Tuesday from Apr. 4 to May 2, the office will stay open from 5:30 p.m. to 8 p.m. Regular office hours, 8:30 a.m. to 4:30 p.m., will remain the same Monday through Thursday.

The department previously had a program called “Late Days,” which they are reinstating in order to help students register and decrease wait times. Their main goal is to offer the best possible customer service and provide initial advice to students in need.

Lillian Loza, associate director of finance, said that she hopes this will provide better customer service to students, offer students opportunities and help families in the West Coast.

See FINANCE, page 6
Several Southern students attended the Muslim Ban March in Chattanooga on Feb. 1 at 6:30 p.m. in a statewide movement named, “We All Belong.” The vigils were held to communicate “No wall. No ban. No mass deportations. We all belong.” The marches were held in Chattanooga, Memphis, Knoxville, Nashville and Athens among other cities in Tennessee.

“It was my first political rally and it made me extremely proud to live in a country where we can do that and not be breaking the law,” said Nicole Carrillo, sophomore management and international business major. “It made me feel hopeful knowing that there is so much more love than hate in the world. Going to this rally and seeing people that didn’t look or act like me come together to spread that love was an amazing experience.”

“It was inspiring to see people from the community come together in solidarity regarding the immigration ban,” said Carina Allen, senior business administration major. “It’s also very reassuring for me to see people who are not being persecuted stand up for those who are.”

“It was encouraging to see other Chattanoogans go out to support the immigrant community,” said Sam Ceja-Lopez, senior international business major. “Being a son of parents who were undocumented I can sympathize with them, but I hope the peaceful demonstration gave reassurance to local immigrants that many still believe in a nation built by immigrants.”

KR’s hoping to serve 1,000 customers

This Valentine’s Day, KR’s hopes to reach their goal of serving 1000 students in one day. “Last semester we were almost there [with over 900 customers] so it would be neat if we can do it this year,” said Kim Armstrong, KR’s manager. She also said that Tuesdays are KR’s busiest days and that they wanted to do something special since Valentine’s day is on a Tuesday this year.

In order to reach their goal, KR’s will be serving two specials as well as decorating the café to embrace the Valentines theme. They will be serving a special slush “Love Potion” made up of ice cream, chocolate, blueberries and raspberries next week. The second special is homemade waffles with Nutella, strawberries and whipped cream. That will be served from 11 a.m. to 1 p.m. on Monday, Wednesday and Thursday, and on Tuesday from 11 a.m. to 9 p.m.

They hope that students will come and enjoy treats this Tuesday, supporting KR’s goal.
Radically Chosen

FAYTH HARGROVE &
TIERRA HAYES
STAFF WRITERS

Southern’s Week of Prayer was centered around making a decision to radically choose God. Through student testimonies, it was meant to show people that choosing God is worth it.

Monday evening: Each night started with a continuous skit about a young man named Brandon and his journey through life with Christ, ultimately accepting Him as his Savior. The speaker for the night was Bryant Rodriguez, who felt called to be an evangelist. However, when his plans did not work out he became angry at God. He felt his anger transformed him into someone he did not want to be, so he let God take over.

Tuesday evening: The speaker for the night, Brielle Anderson, discussed her journey of being in the stages of the unknown, knowing and known. The unknown is where she did not know God, and called the Desire of Ages a fairytale. When she desired to know Him she asked God to change her life, and that is when a Generation of Youth for Christ commercial came on and she went and canvassed in L.A. She felt like she had found her purpose: to know God and bless others. The knowing stage is where she met a man while canvassing that did not know about life after death.

She tried to explain as much as she could but got confused because of the lack of knowledge in the world and in her. In the known stage she accepted that she did not know God but God knew her, which was painful because she did not have enough answers.

Wednesday night: The speaker, Sarah Pak, remembered God as the wish generator. If you prayed and went to church, then your prayer would be granted. Everybody told her that God was like a father, but she did not understand this because of her earthly father’s unfaithfulness. She finally came to a time where she decided that it was not over and her will to fight was still there. Sarah saw Jesus in everything which made her decide to dedicate her life to Him and get baptized. Even when she feels drained, she has decided to continuously choose Him.

Students share challenging journeys to Christ

Thursday convocation: Moses Maier, SA president and senior finance major, addressed the topic of God’s purpose during his session of Student Week of Prayer.

Drawing from the book of Job, Maier delved into the validity of questioning God’s purpose in the midst of trouble.

While going through his trials, Job was confronted by his friends to give up, but Maier argues that like Job, one should not give up.

“I’ve been doubting, but I see evidence of God in everything,” Maier said, reminding the crowd that despite things that may go wrong in life, there is a greater plan.

Thursday night: Darcee Christensen, junior social work major, spent her time on Thursday night speaking about her journey of learning to trust in God. Christensen expressed her joy in coming to the discovery that God wants His people to be happy.

“There is nothing we can do to keep us from His love,” Christensen said. “All He asks is for us to open the doors to our heart.”

She called for students to realize Jesus’ love and mercy and to understand that relationships, namely a relationship with Christ, require trust.

Friday vespers: Christian Bunch, senior business administration major, finished off the week on the topic of what matters most in life: Jesus. Bunch said that in the end “everything will be meaningless and purposeless except for Christ.”

He recounts his goals as a freshman: wisdom, a wallet and a wife. Through the study of the Bible he found deeper meanings for his life.

In closing he called on students to remember why they should be at Southern.

“The reason that we come to Southern is not to be employees of any man or woman,” Bunch said. “We come to Southern to learn how to be employees of the King.”
Distinguished Dean’s List

Fall 2016

Victoria Acosta   Emily Charvat
Jordan Aguila    Laura Garcia
Jessica Ahn      Felisia Gonie
Marty Alvarado   Karisella Goolman
Chloe Amundson   Reyna Goodridge
Chris Anderson   Charissa Goosby
Jasmine Arenell  Esther Gow-Lee
Jeanelle Arguelles Sophia Goyne
Corinne Atiga    Corey Grimm
Amber Backo      Maggie Groves
Michael Baranda  Benjamin Gueck
Britni Barlow    Ariana Guittill
Ashley Barrios   Key Hache
Caitlyn Bartlett Mitchell Hagan
Skyelor Black    Brent Hevener
Drew Blake       Gabriel Hidalgo
Carissa Blewett  Laura Higuchi
Cailtin Brown    Savannah Hodgkin
Jeffrey Brownlow  Elizabeth Holt
Christian Bunch  Elizabeth Hooker
Erin Burke       Adam Houghtaling
Jed Boluto      Ashley Howard
Teia Campbell    Brent Hevener
Lucas Campos     Gabriel Hidalgo
Stephanie Caran  Savannah Hodgkin
Charisse Carlton  Jeremy Holt
Nicole Carrillo  Elizabeth Hooker
Stefillini Carrion Adam Houghtaling
Addison Cason-Clark Ashley Howard
Kyllo Cautivar   Adam Houghtaling
Christopher Celis Adam Houghtaling
Micah Chairprakorb Deidra Ferguson
Gavin Finch      Pablo Huerfano
Allene Chang     Dianaos Huey
Alvia Chang      Tia Huff
Isaac Chang      Abigail Hunt
Matthew Chang    Sarah Hunt
Zubin Chang      Taylor Hyde
Deborah Ilunga   Laura Ilunga
Jonathan Im     Jonathan Im
Giselle Imperio  Do Young Jang
Abigail Jansen   Kristi Jensen
Austin Johnson   Austin Johnson
Jade Johnson     Jessica Johnson
Alexis Jones     Mckinzie Johnson
Hannah Kelsey    Hannah Kelsey
Samantha Khalid  Samantha Khalid
Jen Harvey       Jen Harvey
Jonathan Hausted Tierra Hayes
Joshua Heldzinger sandwich
Stefan Heldzinger sandwich
Vanessa Hernandez sandwich
Kacey Layson     sandwich
Brittany Leavitt sandwich
Austin Lee      sandwich
Grace Lee       sandwich
Jenessa Lee      sandwich
Suzie Lee       sandwich
Victor Lee       sandwich
Kevin Leeper    sandwich
Shawn Lemon     sandwich
Naomi Leonard   sandwich
Hannah Leung   sandwich
Scott Linton     sandwich
Paul Liriano    sandwich
Olivia Lourids   sandwich
Lauren Long    sandwich
Matthew Lopez   sandwich
Allison Lowery  sandwich
Phoebe Macel   sandwich
Krista Maekawa  sandwich
Jennifer Makowski sandwich
Victoria Mansurung sandwich
Alexandria Martin sandwich
Jacob Martin    sandwich
Rachelle Martin sandwich
Melissa Martz   sandwich
Nicholas McCull sandwich
Joi McClellan   sandwich
Joshua McKeever sandwich
Caleb McKinney  sandwich
Caleb McQuistan sandwich
Caleb Merz    sandwich
Krists Min    sandwich
April Minter sandwich
Alyanna Jaya Monta sandwich
Daniela Monzon sandwich
Jake Krein sandwich
Aizik Landavade sandwich
Katrice Landavade sandwich
Benjamin Landavade sandwich
Ryan Lander sandwich
Steve Landavade sandwich
Kevin Landavade sandwich
April Minter sandwich
Alyanna Jaya Monta sandwich
Daniela Monzon sandwich
Jake Krein sandwich
Aizik Landavade sandwich
Katrice Landavade sandwich
Benjamin Landavade sandwich
Ryan Lander sandwich
Steve Landavade sandwich
Kevin Landavade sandwich

Dean’s List

Antannia Aguilar   Emily Austin
Latia Allain       Sheann Brandon
Ayisha Allen       Claire Brewer
Karissa Amundson   Claire Brewer
Rebecca Amuland    Claire Brewer
Michelle Amos      Claire Brewer
Taylor Anderson    Claire Brewer
Joseyln Andino     Claire Brewer
Rodny Aquino       Claire Brewer

Alaina Burrowes   Courtney Buttruet
Marissa Chang      Brittnie Byrd
Michelle Choi      Roy Calderon Tuesta
Todd Collins      Timothy Caran
Leslie Contreras   Dallas Carr
Amanda Cook        Kevin Carty
Tessa Corbin       Kevin Corrigan
Addison Cason-Clark Brian Crandall
Jeffrey Dean       Andrew Cuebas
Sadie Dixon        Melody Dale
Brandon Dobrowsky  Grace Danaher
Natalie Diaz       Kellan De Guzman
Sadie Dixon        Carlos De La Cruz
Dalton Doolin      Shelby De Lisser

NOTE: Classification is based solely on most recent semester GPA
Jaqueline Dulanto
Starling Eargle
Angela Edwards
Brianna Fernandez
Matthew Fetingis
Brian Fish
Lake Foster
Stephen Fujimoto
Sabrina Galindo
Matt Garepy
Sierra Garrett
Elissa Giang
Abigail Gil-Costa
Kyle Griffith
Savannah Grignon
Matthew Hamerly
Catalina Hannah
Victoria Hansbury
Chad Harty
Jade Henry
Brittany Hoffman
Hannah Houghtaling
Paul Hoxie
Claire Huff
Skyler H.-Davis
Isamarys Ibarra
Matthew Im
Annie Jeong
Noah Johnson
Madison Johnston
Katelyn Juneau
Hannah Justinen
Yoji Kim
Alexia Kligopoulos
Hannah Klingbeil
Tyler Krause
Yalyn Labrador
Aubrey Lang
Christopher Inagston
Stephanie Lazo
Christian Quintanilla
Ann Lee
Ariel Lee
Matthew Lemon
Jared Lewis
Dennis Li
Aimee Kay Lippard
Christine Lemeland
Tatiana Lopez
Jonathan Lowery
John Lytle
Kaitlyn MacLafferty
Greg Manestar
Sierra Manestar
McKenzie Martin
Tyler Martin
Eduardo Alvarado
Adomjah McCann
Jessica McKee
Maxwell McKenzie
Carli McKeown
Kami Medina
Rayane Melo
Tom Melrose
Allison Melton
Jannine Ivy Mendoza
Alexander Milano
Christopher Miller
Emilyl Miller
Nathan Moravetz
Arlene Moreno
Peter Mulder
Chen Naihao
Lindsey Nakashima
Michelle Nieb
Chaden Noriega-Reyes
Annika Northrop
Dane Ocampo
Andrew Oliver
Bryce Onjukka
Rosmarie Orta
Brenda Osorio-Dure
Sarah Pan
Adrianna Panjaitan
Paige Peltier
Carla Peters
Edward Pino
Jonathan Pino
Adeline Piotrowski
Anna Plank
Emmalina Pleshka
Brenna Potter
Jul Prusia
Elizabeth Pujols
Melissa Punols
Vidal Ramirez
Mario Reategui
Amanda Reed
Bianca Retamez
Jayson Rhea
Patrick Rice
Tracy Ritter
Joey Rocha
Jefferson Rodrigues
Kurtis Rogers
Ashon Robaine
Brittany Swart
Kerstan Thio
Isary Sanchez
AJ Saito
Sarah Scholtz
Naomi Schumacher
Luke Scott
Darian Seals
Audriana Seyfried
Devin Shaw
Steve She
Alaric Shearer
Lauren Shelby
Makenzie Sherman
Isabella Showalter
Alana Simanton
Megan Simpson
Caroline Smith
Catherine Smolinski
Christin Joy
Erika Sosa
Tise Suzuki
Ariel Williams
Brandon Williams
Nicole Woodcock
Serena Wright
Joshua Yang
Ruth Yepez
Samantha Yoon
Daniela Torres
Kenzie Trupp
Jake Tsai
Zachary Uttinger
Grant Vogel
Adam Vollberg
Nick Walters
Miraanda Wating
Emily West
Victoria West
Megan Wilkens
Ariel Williams
Brandon Williams
Nicole Woodcock
Serena Wright
Joshua Yang
Ruth Yepez
Samantha Yoon

Dean’s List

**Master’s Degree in Computer Science**

Learn the Technology that Shapes the Future

Southern’s Master of Computer Science degree puts you on the road to a successful career in a cutting-edge field.

**A built-in advantage**
Recent graduates with a bachelor’s degree gain the equivalent of five years of work experience—time relativity at its finest.

**Positive outcomes**
Position yourself for job growth and enhancement and straightforward access to administrative roles.

**Financial rewards**
Graduates can expect to earn an additional $12,000 to $20,000 annual salary.

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- Network security
- Distributed systems — cloud computing
- Embedded systems — small electronics in all new technology
- Algorithms

With careful planning, you can complete a bachelor’s degree AND a master’s degree in five years!

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Open up: build on trust

ZACHARY HAGEN
RELIGION EDITOR

“Trust the Lord with all your heart, and lean not on your own understanding.” This verse has so much wisdom, but when nothing seems right, how can we come to the decision to trust this ethereal being that we have never actually seen with our own eyes? It is not always easy, but His promises are sure. When we accept and claim these promises, we experience the message of 2 Peter 1:4, which says, “By which He has granted to us His precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.”

Claiming God’s promises allows us to escape our sinful nature and become part of God’s divine nature: we experience righteousness and grace through His power. He has placed these amazing promises throughout the Bible so that whatever storm we are in, we can see those promises and trust Him.

Regardless of where you are in life, if there are things that you are not happy about or if you are really struggling, God has promised to be there and carry you through. He will never forsake you now or ever. Trust in the Lord, do not depend on your own knowledge and He will deliver you from sin and struggle so that you may experience His love more fully.

Finance

CONTINUED FROM PAGE 1

Loza said this will give families more time to contact the finance team.

Both Carter and Loza said they are open to any suggestions from students and parents, and that feedback will serve as a great help so they can better cater to students. After a student has seen a finance counselor, he or she will have the opportunity to provide feedback through an online survey, which will be emailed by the finance department.

“I think it’s great that Student Finance is willing to hear our feedback,” said Oksana Wetmore, junior business administration and public relations major. “As students, we appreciate having our voices heard.”

For more information, visit the Student Finance office or email them at southern.edu/studentfinance.

Let the time change us

ZACHARY HAGEN
RELIGION EDITOR

“There is a time for everything, and a season for every activity under the heavens,” (Ecclesiastes 3:1). Time moves both in a straight line and in cycles. We see the world rapidly changing around us, but we also see nature gently undulating through the seasons. We like to forget that the gentle waves of time affect us the same way because there is a season for everything.

Recently, I have been trying to fix and hold onto my past with a friend, but that season has passed and there is a different one in play now. I have no doubt we will be friends again in a different way and at a different time, but I could not accept that because I was so focused on restoring something in the past.

Time changes us. No summer is the same as the last. When people change, they have to adapt to each other all over again. If you are facing a season of change, do not be afraid of it; embrace each moment of change as it comes and ride the waves.

God has plans that you know nothing about. Romans 8:28 says, “And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.” As long as you love God and aim to serve Him, every chance that happens in life will be a tool that He can use to make your life fuller, richer and better. He is grooming His followers for a life in the Kingdom of Heaven.

I will not deny that change is painful. I miss my friend terribly. My heart remembers each moment where we helped each other grow and each moment where we just had fun. Still, I will trust and move forward knowing that God has a plan. I invite you to do the same.
What Trump’s travel ban says about America

Rachelle Martin
CONTRIBUTOR

For the past couple of weeks, the only stories that have dominated my phone and computer have been about the travel ban set by President Trump. In case you have not been keeping up with the news, Trump issued a ban on any refugees for 120 days as well as for people traveling from predominantly Muslim countries, including Iraq, Syria and Yemen. With all the buzz about this executive order, I realized two things about how America acts: out of fear and out of love.

The whole reason that the ban exists is because of the fear is what caused a man to retaliate out of love. These are some of the reasons that as women, we will lose the uniqueness of our gender if we are “the same as men.” Let’s not confuse naivety to the issues with the absence of issues. What makes us different currently? On average we make 77 cents to every dollar our male counterparts make, even though we are over half the population. We only comprise 18.5 percent of Congress which means we have very little say in the fact that in 38 states we pay a luxury tax on feminine hygiene products.

As my fellow marchers were carrying. This was a march of solidarity that covered a variety of issues, not just a protest of disgruntled voters. My sentiments about the women’s march differ significantly from the views that an author expressed last week. Much like the author, I too encountered the march, but my experience was much different. I decided the previous Wednesday that I wanted to be a part of it, because equal pay, access to women’s healthcare and freedom for all people regardless of race, religion, or sexual orientation are things I believe are always worth fighting for.

In my journey from Chattanooga to Washington, I encountered many women from across the country who each traveled to the march for her own reasons. I saw countless causes illustrated on the signs of love. My hope is that we see solidarity as a result of this order. The day after, my social media feeds were flooded with pictures of lawyers coming to airports to help those detained and protesters proclaiming support for Muslims who were being affected.

These acts give me faith in the American people. Throughout the next four years, a lot of legislation may be passed out of fear. My hope is that we see improvement in the vetting process.

I decided the previous Wednesday that I wanted to be a part of it, because equal pay, access to women’s healthcare and freedom for all people regardless of race, religion, or sexual orientation are things I believe are always worth fighting for. How do either of those things. There support each other’s choice to want to live their life. If a woman wants to be a housewife, or if another woman aspires to be President of the United States, we can both be feminists and support each other’s choice to do either of those things. There is nothing radical, unsettling or inappropriate about it.

Oh my! I may not be a Podiatrist, but I can tell you this: I have seen plenty of uneven cement cracks on the Promenade that, if you kick hard enough with your bare foot, should be able to chip that ol’ nuisance right off!

As a theology major, why can’t I get a girlfriend?

Christina Angel
CONTRIBUTOR

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When I first came to America, it was really hard to decide how to dress right and fit in. At first, I did not feel comfortable dressing the way I was used to when I lived in Europe. When I first came to America, I did not feel comfortable dressing the way I dressed before. I started using my imagination to add fun details to my outfits and to bridge the gap between the two cultural styles. What I like European style is its uniqueness; they always try to create something new and completely different (at first you may not get how to wear it or even if you will be able to master the look.) I also love American style because it is simplistic and relaxed. For example, American might wear a simple shirt and jeans look with sneakers, colorful or patterned pants, or casual dresses. So I would say that these two completely different styles are perfect for fashionable combinations if you think it through. I think Americans and Europeans have a lot to be proud of in their styles and their fashion inventions.

**Foolproof Valentine’s Treat**

**Author:** Garnish & Glaze  
**Serves:** 25

**INGREDIENTS**  
25 Hershey’s Hugs 25 pretzel twists, 25 M&M’s

**INSTRUCTIONS**  
- Cover a pan in parchment paper and preheat oven to 200 degrees F.  
- Place pretzels on a parchment lined pan and then top each pretzel with a hug. 
- Bake for 4-5 minutes or until chocolate is shiny and shape is retained. Immediately press a m&m onto each hug. Allow to cool completely and then enjoy.

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**Valentine’s date ideas**

**CHRISTINA ROBINSON**  
**CONTRIBUTOR**

With Valentine’s Day just around the corner, here are some activities that you can do with that special someone.

- **Netflix and chill?** Order a pizza with his or her favorite topping shaped into a heart to go along with a movie or show marathon.
- **Lovers of food?** Head over to Tasty by Buzzfeed, where you can find easy to make snack foods that will satisfy you and your other half with every bite.
- **Need to gym but not really?** Visit downtown Chattanooga where you both can rent bikes and ride through the streets, enjoying sights and maybe even some dinner after.
- **Feeling outdoorsy?** Pack some sandwiches and hike to Sunset Rock to watch the sunrise or sunset together.
- **Haven’t been to Ruby Falls yet?** Visit and enjoy a romantic tour inside the cave.

- **On a budget?** GroupOn has tons of deals on restaurants, gifts and events. Check it out and plan your V-date, while saving that money!
- **In a long-distance relationship?** Facetime that special someone at a restaurant that you both can go to and enjoy a meal together, spending quality one-on-one time together.
- **Don’t want to be typical?** Instead of flowers and chocolate, give him or her small gifts throughout the day that don’t even break the budget: i.e. coffee, muffin, lunch, their favorite topping shaped into a heart pizza with his or her favorite snack or a handwritten note.

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**a playlist for the lovers**

<table>
<thead>
<tr>
<th>Thinking Out Loud</th>
<th>Ed Sheeran</th>
</tr>
</thead>
<tbody>
<tr>
<td>Better Together</td>
<td>Jack Johnson</td>
</tr>
<tr>
<td>All of Me</td>
<td>John Legend</td>
</tr>
<tr>
<td>Tenerife Sea</td>
<td>Ed Sheeran</td>
</tr>
<tr>
<td>If These Sheets Were States</td>
<td>All Time Low</td>
</tr>
<tr>
<td>Tear in My Heart</td>
<td>Twenty One Pilots</td>
</tr>
<tr>
<td>Punk Rock Princess</td>
<td>Something Corporate</td>
</tr>
<tr>
<td>I Won’t Let You Down</td>
<td>OK Go</td>
</tr>
<tr>
<td>Arms</td>
<td>Christina Perry</td>
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<tr>
<td>Never Let You Go</td>
<td>Third Eye Blind</td>
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<tr>
<td>Forever</td>
<td>Chris Brown</td>
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<tr>
<td>Closer</td>
<td>Heartthrob</td>
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<tr>
<td>Handclap</td>
<td>Fitz and the Tantrums</td>
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<tr>
<td>You &amp; I</td>
<td>One Direction</td>
</tr>
<tr>
<td>Kiss From A Rose</td>
<td>Seal</td>
</tr>
<tr>
<td>Mirrors</td>
<td>Justin Timberlake</td>
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</tbody>
</table>

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**& the loners**

<table>
<thead>
<tr>
<th>Irreplaceable</th>
<th>Beyonce</th>
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</thead>
<tbody>
<tr>
<td>All By Myself</td>
<td>Eric Carmen</td>
</tr>
<tr>
<td>Show Me the Meaning of Being Lonely</td>
<td>The Backstreet Boys</td>
</tr>
<tr>
<td>No Scrubs</td>
<td>TLC</td>
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<tr>
<td>She Will Be Loved</td>
<td>Maroon 5</td>
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<tr>
<td>crushcrushcrush</td>
<td>Paramore</td>
</tr>
<tr>
<td>I Don’t Wanna Be In Love</td>
<td>Good Charlotte</td>
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<tr>
<td>Death of a Bachelor</td>
<td>Panic! at the Disco</td>
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<tr>
<td>I’m Like a Bird</td>
<td>Nelly Furtado</td>
</tr>
<tr>
<td>Ridin’ Solo</td>
<td>Jason Derulo</td>
</tr>
<tr>
<td>Single Ladies</td>
<td>Beyonce</td>
</tr>
</tbody>
</table>
Yesenia Sosa

My life was changed because someone decided to listen to me. I am a product of an environment where only 15 percent go on to complete a bachelor’s degree. Listening to your voice has built within me a growing desire to serve. I am encouraged by listening to you in the Student Association Senate, the Adventist Peace Fellowship Club, the Student Missionaries Club, the Latin American Club, the Speak Light Club and the Social Justice Committee. I am empowered by listening to Christ’s words: “Thy kingdom come, thy will be done; as it is in heaven” (Matt. 6:10). Let us build a kingdom that listens to the voiceless, that hears the cries of the oppressed, that brings awareness to the real issues that affect you. I have listened to you—you who are struggling with their faith in Christ; you who are struggling with sexual assault; you who are wounded by the blows of racism; you who feel the chokehold of sexism; you who are struggling to pay for next semester’s tuition. I have listened to you and I want to create an atmosphere of social justice. One of my plans is to establish a nonprofit fundraiser that works against human injustices by raising money through a year-long series of campus-wide events. I want to create an atmosphere that helps students, like you, not only to succeed but to excel in all aspects. My hope is to serve you; to empower you to serve others. I want to continue listening to you. Together, we can build God’s Kingdom of radical love, compassion and service here at Southern Adventist University.

Phillip Warfield

Southern Adventist University is a unique establishment. My involvement in many student leadership positions over the past three years, including chair of the Scholarship Committee within Student Association (SA) Senate, Talge resident assistant, Campus Ministries, First Year Experience, Studio 4109, Diversity Committee and the Student Association President for 2017-2018, has taught me that there are several aspects to love, and additional aspects that can be built and improved upon. Imagine a campus where we combine our intelligence, cultures, backgrounds and stories into true camaraderie. If this becomes a reality, we could open this campus to possibilities beyond imagination.

If you elect me as your next SA President, I will serve the student body and our neighboring community in new and innovative ways. Here are just a few items that I will address:

1. Currently, I am working with fellow SA senators and local businesses to increase the amount of money going into the SA Senate Leadership/Merit Endowed Scholarship Fund, which will provide scholarships for students in the near future, as well as discounted items for current students.
2. I will work with our Social Vice President to create events that will foster togetherness across campus, including (but not limited to): cultural events, spotlights, panels, performances and more international food. We would also work to improve already-popular events and curate them more to your wants by actively checking our suggestion box.
3. My administration will provide a Sabbath worship service handcrafted by and for students with the hopes of further uniting us in worship beyond vespers.

I have this vision for the future of our campus; however, I cannot achieve any of these goals without your support. Run with me: for a Southern we can all be a part of. And with that, I ask that you vote Phillip Warfield for Student Association President for 2017-2018.

Gavin Finch

God has given us a mission here at Southern: to serve Him. If you let me serve you, as an experienced ear with a fresh voice, I promise we can achieve that mission here at Southern.

My campaign platform is as follows:

I. We will increase communication with students by:
   a. Continuing the Senate newsletter
   b. Making sure senators engage students face-to-face
   c. Training senators to craft readable, attractive, and brief emails
   d. Making student suggestions and desires the primary and most important basis for all Senate actions
   e. Making sure senators know they are invited to general Senate meetings

II. We will work on behalf of students by:
   a. Engaging students personally to work with them on project details and specifics
   b. Working closely with administration while remaining student-focused
   c. Working intensively and intentionally to make and keep our campus beautiful and inviting

III. We will create a real atmosphere of Biblical spirituality by:
   a. Encouraging senators to engage students genuinely and spiritually
   b. Finding and inspiring senators to be spiritual leaders on campus with action-focused attitudes
   c. Emphasizing God in all that we do, including projects and events
   d. Serving each student individually because every student matters

Jake Strauss

Serving as our 2017-2018 Student Association Social Vice President, I want to cater to this school in a joint effort with the student body, my skill set and God’s guidance. For this reason, I am basing my campaign around 1 Peter 4:10, which states, “Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms.” I truly want to hear what the student body wants and give back all that you desire. I have the passion for creativity; years of experience and the patience, drive, resources and willingness to sacrifice my time to create fun, inviting events for everyone at Southern Adventist University. Allow me the opportunity to serve you as social vice president and I will do everything I can to make this upcoming year a great one.
**Student Life Announcements**

**Parents’ Weekend:** Call your mom and let her know that Parents’ Weekend is coming! Feb. 17-19 all parents are welcome to join their students for a weekend and experience the campus. Those who register online (southern.edu/parentsweekend), there are two free meals provided. Registration is until Feb. 10.

**ACA Information Session:** for students interested in studying abroad this summer or during the 2017-18 academic year. Meet Sandra Esteves (ACA program director), Renan dos Santos (France), Kuah Kah Eng (Taiwan), Juan Antonio López (Spain), Sandra Rigby-Barrett (England), and Antonietta Riviello (Italy). For more information, please contact Pierre Nzokizwa in the Modern Languages Department at pierren@southern.edu.

**Talent Show Auditions:** Do you have a talent? Of course you do! If you’d like to share your talent with the rest of us, Talent Show auditions will be held Monday, Feb. 13 at 7:00 p.m. in Ackerman Auditorium. Contact Kit Clements (kbclements@southern.edu) to sign up for a time to let your talent shine.

**Choral Evensong:** Southern’s Bel Canto & Die Meistersinger choirs join to present inspirational compositions and arrangements by American composers Randall Thompson, Moses Hogan and local composers Bruce Ashton and Ethan McGrath. Evensong will be held on Sabbath, Feb. 11 at 6:00 p.m., in the Collegedale Church.

**Valentine’s Day Banquet:** Dress in your finest to attend our Billionaire’s Club Masquerade on the Southern Belle’s Pier! It will be a night of romance and intrigue. The event will be held on Feb. 12 at 7:30 p.m. Tickets are being sold Monday – Friday, from 11:00 a.m. to 1:00 p.m. in the cafeteria.

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**You say it’s your birthday...**

**Thursday, February 9, 2017**

**Chatter**

**February**

**Th 9**
11:00 a.m., Convocation: African American Heritage, Carlton Byrd (Church)
12:00 p.m., Dean’s Luncheon (Presidential Banquet Room)
6:30 p.m., Enactus Vespers (Student Park Pavilion)
8:00 p.m., Vespers: African American Heritage, Carlton Byrd (Church)

**F 10**
7:15 a.m., Breakfast Ministry (Wright Hall Steps)
9:00 & 10:15 a.m., Adoration, Carlton Byrd (Church)
9:30 a.m. – 6:30 p.m., SOAP Outdoor Church: Rock Climbing (Wright Hall Steps)
10:00 a.m., Koinonia Sabbath School (IT Hallway Classroom)
10:15 a.m., Collegiate Sabbath School (Church Training Chapel)
11:35 a.m., Renewal, Carlton Byrd (Church)
11:35 a.m., Connect, David K. Ferguson (CA)
2:00 – 6:00 p.m., West Side 4 Jesus (Wright Hall Steps)
2:30 p.m., iWitness Outreach
4:00 p.m., Revival – Our Greatest Need (Thatcher Chapel)
6:00 p.m., Evensong: School of Music Choirs (Church)
7:00 p.m., Rees Series Finals (Iles)
8:00 p.m., Pops Concert, 2 Credits (Ackerman)
7:30 p.m., SA Valentine’s Banquet (Southern Belle Pier)

**Su 12**
9:00 a.m. – 5:00 p.m., Mid-Semester Book Buy-Back (Campus Shop)
Last day for 60 percent tuition refund
Volleyball Season begins
12:00 p.m., Calling, Career, & Vocation Committee (Presidential Banquet Room)
3:30 p.m., University Senate
7:00 p.m., E.A. Anderson Lecture Series
7:00 p.m., Talent Show Auditions (Ackerman)
9:00 a.m. – 5:00 p.m., Mid-Semester Book Buy-Back (Campus Shop)
11:00 a.m. – 12:00 p.m., Faculty Portfolio Workshop (Presidential Banquet Room)

**M 13**
Academy Honors Instrumental Music Festival (Feb. 15-18)
12:00 p.m., Faculty Tech Bytes (Presidential Banquet Room)
6:00 – 8:00 p.m., Outdoor Skills Clinic (Outdoor Education Center)

**T 14**

**W 15**

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new media

#Patriots clutched it. Can I go to bed now? #SAUlife #SuperBowl #tired
    Jacklyn Ruth @booknerd828
    Mass Comm, JR

I have never seen so much plaid in my life #saulife #sauconvo
    Saralyn Medor @saralyn_grace
    Management, JR

Hey, I’ve got a goody bag from the Campus Shop riding on Falcons 35-24. Don’t dissapoint.
    #RiseUp #mypredictionsarealwaysiffy #saulife
    Tierra Hayes @SpecialAgentTie
    Mass Comm, SO

When you leave a test feeling good... and oddly suspicious... #saulife
    Jolene Clayburn @JoJoBeautifulMe
    Marketing, JR

picture this-- me, in the cafe, eating a parfait, listening to nickelback, the top button of my shirt is hinged.
    Dylan Thomas @notthedeadpoet
    Film Production, FR

RT if haystacks have never let you down.
    Alina Sherman @alina_sureman
    Nursing, JR

deep down you know what’s good for you.
    Connor Yonkers @Yonkecon
    Theology, JR

College: the only place where “you look tired” is a socially acceptable greeting.
    Nicole Carrillo @nykole_16
    Management, SO

I never carry umbrellas because I like to pretend I’m from #Portland
    Bryant Rodriguez @BF_Rod
    Theology, SR

When you see a fire tweet and you wanna re tweet it but the account is private
    Brittany Desvarieux @desvarieuxx
    Graphic Design, SO

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#saulife @southern_accent #saulife @southern_accent
Lonnie G. Johnson invented the water gun. But not just any water gun, the SUPER SOAKER.

John Standard improved and developed the standard refrigerator.

Garrett Morgan created the first stop lights. He also invented the gas mask.

Marie Van Brittan Brown is responsible for the modern day home security system. #GRLPWR

Dr. Shirley Jackson’s experiments with theoretical physics are responsible for many telecommunications developments, like caller ID or making it easier to dodge those calls from your ex.

Gerald A. Lawson invented the modern home video game console. You’re welcome.

And the origin of our sweet nectar, coffee, comes from Ethiopia, so you bet a black person invented that.
Meet the Firms to combine with Health Careers and Graduate Studies Fair

LINDSEY CLOUTE
STAFF WRITER

Meet the Firms will combine with the Health Careers Fair and the Graduate Studies Fair to make it easier for students to network with potential employers. The upcoming job fair, which has been renamed, Meet the Firms and Graduate Schools, will be held from 11 a.m. to 2 p.m. in the Iles P.E. Center and will offer convocation credit. After last semester’s record breaking attendance, directors of the Meet the Firms decided to improve elements of the career fair process.

In past years, Meet the Firms was held in the fellowship hall of the Collegedale Church, but because of limited space for businesses and attendees the event was moved. This semester, in order to be more efficient with resources and encourage a larger student attendance, Meet the Firms and the Health Careers Fair, along with the Graduate Studies Fair previously held in the cafeteria, will be joined together.

Daniel Olson, career services coordinator, hopes that the event will be beneficial to everyone, regardless of class standing. “Combining three events into one career-minded fair is an excellent service, not only for Southern students but for the participating businesses and institutions,” Olson said. “Students will be able to learn about various health-related careers, seek job and internship opportunities, or determine which graduate school to attend.”

Lisa Kuhlman, director of Meet the Firms, said that being able to talk to different companies will give students a broad range of opportunity.

“I think that combining the programs was a smart move,” said Nathan Clute, a graduate student from the business department. “It saves time and allows more interaction.”

At this point, more than 70 participants have registered to attend. Students seeking assistance in creating or editing a resume in preparation for this event can make an appointment with the Writing Center in McKee Library or with Career Services on the third floor of Lynn Wood Hall. More information on the firms and graduate schools participating can be found at: http://southern.edu/meetthefirms.

SA Election Speeches held during Convos today

SERRA EMILIAIRE
EDITOR-IN-CHIEF

On Feb. 16, Student Association candidates will present their campaign speeches at the 11 a.m. convocation in Iles P.E. Center.

Jacob Strauss, unopposed candidate running for social vice president, will be first to speak followed by Gavin Finch, unopposed candidate running for executive vice president. Social Vice and Executive Vice will have a three minute time limit for their speeches. The three presidential candidates, Phillip Warfield, Jesse Darwin and Yesenia Sosa will follow with a four minute time limit.

Campaigning officially started on Feb. 8 and the candidates have come up with clever ways to draw in votes. “I’ve been getting a lot of positive feedback and comments on my [cereal pun] posters,” said Strauss, junior film production major. “After this Thursday, I am going to start handing out cereal boxes [throughout campus] and hold a questionnaire so people can tell me what they would like to see at next year’s events.”

Warfield, junior history major, has utilized campaign videos to reach the student body. “So far there are two videos up on my Facebook with the hope of a third,” Warfield said. “People love symbolism and...”
Students help solve murder mystery

Kaitlin Colon
NEWS EDITOR

On Sunday, 300 students attended the Valentine’s banquet at the Southern Belle Pier. Attendees were dressed in their best and some hid their identities with masks to match the masquerade murder mystery theme. The food was catered by the riverboat company and was served buffet style while dessert was placed at the tables.

The murder mystery portion of the night began when the host of the Billionaire’s Club—of which students were members for the night—was “murdered” and an investigation began. From there, students engaged in a highly interactive event in which they solved a murder by following clues in binders, given to them by the actors.

Students were put into groups based on the tables where they ate. Each group was encouraged to ask the actors (some of whom were students) and their fellow participants questions, and even attempt to bribe one another for information with fake money provided by the murder mystery company. There were breaks in between for groups to convene and discuss the clues they gathered, get refreshments and take pictures in a photo booth.

At the end of the night, awards were given out to the winning team and student participants, one of whom was Amna Milleva, junior nursing major, who turned out to be the killer.

Wesley Willier, junior business management major, participated in the event as the husband of one of the suspected killers. “It was wild and nerve-wracking,” Willier said. “I got thrown into it and didn’t have much time to rehearse. You start to believe you’re the killer, especially because we weren’t told who the killer was.”

“I didn’t know what to expect, I’ve never done a murder mystery dinner before, but all in all it was really successful,” said Gelissa Leveille, senior film production major, and member of the group that correctly identified the killer. “We found as many clues as we could and made an educated guess, but it worked out for the Ghibli Detectives.”

Jesse Darwin for SA President Platform: a leader for united change

Jesse Darwin
CANDIDATE

As president, my sole purpose will be to function as the messenger between the students and the school to ensure that we get the most out of our institution. My current goals include working on the idea of a flat rate cafeteria price so that students can save money, as well as diversifying the menu to cater to all walks of life. I will work on meeting with the administration to make sure that we bridge the gap between those who run the school and those who live in it.

I understand the wishes of many students who believe that competitive sports would not only provide students with a good event for the weekends, but also would greatly strengthen our school spirit.

I also would like to interconnect Campus Ministries with Student Association so that we can reach outside of our own community and make Southern more present in the Chattanooga area. My effort will serve as an entity to unify the entire student body.

I want to focus on building bridges from our community to Chattanooga to preach unity. I believe that Southern has an overflow of people who know the love of Jesus, and now it is time for us to cease fostering ourselves and look to serve our community more. I truly believe God lead me to this church to grow alongside you, so please, allow me to work for you as SA President in the coming year.

KR’s reaches goal of serving 1,000 customers

Hannah Jobe
COPY EDITOR

KR’s officially served 1,005 customers at 10:05 Tuesday night. Several customers who came in at the last minute as well as the dedicated staff helped them reach their goal.

KR’s staff, as well as the evening shift supervisor, Kelly Hauge, screamed with excitement when the final count was tallied and announced.

“Some students were extremely excited about the team’s accomplishment. We worked so hard and everyone was so diligent. It was also really impressed with the faculty coming in to support us.”

Armstrong also attributed their success to their Valentine’s specials. “The waffle was a hit. It’s the first time we ever did it and the customers really enjoyed it,” Armstrong said.

“It’s something we’re going to consider doing as a special in the future.”

Several KR’s employees worked additional hours today to help with the extra load, including Dakota Bemis, sophomore finance major.

“I’ve been here since eleven,” Bemis said. “At the beginning of the day I was kind of doubtful, but… I became more and more hopeful once I realized we were going to hit the nail on the head at the end.”
Masquerade Banquet

Photos by Tierra Hayes
Students read through Bible in 72 hours

BRANDON BENECH
STAFF WRITER

Southern's first Ancient Words Bible Marathon started on Tuesday, Jan. 31 and ended on Friday, Feb. 3, a total of 72 hours. During the marathon, students took turns reading through the Bible for hour-long increments before deferring to the next scheduled reader.

Ben Curet, junior theology major and member of Campus Ministries, led the endeavor and facilitated it. Curet said that he was inspired to do Ancient Words around 10 months ago during a rough patch in his life. He found comfort in studying his Bible and wanted to share that blessing with others. Curet learned about the marathon from a Walla Walla student and decided to implement it at Southern.

Curet said the experience was a true blessing. "It was rewarding seeing people sign-up for late-night or early-morning slots and seeing how excited they were about it," Curet said. "They were the troopers. But the most rewarding part was the conversations I'd have with people who felt fulfilled from participating."

Elisabeth Etchell, junior pastoral care major, and assistant chaplain Andrew Anobile were crucial in the event's success. Several of the participants said they enjoyed their experience. Evelyn Ruiz, junior public relations major, said, "Reading the Bible for an hour straight out loud was an experience I'll never forget. I felt God's presence the whole time. It was amazing; nothing like I've ever experienced. I really hope that they do this again because... this is something everyone should experience."

Nicole Woodcock, senior business major, said, "It was special to be a part of. I don't think I've ever spent an entire hour just reading the Bible before, let alone out loud or in the middle of the night. Even when I was not reading, it was really neat to be able to pause and think 'Right now, someone is reading God's Word.'"

"One of my posters was defaced in Talge and that was disappointing because people are judging me off of assumptions, not the content of my character. That is okay though because I love all people and although I am a girl, a minority and new here, I want some girl who feels discouraged to look back on my campaign story and say 'she too persisted.'" Sosa has also experienced obstacles during this campaign season. "Some people won't give me the time of day," said Sosa, junior theology major. "One of my posters was defaced in Talge and that was disappointing because people are judging me off of assumptions, not the content of my character. That is okay though because I love all people and although I am a girl, a minority and new here, I want some girl who feels discouraged to look back on my campaign story and say 'she too persisted.'"

Although not all the candidates have experienced so many obstacles, they too are nervous about speaking on Thursday and are eager for the outcome regardless.

"It's a nerve-wracking experience, but I'm excited," said Finch, junior English professional/writing major. "The hardest part is figuring out how to talk to people one on one without having them think that I'm just talking to them for their vote. As a senator, I have a say in what goes on within our campus, but as executive vice president I hope to do more. I want to influence the culture of our campus with an overlying goal of getting people excited about God."

Primary elections will be held from 12 p.m. to 11 p.m. on Feb. 16. Student services will send out an email to students that will guide them to the electronic ballot.

Southern’s first Ancient Words Bible Marathon.

Photo by Ben Curet
Refurbished iPads available for checkout at McKee Library

“In theory, I think it’s a good idea,” said John Greer, sophomore computer administration major. “But it sounds like there’s a lot of things that could go wrong with it.”

Despite potential problems with liability and usage, which are Greer’s main concerns, Jansen said that the library has a system to keep track of the iPads and keep them clear of personal data. Each iPad, charging cord, and charging block has its own barcode and library personnel restore iPads each time they are returned.

Previously, the library offered tablets and Kindles to students for one-week checkout periods, but did not have many tablets in stock. In addition to low availability, few students were interested in using the Kindles.

The iPads, however, are a good idea to Kathryn King, junior physical therapy major, who said, “[They’re] a great technological advance for most students in general.”

Students interested in the terms and conditions of renting an iPad can speak to the circulation desk workers at the library.

“Gavin Fisch
Staff Writer

Twenty-five Apple iPads, compatible with Microsoft and research software, are now available for two-week checkout periods from Southern’s McKee Library.

After replacing the iPads with Windows tablets that are now being used as research tools for composition and speech classes, the library decided to repurpose the iPads for students to check out, said Dr. Pamela Jansen, evening reference services librarian.

Master of Social Work

With a multi-disciplinary approach and a variety of concentrations, an MSW from Southern prepares you to serve a wide variety of people in need.
I want Jesus to walk with me

ZACHARY HAGEN
RELIGION EDITOR

How many times have we heard that we should spend time with God in the morning? Personal worship has been the subject of many sermons and vespers over the course of our lives here and before Southern, but why is it so important?

Have you ever heard the saying, “You become like the five people you spend the most time with?” If that is true, then God should definitely be someone that is in your top five.

By beholding God, we become changed for the better. What would happen in your life if you became so connected to God that his light shined through you in your daily life and you reflected His character to everyone around you?

The Bible reminds us in Matthew 6:6, “But when you pray, go into your room, close the door and pray to your Father, who is unseen.” The reward is a closer walk with Him.

Music goes do re mi, but what’s that to me?

ZACHARY HAGEN
RELIGION EDITOR

Music is one of the most powerful forces in the universe. Its mathematical complexity somehow coincides with artistry that pulls at heart strings and moves us in ways that other art forms can only dream of doing. The wonderful gift of music is that it speaks to us on a personal level. But how does it fit into the Christian walk?

Are we listening to music that draws our hearts closer to the throne?

Music surely can help us grow closer to God and make us look at pain in a new light. “Music can help us understand our own struggles, as it awakens us to the fact that we’re not alone. Everyone experiences pain, but music especially can help us understand that God doesn’t make us suffer, but sometimes he uses our suffering to help us grow.”

Music surely can help us to grow closer to God and make us look at pain in a new light. In fact, that’s what it should do, but it does not always do that. Think critically about the things you listen to. Does it line up with the kind of Christian experience you want?

Philippians 4:8 says, “Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.” Does the music you listen to glorify premarital sex, drinking, drugs, violence, or other vices? Does it make you feel uplifted and close to God?

Music surely can help us grow closer to God and make us look at pain in a new light. Does it line up with the kind of Christian experience you want?

I encourage you to be wise about what you choose to listen to.

<table>
<thead>
<tr>
<th>Spiritual Spotify</th>
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<tbody>
<tr>
<td>1. The Garden</td>
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<td>2. What a Beautiful Name</td>
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<tr>
<td>3. Never have to be alone</td>
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<tr>
<td>4. You Redeem</td>
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<tr>
<td>5. Home</td>
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<tr>
<td>6. Back to God</td>
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Reflections of my time at Southern during BHM

DANIELLE ALLEN
Contributor

This Black History Month, I am more reflective than ever. Maybe it's because I am separated for a semester from Southern (and American culture) by the great pond called the Atlantic Ocean. Maybe it's because I am up pouring out my thoughts into an opinion article at 2 a.m. Whatever it may be, I am reflecting on what my black experience at Southern has been.

Sometimes as a black student at Southern who loves and extends so much of herself to this university, I do not always feel the same love or the same extended hand in return. I have always wondered how a school that I love may not care to understand the totality of my being.

Being black at Southern has been one of the most exhausting, yet eye-opening experiences of my life. I can count on both hands the number of professors of color at Southern. I can vividly recall the racism I have experienced at Southern, both online and in-person. I can recall the many times people have told me that race is a non-factor when they do not live and breathe in my black body every day.

I can recall the times people have told me to “get over it” when I point out the fact that my own mother has been alive longer than Southern has been an integrated campus. I can vividly recall the many confederate flags I have seen around campus, their presence feeling like a terrible way of saying, “You are not welcome here”. I will always recall the countless conversations I have had with black students at Southern who feel like they just do not belong.

Southern prides itself in Christian benevolence. However, I wonder how far that love and kindness extends? Are we ‘living to listen’ as much as we took the initiative to last year, or do we stop listening when it gets too uncomfortable? Do you stop extending your hands when black students are critical of the institutions and traditions you have loved for so long? Do you write an opinion piece on how you were offended? Or do you change your actions and truly listen? How far does your Christian benevolence extend when black students are voicing their concerns about race at Southern?

I write this to say that the black students at Southern are not leaving. We are not going to Oakwood or switching to a public university. We love Southern and all of its flaws. We are critical of Southern because we see the potential this school has to be better and to do better. In the words of Assata Shakur, “Constructive criticism and self-criticism are extremely important for any revolutionary organization. Without them, people tend to drown in their mistakes, not learn from them.”

A time and a season for love

BRANDON BENECH
Contributor

Sometimes, I really want a relationship. I am the kind of guy who loves deeply and enjoys caring for the people I hold dearly in my heart. Occasionally, I think about the idea of meeting a young lady who loves me and is a blast to hang out with, and I find my heart longing for her. I have been blessed with a loving family, amazing friends and caring mentors, but I know that I could never love any of them the way I could love a girlfriend.

So, I have spent many stretches of my life wishing that I was in a relationship. Thankfully, I learned over break that my mentality was misguided. I spent a lot of time with my aforementioned friends and family and I realized that they provided me with the outlet for love that I thought I had been missing. I had fallen for the lie that I needed a bae to complete me and I neglected to appreciate the love that I was already receiving. I was so desperate for a relationship that I neglected to be still and enjoy my life and the people in it.

Furthermore, I was trying to take the Lord’s work into my own hands. Instead of letting Him manage my love life, I had tried repeatedly to take matters (unsuccessfully) into my own hands. I sought a relationship that would cure me of my perceived loneliness, but I should have been patiently waiting for God’s guidance.

As cheesy as it sounds, I believe that being single is a blessing. I don’t have to juggle a relationship with the classes, work, extracurricular activities and friendships that already take up most of my life. I can spend more evenings out with some friends or stay in my room when I need to recharge.

Now, I fully believe that healthy relationships are blessings, and I still would love one at some point. Even though I am busy, I would be more than happy to set aside ample time each day for a special young lady. But I like being single; it gives me more time to breathe. Until God makes it clear that He wants me to be with someone, I am genuinely happy and content without a relationship.
The intensity of my passion for music has leaked into my wardrobe and now almost every day you can find me wearing a band t-shirt.

Band t-shirts are great pieces to have in your wardrobe for many reasons. I love being able to sport and support the bands that I enjoy and the designs are often very unique and personal to the artist. What I love most is that they are usually more comfortable and versatile compared to almost every other article of clothing in my closet. Band shirts are even trending in places like American Eagle, which has started to sell Metallica shirts.

Basic band tees can go with almost any style or look you want to achieve. I can throw on a t-shirt over a comfortable pair of leggings and tennis shoes to get ready with ease. Or I can dress up a t-shirt by tucking it into a pair of high waisted jeans to wear with heeled boots or nice flats. I even wear band t-shirts with skirts to create a cute and casual look.

Modifying basic tees is another fun part of having them in your wardrobe. I always buy band tees one size larger so they remain nice and comfortable even if their cotton blends shrink a bit. A larger size also grants some room to cut or modify the shirt however you like. I often cut my shirts into crop tops, or simply cut small vertical slits in the collar to create an interesting detail. I almost always give the sleeves a roll or two to give the look another modern edge. Pinterest has countless tutorials on modifying t-shirts from simple snips to complicated creations.

Perhaps the best thing about the basic band tee is they can look good on any body type, and with a personal touch they can compliment any individual style. You can find vintage band tees at many mainstream stores, but nothing is better than supporting your favorite artist by picking up a shirt at their latest concert or their online store.

I am one of those people who is always searching for new coffee shops, and I thought I had visited all that Chattanooga had to offer. To my surprise, I found a new one I really love, called Plus Coffee. This coffee shop is so cute and different; it has a natural, simple, minimalistic look that reminds me of a comfortable loft apartment. There is a bike parked inside and they have a quirky and unique decor and lots of plants inside.

They offer a variety of different blends like Colombian, Nilo Martinez, Ethiopian Kayon MTN, Brazilian Fazenda Rainha to name a few. In the future, I am planning to come back and try all the varieties of coffee. When I visited this place, I felt like I was not in Chattanooga because it is located in a such an interesting location and has such a great vibe. You should definitely check it out. For more visual information you can check out their Instagram: @pluscoffee.co. There address is 3800 St. Elmo Ave, No. 105, Chattanooga TN.

I'm attracted to this girl, and she doesn't seem to like my mustache. What should I do? My man, there is only one thing to do. Many times throughout our lives, we will find ourselves in positions where we have to give up cherished belongings for love. It may hurt, but we will be happier in the end. This is not one of those times. Drop that girl like a bad habit and find a real woman who loves you for who you are. #PutSomeRespeckOnThatStache

Do you think it's appropriate to wear chacos with a suit? I don't think it's appropriate to wear chacos ever.

How do you reconcile the idea that people are encouraged not to go out to eat on Sabbath, but the caf is fine? Well you see, Ellen White, in her book Education, wrote that...yeah I've got no idea honestly. That's a Food Services question.

Ask Andrew

*to submit a question to Ask Andrew, email andrewcuevas@southern.edu by Sundays at noon

Follow us on Facebook
The Stevie Wonder Shooters won the men’s A-League Championship in the Rees Series on Saturday night as they defeated Business as Usual by a final score of 47-32. The Stevie Wonder Shooters dominated, utilizing teamwork and solid offensive play to take home the victory.

The first half was dominated by Triple Threat as they hammered the other team with their offense. They jumped up to a quick double digit lead, led by the play of Skyler Humphrey-Davis, freshman international business management major, and Carolina Lopez, junior nursing major. Triple Threat powered their way to a 29-14 halftime lead with a barrage of 3 point shots.

However, the Upper East Siders came out of the locker room with shooting arms blazing. They quickly went on a 13-0 run and ran Triple Threat up and down the court, thanks to the play of captain Lexie Crone, junior health science major and the leading scorer, Natalie Diaz, junior health, physical education & recreation major, who finished the game with 20 points. The Upper East Siders did not allow a basket in the second half for 18 out of the 20 minutes, and won the game by two.

Triple Threat captain Taylor Hyde, senior health science major, was despondent after the game. She said that her team had gotten too comfortable with the lead that they had at halftime, and had taken too many sloppy shots which led to turnovers to the other team.

Crone was ecstatic after the game saying that her team played their best in the second half. She also said that the deciding factor in their victory was that they had played with confidence and they took good shots.

Rees Cup: Stevie Wonder Shooters do their job

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The Stevie Wonder Shooters came out scoring as they cruised through the first half, thanks to the joined efforts of Ricardo Scarfullery, senior nursing major, who led the team with 10 points, and Cody Morford, junior general studies major and team captain. Their offense played hard through the half, and their defense was solid enough to keep Business as Usual out of their range.

The second half went better for Business as Usual, thanks in part to the play of Marc-Anthony Pierre, senior theology major, and Gabriel Hernandez, sophomore business administration major, who was the lead scorer with 8 points.

Joey Eugene, senior nursing major, said, “It felt amazing because no one but our team believed in us winning it all. That’s what we used as motivation to get to the championship and get those shirts.”

“We could have gotten down and discouraged in the second half, but we stayed resilient,” Morford said. “Winning the championship meant so much to this group of guys because many of us are from the same team that won two years ago.”

Business as Usual captain, Nathan shires, senior theology major, said that the loss was a hard one but that the Stevie Wonder Shooters played intensely and deserved the win.

Rees Cup: Upper East Siders take lady’s crown

The Upper East Siders defeated Triple Threat 38-36 to win the women’s A-League portion of the Rees Series on Saturday night. The night was filled with tension as both teams played their hardest.

The first half was dominated by Triple Threat as they hammered the other team with their offense. They jumped up to a quick double digit lead, led by the play of Skyler Humphrey-Davis, freshman international business management major, and Carolina Lopez, junior nursing major. Triple Threat powered their way to a 29-14 halftime lead with a barrage of 3 point shots.

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**February**

**Thursday, February 16, 2017**

**10 a.m., Convocation: SA Elections Speeches (Iles)**

**12 - 11 p.m., SA Primary Elections**

**3:30 - 5 p.m., Leadership Training (White Oak Room)**

**Parents Weekend (Feb. 17-19)**

**8 p.m., Vespers: Student Missions, Kim Ford and Kameron Carter (Church)**

**9 & 10:15 a.m., Adoration, Jim Moon (Church)**

**10 a.m., Koinonia Sabbath Schools (IT Hallway Classroom)**

**10:15 a.m., Collegiate Sabbath School (Church Training Chapel)**

**10:15 a.m., French Sabbath School (Miller #201)**

**11:35 a.m., Renewal, Jim Moon (Church)**

**11:35 a.m., Connect, Andy Nash (CA)**

**1 - 3 p.m., International Student Potluck (White Oak Room)**

**2 - 6 p.m., FLAG Camp Outreach**

**2:30 p.m., iWitness Outreach**

**4 p.m., Revival – Our Greatest Need (Thatcher Chapel)**

**4 p.m., Academy Honors Instrumental Music Festival Concert (Church)**

**6 p.m., Evensong, CAMS Caroliers and Ringers (Church)**

**8:04 p.m., Studio 4109 LIVE (Iles)**

**12 - 6 p.m., Southern Trail/Mountain Bike Race**

**2 - 5 p.m., Psychology Seniors Major Field Test (Summerour #2820)**

**11:30 a.m. - 2 p.m., Social Work Bake Sale, Feb. 20-23 (Student Center)**

**3:30 p.m., Undergraduate Council**

**7 p.m., E.A. Anderson Lecture Series**

**6:00 p.m., Tornado Siren Test**

**6:30 p.m., ACA Information Session (Miller #201)**

**7:00 p.m., SA Press Conference, 2 Credits (Thatcher)**

**11:30 a.m.-1:30 p.m., Graduate Fair (Dining Hall)**

**12 p.m., Faculty Showcase (Presidential Banquet Room)**

**12 - 1 p.m., Faculty Portfolio Workshop**

**7:30 p.m., SA Senate (White Oak Room)**

**ACC Information Session:** for students interested in studying abroad this summer or during the 2017-18 academic year. Meet Sandra Esteves (ACA program director), Renan dos Santos (France), Kuh Kah Eng (Taiwan), Juan Antonio López (Spain), Sandra Rigby-Barrett (England), and Antonietta Rivello (Italy). For more information, please contact Pierre Nzokiwa in the Modern Languages Department at pierren@southern.edu.

**Talent Show Auditions:** Do you have a talent? Of course you do! If you’d like to share your talent with the rest of us, Talent Show auditions will be held Monday, Feb. 13 at 7:00 p.m. in Ackerman Auditorium. Contact Kit Clements (kbclements@southern.edu) to sign up for a time to let your talent shine.

**WSMC:** Getting in the spirit of the upcoming Oscars? Tune in to 90.5 as WSMC hosts three days of movie music. Starting next Wednesday you can call (866) 905-9762 anytime from 11 a.m. to 12 p.m. and request a song from your favorite film score.

**Elections:** Student Association elections are in full swing! Primary elections for SA President will be held Thursday, Feb. 16, from 12:00 p.m. to 11:00 p.m. Voting will be emailed via a SurveyMonkey ballot.

**Press Conference:** Do you have questions for the candidates? A Press Conference will be held Feb. 21 at 7:00 p.m., where you can ask questions and get to know those running. General Elections will be held Feb. 23.

**THURSDAY 16**

- Dillon Britt
- Silvana de Jesus
- Peabody Erazo
- Rebecca Ferreira
- Stephen Fujimoto
- Breanna Johnson
- Charles Lawson
- Victoria Manurung
- Jocelin Morales
- Seth Pingel
-_FRIDAY 17_
- Brant Burns
- Darce Christensen
- Savannah Elliott
- Catelyn Hubbell
- Adam Sawyer
- Adam Schreder
- Eric Stocker
- Jeanine Tacaca
- Saturday 18
- Porn Barboza
- Jaime Barboza
- Sandra Guerra
- Kandace Hixon
- Caitlyn Peganyee
- Isary Sanchez
- Xinia Arana
- Ben Curet
- Tiffany Gomez
- Ashley Gonzalez
- Maniisa Lian
- Anthony Matos
- Sophia Orozco
- Martha Portillo
- Josiah Spinolo
- Holly Whiting
- Adrian Boyd
- Daniel Coon
- Quade Elliott
- Margaret Evans
- Eileen Flores
- Caroline Kim
- Raymond Liu
- Richard Major
- Adrianna Panjaitan
- Antonio Ramon
- Maggie Santos
- Rachel Watkins
- Alexa Fisher
- Jose Rios
- Charity Sutherland
- Daniel Venegas
- Candace Abrom
- Levern Anderson
- Michelle Choi
- Marissa Danville
- Bethany Green
- Skyley Humphrey
- Hyun Woo Jung
- Thomas Manu

**SUNDAY 19**

**TUESDAY 21**

**WEDNESDAY 22**

**you say it’s your birthday...**
What do I have to do to get a blue check mark?
David Mancao @madmanmancao
Film Production, SR

talk to me about how I’ve watched 90 episodes of naruto in less than two weeks
Ben Mixon @BenMixon
Public Relations, SO

I don’t remember the last time I wore jeans.
Greg Wright @WrightThoughts
Liberal Arts Education, JR

Sure Katy Perry is a superstar now but she is still a pastor’s daughter with those dance moves.
Bryant Rodriguez @BF_Rod
Theology, SR

It is 73 degrees here. It’s stupidly hot.
Christina Robinson @Tumbaganaga
Theology, JR

“Laundry is the only thing that oughta be separated.”
Sierra Emilaire @waxchinadoll
English, JR

I think it’s so rude when professors go overtime. #saulife
Shivani Ward @Awk9273
Clinical Psychology, SR

I wish Dwight Schrute was teaching my CPR/First Aid class.
Eileen Flores @Eileenflores20
Management/International Business, JR

About this point in the semester I start looking around the classroom at who’s still taking notes... time to make some friends
Sarah Graham @sarah_ashley37
History, SR

@dudethatsgood Cashew - $$, WORTH - And I had a beautifully prepared beet burger with its patty made of lentils, beets, and brown rice. The patty was accompanied by romaine, sprouts, house pickles, and a spicy aioli that is reminiscent of In-n-Out sauce.

@ivan_rainer Almost the weekend! #gif #wearethewild #getoutside #beyondtheurban #lifeontheedge #clymblife #optunderground #thisworldexists #todsl #wildsights #adventureculture #saulife

@shivawawa Your faves could never. #saulife #lookatmybeautifuldate #freeticketlife #wce #banquet

#saulife @southern_accents #saulife @southern_accents
All that $$$
and you wore that???

CeeLo Green
misses
audition for
Iron Man
by almost a
decade.

Chuck E.
Cheese: Our
sales have been
down for the
past two quar-
ters, will you
help us adver-
tise the fun we
have available?
Unknown Artist:
Sure!

Inner thought:
"since no one
knows my
current albums I
am just going to
tape all my old
KIDZ BOP 1-56
albums on me
because those
were my prime
years"

We are tired
of our pants
just like you
guys are tired
of our song,
Heathens.

Artist whose
name no one can
remember wants
to be remembered
for her unique
style: "I want to
be an old Trump
campaign poster!"
Designer: "Say no
more."

Couture top and
a chewbacca
bottom. Classic.

This is what the
chairs in the
dorm feel like.

Joan Rivers is stirring in her grave wishing she
could put these musical artists in their place!
On Tuesday, candidates running for the Student Association (SA) positions of social vice president, executive vice president and president answered students' questions during the SA press conference held in Thatcher Hall Chapel.

Students were handed blank yellow cards to write their questions and received convocation credit for attending.

Stephen Ruf, associate professor in the school of journalism and communication, moderated the press conference. Traditional opening statements were waived, but candidates gave closing statements after all questions were answered.

Each candidate was allotted thirty seconds to answer questions which had to do with things such as how they plan on promoting and fostering a positive environment of racial unity on campus and how each candidate plans to balance their life if elected, including their devotional life.

Yesenia Sosa, junior theology major and presidential candidate, was asked about how she felt about Studio 4109 in reference to her comments during the Discussion on Race forum held in Talge Hall on Monday night.

"I've never actually been to a show, but I've talked to Mr. Frood, who is their sponsor, and he's told me great things," said Sosa. "But I was kind of disappointed in how the Gym Masters people were affected this past Saturday night. I don't think it's right to put people down, but I think we can utilize [Studio] in a good way."

Phillip Warfield, presidential candidate and actor for Studio 4109 responded.

"Satirical comedy depends on how you view it and that can happen with anything," said Warfield. "We didn't think that we were trying to make a certain group of people feel alienated or hurt. I'm a sensitive person and I would've made it my duty to catch it. But I don't view it as awful as I have heard."

A SurveyMonkey email has been sent to each student to vote between the two remaining presidential candidates, Warfield and Sosa. Voting will be open until midnight. Jake Strauss, social vice candidate and Gavin Finch, executive vice candidate are running unopposed, and need 50 percent of the vote in order to win.

Controversial statements about race and politics by a guest speaker at Andrews University sparked dissension by some students, prompting apologies and discussion on other university campuses, including a race relations forum at Southern on Monday. On Feb. 9, Jamie Kowlessar, pastor of the southwest region conference of seventh-day adventists, spoke during chapel for Black History Month at Andrews. Some students departed from the building during his sermon.

Kowlessar spoke on the three Hebrew boys and Nebuchadnezzar, Daniel 3, in relation to recent political events and how they have affected specific social groups. He encouraged listeners to "stop the music" and to actively change situations they don't agree with.

Social media became the platform for students to share their dissent and eventually complaints were brought up to Andrews administration by various individuals including donors.

One week later, during chapel, University Provost Christon Arthur apologized to any members of the congregation that may have been offended by the words of Kowlessar. Kowlessar was not contacted in regards to this apology.

In response to this apology, a group of Andrews students created a video titled "ItIsTimeAU" and posted it on youtube on Feb. 18. In this three-minute video, these students demanded an apology "for the systemic racism [Andrews] has perpetuated on its campus", for past and present grievances with a one-week deadline.

On Monday, Andrea Luxton, Andrews president, released an official statement on the school's website. In her response, she...
Southern speed dating

HANNAH JOBE &
ZACHARY HAGEN
COPY EDITOR, RELIGION EDITOR

Asian Club hosted a speed dating event on Feb. 19 to raise money for Asian Night and the Pets are Lovable Society (PALS). The presidential banquet room had very few empty seats as students gathered to meet potential new friends or significant others. Panda Express catered chow mein, fried rice, egg rolls and fortune cookies.

Each round of speed dating lasted for 30 seconds and some rounds had challenges such as speaking in an accent or avoiding stereotypical questions like class standing and major. Several students expressed that 30 seconds is not enough time to meet people.

Rena Chung, senior biology research major, said that Asian club raised around $270, significantly exceeding their $140 goal.

“Behind the scenes it was a bit stressful to put it on in just a couple weeks. However, God is good and many individuals helped so much.”

Asian club is considering doing this event again next year and if so, they will adjust the format to make the experience more convenient for future participants.
Spanish-American Church to double capacity

EVELYN RUZ
STAFF WRITER

The Spanish-American church located on Industrial Drive is expanding its building size to double its current capacity.

Pastor Joel Barrios said he is excited that the University board has approved the plans to build a completely new church. The current Spanish-American church will be knocked down and the new church will be built in its place.

Although the church currently has two church services, they struggle to provide space for all attendees. That is where the “Su Casa” project came from.

“I love going to the Spanish-American Church,” said Alesska Acosta, senior nursing major. “It feels like I’m with family. It will be nice to finally have more room for people to be able to sit and worship.”

The Spanish-American church is known for their big potlucks at the end of the second service. In addition to the expansion of the sanctuary, a fellowship hall will be added that will be able to sit more than 400 people. It will be used for potlucks, banquets and other special events the church members can benefit from.

“The Spanish church potlucks are probably my favorite part of the Sabbath because even though the cafe food is good and all, there is nothing like a home cooked meal,” said Andrea De La Cruz, junior psycho/biology major.

The projected costs of the building totals $7 million, which will include the cost of audio equipment and furniture. The current church leadership has given $80,000 to assist in funding.

The goal is to raise the rest of the money by the end of 2017 to start the building process of the “Su Casa” project by 2018.

The Latin American Club is partnering with the Spanish-American Church to be able to raise funds for this project by having a bake sale, receiving donations and going out to different states to recruit students and donations from other countries.

Gym Masters flip out over Studio

ENAEA SMITH & HANNAH JORE
STAFF WRITER, COPY EDITOR

On Feb. 18, Studio 4109 put on their first show of the semester that entertained some and offended others. The musical guest of the evening was Main Spring.

Armondi Stocks-Hicks, an actor and writer for Studio 4109, said that many people already know Steve as a fun guy, so the decision to have him host was easy. Steve Rogers is a student dean in Talge Hall and a senior history major.

Rogers was excited to host. “I thought, great Scott, I’ve actually arrived. Dear sweet Moses, yes!”, said Rogers.

Studio 4109 had their house band, The Boys, and musical guest, Main Spring, perform several musical pieces throughout the night. Main Spring is comprised of six students all from Andrews University. The band covered “Keep Your Eyes Open” by NEEDTOBREATHE, “All Star” by Smash Mouth, and sang a few of their own songs.

Ryan Jarvis, a friend of the band, stepped in to play piano for them since their pianist was unable to attend the show. Taylor Bartram, lead vocalist/guitarist, and Nathan Verrill, bass player for Main Spring expressed that they were happy to have been asked to play for Studio 4109.

“It was really exciting, because we knew how many people from the campus would be there,” Verrill said. “And we’d have the opportunity to be a part of such an amazing production.”

The show started off with a Family Feud skit between actors representing Southern and Andrews families. Rogers played the role of Steve Harvey. Each family brought drama typical of the show.

The Andrews family dealt with a newly adopted daughter reminiscent of the “How Bow Dat” girl, and a son inspired by Hacksaw Ridge to become a vegetarian combat chef. The Southern family left after feeling their children were “too worldly” and The Andrews family won the grand prize: Southern sweatpants.

The Studio 4109 news cast, The Feed, did not hold back when making jokes about academic departments on campus. Alexis Johnson, sophomore health science major, and Andrew Cuevas, junior biology major, the reporters, said that President Trump was calling himself Mr. President before he was elected. They compared this to several different majors calling themselves something they are not, such as engineering majors calling themselves engineers and music majors calling themselves unemployed.

“Notice I didn’t make a joke about art majors,” said Johnson. “Because their major is already a joke.”

There was also a skit that featured the Gym Masters, highlighting the stereotypes of the group such as always practicing and being proud of their jackets.

Gym Masters members have voiced discomfort regarding Studio’s presentation of their stereotype. The Studio team has responded with a statement posted on the Accent’s website.

Greg Manestar, the executive director/producer of Studio 4109, said that he was very proud of his team. “Between the writers, actors, the band and musical guest there is well over 200-300 hours put into each show,” said Manestar. Manestar expressed that he believes this was one of the best and most well received shows of Studio this year and a show he was proud to be a part of.
Students welcome parents for the weekend
Christian comedian, Kenn Kington, hosts Sunday brunch

LINDSEY CLUTE
STAFF WRITER

This past weekend, Feb. 17-19, Southern gave parents an opportunity to join their children on campus for several events including a Sunday brunch with Christian comedian Kenn Kington.

As part of the scheduled weekend activities, parents could attend classes with their child, as well as vespers and Easter baskets. Kington, who is from Atlanta, GA., related to the parents and students by sharing humorous stories about himself and his family. “He [Kington] had everyone dying of laughter,” said Cheyanne Beebe, freshman allied health major. “His stories were so relatable. I love how his main focus was family because that’s what the whole weekend was all about.”

Other available activities throughout the weekend included the Origins Exhibit in Hickman Hall, the Biology Trails, the student park cave, the Collegedale Greenway, the Chattanooga Riverwalk and the Lynn H. Wood Archaeological Museum.

Lucy Szezbera, a parent who participated in the weekend's activities, said that incorporating the parents into student life is appreciated. “For me, it was an opportunity to see and spend time with my daughter and see what a day in college life is like,” she said.

Kari Shultz, coordinator of the event, said that overall it was a great weekend. “I would hope this weekend was a blessing to our students/parents,” Shultz said. “This is a great time to reconnect mid-semester and have parents meet their [children’s] friends, see where they study, go to class and meet some of the professors. It also is a good opportunity for parents to share with us what their concerns might be and make us aware so that we can be active in the solution of the situation.”

Political Science major to be offered in the Fall

KAITLIN COLON
NEWS EDITOR

The history department will offer political science as a major this coming fall semester. The new catalog launches Mar. 24 making it accessible online so students can look at the requirements for the new major. Under Lisa Diller’s direction, the department decided to offer political science as a major, which Southern currently offers as a minor. Kris Erskine, department chair and professor of history and political studies, and Shannon Martin, assistant professor of political studies, are the core professors of the program.

The new major will consist of 33 hours, 21 of which will be core political science classes. To fulfill the additional 12 credits, 6 hours each from two of the four strands being offered, which includes political theory, American politics, comparative politics and international relations.

Martin said that the strands are designed to set students up for their future plans, whether that be working nationally, internationally or going on to graduate school.

“The department as a whole has been excited,” Erskine said. “This is such a fundamental part of what a department like this should offer.”

Only one class, comparative politics, was added to complete the major. In order to develop the program, Martin said that extensive research was done on political science programs offered at private and public universities in order to offer students a competitive and complete program.

Both Erskine and Martin said they believe that adding this program will fill a gap and also help add clarification to the majors offered.

Additionally, the Global Policy and Service Studies (GPS) major has been renamed International Development Studies (IDS).

“We decided to change the name of GPS to International Development Studies because we found that there were some students who were interested in actual policies and politics and other students were interested in actual development,” Erskine said.

Students interested in foreign and domestic policies and politics can major in political science, and students interested in development will have a major and name that will more accurately fit the description of what their major is.

Any students interested in learning more about what the program has to offer can contact Kris Erskine at kerskine@southern.edu or Shannon Martin at smartin@southern.edu.
Interactive brain exhibit on display in mid-March

DANIEL OLSON
CONTRIBUTOR

Students can explore a walk-through, interactive brain exhibit on March 15 and 16 from 9 a.m. to 5 p.m. during Brain Awareness Week.

Tabbed as the “world’s most realistic walk through an inflatable brain,” the three-dimensional exhibit includes colorful diagrams that explain the interior and exterior parts of the brain.

The diagrams also detail the causes of certain brain conditions, such as strokes, concussions and seizures, as well as the effects of neurodegenerative disorders, such as Alzheimer’s and Parkinson’s disease. University Health Center staff and pre-med students will serve as guides.

“The brain is the most complex part of your body,” said Jim Wampler, director of the Student Success Center. “The brain is who you are, so it’s important to learn about the brain and know how to protect and care for it.”

For the last nine years, Southern has promoted Brain Awareness Week on its campus each March through a partnership with the Dana Foundation, a private philanthropic organization that supports brain research.

Due to the fact that we will not have an Accent next week, and the lack of space for content, some articles have been posted on our website that could not be included in our print edition.

Visit accent.southern.edu for more news stories.

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What comes to your mind when you think about getting ready for church? For some of us, we think of taking a shower and doing the necessary things to our hair to make it look presentable. For others, it may be looking for some fancy clothes in the closet and noticing they are wrinkled. We then embark on a long and epic quest trying to find where we last put the iron.

Is preparing our physical body to be presentable to God really what getting ready for church looks like? Or do we have to prepare ourselves on a much deeper level? Human beings commonly look at things only skin deep. Even the disciples looked at Christ’s kingdom by what they could physically see. Yet, Jesus wanted them to look even beyond the surface level.

God wants us to look at preparing for church in the same way; we must look deeper. According to Ecclesiastes 5:1, “Guard your steps when you go to the house of God. To draw near to listen is better than to offer the sacrifice of fools, for they do not know that they are doing evil.” The first part of verse 1, is, in essence, saying that a person who truly is a worshipper of God, prepares himself or herself beforehand to worship God. To add to this point, Alexander Maclaren, a prominent British preacher in the 19th century, said, “fruitful and acceptable worship begins before it begins.”

The verse does not end here. In the second part of the verse, Solomon then goes on to state that, “To draw near to listen is better than to offer the sacrifice of fools, for they do not know that they are doing evil.” The first part of the verse, according to the original Hebrew, “to listen” is not simply to listen in our typical understanding of the word. It means, of course, to listen, but to also obey. The sacrifice of fools refers to those who go to church and miss the whole point of going. They do not see the significance of going to church. In our day, this could be referred to as simply being a “cultural” Adventist. They go because it is habit. They are not yearning for God’s word to change their lives. When we go to church Sabbath morning, we must come with our minds open, our hearts surrendered, and our purpose clearly seen. Preparing for church is not merely preparing our physical appearance; we must prepare our hearts because that is what God truly sees.

So, when Friday evening comes around, truly prepare yourself to come into the house of God. Put down the phone, stop talking about Donald Trump and policy, stop talking about your social drama and schoolwork. Leave all of that at the feet of Jesus, take His hand and let Him make you clean every Sabbath to commune with God in His house.
A look into the struggle of an eating disorder

Alexis Hartline  
Actual Opinion Editor

I spent a lot of time around my aunt while I was growing up. Sometimes we would go to the store and people would mistakenly think that she was my mom. Naturally, one can assume that we were close. Every summer I would visit my father, and during that time I spent the majority of my time with my aunt. Sometimes when I visited my aunt would not be at the house; she would be at the hospital.

As a kid it did not register to me—the long nights spent sleeping in the hospital waiting room, the tears on the faces of my family members. For me it had become commonplace, my family can lead to a disorder. Sometimes the pressing requirements of a sport or society. Sometimes the pressing requirements of a sport or pressure from friends and family can lead to a disorder. Many feel that because they do not have control over much of their life, they can at least control their bodies.

Other times, young people do not know how to react to the physical changes that come with adolescence and they panic, desperately trying to stop this natural, healthy weight gain. No matter what their cause, eating disorders are dangerous and hurtful to bodies, as well as emotions and relationships. Society today is image-driven. We see the photos on the covers of grocery store magazines. We open Instagram and see the perfect bodies of reality stars and musicians. We have fallen under the false belief that everyone is supposed to have a specific body size regardless of genetic disposition; and folks, that is simply not true. If we believe this myth long enough, we will start to believe that our value as a person is based on the ideal. And if we are ever going to change our attitudes and ideas about eating, weight, or personal appearance, we have to recognize these ideas as lies. If we are going to start believing the truth about appearance and weight, we have got to look to the Ultimate Source, not magazines and heavily filtered photos. What does our loving heavenly Father have to say about our bodies and real beauty? Take a look at these Bible verses:

**Genesis 1:27** — You were made in the image of God.

**Psalm 8** — In the whole wonderful universe, He gives you a place of honor.

**Proverbs 31:30** — How you look much as what’s inside.

**Zephaniah 3:17** — The God of the universe takes delight in YOU!

**Romans 5:8** — God loves you enough to send His Son to die for you.

**1 Peter 3:3** — How you look is not what really makes you beautiful.

How Christians should treat refugees 101

Dylan Gibbons  
Contributor

Welcome students! This year I am teaching a new course called, “How Christians Should Treat Refugees 101.” This is a class designed for Christians who may be confused on how to address the current issues of immigration, and how God wants them to act. Despite travel bans, laws of the land and presidential opinions, this class will establish two set principles that demonstrate how Christians should respond. This class is not based on political affiliation, personal experience or any other factor; it is based on God’s holy word. Let me lay it out for you.

**Principle 1: Do Not Oppress a Foreigner**

Do not oppress a foreigner; you yourselves know how it feels to be foreigners, because you were foreigners in Egypt. (Exodus 23:9)

Oppression is something that many refugees have lived with for their entire lives. They have fallen asleep to oppression’s gun shots at night, been choked by oppression’s strong arm, and ran from oppression’s soldiers. How dare we, as a nation, impose more oppression through the form of travel bans on people who just want to be free? How dare we, as Christians support laws that uplift oppression, and promote division? We must be careful, because one day we might face the same predicament and we will wish we had demonstrated love.

**Principle 2: Love Refugees As Yourself**

When a foreigner resides among you in your land, do not mistreat them. The foreigner residing among you must be treated as your native-born. Love them as yourself, for you were foreigners in Egypt. (Leviticus 19:33-34)

In reality, all Christians are foreigners on this earth. We are refugees, displaced from our true home by the fallout of sin. This world is not our home, but until the day we leave these earthly plains we must relearn the art of love. We must learn that dark walls is not love, tearing down walls and bringing people into shelter is. We must learn that dark walls cannot drive out darkness, only light can do that. And we must learn that banning refugees is on the same level of banning Jesus from our land. After all if we are all created in the image of God, shouldn’t we all accept each other as God’s handiwork?
lifestyle

Make a spectacle in spectacles

Daniela Ursuleenko
Lifestyle Editor

When I was a little girl I wanted to have bad vision because I thought glasses were super stylish. Because I wore glasses when I did not need them, my vision worsened when I was 14, but I was actually happy about it. Now, no matter what outfit I have on, glasses are an essential accessory. Even though I now need glasses, I feel like people with perfect vision should have a pair for fashion. Do not be scared to wear fun glasses, they can make the most simple outfit special and unique. When you see someone the first thing you look at is their face, and then you look at everything else. Glasses will make your whole outfit look much cooler. There are a lot of fun, different, stylish glasses out there, just try them out and get few pair of glasses which will add a dynamic new look to your wardrobe.

Local Juice opens new location in Fort O

Daniela Ursuleenko
Lifestyle Editor

If you've been keeping up with the lifestyle section of the Accent, you will probably remember the article I wrote on The Local Juice and Coffee. This time I want to share something new. There are new locations of Local opening. The owner decided to expand and bring a new item to their menu: coffee. The new Local offers a lot of drinks like Cascara latte, brewed coffee, kombucha, matcha and others. They also have vegan donuts and granola bars for snacks. The interior aesthetic is clean and organic. They have incorporated interesting art pieces and have a lot of plants, which lends to a tropical atmosphere. This place is in a weird location, but it is worth checking out. Why not go and get some healthy snacks and yummy drinks? Their Instagram, which has pictures of both places, is @localjuice. The address of the new location is 1549 Battlefield Pkwy Ft.O, GA. Stay healthy!

Experiencing CrossFit: a look inside the WODs

Hannah Joes
Copy Editor

I have always enjoyed exercising from riding bikes, to playing baseball in my backyard, to running half marathons, to being on my high school acro team. When I got to college I swore to stay as active as I used to be, but once I finished my freshman fitness class, making time to work out became a lot harder than I originally thought. As a result, when my dad suggested we try CrossFit during the summer before my sophomore year, I jumped at the opportunity, and I haven't stopped since.

CrossFit provides a unique workout experience. Instead of wandering around the gym, wondering how to use all the complicated machines, or doing the same workout every day, trained coaches formulate workouts each day that cover a broad range of exercises tailored for certain body parts. Workouts are held as part of hour long classes offered every day. At CrossFit Ooltewah, where I attend, each workout starts with cardio, such as running, rowing or burpees. After that comes the strength portion, which includes weight lifting movements such as back squats, cleans and deadlifts. Each person lifts weights according to his or her ability and weights are chosen based off a percentage of an individual's one rep max for that movement. Coaches wander around giving advice on form and helping new people to make sure no one gets hurt.

Finally comes the Workout of the Day (WOD). These are the core workouts of CrossFit and usually consist of a combination of body weight and strength movements ranging from kettle bell swings to muscle ups. One “favorite” is a WOD called Cindy which requires athletes to complete as many rounds as possible of 5 pull ups, 10 push ups and 15 squats in 20 minutes. CrossFit workouts may seem difficult, but all moves can be modified so that each person gets a workout that is challenging, but safe.

Although I still have to modify many workouts, I can tell a huge difference in how I feel physically. I have more energy, my body is more toned, and I am stronger both mentally and physically.

If your daily workout is feeling dull, if you are tired of working out alone, or you just want to challenge yourself, CrossFit may be for you. Most places offer free introductory classes, so why not take a chance and try something new.
He Set, She Set edges Basura

Caleb Begley
SPORTS WRITER

He Set, She Set defeated Basura during Co-Ed B-League volleyball on Monday, sweeping both sets.

With the win, He Set, She Set improved to 3-1 while Basura fell to 1-3 on the season.

The match was a fast-paced affair, and the He Set, She Set players focused on a coordinated offensive attack to win the game. Both sets were close, but He Set, She Set won narrowly in the first set before winning the second set, 25-17.

“Communication and having fun was our key to victory,” said Saminta Hean, team captain and junior public relations and sports studies major.

He Set, She Set faces the Montana Pushovers on Sunday at 5 p.m., while Basura competes against What? at the same time on Sunday.

Old’s Cool dominates Ex’s and No’s

Caleb Begley
SPORTS WRITER

Old’s Cool blew out Ex’s and No’s in a lopsided Men’s B-League volleyball game on Monday. With the win, Old’s Cool improved to 2-1, while Ex’s and No’s suffered their third consecutive loss.

Old’s Cool swept both sets, winning the first set, 25-5, and the second set, 25-15. Using a steady stream of offensive maneuvers, the Old’s Cool team, made up of mostly professors and staff members, won convincingly.

Tim Trott, Team captain and biology professor, said that the key to their victory was “playing loose and just having fun with our friends.”

Ex’s and No’s face The Waffle House Kroo on Monday at 6 p.m., while Old’s Cool play the Smash Brothers on Monday at 6:45 p.m.
You say it’s your birthday...

Student Life Announcements

Talent Show Auditions: Do you have a talent? Of course you do! If you’d like to share your talent with the rest of us, Talent Show auditions will be held Monday, Feb. 27 at 7:00 p.m. in Ackerman Auditorium. Contact Kit Clements (kbclements@southern.edu) to sign up for a time to let your talent shine.

SA Announcements

Check your email: Elections for Student Association officers are open till midnight today. An email should be sent to all students. If you do not receive and email to vote contact (@student life) or any of your current SA officers.

General Election Night! Join us!
You know my life is boring when the most wild thing that happens is the printer getting jammed at work, and everyone is freaking out.

Alexa Smart @alexasmart24
International Studies, SR

Whenever I cross the street I gotta look the people in cars in their eyes to make sure they stop

Justin Rogers @idigguitars
Construction Management, SO

wearing sweatpants for the first time today and I think this is a transcendent moment

Dylan Thomas @notthedeadpoet
Film Production, FR

I chill so hard on Sundays for a girl who has four Monday classes

Adonijah McCann @ninaamCann
Psychology, SO

Get obsessed with your purpose in the world.

Aaron Negrillo @arislens
Computer Information Systems, SR

“where God guides, He provides” -Isaiah 58:11

Brianna Mangahas @brixxna
Nursing, JR

My roommate *was* snoring...let’s just say the key to make people stop snoring is by stopping their respiratory system for a few seconds.

Eileen Flores @Eileenflores20
Management, JR

Nothing disappoints me more than when I’m already almost to class and I remember I forgot my skills bag in my room.

Todd Bennett @ToddBennettJr97
Nursing, SO

I swear I basically need a parka, snow boots, and like 3 blankets to sit in my classes without freezing #arcticstatus #whyisitsocold

Lindsey Conkle @inTreble22
Marketing, SR

“Whenever I cross the street I gotta look the people in cars in their eyes to make sure they stop

Justin Rogers @idigguitars
Construction Management, SO

wearing sweatpants for the first time today and I think this is a transcendent moment

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Todd Bennett @ToddBennettJr97
Nursing, SO

I swear I basically need a parka, snow boots, and like 3 blankets to sit in my classes without freezing #arcticstatus #whyisitsocold

Lindsey Conkle @inTreble22
Marketing, SR
Go to a resort in Cancun or snowskiing in Vail! Go camping on the Appalachian Trail. Probably.

Adventist Edition

What Should I Do Over Spring Break?

- want to go somewhere there is snow?
  - no
    - want to relax in the sun?
      - yes
        - want to keep your mind stimulated?
          - yes
            - want to see anyone you know?
              - yes
                - of course you do
              - no
                - do you like history?
                  - yes
                    - do you like interactive history?
                      - yes
                        - who doesn't?
                      - no
                        - want the food to be cheap?
                          - yes
                            - who doesn't?
                          - no
                            - not a real question
                  - no
                    - want to relax?
                      - yes
                        - want to go somewhere actually fun?
                          - yes
                            - sure!
                          - no
                            - want a cheap ride to get there?
                              - yes
                                - duh
                              - no
                                - do you like history?
                                  - yes
                                    - who doesn't?
                                  - no
                                    - do you like interactive history?
                                      - no
                                        - who doesn't?
Intensive care simulation added to nursing program

Brandon Beneche  
Staff Writer

The School of Nursing will have a six-hour practice simulation to provide graduating nursing majors with intensive care experience on Apr. 27 through 28.

During the event, senior Associate of Science (AS) nursing students will attend to a rotation of volunteers and mannequins mimicking injuries or illnesses. The students will simulate checking on patients, carrying out orders from supervisors and interacting with different patients and families in a simulated Intensive Care Unit.

The event involves roles for more than just the AS nursing students. Acute Care nursing majors will act as attending hospitalists and write orders for patients, while pre-med students will prescribe drugs to the patients. Additionally, students studying for their master’s in social work will act as case workers, and nursing management students participate as friends and family members.

Professors from the School of Nursing will also act as supervisors during the simulation.

A pilot of the simulation occurred over the summer, and the department held a 12-hour version this past fall semester. Barbara James, dean of the School of Nursing, said that the event has received positive feedback from its participants. “Students love the autonomy they’re given, and they’d like to do this more frequently,” James said.

Alesska Acosta, nursing major, said that the event was really helpful. “At the end of each session, we give each other constructive criticism,” she said. “You’re also being watched by your peers and instructor on a TV screen, so it challenged me to come prepared and be on my ‘A’ game.”

Michelle Abreu, who graduated from the AS nursing program in December, said that, for her, the experience for her was great. “At first it felt a little overwhelming because there were a lot of people in the skills lab room at once,” she said. “But once a few minutes went by, it got a lot easier to get things done.”

James said that the department is excited about the simulation, and they see the value it brings to their students. “It’s an excellent and practical way to engage nursing students in a realistic acute care setting where they can learn from professors in a safe environment.”

Advancement Call Center Awards First Employee Scholarship

Gavin Finch  
Contributor

The Advancement Call Center awarded Melanie Ramirez, sophomore biology-biomedical major a $500 student-funded scholarship this semester for her work.

The Call Center employs Southern students and is run by the Advancement department. In the evenings, student workers call alumni and other donors to ask for donations that will benefit Southern students. Near the end of each semester, Call Center employees call one another and ask for donations.

During this period of student calling, all donations go towards a scholarship fund dedicated to Call Center employees. Fellow employees nominate the student awarded this scholarship. Lindsay Wood, Call Center coordinator, said that the department’s leadership takes into consideration consistent results with donors, and what she calls “the spirit of philanthropy.” In the case of a tie, administration considers financial need. The winner must also plan to continue working in the Call Center the next semester, or the scholarship will be given to the runner up.

“When I found out, I was quite shocked, honestly,” Ramirez said. “I did not expect it at all. I feel extremely [fortunate] to have received this scholarship, and no words can describe how grateful I am.”

The Call Center began raising money for this scholarship in the fall of 2015. Administration is now awarding one scholarship a semester, and Wood hopes to continue increasing the scholarship fund. She hopes that it will eventually become an endowment, a fund of $25,000 or more that pays scholarships from its interest.

Wood hopes that former employees will be interested in donating to the fund to help it become an endowment. “People often overlook how hard [the Call Center employees] work and how dedicated they are,” said Sheann Brandon, junior journalism/digital broadcast major and former Call Center employee. “I think a scholarship for them and created by them is such a beautiful idea.”
Legacy writing competition offers prizes, publication

Southern Adventist University students are encouraged to enter a creative writing piece into the Legacy writing competition, sponsored by the Writing Club, for a chance at publication and cash prizes.

Legacy, first started in 1964, will be accepting submissions of poems, short stories and creative nonfiction of no more than 2,000 words until March 31. There will be first, $40, second, $20, and third, $10, place prizes. All winners will be published online, along with any pieces that the committee deems well written.

Students are asked to write on the theme of transformation, something that Hannah Wambolt, legacy editor-in-chief and junior English professional/writing major, said is reflective of what students experience while in school.

“My team and I decided on this theme because isn’t that what college is all about?” Wambolt said. “We thought that life, especially college, is full of changes and transformations, and the writing that is developed because of those transformations is truly inspiring.”

Wambolt said she believes that students should enter the competition for many reasons in addition to the possibility of publication and prizes.

“Personally, I think students should participate because writing is an excellent way to be expressive,” Wambolt said. “Artists paint. Photographers photograph. Film directors cap- ture. And writers write. Those are all ways of expression, but writing just so happens to be my favorite.”

Sierra Correia, freshman English professional/writing major, said she is looking forward to entering a piece for Legacy for the first time.

“It could be a good opportunity as a writer to get published,” Correia said. “Only my close friends have ever seen my writing so it would be interesting to have another perspective.”

School of social work receives high mark

Following a two-day site visit with a representative from the Counsel of Social Work Education (CSWE) earlier this month, the School of Social Work received a positive oral report regarding their accreditation.

A representative from the CSWE came to review the school’s Bachelor’s of Social Work (BSW) and Master’s of Social Work (MSW) programs and to decide if the department would be able to renew their accreditation for the next eight years.

“The representative met with the Family Justice Center, with whom the department has a partnership, to review students working as interns. The representative also met with alumni, current BSW and MSW students, faculty of the department and university administrators. The department’s on-site counseling center was also reviewed during the visit,” Kristie Wilder, professor and writing club sponsor, said.

According to Kristie Wilder, the dean of the School of Social Work, the department received high marks. The department has not yet received their written report, but was given an oral exit-report.

“He [the representative] gave us zero recommendations,” Wilder said. The representative even expressed wanting to use the department’s self-study template for his program.

A focus group which consisted of BSW and MSW students was also put together so that the representative could hear their thoughts on the BSW and MSW programs.

Samuel Hamby, a BSW student in the focus group, told the representative that he is proud of his program, especially the faculty. “I would have been shocked if we were diminished in any way,” said Hamby. “I know for myself it’s a great feeling to receive praise for a job well done.”

Carolita Claus, a MSW student in the focus group, said that people ask why she is not at a public university with a “stronger program” and cheaper tuition.

“This accreditation program has given me confirmation of what I already knew,” Claus said. “This department is going above and beyond to prepare me and all its students for success.”
Bio Students Test Black Widow Defenses

David Bonney, junior biology-biomedical major, and Issac Delote, senior biology-biomedical major are conducting a research experiment on the defensive behavior of a deadly spider, the black widow.

They are measuring how much of the defensive silk the spider will use when threatened. The black widow spider has a unique way of defending itself. The spider will turn around, raise its abdomen in the air, and spit out a special defensive silk, shaped like a pearl necklace.

Before using the silk, the spider must steal energy from another part of its body. This energy can be used for reproduction. The silk does not cause injury, it is simply to scare enemies.

“If I slap you, you would push me, but if I punched you, you would punch me back,” Delote said. “Depending on what I do, if it’s a less or greater threat, you will respond likewise to meet that threat, so if I pinch the spider, which is a high threat, it will release thicker droplets of defensive silk as opposed if I just poked it.”

Bonney and Delote are preparing ways to collect data on the experiment. They built an apparatus to hold a GoPro mounted with a pair of tweezers, which is used to pinch the spider. They will be taking precautions, by wearing gloves, to avoid getting bitten.

“The contraption will help us get quality video from the same angle and point of view each time,” Bonney said.

The students are trying to get the data in time to display at the American Arachnological Society conference in Mexico this June. The department has about 100 black widows available to be seen by anyone with faculty supervision. Bonney and Delote will be using 30 black widow spiders for this experiment.

David Nelson, assistant professor and facilitator of the experiment, said one of his goals is to show how much fun it is to ask interesting questions and to encourage students to discover something new.

Students Make Southern

Students can expect lights and action at this year’s annual Talent Show. The event will be held this Saturday at 9 p.m. in Iles P.E. Center.

This year’s theme is titled You Make Southern. “It’s about getting the student body to recognize that they are the real voice of Southern, and that they have power in numbers,” she said.

The event is about celebrating some of the creative and talented individuals at Southern. There will be nine acts this year, with talents ranging from poi juggling, card tricks and poetry. “We really wanted to focus on incorporating a larger variety of acts than in previous years,” Clements said.

Greg Wright, junior liberal arts education major, and Armondi Stokes-Hiks, junior film production major, will be hosting the event.

“I’m pretty excited about hosting and I’m glad I get to host with one of my closest friends,” Stokes-Hiks said.

Students are encouraged to come dressed red-carpet ready, as there will be opportunities to get photos taken throughout the night, Clements said. There will be desserts and refreshments. The desserts will be provided by students in the Culinary Arts department.

For those who may not be able to attend, the event will be streamed live on Southern’s Facebook page.

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You’re not strong enough

ZACHARY HAGEN
RELIGION EDITOR

You are extremely weak. There is nothing you can possibly do to make your life any better than it is, and you are actually better at making it worse than maintaining the status quo. These are the facts, but they are not the end of hope.

In 2 Corinthians 12:9 we are told, “But he said to me, ‘My grace is sufficient for you, for my power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me.” God has promised us that He is enough.

I have been guilty of thinking I can change my life on my own, repair that broken friendship without help, get good grades just because I’m smart, but these are all lies I try to tell myself. I cannot do a single thing I can do right outside the power of Christ.

Every time I act without the guidance and help of the Holy Spirit, my life gets messier and harder to deal with. It gets harder to say no to temptations, my relationships with my friends and family become strained, and I just fall back into old sinful patterns. What do you expect? I’m human. Still, God’s grace is enough for me, and I feel His work in my life when I stop relying on myself and put myself in His hands.

Besides, I know that everything will be okay. Romans 8:28 says, “And we know that in all things God works for the good of those who love him, who have been called according to his purpose,” because He is strong enough to get rid of our mistakes. There is nothing that any of us could do to deter God from helping those who love Him.

So, your life is in shambles and you are gripped in the depths of confusion and sin. So what? If you fall in love with Jesus and renew your faith in Him daily, everything will eventually be alright. It won’t be an overnight fix, but it will be a step in the right direction.

The ‘Princess and the Frog’ and Christ

ZACHARY HAGEN
RELIGION EDITOR

The Princess and the Frog, or The Frog Prince, is a classic childhood fairytale. A prince is cursed to live out his days as a frog and his only hope is to be kissed by a princess. A princess finds him and kisses him revealing his true nature. Christianity and faith are a lot like kissing a frog.

Long ago, Christians were only a small group just starting out after Jesus rose from the dead. Everyone knew that Jesus of Nazareth had died. It seemed that a new movement had started from a dead man because many refused to believe that He had risen from the dead.

The first Christians looked like fools to their friends. After all, who would believe in and worship a dead man? Then again, who in their right mind would kiss a slimy frog in a swamp?

What if the kiss in the story happened in an amphitheater with hundreds of people watching as that slimy, oozy frog asked a beautiful princess to kiss him? Would she still have kissed him? Would not kissing the frog change the fact that he was still a handsome prince who could give her his world in reality?

With everyone watching, the princess would have had a very hard time kissing that frog. It would have been completely humiliating! That, however, is exactly the point. Have you noticed that humiliation sounds a lot like humility? Being embarrassed is not the same as being humbled, but being humiliated can be a humbling experience.

Jesus endured the most humiliating and excruciating experience for us when He was tried, flogged and crucified. He was publicly shamed and killed for each and every one of our transgressions. His humility was a lot like kissing a frog while being watched by an amphitheater full of people. His amphitheater of people was the entire universe. The frog that He kissed was sinful humanity. Jesus, like the frog, also became a human. Our sin made it so that He would become like us to save us. He spread out His arms to embrace the world and died for us. In that sense, Jesus is our frog. The whole world is watching. The angels and demons are watching.

The entire universe is watching to see if we will accept the prince of the universe as our Lord and Savior when, to everyone around us, it looks like we are kissing a disgusting, slimy, oozy frog from the swamp because they do not understand why anyone would worship a dead man.

Jesus is risen. Even though we look like fools, we will be glorified to live with Him for all of eternity if we will accept Him. It may seem foolish, but so does kissing a frog.

Writing Contest

Why? 1st place and runnner-ups awarded a cash prize
Who? All Southern students
Styles? Short fiction, creative non-fiction, poetry
Guidelines:
• Submissions should reflect this year’s theme of Transformation
• Multiple submissions accepted
• Submissions cannot exceed 2000 words
• Non-winning entries will also be considered for publication

The Legacy
2017
Due March 31

Email submissions as word attachment to hannahywamboh@southern.edu

Thursday, March 16, 2017

As humans, we are not strong enough to hold the spiritual weights in our lives so we must give it to God.
Fast mochi recipe

**Ingredients**
- 1 1/2 cups mochiko, plus more for dusting
- 1/2 teaspoon kosher salt
- 1 1/3 cups water
- 1/4 cup granulated sugar
- 2 tablespoons light corn syrup

**Instructions**
1. Place mochiko (a type of Japanese flour) and salt in a large bowl and stir until thoroughly combined.
2. Combine water, sugar and corn syrup in a medium saucepan and bring to a boil over medium-high heat. Reduce to a simmer and cook, stirring, until sugar is dissolved, about 5 to 6 minutes.
3. Make a well in the center of the mochiko mixture and pour in the sugar syrup. Stir until all flour is incorporated. Immediately turn dough onto a work surface lightly floured with mochiko and knead until smooth and elastic, about 4 to 5 minutes; dust with more mochiko as needed to prevent sticking.
4. Pinch off tablespoon-size pieces and, using a floured rolling pin or your hands, flatten into 3-inch circles about 1/8 inch thick.
5. Dust rice cakes with mochiko and place on a baking sheet lined with parchment paper. Cover in plastic wrap and store in the refrigerator or freezer, or use as desired.

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Metallics

**Daniela Ursuleenko and Hannah Jobe**

*Lifestyle Editor and Copy Editor*

The sun sits brightly overhead as you make your way to class. Cars and dewdrops glisten with the light of a fresh spring day. As you walk down the promenade something else catches your eye: the gleam of a metallic silver backpack.

Spring is on its way and winter clouds are slowly giving way to warmth and sunshine. With the weather comes a change in wardrobe. Gone are the sweaters and ugggs off the past; it is time to make way for spring trends, and metallic accessories are the perfect way to make this season's outfits extra special.

I found that I really like metallic accessories. Even small pieces can greatly enhance your wardrobe. Metallic accents can be used several different ways. Metallic shoes can look really dressy and add sparkle to your dresses or even pants.
march

THURSDAY 16
- 11:00 a.m., Convocation: Social Work (Iles)
- 7:30 p.m., Music General Recital, 2 Credits (Ackerman)
- AmeriBrain Exhibit (Student Center)

FRIDAY 17
- Soccer Sign-up begins
- 2 p.m., International Student Event (Wright Hall Steps)
- 8 p.m., Vespers: Josh Woods (Church)

SATURDAY 18
- Last day for 40% tuition refund
- No tuition refund after today
- 11:45 a.m., BRIDGE Luncheon (Presidential Banquet Room)
- 12:00 p.m., Faculty Showcase (Presidential Banquet Room)
- 3:30 p.m., University Senate
- 5:00 p.m., Soccer Captains' Meeting (Hulsey)
- 7:30 p.m., Music General Recital, 2 Credits (Ackerman)

SUNDAY 19
- The You Make Southern Talent Show will be held at 9:00 p.m. in Iles on Saturday, March 18.

TUESDAY 21
- 11:00 a.m., Convocation: Social Work (Iles)
- 7:30 p.m., Music General Recital, 2 Credits (Ackerman)

WEDNESDAY 22
- 11:00 a.m., Convocation: Social Work (Iles)
- 7:30 p.m., Music General Recital, 2 Credits (Ackerman)

THURSDAY, MARCH 16, 2017

Student Life Announcements

Talent Show: Come and see the talents of those who make Southern what it is - the students. The You Make Southern Talent Show will be held at 9:00 p.m. in Iles on Saturday, March 18.

Happy Birthday: As a part of SA President Moses Maier’s Smile Initiative, everyone is entitled to a free treat on their birthday! Just stop by the SA office sometime on your big day (or as close as possible if your birthday falls on a weekend) and talk to Moses.

You Say It’s Your Birthday...

Thursday, March 16
- Jennifer Fisher
- Cynthia Roman
- Enaea Smith
- Branden Albertsen
- Suny Cardenas-Gomez
- Dalies Carr
- Mason Clark
- Anna Ferris
- Stephanie Guerrero
- Morgan Parker
- Ashlan Ruminson
- Hunter Sorensen
- Austin Wagner

Friday, March 17
- Brielle Anderson
- Britni Barlow
- Ellyse Bertus
- Ethan Fishell
- G Goodin
- Cheryl Guider
- Justice Peltier
- Dwight Rey
- Mia Spicer
- Jennifer Anunciado
- Caleb Begley
- Jessica Bryan
- Amit Devaraj
- Brian Horvath
- Dianasol Huey
- Suzie Lee
- Emily Leon
- RJ Varona
- Samuel West
- Herman Wilhelm

Saturday, March 18
- Marty Alvarado
- Jairo Angeles
- Julie Bonner
- Hannah D’Avanzo
- Dylan Gibbons
- Julie Lepeak
- Jannine Ivy Mendoza
- Joseph Min
- Catherin Silva
- Jennifer Anunciado
- Caleb Begley
- Jessica Bryan
- Amit Devaraj
- Brian Horvath
- Dianasol Huey
- Suzie Lee
- Emily Leon
- RJ Varona
- Samuel West
- Herman Wilhelm

Sunday, March 19
- Allie Bermudez
- Christina Donesky
- Jennifer Fisher
- Cynthia Roman
- Enaea Smith
- Branden Albertsen
- Suny Cardenas-Gomez
- Dalies Carr
- Mason Clark
- Anna Ferris
- Stephanie Guerrero
- Morgan Parker
- Ashlan Ruminson
- Hunter Sorensen
- Austin Wagner

Monday, March 20
- Joelle Angrand
- Bryan Chen
- David Fagre
- Esther Ferraz
- Kendra Hunter
- Jacqueline Mendoza
- Josue Montilla
- Michelle Niel
- Jennifer Fishier
- Cynthia Roman
- Enaea Smith
- Branden Albertsen
- Suny Cardenas-Gomez
- Dalies Carr
- Mason Clark
- Anna Ferris
- Stephanie Guerrero
- Morgan Parker
- Ashlan Ruminson
- Hunter Sorensen
- Austin Wagner

Tuesday, March 21
- Joelle Angrand
- Bryan Chen
- David Fagre
- Esther Ferraz
- Kendra Hunter
- Jacqueline Mendoza
- Josue Montilla
- Michelle Niel
- Jennifer Fishier
- Cynthia Roman
- Enaea Smith
- Branden Albertsen
- Suny Cardenas-Gomez
- Dalies Carr
- Mason Clark
- Anna Ferris
- Stephanie Guerrero
- Morgan Parker
- Ashlan Ruminson
- Hunter Sorensen
- Austin Wagner

Wednesday, March 22
- Joelle Angrand
- Bryan Chen
- David Fagre
- Esther Ferraz
- Kendra Hunter
- Jacqueline Mendoza
- Josue Montilla
- Michelle Niel
- Jennifer Fishier
- Cynthia Roman
- Enaea Smith
- Branden Albertsen
- Suny Cardenas-Gomez
- Dalies Carr
- Mason Clark
- Anna Ferris
- Stephanie Guerrero
- Morgan Parker
- Ashlan Ruminson
- Hunter Sorensen
- Austin Wagner
When your dog barfs on you right as you’re ready to walk out the door for class. #thankyou #lateagain #itwasliterallymydogsfault
Elisabeth Etchell @misslassi22
Pastoral Care, JR

Watching a theology class walk into the nursing building at Southern is almost poetic. #lookingforawife #canihaveyournumber
Mitchell Griffin @mgriffinpr
Public Relations, SR

All I ever wanted was to be in the paper. #whyimademytwitter
Jonathan Lowery @jonathanmlowery
Long-Term Care Administration, SR

Disappointed I did not participate in #nationalnappingday, this just means I must partake in #PiDay and a nap today.
Sarah Graham @sarah_ashley37
History, SR

Tried SAU’s rental cars today... Fellas without cars have no excuses on taking girls out on dates now. #saulife
Christina Robinson @Tumbaganaga
Public Relations, SO

You know you’re in Hickman when you sneeze and no one blesses. #nothackman #saulife
Grace Johnson @greatgracechase
Public Relations, FR

As I was getting ready for bed last night I thought well not time for a nap.... I woke up feeling like that is all I got. #saulife #college
Jolene Clayburn @JoJoBeautifulMe
Marketing, JR

something I thought I’d find at college: parties and drugs. something I actually found at college: people that don’t know how to swim
Dylan Thomas @notthedeadpoet
Film Production, FR

Unpopular opinion: The Chainsmokers are trash.
Romel Juba @xD_mrbrightside
Nursing, JR

#saulife @southern_accent #saulife @southern_accent
@brackettaustin It’s a good train... get on it... @soulfoodcreative #experiencetheexperience #stokeulated

@veggie_amanda Tour was “Okeeeeyyy#lifeatsouthern #chattagonia #radbros #puertorico #orchestra #violinists

@madeline.mace Even though it was freezing, and the fish were tiny, this class brought a much needed smile to my face today #flyfishing
Daylight Savings Time
Why we are all taking an	right now

Not only is our sleep out of sync from Spring Break, we ALSO lost an hour our first day back. Daylight saving times is ruining the health and economy of the people!

According to the University of Colorado Boulder, there is an increase in fatal motor vehicle accidents the week after daylight savings. That won’t happen to Collegedale folks because we get pulled over for going 2 miles over the speed limit.

A study by JP Morgan Chase Institute shows there is a drop in spending aka our economy is not stimulated!! Thanks Obama!
I mean DST!

A study from Michigan hospitals showed a 25% jump in heart attacks the Monday after daylight savings time, which is probably higher for students when we factor in our tuition and the lack of help FAFSA gives.

No one can figure out how to change the clock on the microwave, because it’s 2017 and clocks are supposed to do that automatically, so while we are all making breakfast in the kitchen, thinking we have plenty of time, we are just playing ourselves because we are 40 minutes late to class.

Accent staff was too tired and lazy to print a full issue.

Savings Accent
Jacob Martin won first place at Southern’s annual talent show with his Pirates of the Caribbean piano medley. Martin, senior biomedical major, dressed as Jack Sparrow, closed the night with his Pirates of the Caribbean piano medley, earning a standing ovation from the crowd.

“I am still blown away by the support I received from both the audience and the judges alike” Martin said. “I am truly blessed to have been given the honor of first place.”

Riley Kim, junior biology major, placed second with a ukulele piece, and a cappella group, Voculus, placed third with their cover of Jon Bellion’s “All Time Low.” Other acts included poi juggling, a story recitation and a card trick act.

Kim began the performances with his rendition of “While My Ukulele Gently Weeps.”

“I didn’t know what to expect when I signed up to participate,” Kim said. “But that’s just half the fun.”

Braian Gomez, public relations major and the leader of Voculus, said that he was proud of the performance. “We were a little upset about how the sound came out,” Gomez said. “But I’m really proud of all of them.”

Hosts Armondi Stokes-Hicks and Greg Wright began the night by announcing the theme: You Make Southern.

“While the judges chose the winner, Braxton Young, junior computer science major, showcased his program, Glowsync, which illuminated students’ smartphones as they listened to “Everglow” by Coldplay,” Kit Clements, Social Vice President, said that she was beyond pleased with the show. “The night was called ‘You Make Southern’ in hopes that the students went home thinking about what talents they could utilize to make their communities a better place,” she said. “My goal was to get us all thinking about what we can do to join together and really make our voices heard.”

Loma Linda University has accepted two Southern students a year early into their dental program.

Krista Min, junior chemistry major, and Suzie Lee, junior chemistry major, will be enrolling this fall at Loma Linda University, and will not need to complete a bachelor’s degree. Loren Barnhurst, assistant professor in the chemistry department said it is very uncommon to have two students in the same class get accepted early. Barnhurst said that in his 15 years at Southern, he estimates that only five of his former students in the past have reached this goal.

Before applying to dental school, students must complete several required courses to register for the Dental Admissions Test. Min and Lee accomplished this in their first two years, giving them the chance to apply early.

“We studied 10 hours a day for six weeks,” Min said. “This was a daily process which needed most of the summer to study. Trying to study for it during the school year would be pretty difficult.”

Though Loma Linda requires the scores and completed courses, their main concerns with incoming students are their maturity and well-rounded character.

“I believe the interview is what really helped us get accepted because I had the chance to show how much of a people person I am,” Lee said.

When asked why they wanted to become general dentists, Min said that she wants to build close relationships with her clients, while Lee wants to be a dentist in Africa so she can help those in need.
New student center will include Campus Kitchen, study rooms

Tierra Hayes
Staff Writer

Construction of the new 42,000 square foot Bietz Center for Student Life is slated to begin next fall. The project, located between the McKee Library and Hickman Hall, is expected to last for two years and is planned to be open by fall 2019.

Marty Hamilton, associate vice president of financial administration, said the new center will include many campus departments such as Campus Ministries, Student Development, the Counseling and Testing department, and other departments concerning student life. There are also plans for new eateries including the Campus Kitchen (CK) and a snack shop.

Hamilton said many amenities will be included in the new center, like game, study and prayer rooms and a campus bookstore.

Hamilton said that the $13 million dollars needed to construct the center came from donations. The building is an upgrade in size from the current student center.

“We need a new student center because we really don’t have one and it’s vital to all university campuses,” Hamilton said. “It’s the hub of campus life and encourages meeting, eating, and greeting new people and making new friendships.”

Elizabeth Pujols, senior math major, will not be here when the center is finished. She said she believes that it will be a great addition to the campus because the old one does not serve the needs of the students.

“I think it’ll be good for the students that are here,” Pujols said. “It’ll be a good space for them and they’ll have an opportunity to actually have their own student center instead of just offices and eateries.”

Plans are also in the works for allocating the spaces in the soon-to-be old student center to academic departments.

Deep Sabbath becomes weekend event

Hannah Jobe
Copy Editor

Students from Oakwood University will join with students from Southern Adventist University for Deep Sabbath this year should be held as a weekend event. “It will give us more time to get to know each other in a special way,” Maier said.

Eliza Maier, senior finance major and Student Association president, felt that one day was too short for students to build connections with people they did not previously know.

He suggested that Deep Sabbath this year should be held as a weekend event. “It will give us more time to get to know each other.”

The event will start with vespers at 6:15 p.m. in Thatcher chapel. Praise teams from both schools will combine for worship and Bryant Rodriguez, senior theology major, will give the night’s message.

Breakfast on Saturday morning will be held at 8 a.m. on the promenade and is open to all students; other meals are reserved for the first 150 Southern students who register for the event at deepsabath2017.eventbrite.com. Sabbath school begins at 10 a.m. and church begins at 11:15 a.m. also in Thatcher Chapel.

Activities for the weekend include a Bible Bowl and optional small group discussion, on issues that are relevant to Christian college students today, such as race and church development.

Developing connections is an especially important part of Deep Sabbath this year because it directly relates to the theme for the weekend. “We’re to care for each other and find unity...”

The student voice for 90 years

Sierra Emilaine
Editor-in-Chief

The Accent encourages readers to write articles and voice their opinion. For questions, comments or article submissions, email accent@southern.edu.

For all advertising inquiries, email David Cammack at dcammack@southern.edu.
McArthur retires after 30+ years

McArthur was diagnosed with cancer recently and intended on retiring at the end of this semester.

“My cancer is the biggest challenge of my life,” McArthur said. “It’s been an occasion for both sadness and spiritual growth. Illness is the devil’s attempt to efface the handiwork of God. But ‘why me?’ is not a question I’m interested in. Why not me? It strikes without apparent logic, so I lose no energy on those matters. Rather, my illness has been an occasion for reflecting on God’s leading and goodness in my life. That’s the message I want to leave with my students. God’s leading is sure even during the difficult times which come to all. A long-time illness is actually a blessing in that it allows time for extended reflection.”

Students and faculty have been significantly influenced by McArthur’s teaching and camaraderie.

“He’s the quintessential history professor–brilliant, witty and personable,” said Sarah Hunt, senior history major. “His classes go beyond the facts and get into the philosophical and thematic elements of history that many courses gloss over. He helped change the way I think about American history. On a personal level, he made me feel welcome as a new transfer, and was the first teacher to encourage me to pursue grad school, which I plan on doing.”

Stephen Rogers, senior history major and head of Intercollegiate State Legislature delegation with Christina Angel, senior history major and head delegate.

“Without his facilitation of that trip we would not have the program we do now,” Angel said. “What I admire most about Dr. McArthur is how invested he is in the success of his students. I will never forget him stopping me in the hallway during a particularly rough semester and expressing his concern with how stressed I was and offering to just listen. His guidance and support has been an essential part of my success as a student and development as a professional.”

Jodi Ruf, English department associate professor, has been teaching the Arts and Ideas class this semester with McArthur and Scott Ball, dean of school of music.

“I admire the breadth of his knowledge,” Ruf said. “Whether he is explaining a particular pose of Greek sculpture, the reason Rousseau is so significant, or encouraging the application of historical parallels to our current Seventh-day Adventist Church, Dr. McArthur brings clarity, wit, and wisdom. He is passionate about the significance of the humanities and is unfailingly encouraging and positive to his students. In fact, he displays many qualities of a true Renaissance man. Our community has been greatly blessed by Dr. McArthur.”

McArthur had planned on contributing to the new SDA Encyclopedia, but he is satisfied with writing three books and many articles.

“I went into history teaching because I loved the subject matter–let’s face it–I was a dweeb,” McArthur said. “But through the years I discovered that my greatest satisfactions came from working with students and seeing their accomplishments. I want students to have ambitions and have attempted to convey to them that ambitions must be underpinned by sustained hard work. This is a non-negotiable aspect of success.”
Talent Show 2017

#1

#2

#3
Enactus builds Happy Rooms in Chattanooga

Southern’s Enactus chapter has taken on a new project called Happy Rooms Chattanooga. The idea was inspired from a TED talk by Iris Landa, founder of “Happy Rooms around the World,” who travels to many countries and works with schools, community centers, orphanages or churches and organizes local volunteers to paint “happy rooms” in these places. In each country, she paints according to the culture. Enactus has adopted her idea to foster engagement, positivity and overall mental wellness in the community.

Led by Cason Boldrey, sophomore business administration major; Alexa Smart, senior international studies major; Dante Cheese, sophomore marketing major and Jezrelle Corrales, senior business administration major, the Happy Rooms project team painted an outdoor cement patio at the Chambliss Center for children throughout the weekend of March, making it into a small outdoor learning area for the kids. Roughly 30 children were involved and helped paint the area and personalize it with their handprints.

Anyone from campus can join and paint, and will receive service credit for this. “We’re hoping to bring the community together and create something nice that we can all enjoy,” Smart said.

Senate granted Enactus $2000 to equip them with art supplies and materials. “It’s nice to have the school back us up on this project,” Smart said. “We are hoping to make this sustainable by promoting the several mental wellness throughout several communities in the local area. The long term plan is to continue doing these rooms in the Chattanooga area and eventually to go international, but that won’t be for a while.”

After painting their first location, they are hoping to work with Orchard Park or the Chattanooga Community Kitchen, but nothing has been confirmed yet.

If you’d like to submit to the accent, email us at accent.southern.edu
Pornography is probably one of the worst problems that society has today in reference to sex. We are conditioned to artificial sexuality brought on through the media that it has almost become normal and people, not just men, fall for this trap every day. We have become complacent in guarding sexuality in the church, but it is up to us to make a change for the better.

Pornography is so easily accessible through the computer and Internet, even children are getting absorbed into the artificial intimacy that this addiction creates.

Many people are addicted and that obsession is destroying the sexuality God intended us to have. It was meant to be a reminder of His love and creative power. Instead, sex is treated like an object of pleasure instead of an act of love and submission. It’s time for confusion, broken marriages, and rape culture to take a backseat to the glory of God’s perfect gift of marriage.

We must find ways to combat this practice in our church and recreate perfection in our homes.

Humans are terrible judges of character. Not only do we constantly dwell our negative judgements in good people, but we also dwell on the sometimes ill-gotten good of bad people. We do not have the necessary foresight to notice people’s capabilities.

Thankfully, God is capable. The story of King David began with an anointing ceremony performed by Samuel. However, he had a hard time choosing him over his brothers. He was so focused on the physical attractiveness of his older brothers that he could not focus on what’s within. However, God looks at the heart.

David may not have looked qualified for the position of king, but God knew that he was. Under David, Israel grew and became more spiritual. So do not be deceived by the appearances of people. God knows better. Listen to Him when you choose friends and relationships. He knows exactly what's best.

If you’d like to submit to the religion section, email our religion editor, Zachary Hagen, at zphagen@southern.edu

ZACHARY HAGEN
RELIGION EDITOR

Being broken

Look at the heart

Spiritual Spotify

1. Love Broke Thru
   TobyMac
   03:57

2. What A Beautiful Name
   Hillsong Worship
   03:58

3. Chain Breaker
   Zach Williams
   03:17

4. Home
   Chris Tomlin
   03:40

5. Hills and Valleys
   Tauren Wells
   03:55

6. The Cause of Christ
   Kari Jobe
   05:00

7. Even If
   MercyMe
   04:15
On Loneliness

Kyle Harris
Contributor

Young people of the 21st century have had to deal with depression and loneliness and it has become a growing concern in our society. I find myself dealing with the same problems. Many of the things I did were to cover up those feelings rather than deal with them.

I came to this realization on a Saturday night after watching a movie. After it ended, I felt my brain snap back to reality, and all the emotions of reality returned. The experience made me realize how easily I could become addicted to watching movies and how much they affected my emotions.

In a TED Talk by Johan Hari, he mentions a study done with rats about addiction. When the rats were put in a box alone and had nothing to do, they chose heroin water over clean water. However, when they were put into a healthy community with other rats and activities for them to spend their time on, they almost never drank from the heroin water.

This study gives proof that issues with addiction is not the fact the substances give us such great feelings, but because people are hurting emotionally with things like depression, anxiety and loneliness. Instead people try to deal with this emotional trauma by using substances to obtain relief.

Recognizing where addictions come from and beginning to battle the root of their problems would be a good first step to finding a lasting solution. From my own experience, I decided to not watch things that would negatively affect me and instead I have focused on dealing with my feelings by taking my concerns to God.

Alexis Hartline
Opinion Editor

It's that time of year again—when we develop anxiety over the future and all that it holds. For some of us, graduation is in a few short weeks, and the pressures of adult life are weighing down on us. We ask ourselves, "What if I can't find a job?" or "Where will I live?" Others of us may not be quite done with our college education, but we still carry our own share of burdens. Maybe some are struggling to pass a class required for them to proceed in their major. Others are asking if the major they are currently in is the right one for them. Regardless of what our particular struggle may be currently, we all share one common thing—we want to know what will happen, and we want answers to these tough questions.

Life is not always comfortable. In fact, life has a funny way of being consistently uncomfortable. Sometimes we find ourselves at a dead end or a crossroads. No matter what stage you are at in life, if you are unhappy with it, or unsure as to how to proceed, then you need to reevaluate what you’re doing.

When I was in high school, I remember thinking that I had to pick a career with which I would be happy for the next 50 or so years of my life. What a daunting task! How do you know what is going to make you happy for the rest of your life, especially if you’re only 16 and you’re still getting a thrill out of watching “High School Musical”? Then I found myself in college, repeatedly switching my major. I went from Graphic Design, to Psychology, to Social Work, and finally, after taking a year off to be a student missionary, I settled with teaching English. What a change, right?

You cannot determine what will make you happy five years from now. However, you can realize what makes you happy now and if your current state in life isn’t it, then you might need to move on. Don’t be afraid to go and take classes or try things that you think might be interesting. If you find that you don’t like the class or workshop, then cross that off your list. Life is about trying things and realizing what you don’t want to be when you “grow up.”

Some thoughts on the future

Remember, we have no idea what is coming next. It is a scary thing, but it can also be a very liberating realization when we can pause and say “This too shall pass.”

So take some time today to stop and pause. Pray, listen and evaluate what your life at the moment. The most important thing to remember when trying to figure out what do with your life is that taking no action is an action in and of itself. You must make decisions and try things—even if you end up hating them or wanting to do something else.

At the end of your life, you will not regret the things you took chances with, even if you found you didn’t like them, but you will regret never trying at all.
A cure for coffee

Natalia Perez
Managing Editor

Do you find rompers daunting?
The seemingly easy-wear, one piece outfit looks great with sandals, flats and heels, and it comes in multiple patterns and styles. But have you ever thrown on a romper and felt it made you look awkward, like it stretches out your torso?
No worries, there is a sophisticated way to pull-off a romper, and it is all about silhouette and styling. Here are some handy tips for finding for finding a romper that works for you:
Try a sleek, black and white striped romper with a red belt and matching heels for an elegant look.
For a brunch date or a sweet look, try a dusty pink, long sleeved, lace-fringed romper with some flats, or some suede heels for a night on the town.
Lastly, if you're going for the retro look, try out a long jean romper with some floral Doc Martens.

The slope into drinking coffee is a slippery one. Its inviting aroma, rich body of flavor and energy boost can quickly send you spiraling out of control. Suddenly, you're drinking three cups a day and wondering how you got here.
Along with commitment to coffee come its signature coffee withdrawals: the headaches, the grumpiness, the lack of energy. While coffee in every form is delicious, I sometimes find myself seeking out a healthier alternative.
For those of you who still need a caffeine fix, tea is a healthy option that also provides some energy. Some varieties of tea actually contain nearly as much caffeine as coffee does. Matcha and other types of green tea can help curb headaches while promoting internal health. Want to look young forever? Take a note out of Sir Patrick Stewart's book and drink some Earl Grey tea, daily.
Maybe feeling adventurous? Kombucha’s acquired taste may leave some asking, “Why did I just ingest that?” But for those willing to try it, kombucha can give you a boost of energy and can aid in digestion and gut health.
Many people will tell you to just drink water. You can do that, or you could drink coconut water. It is proven to be just as hydrating as water in most situations and can help you curb that headache you may have from trying to give up caffeine.
Old's Cool defeat Blockbusters; advance in playoffs

Old’s Cool defeated Blockbusters in the Men’s B-League volleyball playoffs Monday night as they swept both sets. With the win, Old’s Cool moved onto the next round of the B-League playoffs to play Destiny Malibu. The first set was overloaded with Old’s Cool offense, while the next set was a close battle.

The first set was dominated by Old’s Cool. Blockbusters could not find their footing early on, as they tried all manner of methods to get the ball back over the net, including kicking it.

The second set was closer, as the Blockbusters found a rhythm and nearly tied the game. However, Old’s Cool fought back late and the Blockbusters were eliminated from the tournament.

Old’s Cool captain and biology professor Tim Trott said that he credited their victory in the second set to the solid serves. “We hadn’t played a game in a week,” he said. “Our passing wasn't where it should have been.”

Generous Tippers advance in women’s tournament

The Generous Tippers defeated Notorious D.I.G. in the Women’s B-league volleyball tournament on Monday two sets to one. With the victory, the Generous Tippers advanced in the women’s B-league tournament.

The first set was dominated by the Tippers, as their offensive maneuvers quickly outpaced the Notorious D.I.G.’s defense, even though D.I.G. had taller players that were able to effectively spike the ball.

However, that spiking sparked D.I.G. as they took the second set thanks to great plays by its Front court setting and spiking the ball. The backcourt did its fair share of the work thanks to some good passes between players.

The third set would go to the Tippers in the closes set of the match. “We had passion,” said M.J. Drummond, captain of the Tippers and freshman pre med nursing major. “If you don’t have energy, you're not going to play properly.”
DEEP Sabbath: The Student Association is hosting DEEP Sabbath on campus April 7-9 in coordination with Oakwood University. Due to limited space, Southern students are encouraged to sign up online on the SA Facebook page as soon as possible to receive three meals and guaranteed seating limited to 150 students.

Apply for Accent: If you have any interest in writing, copyediting, photography, editorial design or managing as part of the Southern Accent team in the 2017-2018 school year email accent@southern.edu.

Studio 4109
Sat. @ 9:11
Iles Gym

you say it’s your birthday...

THURSDAY 23
Carolyn Depkin
Joraldine Feliciano
Janell Lowe
John Boggess
Wilson Corrales
Elizabeth Dresser
Josiah Gillimore
Leilani Gammada
Casey Golding
Grace Lee
Devin Nash
Aiysha Allen

Christian Caulvivar
Rebecca McGintley
Allison Reitz
Eileen Segura
Carl Steinbacher

Emily West

TUESDAY 28
Rodolpho Alves
William Mcintosh
Marie Darisme
Jesse Hoffman
Pablo Huerfano
Trevor Kondek
Cynthia Michals
April Rentzsch

Karin Sokolites

WEDNESDAY 29
Maria Deal
Seth Edens
Victoria Forbes
Briaon Gomez
Savannah Hodgkin
Donita Jensen
Natarum Pasaribu
Sarah Stollenmaier

Thursday, March 23, 2017
I don’t know why y’all sleeping on these morning meds. Today it started at 7:30 and ended at 7:33. #saulife
Christina Robinson @Tumbaganaga
Public Relations, SO

Southern cannot go one day without mentioning marriage #saulife
Shivani Ward @awk9273
Clinical Psychology, SR

Hey girl, are you the Purity Steps, cause I’m trippin’ all over you. #saupickuplines @Southern_Accent #saulife
Elisabeth Etchell @missliss22
Pastoral Care, JR

So why aren’t there morning meds in the girls dorm? Probably wouldn’t be so behind in worship creds if there was #saulife
Phoebe Morgan @phoebecmorgan
Nursing, FR

All these high schoolers visiting southern are taking all the tater tots
Dakota Bemis @doktabemis
Accounting, SO

I’ve made a lot of mistakes in my life but at least I’ve never been the one to break the vending machine in Thatcher.
Casey Goldring @cvselyn
Graphic Design, FR

Getting to the point where setting 10+ alarms doesn’t get me out of bed any quicker
Armondi Stokes-Hicks @mondi_xchange
Film Production, JR

I seriously wonder if some teachers think part of their job description is putting their students to sleep...the struggle! @Southern_Accent
Dylan Gibbons @youngdylemma
Social Work, SO

My friend and I just compared our muscles during class...that should tell you how interesting this class is #businessmajorprobs
Lindsey Conkle @intreble22
Marketing, SR

I feel like all the feelings I never felt as a child of wanting to be a princess have surfaced due to watching Beauty and the Beast.
Angela Fears @angiepieee
Nursing, JR

Me: tumblin’ through my classes
GymMaster: tumblin’?! all we do is tumble 🎨, we throw the girls 🎀, up 🎉 & the blessings fall down 🧿 Jesus 3:16 🙏🏼المغناة

@_doktabemis #saulife @Southern_Accent
Spring is FINALLY HERE!

not like we didn't have a taste of it on random days in January & February

Everyone is going to start wearing shorts

The ladies are going to have to start shaving their legs for the shorts.

The question: “what are your plans this summer?”

And most importantly about Spring on campus... there will be an influx of puppies at the soccer intramural games!
Asian Night highlights many cultures

Southern students participate in a traditional fan dance during the annual celebration of Asian Night.

Nursing program offers two pathways to become an RN

Two routes of acquiring a nursing degree will be available for students: the associate’s degree or the new BSN.

In comparison to the AS degree, the BSN has been structured for students to complete most of their general education and cognate classes upfront, which allows for more clinical hours and opportunities as students continue nursing classes their junior and senior year.

“We’re really excited about it,” said Sylvia Mayer, director of admissions and progressions. “Our hospitals want Southern nurses, and the nursing field has begun to prefer BSN-prepared nurses in greater numbers. People know Southern for nursing, and now there will be more ways to prepare our students for the latest trends in the job market,” Mayer said.

Meanwhile, the AS degree, currently under conditional approval, remains fully functioning and accredited. The TBN requires an 85 percent pass rate for students taking the NCLEX-RN on their first attempt.

Because Southern’s pass rate was 82 percent for the year of 2016, TBN has changed the program’s status to conditional approval, meaning additional students will not be admitted in 2017. The next anticipated AS admission is fall 2018.

“The new BSN cycle will begin each winter semester and the associate program will now begin every fall semester,” said Barbara James, dean of the School of Nursing. The TBN decision will not affect students currently enrolled in the program, nor students who have already been pre-admitted for Summer and Fall 2017 sessions. Southern’s other nursing programs remain unaffected.

“Nursing is hard work, and being a successful nursing student requires hard work,” Mayer said. “We are here to support and are committed to the success of every student.”

The School of Nursing faculty expect a final ACEN and TBN decision regarding the new BSN program by early summer.

McArthurs remembered for his wisdom, humor

History professor taught at Southern for 30-plus years

During the early hours of April 10, Southern lost an important professor, fellow faculty member and friend.

Ben McArthur surrendered his classes two months before planned retirement after more than a year of fighting cancer.

Some faculty were blessed to have experienced encounters with McArthur before his passing. “The last time I saw Dr. McArthur was on April 8,” Kris Erskine, chair of history and political studies said. “Even though he knew the end was near, in characteristic Ben McArthur fashion he was concerned not for himself but for me, as chair, and for the department in its search for a successor.”

McArthur is a legend in the history department and left a lasting legacy at Southern.

Southern students participate in a traditional fan dance during the annual celebration of Asian Night.

Photo By Tierra Hayes

See MCARTHUR, PAGE 4

Natalia Perez
Managing Editor

Southern’s School of Nursing is developing a new pre-licensure program in addition to its popular associate degree. The new Bachelor of Science in Nursing is in the process of approval by the Accreditation Commission for Education of Nursing (ACEN) and the Tennessee Board of Nursing.

Applications for this program are being accepted now, and classes are scheduled to begin in the winter semester of 2018.
People react to Accent issues being confiscated

BRANDON BENECHE

Everyone's gripes with the April Fool's edition of the Accent could have been dealt with in one conversation: everyone's. The church in Florida, the students offended by the article, and administration could have discussed their concerns with the Accent staff and the student involved in one respectful conversation. Everyone could have listened to each other and come to a compromise.

Instead, administration let students confiscate the Accent articles without contacting the newspaper's staff. As I have seen people rush to fight for justice in this situation, I can't help but question what everybody has been fighting for.

For the students who confiscated the issues, I question whether they were fighting for the student involved or for their own satisfaction. For all the fuss about standing up for a fellow student, how many reached out to the student about the article before they confiscated the issues?

For administration, I wonder if they are truly fighting for their students. If they didn't find the article tasteful, I can respect that, but the Accent staff were painted as bullies, and I haven't heard a statement defending the character of our school's newspaper. The students on the staff were accused of bullying another student, and though he proved those accusations were proved false, I wonder why the issue is still locked up.

For the Accent staff, I see that they are fighting for respect and their voice. They work day and night to represent the student body, yet a handful of upset students had more say in this matter than they did. In a university that asks us to be united, I can't help but notice that our staff is recovering from being thrown under a bus.

If this whole thing was about standing up for those who can't speak for themselves, where are the defenders for the newspaper-less Accent staff? It's been over a week since this nonsense began, and it doesn't seem that any defenders reside in Wright Hall.

ALUMNA OF SOUTHERN
Hi Southern Accent staff,

I just wanted to send my encouragement to all of you going through this stressful time with the Southern Accent and the administration. I read the April Fool's Issue. After seeing how many people are easily offended over various issues in today's society, I understand why the university would pull the paper in fear of offending a parent—and maybe even losing donations, when it comes down to it. I do believe, however, that administration handled the situation in a poor manner. They didn't inform you properly and didn't carry out the situation well (in my opinion).

SV GALLMORE
Once, in 9th grade, my class was out on the playground for recess, and my friend was eating a blue Airhead. We were laughing about something when out of nowhere he burped and sneezed at the exact same time. The small explosion sent the blue Airhead right out through his nose. Poor guy— I'm sure it was a bit uncomfortable, and one of the girls wasn't very fond of the whole ordeal. It was almost legendary. Funny enough, that kinda made me more proud to be his friend.

Sy Gallimore

Not following? Let me try again.

A couple weeks ago, the Accent, who had just been plodding along doing its normal thing, out of nowhere released an April Fool's issue that was both newspaper and veggie-tahloid at the exact same time. The small explosion that followed sent mixed emotions everywhere. For some, the Accent issue may have been a bit uncomfortable, and some people may not have been very fond of the whole ordeal, but in the end, it was harmless. I laughed almost the whole way through. It was the most hilarious, innocent, and best moment I can remember. In fact, it was such a ridiculous moment, that it was almost legendary.

The last Southern Accent issue is that friend and his sneeze.

For the Accent Editor-in-Chief’s response, see page 4

For all advertising inquiries, email David Cammack at dcammack@southern.edu.
Students initiated newspaper confiscation

Administration approved removal of ‘April Fools’ issue

“I don’t believe that it was the professional or correct thing to do.”
— Karly Peckham, senior computer science major

No statement was issued by administration informing the student body.

The Accent staff was not contacted before the decision was made.

Mitchell Griffin, student development worker and senior public relations major, said that he and several other students were concerned about the image of the school and the reactions other students may have had regarding some of the content in the issue. The students came to a consensus to pull the Accent from campus and took the idea to administration, which approved of the decision.

David Smith, president of Southern, said that the issue would not be redistributed around campus and asked that the issue not be uploaded on the Southern Accent website without the removal of a few articles.

“As far as I know, this one incident is the only one that has created an issue between school administration and the Accent staff [this year],” Smith said.

Several Southern students expressed frustration about the removal of the controversial issue.

“I was in the nursing building and I saw Mitchell Griffin,” said Fayth Hargrove, junior nursing major. “When I was leaving I looked back and I saw the stack of newspapers in Mitchell’s arms. He didn’t leave; he just went around collecting more papers. I was upset that I didn’t get a chance to read the issue.”

Karly Peckham, senior computer science major, said that her copy of the issue was removed from her desk.

“While I understand the empathy and anger that motivated those who confiscated the copies of the Accent to, quite literally, pull them out of students’ hands, I don’t believe that it was the professional or correct thing to do,” Peckham said.

The Southern Accent staff typically writes fictitious news stories for the front page of the issue nearest to April Fools’ Day; however, this year, the staff produced an entire issue of fabricated stories.

President responds to decision to pull paper

David Smith
President

On Thursday afternoon, March 30, I received a call from the leader of an outside organization who informed me that an issue of the Southern Accent, distributed that day, had caused those he worked with, and those he served, significant concern. He was receiving constant texts, calls and email messages. Some Southern students had called him as well, expressing their concerns. These concerns involved an article in the April Fools’ issue of the Southern Accent that the leader claimed misrepresented his organization and appeared to treat poorly a member of our campus family. At the same time, a group of students, separate from the ones mentioned above, came to my office to share their dismay for how they felt the article treated a member of our campus family. Out of concern for that person, they asked if they could collect the undistributed copies of the paper.

When I discovered that the administrators that normally would respond to such complaints, Dennis Negron and Kari Shultz, were off campus as was the newspaper editor, I decided to read the article. After examining it, I too was concerned for how it could be perceived as misrepresenting the organization whose leader had contacted me and how it could misrepresent a member of our campus family.

The most important consideration of what we do on our campus is how we treat each other and those we serve. We each deserve to be treated with respect, sensitivity, and grace, and we each need to treat others in the same way. I was very concerned for how the article might affect people affiliated with the organization as well as members of our campus family. For that reason, I agreed that the students who had come to my office could collect the remaining copies of the newspaper. I did not grant them permission to collect copies of the paper from people who were reading it, something that I understand they did and for which they have since apologized.

Students collected copies of the Southern Accent and expressed their objections to it because of their concern for how a particular article appeared to misrepresent an organization and those affiliated with it and the potential it had to misrepresent a member of our campus community. After granting permission for students to collect remaining issues of the paper, I met with individuals on campus whose situations would be most affected by the article and met with as many of the newspaper staff as possible, along with their employee adviser. I have subsequently met with the Accent adviser and editor along with others impacted by this situation. It is important for me to acknowledge that I do not believe that the Accent staff responsible for the article under question meant any harm in producing it.

After having perused the entire paper issue, I realized that one or two additional articles, had the paper issues not been collected, would likely have merited more scrutiny. These articles, however, are not the reason why copies of the Accent were collected when they were.

I would like to commend the Accent staff for their work this year. I have appreciated how they have reported on relevant issues and kept us informed about campus life. As far as I know, this one incident is the only one that has created an issue between school administration and the Accent staff. I trust that as a campus family all of our interactions and communication in the future will be marked by the respect, consideration, sensitivity and grace that are merited in an Adventist Christian institution.
Campus Research Day to showcase student work

Gavin Finch Staff Writer

Last semester, junior English major Hannah Jobe sat staring at the words lining her computer screen. Tomorrow, she would present two papers in front of professors and students, which she hoped would resonate with all Southern students.

Students:

By the time you receive this note I will be gone. My departure wasn’t of my choosing. But I find myself at complete peace with God’s will.

Some of you I know relatively well; others I haven’t gotten acquainted with, which I regret. I always have great hopes for our history students. I want each of you to create a future for yourselves that will be personally rewarding and of service to your community. Discouragements will come, for sure, but you can find resilience in the knowledge that you have aptitudes and acquired skills that will carry you through.

I’m not one who believes that God has only one plan for each person’s life. I believe He can bless your endeavors in a numbers of areas you might attempt (and don’t be afraid to try different things in your life).

You won’t be surprised to hear me advise you to continue to read. That’s the mark of a well-read person. Locate an Adventist church to which you can contribute.

Most important, nurture your relationship with God. This can be done multiple ways, but there must always be intentionality in the endeavor. The peace of mind I enjoyed during my illness came only through an utter confidence in God’s leading and salvific ends. This is a great gift that I wish for every one of you.

Your friend, Ben McArthur"

Many on this campus are mourning the loss of McArthur, including President of the university, David Smith who was a close friend of McArthur’s.

"The bright sun on the day he died belied the grief and sense of loss so many felt. Those of us who knew him wrestled with the thought, ‘What will Southern be without him?’” said Smith. "Dr. McArthur, as his students knew him, modelled the art of inquiry. He taught his students so much more than history. He taught them to care about the world around them. He encouraged them to do what they could to make the world better. He demonstrated how to be a solid Seventh-day Adventist Christian, faithful to his church and to his convictions. He was not afraid to ask hard questions, to push ideas that he felt would make his church better, or to seek balance over extremes. His voice was always the voice of reason guided by spiritual truth and principle.”

Diller, who is currently teaching in Australia, said, “was that it prepared me it will be kind of interesting to do since I’ve been involved in Campus Research Day for the past three years.” Harvey said.

Professor and friend: McArthur being remembered

CONTINUED FROM PAGE 1

for his replacement. I was deeply moved. Ben McArthur can not be replaced, it really is that simple. I am so sad now, but I am confident that I will see him again” Erskine said.

The morning of his passing, the history department sent out a letter to the history and political studies students that McArthur had written in January. Lisa Diller, history and political studies professor suggested this email be shared with all Southern students.

"Students:

As the event grew, “it got away from us a little bit,” said McGrath, reference/instruction librarian. As a result, the McKeever Library began organizing the event in 2014 with McGrath as the chair, making it both interdisciplinary and campus wide.

McGrath said that Campus Research Day is important because it gives students experience presenting in formal conferences.

"The main thing is that giving formal conference presentations is a really big part of professional adult life,” McGrath said, adding that most students complete their undergraduate studies without ever giving a professional presentation.

“The biggest benefit of presenting for research day,” Jobe said, “was that it prepared me and my partner to present our [academic] research at an honors conference.”

This year, the enrollment office will be recording several presentations to provide both recruitment material and educational material for prospective students. Additionally, Jen Harvey, junior mass communication major, will be recording presentations for a documentary she is filming on Campus Research Day. “It sounds like it will be kind of interesting to do since I’ve been involved in Campus Research Day for the past three years,” Harvey said.

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History students honor lives of local women

LINDSEY CLUTE
STAFF WRITER

In collaboration with the University of Tennessee Chattanooga (UTC) and Covenant College, students and faculty from the History Department have collected and published research on the lives of women in Chattanooga.

The project started when the Chattanooga Mayor’s Council on Women commissioned a History Committee to honor the centennial of women getting the right to vote, which will be celebrated in 2020.

In past years, students in the Historiography class taught by Mark Peach were assigned to choose any famous Chattanoogan woman from a list provided. "One of the main goals is to capture the memories of those who have come before us and highlight their experiences and narratives," said Phillip Warfield, junior history major.

"Often, women are not well-represented in history. Our goal is to change that. This project showed me the importance of the hidden community surrounding me. So often we forget that we don’t have to go to some metropolis to find deep history–it’s right in our backyards" Warfield said.

Students utilized facilities downtown by visiting the Chattanooga Public Library and UTC’s campus. This gave the students access to a large archive of important documents for their research.

The students used the research they had gathered to conduct interviews, compile oral histories and write articles on the women. Two grants have been donated to pay for students to conduct interviews, compile oral histories and write articles on the women. Two grants have been donated to pay for students to conduct interviews, compile oral histories and write articles on the women.

"The project is very important because it combines doing community service, with helping our students connect to the local community and learn how to do their own historical research and writing," said Lisa Dillard, professor in the history department. "It is a great collaboration between faculty and students, the city and the community service, with helping our students connect to the local community and learn how to do their own historical research and writing." Dillard said.

"The confiscation of the Accent two weeks ago has caused me to ruminate on the place of humor and satire in this era of fake news, especially on a privatized university campus. In all cases, there is always room for misinterpretation and offense when dealing with humor because humor is never completely fabricated. There is always underlying truth among laughing matters. For hundreds of years, humor has been used as a medium to comment on matters of culture with subtlety. Although much of our April Fools’ edition was ment to be light fun, we also saw it as an opportunity to comment on various topics that we usually wouldn’t be able to speak on due to journalistic ethics.

We were aware of the possibility of people feeling uneasy and perhaps offended, but we would have never expected to receive texts from random students about our newspaper getting collected from campus. I will say, I felt disrespected by the way things panned out regarding the confiscation of our newspapers, but I do understand where the participating parties were coming from. This situation has been complicated since we are on a private campus and the university does legally have the right to remove our newspapers. However, I believe we should have been consulted prior to removal.

Since the events have already panned out and I acknowledge that hindsight is 20/20, I will not dwell on how the situation should have been handled but comment on where I think we should go from here.

I still see the value in humor and using it as a medium to comment on the world around you in a less direct way, but I now realize that in our world of fake news we must take better precautions in all words that are printed and dispersed among mass audiences. No one can predict the reaction to content, but the more scenarios that can be evaluated prior to print, the less messy the aftermath.

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Psychology Club hosts Pre-GRE practice session

ENAEA SMITH
STAFF WRITER

Recently the psychology club (Psi Chi) hosted a Pre-GRE practice session to provide awareness and practice for students who are planning on taking the graduate record exam (GRE).

During the session, which lasted for about an hour, students were given about four example questions from the verbal and quantitative reasoning sections of the GRE. Afterward, the students and Ruth Williams, director of the psychology program, discussed the verbal reasoning section of the test as well as how to prepare for the GRE.

Williams said the GRE is typically taken during a student’s junior year in college, but most students are unaware of the test and its importance. The department hopes to reduce the “oops moments” students have when they realize they have to take the GRE and only have a few weeks to prepare. “We want good students to put their best foot forward in terms of their [graduate] applications,” Williams said.

Antannia Aguilar, a sophomore psychology-family systems major, said that this session was beneficial for her, especially because she did not know about the test until now. “I have never heard about it [the GRE] before,” Aguilar said. “They don’t really talk about it when you’re a freshmen or sophomore. So it’s good to know about it now, before I have to take it.”

The department wants to have a simulated GRE where students will go through the process of taking the GRE.

“It will be a full-blown mock GRE with security checks included,” Williams said.

According to Jenee Lee, Psi Chi vice president and junior clinical psychology major, Psi Chi plans to continue with this GRE simulation every year with the support of the department and hopes that students from other departments will also be involved. “It is a great opportunity, and I wouldn’t want anyone to miss out,” Lee said.
**SonRise adopts new scene directors**

**BRANDON BENECE**
**STAFF WRITER**

Southern’s annual resurrection pageant, Sonrise, will take place this Sabbath. This year, the program has undergone multiple changes.

Jessica Kovach, junior elementary education major, said that the pageant will split up many of the prominent female roles. Positions like Gabriel at Gethsemane, Mary (Jesus’ mother), and Pilate’s servant will have three-to-four ladies playing them as opposed to the traditional one or two. The positions of Mary Magdalene and Salome will each have seven people playing them instead of the usual six.

While this will allow more people to participate in the program, the change reduces the amount of shows these actresses will appear in. Kovach said that instead of appearing in seven-to-13 shows as they have previously, the actresses playing Gabriel, Mary, and Pilate’s servant will only appear in three-to-four shows, and the ladies playing Mary Magdalene and Salome will only appear in one or two.

Despite the changes, many of the actors and actresses in this year’s SonRise are excited to participate in the program.

Clayton Neil, a junior history major playing John in the pageant, said “I view [SonRise] as a great witnessing opportunity. SonRise witnesses 10,000 people every year,” Neil said, “and there will be many people who need Jesus that will be attending.”

Maggie Groves, senior accounting major and actress in the sanctuary scene, said that she has been involved in SonRise all four of her years at Southern, “It’s awesome for me to see how many people it impacts,” she said. “I think it’s one of the most powerful outreach events Southern offers.”

Kovach said that the pageant not only changes its actors, but also changes those who attend it. “If I can walk away from SonRise this year knowing that one person saw the love of Jesus in Gethsemane for fallen humanity,” she said, “then what else as an actress could I ask for?”

**Brock Hall renovates for more space**

**BRADAN GOMEZ**
**STAFF WRITER**

The former WSMC space will be renovated to add classrooms and an advanced photography studio.

This summer, the first floor of Brock Hall will be going under construction to make the space useful. The changes to the building will consist of three classrooms, two seminar/presidential rooms and a production studio.

The new photography production studio will be built with enough space for backdrop, talent, and focal length. The studio will connect to an equipment room, making it accessible for students to gather what is needed for their shoots.

Linda Crumley, dean of the School of Journalism and Communication (SJC), said she is very excited for the photography production studio because the current space is used not only by students, but by the yearbook staff, and by many other departments on campus.

One of the classrooms that is being used as a speech room will be demolished and then renovated into a student lounge.

“This space is desperately needed, not just by our department but by every department in Brock Hall,” said Avery Bottecelli, School of Journalism and Communication office manager. “We’re so excited that it’s finally going to become something that is helpful to everyone.”

In a recent survey, students in the SJC were asked how often they use a charging port for their devices. Based on students’ responses, the largest classroom on that floor (Room 1010) will receive charging ports integrated into each desk.

“I feel like our yearbook staff would greatly benefit from this renovation, especially since technology is needed in finishing deadline,” said Marseliny Mawantu, senior Biology major and memories coordinator.

Faculty have expressed that with the additional space comes great opportunities to showcase students’ artwork, alumni photographers, graphic designers and character spotlights.

“Being in the publications tools and techniques class, makes me really excited that we will have the opportunity to showcase our projects,” Oksana Wetmore, junior business administration and public relations major, said.

**Life hacks with Moses**

**MOSES MAIER**
**STUDENT ASSOCIATION PRESIDENT**

I have a diesel Jetta that I have affectionately named “The Metronome.” It has served me well for the past year and a half, except there is a continuous tick in the engine. Wherever I go, people just stop and stare as though my car is about to explode. Maybe one day it will, but after having the engine taken apart and nothing being fixed, I have decided to drive it until death do us part. All this time, the beloved Metronome just keeps going. It doesn’t have to, and by most accounts it should be dead, but it has persevered.

Sometimes in the last three weeks or so of school, I am tempted to check out. However, the best lesson I have learned in college has been that moments only happen once. There is no moment like these last three weeks to learn scholastically.

There is no moment like now to make a new friend perhaps a lifelong friend. These last three weeks may be the best time God has for us to find Him. Just like my Metronome, I need to remember that even if all the odds seem to be against me, even if I should give up, right now is the best time to live. Hang in there and keep making the most of now!

Best wishes,
Moses
With every single breath it breathes life

Zachary Hagen
Religion Editor

The word of God is sharper than a two-edged sword. Every bit of it is useful for the instruction of nations. These are parts of verses that are part of a living-breathing word.

Some people treat the Bible like it is just a book, just pieces of paper or just stories, but it is so much more than that. I had a friend in high school whose brother had a heart condition that nearly killed him. When my friend sat down to read his Bible, he read the verse where Jesus is talking to Lazarus' sister saying, "your brother will rise again." And he did.

That testimony has always reminded me that those words are more than just words on a page like every other book in the world. God can speak to us through the Bible, His word, if we let Him. In order to let Him speak to us from those sacred pages, we have to actually read the book.

I'm amazed at myself sometimes. I don't open my own Bible nearly as much as I should. There is life saving power coursing through that book, so why don't we open it, read it and ingest the bread of life? What are we afraid of?

God's power is awesome, but it can be frightening. Delving deeper into the power of God by reading His word is no easy task. It is the most challenging thing we can do because our sinful nature wants to keep us from seeking out the Lifegiver's voice, but His voice can save us from sin.

When we are in tune with God, His power lives through us. His will is in us and we move. The words in those pages are what we need to survive. Do not write the Bible off for being words on pages because He will reveal Himself if you are willing to look.
The lessons learned abroad

RACHEL SMITH
CONTRIBUTOR

The best experience that I have had in these last four years of attending Southern did not take place anywhere near this campus. Rather, it took place over 4,000 miles away, in a country I had never been to before. My junior year I decided to go abroad to Newbold College of Higher Education in England, and though the decision seemed terrifying at the time, there has never been a day that I regret going.

College is a time for discovery. When you live in the same place and have an established routine, it can be difficult to realize that you live in a world larger than America. Exploring another country, or multiple countries, when studying abroad it allows you to experience different people and their unique cultures.

Embracing cultural traditions that were undeniably British was one of my favorite parts of my semester abroad. I fell in love with the simple things like: riding the tube, getting a pasty or walking around the Christmas markets with a cup of tea.

Not only do you discover places, but you also discover more about yourself. Traveling helps you gain independence and perspective that is difficult to develop otherwise. From navigating a public transportation system to effectively communicating to a non-English speaker without the aid of google translate, going abroad forces you to conquer many obstacles help you gain confidence in your ability to “adult.” While discovering other places, you are also discovering yourself. When I went to Newbold I met so many new people, and I am an extreme introvert. With these friends came a special bond, one forged in long, windy car rides through Roman aqueducts, life-threatening adventures across Italian backroads, multiple late night spaghetti meals sitting on cold, tile floors, and many more memories that I will hold onto for the rest of my life.

So, if you are considering going abroad to study, do it! There are so many adventures for you to go on and people for you to meet. Most people do not get the option of spending months abroad, and you will regret staying and never taking a chance.

Refugees and bent knees

ALEXIS HARLTIME
OPINION EDITOR

Recently, I have seen picture after picture on my social media feed in regards to the Syrian refugee crisis. Videos of children struggling and gasping for air, photos of women weeping over their lost sons, husbands, and brothers. And I ask myself, “What can I do about this?” I watch helplessly, spellbound by the atrocious images displayed on my computer screen. When innocent people are dying, how do we as Christians reach out to a fallen, broken world?

Some people group refugees into one stereotypical mass. They see them as different, as “others.” Our western culture has taught us to fear them and judge them, and in many cases, pity them. Our politicians tell us they are the culprits behind mass shootings and terrorist attacks. We want to protect our own, so we join the mob mentality of blocking them out in order to protect ourselves and our ways of life.

Last week, I went to Whitwell Middle School, located about an hour away from our campus. The small school is built in one of the poorest counties in Tennessee. Many of the children go hungry, and their families struggle to get by. Whitwell is barely 100 miles away from the town where the KKK originated, yet there is something so special about this school.

A little over ten years ago, the teachers decided they wanted to start an after school program with the kids that helped them learn about others and enabled them to help the world around them. So they began studying the Holocaust. They began collecting paper clips to represent every life lost during the war. Now, years later, they have received letters, paper clips, and gifts from all over the world.

These students have learned the importance of equality and loving their fellow man. And they continue to share their knowledge and teach others about human rights. Documentaries and movies have been made about this school. Holocaust survivors have travelled far and wide to come speak and share their stories to the school children in Whitwell. Lives have been changed. All because a tiny rural school decided to lay down their prejudice and fight for the justice of others.

So when it comes to this refugee crisis, I see resemblance between our current situation and the Jewish situation. Like our present day refugees, the Jews tried to flee and immigrate to England, America, and Pakistan, but those countries rejected the majority of them for fear of risking their own cultural safety and comfort. Now we reflect back with sadness and remorse, because innocent lives were lost, and so many chose to protect their interests instead of protecting their fellow man.

As Christians today, we see the world around us and ask why these things happen, or question what difference we could make. But everyone of us has been created for a purpose. Why doesn’t God do something? Because He created us. We can be the answer to so many individual’s prayers. Will you be the answer to someone’s prayer today?
Live the happy life

Jim Rohn said, “Happiness is not something you postpone for the future; it is something you design for the present.” People are the source of their own happiness.

When I think of the word happiness, many things come to mind. Is happiness being satisfied? Does it mean a lack of worries? Feeling loved? Is it when things go your way? Everyone has their own definition of what it means to be happy, but what is yours? For some it may be a new car, new clothes or that perfect job that they always wanted. There are countless things that can make a person happy, but why wait for something to happen specifically to make you happy.

Why not be happy today?

Here are a few ways you can be a happier person today.

1. Be honest with yourself
   Acknowledge that every day will not be a good day, but make the best out of it. Find one good thing that happened throughout your day.

2. Change your attitude.
   Your attitude is what makes you feel happy or unhappy. Happiness is more than a feeling— it’s a choice. You choose to be happy. The way I look at it happiness it is a habit. If you turn it into a lifestyle, it will become easier to cope with it different situations.

3. Be positive
   Positive and negative thinking are contagious. Motivate yourself. Your mind is capable of so much more than you think.

4. Surround yourself with the right people
   Spend time with friends and family. Enjoy the quality time and every moment you spend with them!

5. Be selfish - Treat Yo Self!
   Take time for yourself, do something that makes YOU happy. Whether it is reading a book or making yourself some tea, there is no harm in spoiling yourself once in awhile.

6. Have self-control
   Do not take anything too personal. Do not let negative comments affect your mind and feelings. Let go.

7. Take action
   Get out of your comfort zone. Do a random act of kindness. Focus on love, patience and kindness. Maybe make a friend or compliment someone!

“The most important thing is to enjoy your life—to be happy—it’s all that matters.”

- Audrey Hepburn

Do not let happiness be fleeting and temporary, do not allow external circumstances to affect you. No matter how difficult it might be, strive for change. As you apply this way of life you will learn to be happy and content.

How to keep calm during your last month of school

While college stress may be constant throughout the semester, the last month before finals is probably the most difficult, taking your college stress to an extreme.

Here are some ways to keep stress down and survive the madness.

1. Remove yourself from the stress: Take yourself on a date off campus. Whether you go to your favorite coffee shop or a take a few minutes to walk off campus, do something purely for you and take a break from being around other stressed college students.

2. Sleep: This is probably the most important one, and perhaps the lowest one on our priority list at times. Not sleeping decreases our productivity levels, mentally and physically.

3. Map out what you have to do: When I’m really stressed, my brain is like the candy bins at Walmart. Making a list of everything I have to do makes it tangible instead of a mangled stress-mess in my brain.

4. Exercise: I know, I hate this one, too. But if you muster the energy to do it, you will feel more relaxed and energized afterward.

5. Recharge: Beware of burning yourself out. Self care is important. For the sake of your mental and emotional health, know when you need to unplug and reboot.
You say it’s your birthday...

**Student Life Announcements**

**Strawberry Fest:** Join your friends and classmates in reliving the year at 8:00 p.m. on April 23. Strawberry Festival will feature strawberry snacks and memories from every corner of the university. Yearbooks will be handed out as well.

**Countdown to First Day of Break**

DAYS UNTIL MAY 5

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**Thursday, April 13, 2017**

- **11:00 a.m., Convocation: Schools/Departments (Various Locations)**
- **Begin ordering July graduation regalia online, www.cbgrad.com**
- **Spring Research Day**
  - **12:00-1:00 p.m., Dean’s Luncheon (Presidential Banquet Room)**
  - **3:30-5:00 p.m., Leadership Training (White Oak Room)**
  - **7:00-9:00 p.m., Residence Hall Housing Fair (Dining Hall)**
- **Faculty fall textbook adoptions due (Campus Shop)**
- **8:00 p.m., Vespers: Schools/Departments (Various Locations)**
- **Church services: SonRise Resurrection Pageant**
  - **9:00 p.m., Table Games (Student Center)**
- **7:00 a.m. – 5:00 p.m., Ocoee Rafting Trip (Wright Hall Steps)**
- **Last day to order May graduation regalia online, www.cbgrad.com**
  - **3:30 p.m., Undergraduate Council**
  - **7:00 p.m., E.A. Anderson Lecture Series**
- **Income tax return due**
  - **6:00 p.m., Tornado Siren Test**
  - **7:30 p.m., Biology Expo (Hickman Atrium)**
- **12:00 p.m., Faculty Tech Bytes (Presidential Banquet Room)**
  - **6:00-8:00 p.m., Outdoor Skills Clinic (Outdoor Education Center)**

**THURSDAY 13**

- Hannah Justinen
- Gelissa Leveille
- Julianna Machado
- Yoon Ho Shin
- Shane Stephens
- Jacob White

**FRIDAY 14**

- Bryan Arvelo
- Hope Behnke
- Nolan Chu
- Shelia Green
- Stephanie Hamei
- Hananiah Straughn
- Ashlen Zaparao

**SATURDAY 15**

- Leslie Contreras
- Olesia Korchuk
- Andrew Oliver
- Maggie Pickens
- Tiffany Reynoso
- Martyn Rhees
- Jonathan Tangunan

**SUNDAY 16**

- Maggie Pickens
- Tiffany Reynoso
- Martyn Rhees
- Jonathan Tangunan

**MONDAY 17**

- Corinne Aliga
- Michael Baranda
- Sharon Jeon
- Erin Jones
- Candra Ravariere
- Dyani Sanchez

**TUESDAY 18**

- Richard Anderson
- Jamal Bryant
- Adam Fisher
- Angela Fuller
- Olivia Londis
- Audrina Seyfried
- Joelle Toews
- Lillyana Toscano
- Andrew Walden

**WEDNESDAY 19**

- Cassandra Dannenberger
- Alex Donesky
- Matt Haire
- Camaren Humphrey-Davis
- Crystal Min
new media

LAST NIGHT TOOK AN L BUT TONIGHT
I will probably take another L bc I know myself and that’s how I usually roll.
Alexandra Dye @adyley
Public Relations, SO

it really has been a day
Hannah Doudiken @halothones
English, SO

whenever I go to the bathroom at night, I don’t like to open my eyes completely because I’m afraid I’ll ruin my coma-like state.
Grace Bell @_grassbell
FR

Facebook, Instagram, and Snapchat STORY...
no one cares that much what people are doing at the moment. We don’t need 3 diff ways to ignore.
Erica King @kingenica10
International Studies, SR

When you feel blessed by the spirit of EGW for not hitting any traffic from campus to four corners at 3:30p.m.
Jessica Pieretti @jess_pieretti
MBA

WHY do professors always assign 3 projects 4 tests & 8 papers 3 weeks before the semester ends? You are the reason for my insanity #saulife
Lindsey Clute @lindseymkayy
Public Relations, SO

Took me a few seconds today in class to realize Oklahoma is not a place in Japan just like Wyoming is not a place in China. #saulife
Bryan Chen @bryxbchen
Music Theory & Literature, SR

I seriously wonder if some teachers think part of their job description is putting their students to sleep...the struggle! @Southern_Accent
Dylan Gibbons @youngdylemma
Social Work, SO

Am I the only one who thinks that alley downtown with all the bamboo shoots hanging is a safety hazard
Jonathan Mancao @lilmancao
Chemistry, JR

why turn on the AC if you’re gonna set it to 74 FREAKIN DEGREES
Sierra Emilaire @waxchinadoll
English, JR

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Jonathan Mancao @lilmancao
Chemistry, JR
Soccer Season is afoot. Half of the school who fanatics and the other half are confused why anyone would care. Without explaining the rules, I will share with you what to look for in a Good Player and a Bad Player next time you dragged by your friends to watch a game.

**Good Player: Messi**

Messi passes the ball to his teammate, Suarez, so he can make the goal. Messi has the assist just as honorable.

Messi celebrates with his team because without them, how would FC Barcelona be the best club ever in Europe?

When Messi is off the field he is relaxing and hanging out with his friends.

**Bad Player: Ronaldo**

Ronaldo gets angry that the ball got away from him. He has to shoot that goal. No one is behind to pass his ball to. It is HIS ball. Spoiler alert: Bale was behind him screaming his name to pass it to him; Ronaldo didn’t and therefore lost the ball.

Ronaldo celebrates alone because he doesn’t know why there are other people on the field. People came to watch HIM not Real Madrid.

When Ronaldo is not playing for Team Ronaldo featuring Real Madrid, he is boosting his ego a little bit more and modeling.

In Erica’s opinion....

PFC and FC Kazakhstan are the best women and men’s soccer team to ever play at Southern*

*Because I never get to share my bias view of life and the way people should think (except this post, this is the closest I will get) I would love it if someone could put my bias view of the best teams for soccer intramurals somewhere on the humor page.
Media board appoints new editors and producers

SIEERRREEMIILAAAIREE
EDITOR-IN-CHIEF

The process of appointing new media board members officially came to a close on April 17 with the approval of Studio 4109's succeeding executive director, Armondi Stokes-Hicks.

Each winter semester, the current media board holds multiple meetings to interview students who have applied to hold editor/director positions for the next school year. Rather than allowing the student body the opportunity to vote media editors into office, Media Board appoints the Southern Accent editor-in-chief, the Strawberry Fest director, the Memories (yearbook) editor and as of this year, Studio 4109’s executive director.

“Under the old system of students electing editors and producers, we saw years where highly-qualified candidates would lose out to less qualified people who simply were more well-known on campus,” said Stephen Ruf, associate journalism professor and Media Board chair.

Ruf sees SA publications and productions as important opportunities that offer students valuable experience.

“SA publications and productions are more than just exercises in entertainment,” Ruf said. “The board sees these as opportunities where creative students can develop real world skills in journalism, design, photography, film production and performance under deadline, and experience the kind of management and leadership challenges that simulate professional media,” Ruf said.

Sierra Wendt, junior film production major and incoming Strawberry Fest director, has a new vision for the year-in-review video program. She is hoping to involve clubs and departments for a more interactive event next April.

“I am wanting to make [Strawberry Fest] more of a show with high-quality production design and live music, while still keeping the video aspect alive and strong,” Wendt said. “I can’t make this happen on my own, so I am excited to work with a

Color run to help build school in Kyrgyzstan

EVEYLYNN RUIIZ
STAFF WRITER

Southern Adventist University Student Association Senate, the leadership society, and alumni relations will be hosting a 5k-color run on April 23 to raise funds for the construction of a school in Kyrgyzstan.

The idea came from Lucas Karpluk, a senior international business major who is currently a student missionary (SM) in Kyrgyzstan.

“Lucas reached out to me wondering if there was a way we could raise some money for the school he’s at,” said Natalia Pena, senior international business major and Senate social justice committee chair.

“It’s a way to exercise without it feeling like I’m being forced to do it.”

Shirt pickup will begin at 9 a.m. and the race will begin at 10 a.m. Shirts will be distributed to the first 100 people that register. The goal is to be able to raise $1,200.

Moses Maier, student association president, has agreed to match the funds from the Student Association budget.

“Thank you to SA for matching and donating money to purchase the color powder.”

Karpluk said. “Also, thank you to the Alumni who graciously donated the 100 shirts, and Global Leadership Society for organizing the event”
Enactus lends a hand to children, veterans

LINDSEY CLUTE
STAFF WRITER

This school year, Southern’s Enactus chapter, which consists of students and academic and business leaders, created five projects to benefit children, veterans and medical personnel.

The first project, Painting Futures, was created to provide opportunities for children to learn how to express their emotions in a healthy and colorful way. Enactus used Iris Landa’s creations in a healthy and colorful manner to support children. “I saw children that want a chance, if only one is given to them. We cannot wait to make a change in a child’s life.”

Alexa Smart, senior international studies major, also said she was glad to be a part of the project. “We were able to make a hands-on impact through this project, all while promoting mental wellness,” Smart said. “It was very cool to see how something so simple could make such a positive impact.”

Classrooms to Boardrooms was a project for children ages 8 to 13 hosted at the Chattanooga Public Library. The children were taught the basics of professionalism along with business and entrepreneurial skills.

The Veteran Empowerment Training project was founded last year to assist local veterans with job preparedness training and finding local employment opportunities. This year, the opportunity was extended to veterans’ spouses and dependents. Enactus partnered with Regional Outreach Veteran Engagement Resources (ROVER) and New Horizons Computer Learning Centers, an international IT training company, to offer veterans CompTIA A+ certification at a discounted rate.

“Through our five projects, Enactus team members are able to learn about a variety of business concepts while also positively impacting the community around us,” said LaTiA Allain, Enactus president. “I am so proud of the team, and am looking forward to what God has in store for us.”

Southern sponsors disk golf tournament

DANIEL OLSEN
STAFF ADVISOR

On April 23, the first Southern Sling Disc Golf Tournament will take place.

“The tournament is free and more than $500 worth of disc golf prizes are up for grabs,” said Loren Barnhurst, chemistry professor and tournament director.

“The prizes include a disc golf backpack, disc golf bags, more than 15 premium discs, mini markers, Dynamic Discs hats, a T-shirt, and a towel,” Barnhurst said.

Participants will compete in one of three divisions – women’s, men’s novice or men’s intermediate. Prizes will be distributed to the top three finishers in each division, as well as to players who throw the closest drive to each basket.

The on-campus tournament starts on Sunday at 10 a.m. near the disc golf course practice basket located between the tennis courts behind Iles P.E. Center. Disc golf is a game with some similarities to golf, except participants throw plastic discs – comparable to Frisbees – and aim at a chained basket on a pole. Discs weigh five to seven ounces and can vary in several attributes that affect how far, straight and fast a disc can be thrown. The objective is to toss the disc into the basket with as few throws as possible.

Southern installed a nine-hole disc golf course in 2008. Within a few years of its inception, the course was expanded to its current layout of 14 holes, which includes teepads, signs and baskets. More than 5,000 disc golf courses exist in the United States, according to the Disc Golf Course Review website.

“Our goals for this tournament are both immediate and far-reaching,” Barnhurst said. “First, we'd love to spend a great day having fun outside of the typical classroom setting as employees and students playing disc golf together.”

Students should bring their own discs to the tournament.

The Hulsey Wellness Center has a small selection. Local sporting goods stores, such as Academy Sports, Outdoors and Dick’s Sporting Goods offer a much larger inventory.

The tournament is sponsored by Dynamic Discs and is generously funded by Bob Benge and the School of Physical Education, Health and Wellness. For more information, email Loren Barnhurst or call him at (423) 243-8423.
Thatcher Farms competes for grant money

**Tierra Hayes**
Staff Writer

Southern’s agricultural initiative, Thatcher Farms, is seeking a grant from the Seeds of Change organization in order to help employ students, support the local community and cultivate five acres of new land.

According to the Seeds of Change Grant website, supporters were able vote online once daily on different devices to help vote Thatcher Farms into the finals. Voting is now closed.

If they receive enough votes to reach the top 50 competitors, the voting moves onto a panel of judges who decide which organizations the money will be split between.

Seth Shafer, manager of Thatcher Farms, said that this is the second year that they have applied for this grant, but that he believes their chances are greater this year because of increased efforts to get the word out about voting, including voting as many times as he personally can.

“I have three devices [here in my office] plus I have my phone and two computers out there [at the periodicals desk] that I vote on every day. It’s a cycle,” Shafer said. “Not to mention the computers I have at home.”

Thatcher Farms recently received five acres of land in addition to their quarter-acre plot located by the Southern Village Apartments. Workers recently began cultivating the land and Shafer said that part of the grant money, if acquired, will be put toward the purchase of a new tractor.

The farm is staffed year round by paid students and grows multiple types of produce. It is also staffed during the fall semester by students who have taken the sustainable agriculture class at Southern. Abigail Hunt, junior global policies and services major, took the class and enjoyed it.

“It’s a lot of fun,” Hunt said. “I definitely learned a lot [about] just how much actual work goes into agricultural production and organic farming. I would like to see the farm bigger...and the grant would make it more substantial.”

The produce grown on the farm is sold and distributed around the community. One of the initiatives the farm works with and hopes to support through the grant money is the Chattanooga Farmer’s Market, which aids those on food stamps by providing a 50 percent discount on produce.

Shafer said he is overall optimistic and hopes that his efforts will pay off in order to fund many of the farms’ projects, something he emphasized in his application. “[Thatcher Farms] is one of the ways we impact and can continue to impact our community if we get this grant,” Shafer said.

**Employers shower student workers with gifts**

**Kaitlin Colon**
News Editor

On April 9, Southern joined colleges across the nation in celebrating Student Employment Appreciation Week and highlighting the work or student employees.

According to Anji Brailsford, student employment coordinator, over 1200 students are employed by Southern and are working in almost all departments. A variety of jobs are available throughout the year for students to apply for, and many of these positions give students the opportunity to apply what they have learned in their classes.

Employing students across campus is as successful as it is because the jobs teach important skills, provides real world application and gives students valuable experience, Brailsford said.

Banners honoring student employees were hung in front of the student center, in the Village Market and the cafeteria. Departments across campus were encouraged to come up with fun, clever ways to thank the students for their work over the week. The English department handed out candy with funny notes and gave their students chocolate bunnies.

“Miss Kim and Miss Kelly gave us different treats each day of the week,” said Dakota Bemis, marketing employee and sophomore.

“It was really nice for my department to give me small gift each day,” said Abby King, marketing employee and sophomore marketing major. “It meant a lot to know that I was appreciated and it made me feel needed.”
This year’s Sonrise started off with six scenes featuring tension between police and youth, political hate speech at recent marches and protests, family conflict, middle school peer pressure, the Syrian chemical attack, and the Chattanooga school bus tragedy. Each still scene was consecutively brought to life, briefly portraying the intensity of each situation followed by showing healing in each scene, just as Desmond Doss brought healing at Hacksaw Ridge.

Photos by Tierra Hayes
Southern to view first total solar eclipse since 1913

“We experience solar eclipses in two to four year’s gaps, but a total solar eclipse is extremely rare”
— Chris Hansen, chair of the physics department

The first day of the fall semester, Aug. 21, the physics department will host a field trip to northern Tennessee to witness a total solar eclipse.

The eclipse will first be visible in Washington. It will then make its way across the midwest before settling over the Tennessee area at around 2:30 p.m. The totality—the center of the eclipse—will last two to three minutes.

The physics department is canceling classes for the day and heading to Athens, Tennessee that Monday.

Chris Hansen, chair of the physics department and coordinator of the trip, said the last total solar eclipse was in 1913. “We experience solar eclipses in two to four years’ gaps, but a total solar eclipse is extremely rare, happening once in a lifetime,” Hansen said.

The department will provide solar eclipse viewing glasses to those attending the trip. The glasses are designed to protect the viewer’s eyes from the ultraviolet radiation, which can cause damage to the retinas.

“This is going to be a really special occurrence in our solar system, I can really appreciate how our department is doing this for us,” said Alex Filipovich, junior physics major. “Though we will most likely have to gather calculations and numbers, we will still have a great time.”

The trip is open to all students and faculty who wish to attend. The physics department is also trying to collaborate with Tennessee Wesleyan University to share their parking space and, to better view the eclipse.

“I would be super interested in learning more about physics through this trip and seeing an eclipse would be amazing. I can’t wait,” said Dylan Gibbons, sophomore social work major.
Peace in the Middle of a Perfect Storm

ZACHARY HAGEN
RELIGION EDITOR

“There is nothing I love more than finishing a task. There is nothing more rewarding than knowing that you have finished and that you have done your absolute best for that task. However, in order to finish, you have to start.

I started this semester with high hopes, determination and ambition urging me onto the finish line in May that would signal another year down. I took on multiple jobs. I took on a full credit load, meaning nine classes for a music major. I agreed to be a club officer, and at the last minute, I joined this year’s SonRise team.

Less than ideal grades, a failed friendship, little time and a slightly sore voice later, I am wondering where to turn to for comfort in this perfect storm of stress and pain over my own failure. What do I have to show for all of my hard work? What can I possibly say to people when they ask me how I am doing? I tell them that I have perfect peace. In Christ alone, I have perfect peace. I was in the mob at the crucifixion. Every time the people came through it got harder to send insults at Jesus. I was so beaten down. When they showed the cast the Resurrection scene, I cried. I cried through the entire thing with gratitude pouring from my heart.

The point of everything I do goes back not to the cross where Jesus laid it down, but to the tomb he rose from to give victory to all. I have nothing to worry about because He is in control. He conquered the grave. What are my own trials in the face of the King who conquered the worst thing that can happen to a person: separation from God.

What Jesus’ resurrection did for us was remove the need to worry, stress, or struggle over our lives. He took the need for our suffering away by drinking the cup of suffering that the Father gave Him. We don’t have to worry about our grades, tests, relationships or anything at all. His death and resurrection made it possible for us to be delivered from sin in its entirety. That means that even an A on our final is not our ultimate goal.

Yes, we should do our best. We should do as Paul did and fight the good fight, finish the race and keep the faith (2 Timothy 4:7); but at a certain point, we have to lay our burdens on Christ.

“You will walk in perfect peace those whose minds are steadfast, because they trust in you,” is the message of Isaiah 26:3. If you focus on God, all else will fall into place. Nothing is too much for someone who has God on their side.

I know what you are going through. You have tests, final papers, projects, presentations, perhaps concerts and performances if you are involved in music. There are a myriad meetings and problems to be dealt with. Sometimes it all seems a little too much, but God is with you. Jesus’ life on Earth made it possible for you to cast all your worry and burden down and take up His burden. It is lighter than your own.

Do not lose courage. Have peace. Focus on Jesus because He will help you make it through these last few weeks. He will hold your hand through this. You will make it. My prayers go out for everyone in these final weeks. Hang in there, we’ve got this.

Media board

A talented team of people to make these ideas come alive. I want my legacy to be one of re-imagining. Wherever you find yourself, never be afraid to re-imagine what the situation could be.

Memories is also expecting modifications this next school year. Sebastian Arredondo, junior graphic design major and incoming Memories editor, hopes to create not only a yearbook but a stimulating and interactive piece of art.

“I love immersing myself in modern media and art, both in a secular and non secular context. The theme [of the yearbook] and response should be representative of the time period we live in. The challenge the yearbook team will tackle is to capture and present the memories of the school year in a manner that reflects who we are and the world we engage with.”

Natalia Perez, junior mass communications major and incoming Accent editor-in-chief, has three main goals regarding the newspaper for next year.

 “[I want to] localize news by making community news and world news relatable to us,” Perez said. “It’s a potential way to not only keep us informed of events outside of Southern, but to stay connected with students abroad. I’d like to collect student feedback about what they relate best to and what stories they’ve liked, so we can aspire to create more content students enjoy.

Lastly, I’d like to encourage my staff to connect with their stories and the people they’re writing about and seek out stories they’re passionate about. There’s always more going on than what meets the eye.”

In the past, Studio 4109 has not been a member of media board, but this year’s current media board decided to make executive director a position. Armondi Stokes-Hicks was encouraged by incumbent executive director, Greg Manestar to apply.

“My love for studio and the joy it brings me to make people laugh and to make people happy motivated me to do this,” Stokes-Hicks said. “I love entertaining people, performing, acting and everything else involved with Studio. I want to see Studio succeed and if that’s the case, why not step up and get my hands dirty and do my very best to make that happen.”

Students are encouraged to apply for editor and producer positions regardless of major. “We’re not looking for applicants to just produce the same stories or pictures like we saw last year or the year before,” Ruf said. “The Student Association financially has been supportive of our publications and productions.

It provides our students with the tools to create award-winning content. So what a great opportunity to build your portfolio. And here’s a secret, you don’t need to be a SJJC or SVAD major to play a part.”
student life announcements

**Strawberry Fest:** Join your friends and classmates in reliving the year at 8:00 p.m. on April 23. Strawberry Festival will feature strawberry snacks and memories from every corner of the university. Yearbooks will be handed out as well.

**Evensong:** On Sabbath, April 22, at 8:00 p.m., join Southern’s I Cantori Chamber Choir and Quattro Coloré String Quartet as they continue the Centennial Celebration of the Collegedale Church. Bring family, friends and a donation to help them launch their concert tour to Italy!

**COUNTDOWN TO FIRST DAY OF BREAK**

**DAYS UNTIL MAY 5**

**THURSDAY 20**

- Maddie Carritte
- Brian Goh
- Donnovan Greaves
- Jaren Humphreys
- Deborah Ilunga
- Gabriel Larrazabal
- Carol Raney
- Lara Soares
- Candace Williamson

**FRIDAY 21**

- Thomas Eidell
- Josue Rivas
- Abigale Thelwell
- Kerstan Thio

**SATURDAY 22**

- Angelica Acevedo
- Stephanie Clemens
- Kurt Drittein
- Melanie Harriman

**SUNDAY 23**

- Gina Lankford
- Andrew Marsh
- Jacob Martin
- Austin Menzmer
- Nathaly Peraza

**TUESDAY 25**

- Gladis Alarcon
- Sean Ancheta
- Brooke Bernhardt
- Nikoli Brown
- Nathan Johnson

**WEDNESDAY 26**

- Jasmine Arellano
- Nathan Graham
- Annissa Monteso
- April Riseley

**THURSDAY, APRIL 20, 2017**

**Student Appreciation Day (Various Times and Locations)**

**SUNDAY, APRIL 23, 2017**

**National Volunteer Week (April 23-29)**

12:00-6:30 p.m., McKee Library Open
6:00 p.m., SA Strawberry Festival (Iles)

**MONDAY, APRIL 24, 2017**

**Student Organization End of Year Parties (Various Times and Locations)**

9:00 p.m.-6:00 a.m., Dusk ‘til Dawn Race

**TUESDAY, APRIL 25, 2017**

**National Administrative Professors Day**

12:00 p.m., Faculty Showcase (Presidential Banquet Room)
6:30 p.m., School of Journalism & Communication Research Showcase (Brock)
7:30 p.m., SA Senate (White Oak Room)
If you are listening to music with music majors, I am sorry. #saulife
Cody Morford @codimorf
General Studies, JR

People who say “lemme get one” and then take 9 are why I have trust issues.
Bryan Chen @bryxbchen
Music Theory and Literature, SR

Listen I’m graduating in three weeks and all I want is my dumb tweet in the paper for once. #bitter
Kit Clements @kaityBclen
Animation, SR

People think I run everyday because I enjoy it. No. It is because I want to eat junk food all day long.
Erica King @kingerica10
International Studies, SR

Power blinked and now the wifi isn’t working
Sarah Graham @Sarah_Ashley37
History, SR

HOW DO CARRIER PIGEONS KNOW WHERE TO TAKE THE MAIL
Hannah Doudiken @halothanes
English, SO

Patagonia at SAU is like Gucci #saulife
Mark Galvez @markgtv
Theology, FR

I feel personally attacked that my psych professor didn’t cancel class today. #campusresearchday #saulife
Shivani Ward @awk9273
Psychology, JR

Can’t wait till I’m in the village so I don’t have to wait on a thousand people just so I can do my laundry
Gregory Wright @WrightThoughts
Liberal Arts Education, JR

As much as I like Coloring Book, Acid Rap is the best project Chance put out thus far. Don’t @ me
Armondi Stokes-Hicks @mondi_xchange
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Talge and Thatcher halls will receive a makeover provided by the Southern Fixer Upper campaign, which launched on Monday evening and ends tonight at 7.

The Fixer Upper campaign is a part of the Campaign for Excellence in Faith and Learning that launched a year ago. This campaign was created to raise $50 million toward enriching the Southern experience for students and keeping tuition affordable. As of Feb. 1, about 73 percent of the overall goal had been raised. Donations are split between various capital projects including “campus life,” which includes dorm renovations. Advancement targeted 400 donors for the Fixer Upper campaign.

“I think it’s important for students to realize that we have nearly 4,000 alumni and friends that make a financial gift to Southern every year,” said Ashley Fox, advancement annual giving officer. “These funds go to support scholarships, keep tuition below the true cost to attend Southern and impact many other areas on campus.”

Nearly 100 rooms in Talge and Thatcher will be renovated. One hall in Thatcher Hall was renovated last year and renovation in Talge has already begun.

On Monday evening, a group of students gathered in one of the demolished rooms of Talge to hit off the 72-hour campaign with a Facebook Live video on Southern’s main page.

Students can get involved with the campaign through the Best Dressed Challenge by heading to Facebook and choosing their favorite dorm room based on decorations. The residence halls sent out an email to the residents encouraging them to submit photos of their rooms to Advancement. The roommates with the most votes will each receive a $100 gift card to the Campus Shop.

Fixer Upper campaign targets residence hall renovation

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Rain runners race, raise more than $4K

TIERRA HAYES
STAFF WRITER

Nothing, not even the pouring rain, deterred participants of the Color Run 5K on April 23.

The run was coordinated by the Student Association (SA) Senate, the leadership society and alumni relations to help build a school in Kyrgyzstan. More than $2000 was raised from the event, which after being matched by SA totaled over $4000 toward the project.

Alexis Jones, sophomore English major, is one of the room decoration contestants. “I've been needing some new Southern gear, so a $100 gift card to the Campus Shop would be awesome,” Jones said. “I love being able to share my room decor and to see all of the other room's designs. Honestly, some people really do make their dorms a ‘home away from home.’”

Anyone who makes a gift to the project will get to vote for either Talge or Thatcher Hall. The residence hall with the most votes by tonight at 7 will be treated to a free pizza and ice cream party, sponsored by Papa John's pizza and Bruster's ice cream.
Strawberry Fest features fireworks, live musical groups

Kaitlin Colon
News Editor

At 8 p.m., students flooded into the gym with battle cries, determined to get their hands on a Strawberry Fest shirt. In the darkness, some articles of clothing began to glow underneath the only source of light: black lights.

Student Association (SA) members braced against the hungry onslaught. The staff were rhythmically cutting sandwiches, plating them and serving them to the masses. Within 30 minutes all that remained were empty plates and empty glasses. Students settled into seats and stands as they waited for the show to start.

There was a murmur in the crowd. Some wondered where the strawberry desserts were and others were puzzled by the change in format. Typically, Strawberry Fest directors have change in format. Typically, for the show to start.

Students were directed to go to the tennis courts, and on their way they were able to grab a tart, filled with nutella, topped with strawberries and whipped cream. The tasty treats were prepared by culinary students. Against a gray, overcast night sky the firework show began. It started with small explosions, low to the ground. At first, it seemed unimpressive, but within minutes the entire sky was filled with colorful explosions that whizzed, popped and sparked. As if it was perfectly planned, the 10 minute firework show ended just as a sprinkle of rain began. Inside the gym, SA handed out the yearbook, and the end of the night signaled the close of another semester.

Natalia Perez
Managing Editor

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Final thoughts from your SA president

Moses Maier
SA President

About five years ago, I walked onto this campus as a young freshman. At the front of Talge, I saw that some individuals were gathered. I overheard one of the guys say, “Look at all these freshmen. I wonder how long they will last. No one lasts all four years.” Well, since then I absolutely lasted four years and have enjoyed my time tremendously. Southern has given me many great experiences. I have learned to love longboarding and rock climbing, I made friends and experienced heartbreaks, and although I changed my major three times I also learned quite a bit in academia. I have learned to love longboard riding and rock climbing, I made breaks, and although I changed my major three times I also learned three new Earths. We have new Earths. We have never have to say goodbye again. I do not know how this year was for you, but I hope that you learned some valuable lessons that will make you a better person. This school year I have prayed that we, the student body, will come to a better understanding of unity and a better understanding of how to serve others. As I leave, I now pray that we will all one day be there together in the new Earth, and never have to say goodbye again.

In life, may we never forget the pain, and may we always remember the joys, least we become complacent in our well being or depressed in our momentary affliction. My wish for us at Southern is that we never give up on each other, that we lift each other up and that our lives will empower the lives around us to lead this world to a better place with Jesus. Thank you all for the experience of a lifetime here at Southern. I will miss you all greatly,

Moses Maier

Southern spends day appreciating students

“I appreciated President Smith talking with me while serving me pancakes.”
— Angela Fears, sophomore nursing major

In honor of Student Appreciation Day on April 25, many campus organizations, departments and stores offered various activities, treats, discounts and prizes to students throughout the day.

President Dave Smith served students pancakes in the morning; the cafeteria gave out free ice cream cones; at lunch, Student Development provided peanut butter and jelly sandwiches; the Kayak gave out sample smoothies and McKee Library gave out Rita’s Italian Ice. “Ritas Italian Ice empowered me to take my cell and molecular biology quiz,” said Andrew Cuevas, sophomore biology major.

“I appreciated President Smith talking with me while serving me pancakes,” said Angela Fears, sophomore nursing major. “It made me feel like administration cares about my meal plan.” KR’s offered a free cookie with a purchase of a slushie or sandwich, and the alumni relations also gave out cookies and Southern swag among other things.

“I was happy about the free cookies,” said Brooklyn Beneche, junior English major. Some said ‘yes’ with a pleasant smile at me and said ‘no thanks’. Southern is not perfect and doesn’t get everything right, but it attracts/produces people who make the world a brighter place. I’m blessed continually by my experience with students and it has been my pleasure to serve this year.”

“Student Appreciation Day was so much fun,” said Brandon Beneche, junior English major. “I always love free food, and seeing faculty who are willing to serve us and make us feel appreciated is a real blessing.”

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Sierra Emilare
EDITOR-IN-CHIEF

Lynnwood Chapel was fully occupied on Saturday night for the free screening of “Come Before Winter”, a new docudrama about German theologian Dietrich Bonhoeffer and the ethical and spiritual challenges that emerged from resisting Nazi Germany.

Kevin Ekvall, 2007 graduate and film director, attended the screening and answered audience questions at the end. Gary Blount, producer of the film, psychiatrist from Minnesota and lifelong student of the story of Bonhoeffer, as well as a member of the Bonhoeffer society, joined Ekvall and David George, associate professor in the School of Visual Art and Design (SVAD), for the Q&A which was streamed on Facebook Live.

Lucas Patterson, assistant director of Communications and Foundation Relations for advancement, helped plan the event with Linda Crumley, chair of the school of journalism and communication, and David George.

“In early February, I emailed SVAD faculty asking for leads on young alumni to write about in Quick Notes, Southern’s e-newsletter,” Patterson said. “David George replied with details about “Come Before Winter” and how four alumni played big roles in bringing that film to life. I simultaneously fell in love with the concept of turning this article about the film into an on-campus event.”

Current film students, prospective journalism and SVAD students, alumni and community members were invited to attend the screening.

“I’ve been getting emails from my film professor, David George, talking about the screening for a while now, and of course he’s mentioned it several times in class,” said Jared Mathias, freshman film major. “There were actually three events centered around the film, and I had been wanting to go to as many as possible, since not only is it about a fascinating historical character, but it was made by alumni from Southern’s film program. I had actually met with several of them a couple months ago and it was really cool to see work they had actually done instead of just hearing about it.”

Film production took more than three years and it was released on January 21 at the Loma Linda University Church. Many of the scenes were filmed in the United Kingdom and Germany to enhance authenticity.

Kathy Goddard, associate English professor, taught the story of the Holocaust when working at the academy level and learned about Bonhoeffer through this study.

“Bonhoeffer is unique: a pastor with deep spiritual insights who was active in participating in anti-Nazi efforts to kill Hitler,” Goddard said. “He walked the walk as he faced the brutality of the Gestapo and jail and his execution; he is a model for Christians in how to deepen their spirituality and how to interact and impact the world. Those who lived before us are models for those of us who claim to be Christians yet do so little to have a positive impact on our secularized culture today.”

Color Run

Continued from page 1

cause. Which just goes to show you that college students are willing to volunteer.”

Braian Gomez, junior public relations major ran the race after participating in another school-sponsored 5K on the Friday prior.

“It was my first ever color run and honestly it was so much fun,” Gomez said. “I thought I wasn’t going make it because I was still sore from the previous one that Friday, but with the motivation of friends and the rain I got through it!”

Pena said that she hopes to have future plans in the works to have the race again next year.

“I’m incredibly happy with how the Color Run turned out,” Pena said, “and I’m so proud of my team and all the hard work they put into this. So look out for it again next year! It’ll be bigger and better!”

Photo by Tierra Hayes

Dog shows off his freshly painted coat after participating in the 5K Color Run.
English club hosts Bad Poetry night, reveals competition

“Poetry night was an excellent outlet of expression for writers on campus.”
— Hannah Wambolt, Legacy editor and junior English major

On April 23, writers from all disciplines gathered in the back room at Wired Coffee Bar for Bad Poetry Night, sponsored by Writer’s club.

Winning submissions from the Legacy writing competition were announced by Hannah Wambolt, Legacy editor and junior English major, at the start of the program and winners were given the opportunity to read their pieces, which included poems and short stories.

Sierra Correia, freshman English professional writing major, won 1st place in the story category.

“I was surprised at first,” Correia said. “I couldn’t believe that something I’d written was finally going to be published, since it had always been a dream of mine [to be published]. I was excited and told everyone about it.”

Kathy Goddard, faculty sponsor for the Writer’s club, spearheaded the process of reserving Wired’s space for the event. “Writer’s club this school year has shifted to events, like the Bad Poetry Open Mic Event and meeting published authors at readings,” Goddard said. “The Bad Poetry event at Wired facilitates the meeting of student writers who have like minds. Such events give them the opportunity to read their own work and socialize with those of like mind.”

More than 10 students attended Bad Poetry night, filling Wired’s back room.

“Poetry night was an excellent outlet of expression for writers on campus,” said Wambolt. “Some tinkered with humorous poetry, while others explored the deeper side of the art. Though we had a fantastic time with a small group, I wish there had been more writers present to read and snap-clap for others. I think more people would have come if they knew exactly what goes on at ‘Bad Poetry Nights.’”

Writer’s Club will continue to engage in activities that encourage the gathering of writers.

“We will continue to meet at Wired next school year, thanks to the generous support of Lisa Godbsey,” said Goddard. “And we will continue to engage as writers in an atmosphere of fun and collegiality.”

Collegedale Church celebrates 100 year anniversary

“Our God is too big for the small to be all we ask.”
— Dave Ferguson, Senior Pastor

Churchgoers enjoyed flash mob style praise music, a groundbreaking ceremony for the three-story church expansion and a new Fenton Forest tale during the Collegedale Church’s 100-year anniversary celebration last Sabbath.

The church held two 100-minute church services that highlighted important moments in the journeys of the church and its affiliated schools. Throughout each milestone of the journey, participants carried one of 12 “stones” to build a symbolic altar like the one the Israelites built in Joshua 4. Senior Pastor Dave Ferguson spoke more about the symbols of God’s leading in the past and how we are to look to the future.

“We have celebrated today what God has built here over the blessings of the last 100 years and I wonder if you might commit to the next piece,” Ferguson said. “Could we embrace a next step that would include our newest participating at their fullest alongside our oldest...[this is] audacious work, not easy stuff. Our God is too big for the small to be all we ask.”

The Gymnastars represented early members, bringing carts, chests and live chickens from Graysville, TN to Thatcher Farms and carrying the first stone to the front. Throughout the rest of the program former head pastors narrated the remaining milestones, including education and children, and global and local missions while students from Spalding, CAMS, CA and Southern and volunteers shared music and testimony.

During the second milestone, Gordon Bietz, former head pastor told a new Fenton Forest story where all the animals moved to a beautiful valley and helped create Fenton Forest and all the meeting places they needed to fellowship and worship together. Bietz was asked to create a story that went through the sequence of the buildings that lead to the creation of the current Collegedale Church Building. “So I sat down and wrote it how I used to write, and wrote it how I used to write it,” Bietz said.

At the end of the service, Bel Canto and Die Meistersinger initiated a flash mob that led into a congregational singing of “10,000 reasons.”

Alex Staton, freshman mathematics major said the flash mob was his favorite part of the event. “[It] was probably the coolest thing ever; the way they all led in was very cool. It gave me chills.”
Lazy summer days are on the horizon

ZACHARY HAGEN
Religion Editor

We have had a million and one things to do this semester. Papers, tests, performances, labs, projects and so much more. Finally, we are in the last week of the semester and we will have freedom from this high intensity schedule for a while. Some of us will be graduating, and others will be continuing on here again in the fall. The summer holds a million and one possibilities, but not all of them are good.

While we are here, we have mandatory worships. They can be kind of a pain, but they keep us connected despite busy schedules that might distract us from having worship at all. However, the summer is just as busy in a different way. Instead of homework and projects, our time is filled with vacations, lazy days watching Netflix, video games and catching up with friends. We tend to forget that our spiritual lives exist when we aren't surrounded by 3,000 other people encouraging us to pursue a complete relationship with Christ.

So what do we do when we don't have all the resources that Southern provides for us? What do we do when we have to take care of our own spiritual lives? Where do we go for spiritual fulfillment between Sabbaths?

Personal devotion can feel like an unattainable art form for some. At times, it feels that way to me, but the beauty of alone time with God is that He is approachable and ready for us to come to Him. To be fed with the bread of life, all we have to do is to go to Him.

Psalm 81:10 says, “I am the Lord your God, who brought you up out of the land of Egypt. Open your mouth wide, and I will fill it.” He is a rescuer and he can rescue us from the summer slump if we go to Him.

God wants a little time with you every day. Matthew 6:6 says, “But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.” He wants you to pray and come before Him.

The answer to the summer slump is personal worship. The Bible is the best option, but it can be overwhelming if you are just starting out or if you haven't read it in a while. Devotional books and programs can help you grow your connection to the Word. A personal favorite of mine is Prayer 90x. My brother loves the Joy Challenge. The important thing is to find what works for you.

This summer can be a nice, easy break from the stress of school, but it doesn't have to be a break from your spirituality.

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13 Reasons Why suicide is not your last option

Natalia Perez
Managing Editor


The fictional story line follows Clay Jensen (Dylan Minnette) as he returns home from school to a mysterious box with his name lying on his porch. Once opening it, he discovers 13 cassette tapes mailed to him by Hannah Baker (Katherine Langford), his former classmate and love interest, who committed suicide two weeks prior. On each tape she unfolds an audio diary spilling her emotions and detailing the 13 reasons that led her to end her life. Throughout Hannah and Clay’s dual narratives, the show weaves through the events leading up to Hannah’s suicide, specifically targeting the actions of the people she held responsible for her decision.

Throughout Hannah’s high school experience, she is slut-shamed, raped and carries a lot of emotional baggage that she doesn’t feel equipped to sort through. I believe the show accurately captured those struggles of a high school girl and a woman in general. As for mental health, specifically, depression, anxiety, suicidal thoughts and suicide, are stigmatized and put on the pile of things we refuse to acknowledge. We procrastinate dissecting and talking more about them. I appreciate the attempt at bringing awareness to a highly ignored and disregarded topic.

However, I do think that suicide is inaccurately portrayed in the show in several other ways. Although it is a complex issue to address in the first season’s short span, the creators should have taken more care to make sure they address it carefully.

Firstly, when a person is contemplating taking their life, they are not blaming other people. They are blaming themselves and feel that they are the one people would be better off with. While to others it may seem selfish, the person going through it feels they’re doing the world some good by eliminating themselves from it. The show paints suicide to be vengeful, placing blame and guilt on everyone who brought the main character to kill herself, when in the end, it was her choice to make. The show makes suicide seem like a dramatic and selfish act when in reality, a person in Hannah’s place would not see it that way.

Secondly, in the last tape, Hannah says “I’m going to give life one more try.” When undergoing such emotionally distressing turmoil, you don’t give life just one more try. You give it a few, perhaps several more.

The show fails to highlight the many options available to an emotionally downtrodden person. People who may be struggling with suicidal thoughts and other impressionable audiences who watch this show may feel that they relate to Hannah’s story, and in turn think that suicide is the easy way out; it’s not.

“How do we reconcile the struggle between our Christian faith that seeks to tolerate, with our Christian responsibility, that seeks to accept? Biblically, we must pray for discernment to understand those things we cannot comprehend until He determines that we are ready for it.

Ethically, we must remember the importance of humanity and the great gift that is diversity. I stand with the transgender and LGBTQ+ community. I believe that God looks at the heart, and if they have not lived it. This is why we turn to Jesus, someone who understands the internal and external struggles that everyone deals with, in one form or another.

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What to wear this summer

Can you believe it? We are almost done; two more weeks and it will be summer. We no longer have to focus on long to do lists; we can finally start thinking about what we will wear this summer. This summer the three main things you should have in your wardrobe are retro sunglasses, beach bags, and printed shorts.

Retro sunglasses are back and you can see almost every blogger wearing them. They are unique because they come in many shapes and colors. It is easy to find the right pair to wear and outfits to pair them with. Retro sunglasses go beautifully with a flowy beach dress, but also they will look great with a flawless pair of pants and a hat. Retro sunglasses are everywhere right now, which means there price ranges for every budget.

Beach bags are such a fun addition to your wardrobe, and you can use them for more than carrying your books, towel, and sunscreen to the beach. They are a fun addition that makes your outfit looks fun and summery. Beach bags are so trendy right now and cater to many styles. They will go great with a pair of jeans and white shirt, or with a cute skirt and sandals.

Printed shorts are always an easy, fun and fast way to make your outfit look summery and bright. You can get them in bold or subtle colors and patterns including flowers, pineapples, flamingos and palm trees. Just put a t-shirt on top and simple sandals and you are ready for the day. They are the number one essential for your summer wardrobe. The shorts make you feel light, easy to move around and no matter how your plants change through the day, you are always going to be ready with your printed shorts.

Have a fun, bright summer!

Subscription boxes

I see makeup as a way to express my personality. I enjoy combining makeup shades, finishes and styles to create a look that matches my outfit and mood, but one thing limits me: I have high-end taste and a college student budget. I like to try new products but can't spend $20 plus on something I may end up hating.

This struggle is what made me interested in subscription boxes. I researched for months, watching many unboxing videos after unboxing videos until I determined which subscription box was the best fit for me. I chose Ipsy, and for $10 a month, I receive five makeup and beauty items, both sample and full size in a stylish bag (not an actual box I know, but it's the same concept). They are catered to my preferences based on a survey and my reviews of past products. My favorites include two Naked Cosmetics Mica Pigments, which are basically pure glitter and two Luxie brushes, which are cruelty free, vegan and feel like clouds touching my face.

For people more interested in hair and skin care but still want to try some actual makeup items, Birchbox also offers a box for $10 per month. They even have a men's box that comes with grooming samples and lifestyle items such as socks or a pocket knife. For those who are willing to splurge a little more, Glossybox and Boxycharm, at $21 per month, offer deluxe samples and full-sized products.

Makeup boxes are not the only aspect of this trend, however. You can have treats and toys mailed to your favorite furry friend from BarkBox which caters boxes for dogs of all sizes. Loot Crate offers exclusive t-shirts, pins and other collectables themed for popular movies, comics and video games. The theme for May centers around superheroes for the upcoming release of “Guardians of the Galaxy 2” and features items such as a Deadpool T-shirt and a Baby Groot figurine.

Subscription boxes have a lot to offer for all budgets and interests, but the best part is feeling like you're getting a birthday gift every month when the package comes to your door. I definitely recommend them.

Have a fun, bright summer!
I have to say, this has been one of the most exciting, terrible, amazing, emotionally draining, yet fulfilling semesters I have had. Of course, the Southern Accent has contributed to this emotionally roller coaster in both positive and not so positive ways. Nonetheless, it is time to say goodbye as this is our last issue of the 2016-2017 school year. In saying goodbye, I am forced to look back at what I’ve gathered over this year as Accent editor-in-chief.

1. You are the most important person in your life: Confession. I’m a workaholic and that’s not always a bad thing, but this year I learned that there are more important things than work, like myself. I got sick in the first month of school, and consistently throughout the year, because I was so focused on making the paper perfect and having perfect grades that I neglected myself. Over last semester, I had to rediscover activities I enjoyed outside of working and make time for those activities. With such a rough start that I never really recovered from, I was almost forced to withdraw from school winter semester. Luckily, over Christmas break I got help and I was able to recover enough to survive until Spring Break. I started off this semester feeling like a new person, focused on the positive energy I let in and intending to repel negative energy. I dedicated two hours a day for my leisure and often spent those hours coloring in an adult coloring book I got for Christmas (I know, I’m a dork). I also restricted myself from working more than the designated 15 hours at the Accent unless I absolutely had to. Lastly, I set times to help me remember to eat meals because I’m too easy to forget I am a human that needs energy. Oh, and sleep. SO important. I got to bed on non-Accent nights by 1 o’clock, sometimes before 11. I enjoyed my classes, I enjoyed the Accent and I really connected with my staff. We were getting out on Tuesday nights A LOT earlier and things seemed okay. Things got a little rough again toward the middle of the semester and continued to go downhill with the confiscation of our April Fool’s edition, which leads me to my second lesson.

2. Surround yourself with a support group: My Accent staff have become my family and only people close to me will understand how important that is to me. During the whole April Fool’s fiasco, I had Kaitlin on the phone with me consistently throughout the day. She listened to my ugly cry and kept me up to date about everything going on with administration. Hannah and I were in Kentucky during the whole thing, and being so far from school made communication difficult, but Kaitlin, Daniel and a number of the staff became my hands and feet for the weekend assuring that I wasn’t returning to a hostile/stressful environment. Even before the April Fool’s situation, the Accent staff and I have shared many laughs, lots of rants and through it all we are supportive of each other. I am so sad that I won’t be forced to engage with these people twice a week next semester.

3. Do things that make you uncomfortable: This whole experience has been uncomfortable. It may not seem like it, but I am like an 80% introvert who really doesn’t like people. I know, I sound really harsh but I’m just being honest. Normally, I prefer to work alone and to be alone but working at the Accent and being on Student Association has forced me to say hello to people on the Promenade, to go to events with a lot of students present and to get on stage a lot more often. I have made so many new friends because of these two organizations, people I would have never seen being the hermit I was two years ago. I have also been placed in difficult situations that have also contributed to my growth as an individual.

Overall, it has been a great year and I want to thank everyone that has encouraged me throughout this experience. I hope you’ve enjoyed the Accent and if you haven’t, give Accent and if you haven’t, give

I have chosen to trust in the enigmatic and an overall graceful and intelligent person. It has been a privilege to work under your leadership this past semester, and I’m excited to see you where you pour your talents into next. Your words are important and this paper will carry your legacy. I have big shoes to fill, but I’ll take care of your baby for you.

To next year’s staff and our readers: I am excited to work with you and for you, and to encourage our team of writers and designers to pour their passions and talents into a publication they can be proud of.

I have always been scared of trying new things, and I never feel ready for anything, but ready is for people who trust in themselves and want to live life safe. I have been fortunate enough to be able to experience some of the things that will stretch and grow me in all aspects. I am looking forward to next year and cultivating connections through our media, our stories, and the students who make it all possible.
you say it’s your birthday...

Good luck studying for finals! We’re praying for your success.

COUNTDOWN TO FIRST DAY OF BREAK

07
DAYS UNTIL MAY 5

THURSDAY 27
Tracey Andrade
Dahiana Fernandez
Bence Ho
Scott Linton
Lizeth Rego Cortes
Tanisha Williams
Nicholas McCall
Chelsea McMullen
Otilia Schimbischi
Danielle Ziegler
SUNDAY 30
Ellen Deoliveira
Kenny Freeman
Leonela Fuentes
Bruno Moura
MacKenzi Nomura
April Owen
Vianca Torrez
MAY MONDAY 1
Adam Bilbrey
Franklin Dorsey
Bryant Familia
Thomas Melton
Sharon Rodgers
Nicole Sacdalan
Ian Svendsen

THURSDAY 27
Steffani Carrión
Victoria Delote
Kevin Hughes
Nathan Johnson
Brighton Ulery
Giovanna Vanucci
Céline Weber
Jonathan Weber

TUESDAY 2
Garrison Agustines
Jordan Clarke
Leonardo da Silva
Alexander Filipovich
Michelle Foster
Wendy Green
Kris Jensen
Marie Previtis
Jeffrey Shafer

WEDNESDAY 3
Kristianne Brake
Misael Chavez
Pablo Hernandez
Helen McClellan
Taylor Schepers
Chris Wilhelm
new media

Is it too late to drop a class
Casey Goldring @cvselyn
Graphic Design, SO

There needs to be an app called “find my SAU ID card.” #saulife
Daniella Thomann @ellidaniella
Biology, SO

If you ask me why am I still single after 4 years being surrounded by nursing students, I will tell you this: man nurses exist. #saulife
Bryan Chen @bryxbchen
Music Theory and Literature, SR

I need a dog asap as possible
Gabby Molgaard @guacamolgaard
Nursing, JR

For everyone still working on their New Years resolutions, the first day of summer is June 21.
Sarah Graham @Sarah_Ashley
History, SR

lol saw 4 engagement posts back2back ok
Aaron Negillo @arisens
Computer Information Systems, SR

I love it when my diff. groups of friends become friends with each other. It makes me so happy to see them see why I love them so much
Alexa Smart @Alexasmart24
International Studies, SR

at this point i don’t even have the energy to find my ID card
Brianna Mangahas @brixna_
Nursing, FR

ok thatcher lawn couples plz find somewhere else to go. There are only so many places I can avert my eyes. @Southern_Accent spread the word
Julia Wright @___julessss
English, JR

8AMs are of the devil
Victoria Hansbury @vikki12888
Bio med, JR

#saulife @southern_accent #saulife @southern_accent
SUMMER PLANS NAME CARDS

Tired of people asking what you are doing this summer over and over again?
We know what everyone is doing this summer because there is no way
you could actually get an amazing opportunity!
Just cut these out and use a safety pin to pin it to your clothes. All those nosy
people won’t have to ask!

fill in the blank

I AM WORKING AT CAMP
AND I AM A

circle which one

I GOT AN INTERNSHIP AT KETTERING HEALTH / AHS.

TRYING TO GET SOMETHING TOGETHER BECAUSE I DIDN’T GET A JOB/ INTERNSHIP AND I’M A JUNIOR.

I AM WORKING FOR A FAMILY MEMBER THAT MY MOM DOESN’T GET ALONG WITH.

PLEASE DON’T ASK ME WHAT I AM DOING THIS SUMMER.
YOU DON’T CARE.

AS A FRESHMAN, I HAVE ZERO PLANS AND THAT IS NORMAL.

YES I AM GRADUATING.
YES I AM LIVING AT HOME.
NO I AM NOT A LOSER YET.

I AM BACKPACKING EUROPE WITH MY BEST FRIEND!

“queue in the annoyed asker going: “oh cool have fun!”

YES I AM WORKING AT CAMP
AND I AM A.

YES I AM GRADUATING.
YES I AM LIVING AT HOME.
NO I AM NOT A LOSER YET.

I AM WORKING FOR A FAMILY MEMBER THAT MY MOM DOESN’T GET ALONG WITH.

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